

By Steven A Cook

NEW YORK TIMES BESTSELLER • A NEW YORK TIMES NOTABLE BOOK • “A tour de force . . . a comprehensive and suitably furious guide to the political landscape of American healthcare . . . persuasive, shocking.”—The New York Times America’s Bitter Pill is Steven Brill’s acclaimed book on how the Affordable Care Act, or Obamacare, was written, how it is being implemented, and, most important, how it is changing—and failing to change—the rampant abuses in the healthcare industry. It’s a fly-on-the-wall account of the titanic fight to pass a 961-page law aimed at fixing America’s largest, most dysfunctional industry. It’s a penetrating chronicle of how the profiteering that Brill first identified in his trailblazing Time magazine cover story continues, despite Obamacare. And it is the first complete, inside account of how President Obama persevered to push through the law, but then failed to deal with the staff incompetence and turf wars that crippled its implementation. But by chance America’s Bitter Pill ends up being much more—because as Brill was completing this book, he had to undergo urgent open-heart surgery. Thus, this also becomes the story of how one patient who thinks he knows everything about healthcare “policy” rethinks it from a hospital gurney—and combines that insight with his brilliant reporting. The result: a surprising new vision of how we can fix American healthcare so that it stops draining the bank accounts of our families and our businesses, and the federal treasury. Praise for America’s Bitter Pill “An energetic, picaresque, narrative explanation of much of what has happened in the last seven years of health policy . . . [Brill] has pulled off something extraordinary.”—The New York Times Book Review “A thunderous indictment of what Brill refers to as the ‘toxicity of our profiteer-dominated healthcare system.’ ”—Los Angeles Times “A sweeping and spirited new book [that] chronicles the surprisingly juicy tale of reform.”—The Daily Beast “One of the most important books of our time.”—Walter Isaacson “Superb . . . Brill has achieved the seemingly impossible—written an exciting book about the American health system.”—The New York Review of Books

False Dawn Protest, Democracy, and Violence in the New Middle East Oxford University Press

In the thirteenth River Cottage Handbook, Steven Lamb shows how to cure and smoke your own meat, fish and cheese. Curing and smoking your own food is a bit of a lost art in Britain these days. While our European neighbours have continued to use these methods on their meat, fish and cheese for centuries, we seem to have lost the habit. But with the right guidance, anyone can preserve fresh produce, whether living on a country farm or in an urban flat – it doesn’t have to take up a huge amount of space. The River Cottage ethos is all about knowing the whole story behind what you put on the table; and as Steven Lamb explains in this thorough, accessible guide, it’s easy to take good-quality ingredients and turn them into something sensational. Curing & Smoking begins with a detailed breakdown of any kit you might need (from sharp knives to sausage stuffers, for the gadget-loving cook) and an explanation of the preservation process – this includes a section showing which products and cuts are most suitable for different methods of curing and smoking. The second part of the book is organised by preservation method, with an introduction to each one, and comprehensive guidance on how to do it. And for each method, there are, of course, many delicious recipes! These include chorizo Scotch eggs, salt beef, hot smoked mackerel, home-made gravadlax ... and your own dry-cured streaky bacon sizzling in the breakfast frying-pan. With an introduction by Hugh Fearnley-Whittingstall and full-colour photographs as well as illustrations, this book is the go-to guide for anyone who wants to smoke, brine or air-dry their way to a happier kitchen. While American national security policy has grown more interventionist since the Cold War, Washington has also hoped to shape the world on the cheap. Misled by the stunning success against Iraq in 1991, administrations of both parties have pursued ambitious aims with limited force, committing the country’s military frequently yet often hesitantly, with inconsistent justification. These ventures have produced strategic confusion, unplanned entanglements, and indecisive results. This collection of essays by Richard K. Betts, a leading international politics scholar, investigates the use of American force since the end of the Cold War, suggesting guidelines for making it more selective and successful. Betts brings his extensive knowledge of twentieth century American diplomatic and military history to bear on the full range of theory and practice in national security, surveying the Cold War roots of recent initiatives and arguing that U.S. policy has always been more unilateral than liberal theorists claim. He exposes mistakes made by humanitarian interventions and peace operations; reviews the issues raised by terrorism and the use of modern nuclear, biological, and cyber weapons; evaluates the case for preventive war, which almost always proves wrong; weighs the lessons learned from campaigns in Iraq, Afghanistan, and Vietnam; assesses the rise of China and the resurgence of Russia; quells concerns about civil-military relations; exposes anomalies within recent defense budgets; and confronts the practical barriers to effective strategy. Betts ultimately argues for greater caution and restraint, while encouraging more decisive action when force is required, and he recommends a more dispassionate assessment of national security interests, even in the face of global instability and unfamiliar threats.

NEW YORK TIMES BESTSELLER • Why is democracy so threatened in America and around the world? And what can we do about it? A former White House aide and close confidant to President Barack Obama—and the author of *The World as It Is*—travels the globe in a deeply personal, beautifully observed quest for answers. In 2017, as Ben Rhodes was helping Barack Obama begin his next chapter, the legacy they had worked to build for eight years was being taken apart. To understand what was happening in America, Rhodes decided to look outward. Over the next three years, he traveled to dozens of countries, meeting with politicians, activists, and dissidents confronting the same nationalism and authoritarianism that was tearing America apart. Along the way, a Russian opposition leader he spoke with was poisoned, the Hong Kong protesters he came to know saw their movement snuffed out, and America itself reached the precipice of losing democracy before giving itself a second chance. Part memoir and part reportage, *After the Fall* is a hugely ambitious and essential work of discovery. In his travels, Rhodes comes to realize how much America’s fingerprints are on a world we helped to shape, through our post-Cold War embrace of unbridled capitalism and our

post-9/11 nationalism and militarism; our mania for technology and social media; and the racism that fueled the backlash to America's first Black president. At the same time, Rhodes learns from the stories of a diverse set of characters—from Barack Obama himself to Cuban rebels to a rising generation of international leaders—that looking squarely at where America has gone wrong makes clear how essential it is to fight for what America is supposed to be, for our own country and the entire world.

Turkey is a rising regional and global power facing, as is the United States, the challenges of political transitions in the Middle East, bloodshed in Syria, and Iran's pursuit of nuclear weapons. As a result, it is incumbent upon the leaders of the United States and Turkey to define a new partnership "in order to make a strategic relationship a reality," says a new Council on Foreign Relations (CFR)-sponsored Independent Task Force.

Finalist for the 2016 IACP Awards: Julia Child First Book *Eat More Vegetables*. Chef of the award-winning Atlanta restaurant Miller Union, Steven Satterfield—dubbed the “Vegetable Shaman” by the *New York Times*' Sam Sifton—has enchanted diners with his vegetable dishes, capturing the essence of fresh produce through a simple, elegant cooking style. Like his contemporaries April Bloomfield and Fergus Henderson, who use the whole animal from nose to tail in their dishes, Satterfield believes in making the most out of the edible parts of the plant, from root to leaf. Satterfield embodies an authentic approach to farmstead-inspired cooking, incorporating seasonal fresh produce into everyday cuisine. His trademark is simple food and in his creative hands he continually updates the region's legendary dishes—easy yet sublime fare that can be made in the home kitchen. *Root to Leaf* is not a vegetarian cookbook, it's a cookbook that celebrates the world of fresh produce. Everyone, from the omnivore to the vegan, will find something here. Organized by seasons, and with a decidedly Southern flair, Satterfield's collection mouthwatering recipes make the most of available produce from local markets, foraging, and the home garden. A must-have for the home cook, this beautifully designed cookbook, with its stunning color photographs, elevates the bounty of the fruit and vegetable kingdom as never before. An "account of the origins of the deeply divided status quo and the people fighting for a more equal, less myopic America"--

A collection of recipes from a Philadelphia restaurant known for its modern take on Israeli cooking presents such offerings as hummus tehina, potato and kale borekas, and pomegranate-glazed salmon.

From the host of the television series and podcast *MeatEater*, the long-awaited definitive guide to cooking wild game, including fish and fowl, featuring more than 100 new recipes “As a *MeatEater* fan who loves to cook, I can tell you that this book is a must-have.”—Andrew Zimmern When Steven Rinella hears from fans of his *MeatEater* show and podcast, it's often requests for more recipes. One of the most respected and beloved hunters in America, Rinella is also an accomplished wild game cook, and he offers recipes here that range from his takes on favorite staples to more surprising and exotic meals. *Big Game: Techniques and strategies for butchering and cooking all big game, from whitetail deer to moose, wild hogs, and black bear, and recipes for everything from shanks to tongue.* *Small Game: How to prepare appetizers and main courses using common small game species such as squirrels and rabbits as well as lesser-known culinary treats like muskrat and beaver.* *Waterfowl: How to make the most of available waterfowl, ranging from favorites like mallards and wood ducks to more challenging birds, such as wild geese and diving ducks.* *Upland Birds: A wide variety of butchering methods for all upland birds, plus recipes, including Thanksgiving wild turkey, grilled grouse, and a fresh take on jalapeño poppers made with mourning dove.* *Freshwater Fish: Best practices for cleaning and cooking virtually all varieties of freshwater fish, including trout, bass, catfish, walleye, suckers, northern pike, eels, carp, and salmon.* *Saltwater Fish: Handling methods and recipes for common and not-so-common species of saltwater fish encountered by anglers everywhere, from Maine to the Bahamas, and from Southern California to northern British Columbia.* *Everything else: How to prepare great meals from wild clams, crabs, crayfish, mussels, snapping turtles, bullfrogs, and even sea cucumbers and alligators. Whether you're cooking outdoors or in the kitchen, at the campfire or on the grill, this cookbook will be an indispensable guide for both novices and expert chefs. “Rinella goes to the next level and offers some real deal culinary know-how to make sure that your friends and family will dig what you put on the table.”—Guy Fieri “[A] must-read cookbook for those seeking a taste of the wild.”—Publishers Weekly (starred review)*

The genius of Raichlen meets the magic of vegetables. Celebrating all the ways to grill green, this mouthwatering, ground breaking cookbook from America's master griller” (*Esquire*) shows how to bring live fire or wood smoke to every imaginable vegetable. How to fire-blister tomatoes, cedar-plank eggplant, hay-smoke lettuce, spit-roast brussels sprouts on the stalk, grill corn five ways—even cook whole onions caveman-style in the embers. And how to put it all together through 115 inspired recipes. Plus chapters on grilling breads, pizza, eggs, cheese, desserts and more. PS: While vegetables shine in every dish, this is not a strictly vegetarian cookbook—yes, there will be bacon. “Raichlen's done it again! I am so happy that he has turned his focus to the amazingly versatile yet underrated world of vegetables, creating some of the most exciting ways to use live fire. If you love to grill and want to learn something new, then this is the perfect book for you. Steven is truly the master of the grill!” —Jose Andres, Chef and Humanitarian “Destined to join Steven Raichlen's other books as a masterpiece. Just thumb through it, and you'll understand that this is one of those rare must-have cookbooks—and one that planet Earth will welcome.” —Nancy Silverton, Chef and Owner of Mozza restaurants

The recent revolution in Egypt has shaken the Arab world to its roots. The most populous Arab country and the historical center of Arab intellectual life, Egypt is a linchpin of the US's Middle East strategy, receiving more aid than any nation except Israel. This is not the first time that the world and has turned its gaze to Egypt, however. A half century ago, Egypt under Nasser became the putative leader of the Arab world and a beacon for all developing nations. Yet in the decades prior to the 2011 revolution, it was ruled over by a sclerotic regime plagued by nepotism and corruption. During that time, its economy declined into near shambles, a severely overpopulated Cairo fell into disrepair, and it produced scores of

violent Islamic extremists such as Ayman al-Zawahiri and Mohammed Atta. In *The Struggle for Egypt*, Steven Cook--a Senior Fellow at the Council on Foreign Relations--explains how this parlous state of affairs came to be, why the revolution occurred, and where Egypt might be headed next. A sweeping account of Egypt in the modern era, it incisively chronicles all of the nation's central historical episodes: the decline of British rule, the rise of Nasser and his quest to become a pan-Arab leader, Egypt's decision to make peace with Israel and ally with the United States, the assassination of Sadat, the emergence of the Muslim Brotherhood, and--finally--the demonstrations that convulsed Tahrir Square and overthrew an entrenched regime. Throughout Egypt's history, there has been an intense debate to define what Egypt is, what it stands for, and its relation to the world. Egyptians now have an opportunity to finally answer these questions. Doing so in a way that appeals to the vast majority of Egyptians, Cook notes, will be difficult but ultimately necessary if Egypt is to become an economically dynamic and politically vibrant society.

From the New York Times bestselling author of *How We Got To Now*, *Farsighted*, and *Extra Life* Combining the deft social analysis of *Where Good Ideas Come From* with the optimistic arguments of *Everything Bad Is Good For You*, New York Times bestselling author Steven Johnson's *Future Perfect* makes the case that a new model of political change is on the rise, transforming everything from local governments to classrooms, from protest movements to health care.

Johnson paints a compelling portrait of this new political worldview -- influenced by the success and interconnectedness of the Internet, by peer networks, but not dependent on high-tech solutions -- that breaks with the conventional categories of liberal or conservative, public vs. private thinking. With his acclaimed gift for multi-disciplinary storytelling and big idea books, Johnson explores this new vision of progress through a series of fascinating narratives: from the "miracle on the Hudson" to the planning of the French railway system; from the battle against malnutrition in Vietnam to a mysterious outbreak of strange smells in downtown Manhattan; from underground music video artists to the invention of the Internet itself. At a time when the conventional wisdom holds that the political system is hopelessly gridlocked with old ideas, *Future Perfect* makes the timely and inspiring case that progress is still possible, and that innovative strategies are on the rise. This is a hopeful, affirmative outlook for the future, from one of the most brilliant and inspiring visionaries of contemporary culture.

"Offers a useful reminder of the role of modern science in fundamentally transforming all of our lives." —President Barack Obama (on Twitter) "An important book." —Steven Pinker, *The New York Times Book Review* Now also a PBS documentary series: the surprising story of how humans gained what amounts to an extra life, from the bestselling author of *How We Got to Now* and *Where Good Ideas Come From* As a species we have doubled our life expectancy in just one hundred years. All the advances of modern life—the medical breakthroughs, the public health institutions, the rising standards of living—have given us each about twenty thousand extra days on average. There are few measures of human progress more astonishing than our increased longevity. This book is Steven Johnson's attempt to understand where that progress came from. How many of those extra twenty thousand days came from vaccines, or the decrease in famines, or seatbelts? What are the forces that now keep us alive longer? Behind each breakthrough lies an inspiring story of cooperative innovation, of brilliant thinkers bolstered by strong systems of public support and collaborative networks. But it is not enough simply to remind ourselves that progress is possible. How do we avoid decreases in life expectancy as our public health systems face unprecedented challenges? What current technologies or interventions that could reduce the impact of future crises are we somehow ignoring? A study in how meaningful change happens in society, *Extra Life* is an ode to the enduring power of common goals and public resources. The most fundamental progress we have experienced over the past few centuries has not come from big corporations or start-ups. It has come, instead, from activists struggling for reform; from university-based and publicly funded scientists sharing their findings open-source-style; and from nonprofit agencies spreading new innovations around the world.

From longtime New York Times labor correspondent, an in-depth and stirring look at working men and women in America, the challenges they face, and the ways in which they can be re-empowered. In an era when corporate profits have soared while wages have flatlined, millions of Americans are searching for ways to improve their lives, and they're often turning to labor unions and worker action, whether #RedforEd teachers' strikes or the Fight for \$15. Wage stagnation, low-wage work, and blighted blue-collar communities have become an all-too-common part of modern-day America, and behind these trends is a little-discussed problem: the decades-long decline in worker power. This decline is reflected in some of the most pressing problems facing our nation today, including income inequality, declining social mobility, the gender pay gap, and the concentration of political power in the hands of the wealthy. In his sweeping, robust new work, Steven Greenhouse rebuts the often-stated view that labor unions are outmoded--or even harmful--by recounting some of labor's victories, and the efforts of several of today's most innovative and successful worker groups. He shows us the modern labor landscape through the stories of dozens of American workers, from G.M. workers to Uber drivers, and we see how unions historically have empowered--and lifted--the most marginalized, including young women garment workers in New York in 1909, black sanitation workers in Memphis in 1968, and hotel housekeepers today. Greenhouse proposes concrete, feasible ways in which workers' collective power can be--and is being--rekindled and reimagined in the twenty-first century.

The hardest choices are also the most consequential. So why do we know so little about how to get them right? Big, life-altering decisions matter so much more than the decisions we make every day, and they're also the most difficult: where to live, whom to marry, what to believe, whether to start a company, how to end a war. There's no one-size-fits-all approach for addressing these kinds of conundrums. Steven Johnson's classic *Where Good Ideas Come From* inspired creative people all over the world with new ways of thinking about innovation. In *Farsighted*, he uncovers powerful tools for honing the important skill of complex decision-making. While you can't model a once-in-a-lifetime choice, you can model the deliberative tactics of expert decision-makers. These experts aren't just the master strategists running major companies or negotiating high-level diplomacy. They're the novelists who draw out the complexity of their characters' inner lives, the city officials who secure long-term water supplies, and the scientists who reckon with future challenges most of us haven't even imagined. The smartest decision-makers don't go with their guts. Their

success relies on having a future-oriented approach and the ability to consider all their options in a creative, productive way. Through compelling stories that reveal surprising insights, Johnson explains how we can most effectively approach the choices that can chart the course of a life, an organization, or a civilization. *Farsighted* will help you imagine your possible futures and appreciate the subtle intelligence of the choices that shaped our broader social history.

Describes the story of the man who was entrusted with all of the details of John Brown's plans to capture the Harper's Ferry armory in 1859 and how he was hunted down for a \$1,000 bounty and tried as a spy.

Ever since Fidel Castro assumed power in Cuba in 1959, Americans have obsessed about the nation ninety miles south of the Florida Keys. America's fixation on the tropical socialist republic has only grown over the years, fueled in part by successive waves of Cuban immigration and Castro's larger-than-life persona. Cubans are now a major ethnic group in Florida, and the exile community is so powerful that every American president has kowtowed to it. But what do most Americans really know about Cuba itself? In *Cuba: What Everyone Needs to Know*, Julia Sweig, one of America's leading experts on Cuba and Latin America, presents a concise and remarkably accessible portrait of the small island nation's unique place on the world stage over the past fifty years. Yet it is authoritative as well. Following a scene-setting introduction that describes the dynamics unleashed since summer 2006 when Fidel Castro transferred provisional power to his brother Raul, the book looks backward toward Cuba's history since the Spanish American War before shifting to more recent times. Focusing equally on Cuba's role in world affairs and its own social and political transformations, Sweig divides the book chronologically into the pre-Fidel era, the period between the 1959 revolution and the fall of the Soviet Union, the post-Cold War era, and—finally—the looming post-Fidel era. Informative, pithy, and lucidly written, it will serve as the best compact reference on Cuba's internal politics, its often fraught relationship with the United States, and its shifting relationship with the global community.

“A house of wonders itself. . . . Wonderland inspires grins and well-what-d'ya-knows” —The New York Times Book Review From the New York Times—bestselling author of *How We Got to Now* and *Extra Life*, a look at the world-changing innovations we made while keeping ourselves entertained. This lushly illustrated history of popular entertainment takes a long-zoom approach, contending that the pursuit of novelty and wonder is a powerful driver of world-shaping technological change. Steven Johnson argues that, throughout history, the cutting edge of innovation lies wherever people are working the hardest to keep themselves and others amused. Johnson's storytelling is just as delightful as the inventions he describes, full of surprising stops along the journey from simple concepts to complex modern systems. He introduces us to the colorful innovators of leisure: the explorers, proprietors, showmen, and artists who changed the trajectory of history with their luxurious wares, exotic meals, taverns, gambling tables, and magic shows. In *Wonderland*, Johnson compellingly argues that observers of technological and social trends should be looking for clues in novel amusements. You'll find the future wherever people are having the most fun.

Meet the five partners behind Federal Donuts and Rooster Soup Co. In their (maybe) true story you'll learn about their origin, their first Donut Robot, and even their FedNuts workout. Oh, and you'll get recipes for their donuts. And their fried chicken. And maybe have a few laughs.

Whether you've never picked up a knife or you're an accomplished chef, there are only four basic factors that determine how good your food will taste. Salt, Fat, Acid, and Heat are the four cardinal directions of cooking, and they will guide you as you choose which ingredients to use and how to cook them, and they will tell you why last minute adjustments will ensure that food tastes exactly as it should. This book will change the way you think about cooking and eating, and help you find your bearings in any kitchen, with any ingredients, while cooking any meal. --

In this electrifying medical thriller from New York Times bestselling author Robin Cook, a family's exposure to a rare yet deadly virus ensnares them in a growing danger to mankind—and pulls back the curtain on a healthcare system powered by profit and greed. Trying to find some normalcy during the Covid-19 pandemic, Brian Murphy and his family are on a summer excursion in Cape Cod when his wife, Emma, comes down with concerning flu-like symptoms. But their leisurely return home to New York City quickly becomes a race to the local hospital as she suddenly begins seizing in the car. At the ICU, she is diagnosed with eastern equine encephalitis, a rare and highly lethal mosquito-borne viral disease seemingly caught during one of their evening cookouts. Complicating the situation further, Brian and Emma's young daughter then begins to exhibit alarming physical and behavioral symptoms, too. Emma's harrowing hospital stay becomes even more fraught when Brian receives a staggering hospital bill full of outrageous charges and murky language. To add insult to injury, his health insurance company refuses to cover any of the cost, citing dubious clauses in Brian's policy. Forced to choose between the ongoing care of family and bills he can never pay, and furious at a shockingly indifferent healthcare system, Brian vows to seek justice. But to get to the bottom of the predatory practices targeting his loved ones and countless others, he must uncover the dark side of an industry that has strayed drastically from its altruistic roots—and bring down the callous executives preying on the sick and defenseless before the virus can claim even more people . . .

Simple meals inspired by Israeli street food, by the authors of the best-selling James Beard Book of the Year, *Zahav*.

In *False Dawn*, noted Middle East regional expert Steven Cook offers a sweeping narrative account of the past five years, moving from Turkey to Tunisia to Yemen to Iraq to Egypt and beyond, ultimately presenting a powerful theoretical analysis of why the Arab Spring failed.

This book treats bounded arithmetic and propositional proof complexity from the point of view of computational complexity. The first seven chapters include the necessary logical background for the material and are suitable for a graduate course. Associated with each of many complexity classes are both a two-sorted predicate calculus theory, with induction restricted to concepts in the class, and a propositional proof system. The complexity classes range from AC_0 for the weakest theory up to the polynomial hierarchy. Each bounded theorem in a theory translates into a family of (quantified) propositional tautologies with polynomial size proofs in the corresponding proof system. The theory proves the soundness of the associated proof system. The result is a uniform treatment of many systems in the literature, including Buss's theories for the polynomial hierarchy and many disparate systems for complexity classes such as AC_0 , $AC_0(m)$, TC_0 , NC_1 , L , NL , NC , and P .

The strategic relationship between the United States and Turkey is over. While Turkey remains formally a NATO ally, it is not a partner of the United States. The United States should not be reluctant to oppose Turkey directly when Ankara undermines U.S. policy.

In this volume, the noted regional specialist Steven Cook explains how this parlous state of affairs came to be, why the revolution occurred, and where Egypt might be headed next.

NEW YORK TIMES BESTSELLER “In our uncertain age, which can so often feel so dark and disturbing, Steven Pinker has distinguished himself as a voice of positivity.” – New York Times Can reading a book make you more rational? Can it help us understand why there is so much irrationality in the world? Steven Pinker, author of Enlightenment Now (Bill Gates’s “new favorite book of all time”) answers all the questions here Today humanity is reaching new heights of scientific understanding--and also appears to be losing its mind. How can a species that developed vaccines for Covid-19 in less than a year produce so much fake news, medical quackery, and conspiracy theorizing? Pinker rejects the cynical cliché that humans are simply irrational--cavemen out of time saddled with biases, fallacies, and illusions. After all, we discovered the laws of nature, lengthened and enriched our lives, and set out the benchmarks for rationality itself. We actually think in ways that are sensible in the low-tech contexts in which we spend most of our lives, but fail to take advantage of the powerful tools of reasoning we’ve discovered over the millennia: logic, critical thinking, probability, correlation and causation, and optimal ways to update beliefs and commit to choices individually and with others. These tools are not a standard part of our education, and have never been presented clearly and entertainingly in a single book--until now. Rationality also explores its opposite: how the rational pursuit of self-interest, sectarian solidarity, and uplifting mythology can add up to crippling irrationality in a society. Collective rationality depends on norms that are explicitly designed to promote objectivity and truth. Rationality matters. It leads to better choices in our lives and in the public sphere, and is the ultimate driver of social justice and moral progress. Brimming with Pinker’s customary insight and humor, Rationality will enlighten, inspire, and empower.

“The Knowledge Illusion is filled with insights on how we should deal with our individual ignorance and collective wisdom.” —Steven Pinker We all think we know more than we actually do. Humans have built hugely complex societies and technologies, but most of us don’t even know how a pen or a toilet works. How have we achieved so much despite understanding so little? Cognitive scientists Steven Sloman and Philip Fernbach argue that we survive and thrive despite our mental shortcomings because we live in a rich community of knowledge. The key to our intelligence lies in the people and things around us. We’re constantly drawing on information and expertise stored outside our heads: in our bodies, our environment, our possessions, and the community with which we interact—and usually we don’t even realize we’re doing it. The human mind is both brilliant and pathetic. We have mastered fire, created democratic institutions, stood on the moon, and sequenced our genome. And yet each of us is error prone, sometimes irrational, and often ignorant. The fundamentally communal nature of intelligence and knowledge explains why we often assume we know more than we really do, why political opinions and false beliefs are so hard to change, and why individual-oriented approaches to education and management frequently fail. But our collaborative minds also enable us to do amazing things. The Knowledge Illusion contends that true genius can be found in the ways we create intelligence using the community around us.

The 2011 Arab Spring protests seemed to mark a turning point in Middle East politics, away from authoritarianism and toward democracy. Within a few years, however, most observers saw the protests as a failure given the outbreak of civil wars and re-emergence of authoritarian strongmen in countries like Egypt. But in Delta Democracy, Catherine E. Herrold argues that we should not overlook the ongoing mobilization taking place in grassroots civil society. Drawing upon ethnographic research on Egypt’s nongovernmental organizations (NGOs) in the wake of the uprisings, Herrold uncovers the strategies that local NGOs used to build a more democratic and just society. Departing from US-based democracy advocates’ attempts to reform national political institutions, local Egyptian organizations worked with communities to build a culture of democracy through public discussion, debate, and collective action. At present, these forms of participatory democracy are more attainable than establishing fair elections or parliaments, and they are helping Egyptians regain a sense of freedom that they have been denied as the long-time subjects of a dictator. Delta Democracy advances our understanding of how civil society organizations maneuver under state repression in order to combat authoritarianism. It also offers a concrete set of recommendations on how US policymakers can restructure foreign aid to better help local community organizations fighting to expand democracy.

Join the conversation . . . With more than one hundred women restaurateurs, activists, food writers, professional chefs, and home cooks—all of whom are changing the world of food. Featuring essays, profiles, recipes, and more, Why We Cook is curated and illustrated by author and artist Lindsay Gardner, whose visual storytelling gifts bring nuance and insight into their words and their work, revealing the power of food to nourish, uplift, inspire curiosity, and effect change. “Prepare to be blown away by Lindsay Gardner’s illustrations. Her gift as an artist is part of this fluid conversation about food with some of the most intriguing women, and you’ll never want it to end. Why We Cook highlights our voices and varied perspectives in and out of the kitchen and empowers us to reclaim our place in it.” —Carla Hall, chef, television personality, and author of Carla Hall’s Soul Food “Why We Cook is a wonderful, heartwarming antidote to these trying times, and a powerful testament to unity through food.” —Anita Lo, chef and author of Solo and Cooking Without Borders “This book is a beautiful object, but it’s also much more than that: an essay collection, a trove of recipes, a guidebook for how we might use food to fight for and further justice. The women in its pages remind us that it’s in the kitchen, in the field, and around the table that we do our most vital work as human beings—and that, now more than ever, we must.” —Molly Wizenberg, author of A Homemade Life and The Fixed Stars

Ruling, but not governing : a logic of regime stability -- The Egyptian, Algerian, and Turkish military "enclaves" : the contours of the officers' autonomy -- The pouvoir militaire and the failure to achieve a "just mean" -- Institutionalizing a military-founded system -- Turkish paradox : Islamist political power and the Kemalist political order -- Toward a democratic transition? : weakening the patterns of political inclusion and exclusion.

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