

Can I Tell You A Secret

Rich. Dense. Hopeful. Can I Tell You Something? (CITYS) is a tender and brutal book of philosophy. Its collection is composed of 100 poems about age, addiction, disease, poverty, romance, art, friendship and more. Karl's poems are often told through story and capture a temperament not commonly found in modern poetry. Flores' poems are a nuanced assembly of our questions, our instincts, and our most concealed emotions like shame, purposelessness, and lust. These poems are accompanied by fifty illustrations by Marta Maszkiewicz to create a powerful thrill for readers looking to be inspired by new ideas and ultimately examine their own lives. In one sentence, Can I Tell You Something? is an exploration of hope in the mystery of humanity. Flores writes: "Read in the dark. Live in the space between the wine and the cork. Live without rhyme, like a vortex, free of them, go wild for any sort. Live like a secret, dance despised, share your mad, let the water soak you, But most: live your true wish and don't let man's template choke you."

Written for parents of children with AD/HD (Attention Deficit/Hyperactivity Disorder), the "spiritual parenting" methods outlined by Young are a loving and effective way to handle a complex problem. Foreword by Robert Brooks, Ph.D., a clinical psychologist at Harvard Medical School. Discusses epilepsy, explaining how those suffering from the disorder experience seizures, and offers suggestions for how parents and educators can help those afflicted.

This illustrated book is an ideal introduction to depression. Julie helps readers to understand what depression is, how it feels to be depressed and how it can affect their family life. She explains what help and support is available for people with depression and what friends and family can do to make

things easier for her.

Mark Pritchard has spent much of his life riding his beloved Bianchi bicycles around Britain and Europe. In May 2018 he achieved a lifetime ambition when he left the UK to cycle 3,400 miles across the USA to Boston. Over the six weeks of his tour he learnt a lot about this great country and its people. *Can I Tell You Something?* is the story of the places he visited, the history and culture he discovered and the people he met and rode with along the way. Mark's view from the saddle provides a unique insight into America and its people, as he travels from the hustle and bustle of the West Coast through the harsh arid deserts and into the vast agricultural landscapes of the Midwest and on to the tranquillity of rural upstate New England, Mark gets to the very heart of this country and its people. This is not just a cycling tour however, it is also a story of a romance that grew and continued after Mark arrived in Boston. Taken from his diaries written from the tour, *Can I Tell You Something?* is a chronicle of a fantastic journey and a love letter to the very special person that he met on the road.

Part of the Reading Well scheme. 35 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. *Meet Alice* - a teenage girl with anorexia nervosa. Alice invites readers to learn about anorexia nervosa and how it makes her see herself differently from how other people see her. She also introduces readers to Beth who has bulimia nervosa, Sam who has selective eating problems, Francesca who has functional dysphagia and Freddie who has food avoidance emotional disorder. They all explain why they find food difficult and how their eating disorders are different. This illustrated book is an ideal introduction to understanding the complex issues surrounding eating disorders. It shows family,

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friends and teachers how they can support a young person with an eating disorder and will also be a good place to start when encouraging open conversations about eating disorders at school or at home.

When Isabelle enters the magical world of Las Brisas with her wheelchair-bound brother, her eyes are opened to a future of new possibilities.

Meet Debbie - a young girl with diabetes type 1. Debbie invites readers to learn about this type of diabetes from her perspective, describing how it feels to have high and low blood sugar levels. She explains how she can monitor her blood sugar and controls it with medication. Debbie also talks about the challenges of having diabetes and lets readers know how she can be helped and supported. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers and nurses. It is also an excellent starting point for family and classroom discussions.

The challenging story of a young person's progress through care, prison and social rejection to youth justice specialist. It charts failures to connect with and modify the author's chaotic early life moving from place to place, school to school, fragmented parenting and poor role models. Encircled by crime, drugs and baffling adults, Andi Brierley ended up first in a young offender institution then prison where he learned to think like a prisoner for his own survival, making everything harder for everybody on release. Until he determined to change and others saw his unenviable past could be put to good use. Shows how small things can make a difference. Contains many insights for professionals, students and others interested in young people in trouble. An addition to Waterside's acclaimed turn around stories, including Alan Weaver's *So You Think You Know Me?*, Ben Ashcroft's *Fifty-one Moves* and Justin Rollins' *The Lost Boyz*. Reviews 'Wow!! I didn't put it down once I started reading!'-- Lynda

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Marginson CBE, Director - National Probation Service (NE).

'Andi's compelling story shows why we should never give up on the capacity of people to change'-- Jim Hopkinson,

Bradford Children's Services. Your Honour Can I Tell You

My Story has been chosen for the Probation Insights Week

2019 Big Read. As featured in the Yorkshire Post. Contents

Foreword; Introduction; Who Am I?; Party Time; Shunted

Back and Forth; Bilston; A Life of Crime; The Drugs Chain;

Grafting; A Taste of Custody; Cyclops and Other Fine

Friends; Harehills; Work and an Evening at Elland Road;

Doncaster; Deerbolt; Clubbing the Night Away; Addiction;

Here We Go Again!; Sportsperson; Release; Youth Justice

Volunteer; Golden Opportunity; The Professionals; 'Me,

promotion?'; Back to My Youth Justice Roots; Postscript.

A charming tale about being brave and sharing your worries,

from the author and illustrator of You Are (Not) Small and

That's (Not) Mine! Pssst! Monty the frog has a secret.

Promise not to tell? He can't swim! And he's terrified of water!

What is he going to do? Luckily, when he's persuaded to tell

his parents, they are very understanding. In fact, his dad has

a secret of his own... The simple text from Anna Kang and

bold illustrations from the New Yorker cartoonist Christopher

Weyant tell an original and funny story about sharing your

worries and facing your fears. Visit Christopher at

www.christopherweyant.com. Praise for You are (Not) Small:

"Charming characters, a clever plot and a quiet message

tucked inside a humorous tale." Kirkus Reviews

Each illustrated book in this series is designed for parents

and professionals to use with children ages 7-up to help

explain difficult concepts and features a cartoon character

that explains a particular brain disorder. Original.

Kasumi and Kyouzuke are polar opposites when it comes to

personality. Kasumi is reserved, soft-spoken and shy;

Kyouzuke is energetic and has always been popular among

their peers. As the saying goes though, opposites have a te "You Never Can Tell" by George Bernard Shaw. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format. Nature played a heavy part on Chuks and Ngozi's lives. Initially they were in love, yet they never knew. Thrice they were separated both by education and life's adversity; and three lives got lost in the process until nature brought them back again. It is humorous; it is romantic; it is tragic; It is emotional; it is a thriller.

I write this book for anyone searching for what to believe. Through years of doubting all the conversations heard from friends and family about life in general, I was so very confused about who to believe, and what was the right choice. I questioned everyone and everything. I just existed day by day to get to tomorrow, and I worked hard to be a good student. I had a deeply ingrained desire to "be successful", yet I knew not what to do or how to get there. Time passes and all our choices determine our reality. However, our understanding is also created from life events not of our choosing. I share with you my life before 1987, and then the journey that I traveled since January 16, 1987, when I was in a horrid accident and experienced an out-of-body event. This life event forever has altered my thinking. I have spent over 30 years traveling this path, and in that journey have experienced some remarkable spiritual moments that have helped to define for me what is most important about this life. I hope that in sharing my experiences you will more

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fully understand our deep connection to our creator. You will be convinced that the statement Let Go and Let God is a valuable thought to embrace and hold onto.

Discusses selective mutism, explaining how those suffering from the disorder experience intense fear and panic in social situations, and offers suggestions for how parents and educators can help those afflicted.

Mission Statement: As poets we aspire to reach higher by living life through our passion for writing, providing therapy, entertainment, and joy for all readers. Also becoming that voice for those, who, for various reasons, are unable to express openly how they feel. The healing and closure can and will be heard through our writing, we hope to reach many. As we have been inspired to write by life's lessons, our intent is to be that motivation which will allow the hesitant to speak and stand up without compromise, but do it with respect, dignity, and a certain level of sensitivity to others, we will be understood. As you get to know us, very quickly, you will conclude we are very similar to you, a visual tape recorder constantly recording, absorbing, internalizing, and forming opinions to be, in most cases, stored away and never again retrieved. To that end, we're driven to rewind and press play so the masses can unite and realize, as human beings, we all are very much the same, though cosmetically, economically, and socially different. Together we can meet at your favorite get away location, stand on common ground, and communicate without inhibitions. After our encounter, we will forever be connected through words of reception, and if we choose to, continue to grace one another with strength and gifting, as we pass what we've shared to those in our paths. If for some reason we only measure our similarities and growth on one occasion, may your journey be blessed and patterned in love, giving, peace, and total fulfillment. For those that are engaged, let's ride the radiant rainbow while the showers

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precipitate the blossoming of the newly planted seed we all seek for positive and inspirational change. We sincerely thank you for your time.

No One Can Tell You Who You Are Except You A Simple Guide To Knowing Your True Self Your guide to repattern the blueprint you were born with and create the life you deserve. Pier Pagano's practical book of essays and exercises will inspire, motivate and teach you how to use your own powerful tools to make peace with your past and embrace your present and future possibilities. Learn how the traits you hide are sometimes the most enlightening and wonderful qualities you have. You just don't know it yet. Your own intuition is the most honest voice you have. Get to know your authentic self though the strengths you keep in your powerful toolbox. By carefully examining your past, you can let go of what no longer serves you, shifting your perspective to embrace what is already inside you. Opening your heart to yourself allows you to acknowledge and accept that every part of you is essential. Forming a loving and trusting relationship with the real you is the beginning of living a fulfilling life. When you know who you are, no one can tell you who to be.

Can I Tell You a Secret? Hachette UK

Secular doctors, psychologists and psychiatrists are doing an amazing job at helping people. However, most of them can only do so up to a point because they do not consider the spiritual realm. What is presented here shows how, sharing the truth of God's Word in the power of the Holy Spirit, can bring freedom, wholeness and restoration to those who are spiritually bound. This includes those who have suffered with a poor self-image, depression, anger and abuse.

***THE MILLION-COPY BESTSELLING DETECTIVE

SERIES*** 'One of the best is Alex Gray' Literary Review

'Intensely exciting and atmospheric' Alexander McCall Smith

'Move over Rebus' Daily Mirror When there are no witnesses .

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. . . _____ When Dorothy Guildford is found stabbed to death in her home, all signs point to her husband, Peter. The forensic psychologist is convinced there's more to the case that meets the eye but Police Scotland are certain they have their man. While DC Kirsty Wilson searches for evidence that will put Peter away for good, she is shocked to discover a link with a vast human-trafficking operation that Detective Superintendent William Lorimer has been investigating for months. But before they can interrogate him, Peter is brutally attacked. With one person dead and another barely hanging on, the clock is ticking for DC Wilson and DSI Lorimer. And the stakes grow higher still when one of their own is kidnapped . . . Whether you've read them all, or whether you're coming to Alex Gray's highly acclaimed Lorimer series for the very first time, this is the perfect, page-turning winter read if you love Ann Cleeves, Val McDermid or Ian Rankin. _____

PRAISE FOR ALEX GRAY 'Convincing Glaswegian atmosphere and superior writing' The Times 'Brings Glasgow to life in the same way Rankin evokes Edinburgh' Daily Mail 'Exciting, pacy, authentic' Angela Marsons 'Sums up everything that is golden and enthralling about a good book' Fully Booked

Meet Issy – an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress. Issy tells readers about all the ways she can be helped and supported by those around her. This illustrated book is for readers aged 7 and upwards, and will be an excellent way to increase understanding about PDA in the classroom or at home. It also includes practical tips and recommended resources for parents and professionals.

NEW YORK TIMES BESTSELLER! From Misha Collins,

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actor, longtime poet, and activist, whose massive online following calls itself his “Army For Good,” comes his debut poetry collection, *Some Things I Still Can't Tell You*.

Trademark wit and subtle vulnerability converge in each poem; this book is both a celebration of and aspiration for a life well lived. #1 PUBLISHERS WEEKLY BESTSELLER!

USA TODAY Bestseller! This book is a compilation of small observations and musings. It's filled with moments of reflection and a love letter to simple joys: passing a simple blade of grass on the sidewalk, the freedom of peeing outdoors late at night, or the way a hand-built ceramic mug feels when it's full of warm tea on a chilly morning. It's a catalog and a compendium that examines the complicated experience of being all too human and interacting with a complex, confounding, breathtaking world ... and a reminder to stop and be awake and alive in yourself.

Use the Science of Behavioral Economics to Understand Why People Buy “The most important business book to come out in years.” –Michael F. Schein, author and columnist for Forbes, Inc, and Psychology Today #1 New Release in Business Encyclopedias, Marketing Research, and Customer Relations *What Your Customer Wants (And Can't Tell You)* explains the neuroscience of consumer behavior. Learn exactly why people buy?and how to use that knowledge to improve pricing, increase sales, create better “brain-friendly” brand messaging, and be a more effective leader. Behavioral economics is the marketing research future of brands and business. *What Your Customer Wants (And Can't Tell You)* goes beyond an academic understanding of behavioral economics and into practical applications. Learn how real businesses and business professionals can use science to make their companies better. In this book, business owner, consultant, and behavioral economics expert Melina Palmer helps leaders like you use the psychology of the consumer,

innovation, and truly impactful branding to achieve real, bottom-line benefits. Discover information and tools you can actually use to influence consumers. Go beyond data science for business and apply behavioral economics. Learn how the consumer brain works. Become a better leader and creatively and effectively market your brand by understanding the true needs of your customers. Dramatically improve your effectiveness as a leader and marketer with the practical tools in this book, including:

- Real-world examples that bring a concept to life and make it stick
- Ideas to help you with problem solving for your business
- Ways to hack your brain into coming up with innovative programs, products, and initiatives

If you liked marketing and business books like *Nudge* by Richard Thaler and Cass Sunstein, *Predictably Irrational* by Dan Ariely, or *This is Marketing* by Seth Godin, you'll love *What Your Customer Wants (And Can't Tell You)*. A professor of linguistics at Georgetown University decodes the conversational styles of female friends and explains how language contributes to this unique, cherished, and crucial connection.

"Twenty philosophers and dog lovers discuss their experiences with dogs and explore dog-related themes in metaphysics and ethics"--Provided by publisher.

With loving adoptive parents by his side, Rev Fletcher has managed to keep the demons of his past at bay. . . until he gets a letter from his abusive father and the trauma of his childhood comes hurtling back. Emma Blue's parents are constantly fighting, and her only escape is the computer game she built from scratch. But when a cruel online troll's

harassment escalates, she not only loses confidence but starts to fear for her safety. When Rev and Emma meet, they're both longing to lift the burden of their secrets. They connect instantly and deeply, promising to help each other no matter what. But soon Rev and Emma's secrets threaten to crush them, and they'll need more than a promise to find their way out. From the author of *Letters to the Lost* comes a new compulsively readable story for fans of Nicola Yoon.

"Eighteen essays investigate philosophical aspects of the feline mind and the world of cats, illustrated by anecdotes about cats the authors have known"--Provided by publisher.

This book explains the psychology of the liar, and how the thoughts of the mind produce body language that is readable. Being able to determine when another person is lying to you is a skill that will benefit you in every aspect of your life. The signs of dishonesty and the motivations behind them are defined and described here, and listed in an easy to memorize format. C.A. Thurston studied the tactics used by Interrogators and Police Detectives for 33 years before writing this descriptive guide. "You don't have to get a confession to know the truth", she said. Use this as a handbook for analyzing the body language of people you don't know well.

One hot sticky summer three very different sisters, each with something to hide, descend on their

granny . . . Susan has just broken up with her fiancé, but she isn't exactly telling the full story. Felicity, elegant and successful, usually spends her brief holidays on top of a mountain or shopping on Fifth Avenue, so how come she's spending so long 'just chilling out'? And Marianne, carefree and feckless, perennially on the run from boyfriends and jobs, what kind of a mess has she got herself into this time? Add to the mix an intriguing long-lost cousin, and Angela, their long-suffering granny . . . well, something has to give and when it does the girls' lives will be transformed for ever.

Twenty-five philosophy professors discuss jealousy, feminism, desire, freedom, soul mates, pornography and whether the good life can be attained without true love as they uncover the connections between philosophy and romantic love. Original.

NOMINATED FOR THE CILIP CARNEGIE MEDAL

2019 Swoon-inducing' IRISH TIMES This is a story

about learning to be fearless and set your secrets

free. An intense and gripping novel that will speak to

fans of John Green and Jennifer Niven. Rev works

hard to keep the demons of the time before his

adoption at bay ... until a letter from his father after

his 18th birthday brings the trauma of his childhood

hurtling back. Emma escapes real life by perfecting

the online game she built from scratch. But when an

online troll's harassment starts to escalate, she fears

for her safety. When Rev and Emma meet, they're

buckling under the weight of their secrets. Though both of them find it hard to put their problems into words, they connect instantly and deeply. Rev and Emma's problems might be worlds apart, but they promise to help each other no matter what. But promises are made to be tested and some things hurt more than we can tell. Smart, funny and romantic, this is a must-read love story from the author of the bestselling *Letters to the Lost*.

This amazing collection of *Hilarious Jokes You Can Tell Anywhere* has been culled by author Silvio Famularo over a lifetime. The 74-year-old comedian proudly presents the finest of the thousands of clean jokes he has heard over the years, most of which have been embellished by his skill at eliciting the maximum humor from each yarn. A good many of the jokes have been adapted, rephrased and given twists so that they reflect my own personal style. This is particularly the case with the Italian jokes, most of which were not really Italian jokes when first related to me. I turned them into Italian jokes because I thought they sounded funnier told with a foreign accent. Did you hear the one about ...
About the Author: Silvio Famularo lives in Wellington, New Zealand. I like to make people laugh. My greatest inspiration comes from Jesus Christ, whose message is to love one another. I believe that whatever we do, it should be done in such a way as to benefit others. His next book is titled *The Importance of Laughter for Health and Happiness*. Publisher's website: <http://sbpra.com/SilvioFamular>

Meet Sophie - a girl with cerebral palsy (CP). Sophie invites readers to learn about CP from her perspective, helping them to understand what it is like to use a wheelchair to move around and assistive technology to communicate. She also

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introduces readers to some of her friends who have different forms of CP and explains that living with CP can sometimes be difficult, but there are many ways she is supported so that she can lead a full and happy life. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers and professionals working with children with CP. It is also an excellent starting point for family and classroom discussions.

While fighting with his best friend and college roommate over a girl, Jake says something he regrets, then begins communicating only through notes and letters, but when he wants to tell the girl how he really feels about her, his silence and penchant for puns get in the way.

You Never Can Tell is an interweaving of timeless plots that merit a fresh retelling--and the reader is the benefactor of Mike Sharpe's spirited reinventions. The companion work, Smog, is a dystopian novella in which the presumably knowledgeable, affluent members of society are blind to all that is happening around them. Preoccupied with their own concerns, they fail to heed the warning signs as disaster engulfs the land.

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

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