

fraction of the cost. // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // "The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Farm & Handmade Goods, Berlin, Massachusetts // CONTENTS A FEW FIRST THOUGHTS LIES AND LOTIONS (Myths About Lotion and Lotionmaking) LOTION LINGO (Learning the Jargon) WHAT IS LOTION, ANYWAY? (What It Is and What Goes Into It) THE TWO WAYS TO SANITIZE LOTION (And How to Choose Between Them) WHAT DO I PUT IT IN? (Choosing Your Bottles) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) STEP-BY-STEP LOTIONMAKING (From Prep to Cleanup and Beyond) TESTING YOUR LOTION (Making Sure It's Safe) MORE RECIPES! (Different Lotions You Can Try) MILK LOTION RECIPES (Treating Your Skin to Milk) DESIGNING YOUR OWN (How to Create Great Recipes) TROUBLESHOOTING (Tricks, Tweaks, and Fixes) MAKING IT A BUSINESS (How to Go Pro, Not Bust) WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO READ MORE WHERE TO GET TESTING WHERE TO GET SUPPLIES Learn which vegetable oils, herbs, floral waters, essential oils, plant-based emulsifiers, and natural preservatives to use, how to pack and label your own beauty products, and how to store them safely.

The #1 New York Times Bestseller, USA Today Book of the Year, now a major motion picture starring Emily Blunt. The debut psychological thriller that will forever change the way you look at other people's lives, from the author of *Into the Water* and *A Slow Fire Burning*. "Nothing is more addicting than *The Girl on the Train*."—*Vanity Fair* "The *Girl on the Train* has more fun with unreliable narration than any chiller since *Gone Girl*. . . . [It] is liable to draw a large, bedazzled readership."—The New York Times "Marries movie noir with novelistic trickery. . . hang on tight. You'll be surprised by what horrors lurk around the bend."—USA Today "Like its train, the story blasts through the stagnation of these lives in suburban London and the reader cannot help but turn pages."—The Boston Globe "Gone Girl fans will devour this psychological thriller."—People EVERY DAY THE SAME Rachel takes the same commuter train every morning and night. Every day she rattles down the track, flashes past a stretch of cozy suburban homes, and stops at the signal that allows her to daily watch the same couple breakfasting on their deck. She's even started to feel like she knows them. Jess and Jason, she calls them. Their life--as she sees it--is perfect. Not unlike the life she recently lost. UNTIL TODAY And then she sees something shocking. It's only a minute until the train moves on, but it's enough. Now everything's changed. Unable to keep it to herself, Rachel goes to the police. But is she really as unreliable as they say? Soon she is deeply entangled not only in the investigation but in the lives of everyone involved. Has she done more harm than good?

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Beautiful to look at but hard to use. That's the reputation of cookie molds. But should it be? In this groundbreaking book, Anne L. Watson restores cookie molds to an honored place in the baker's kitchen by revealing long-lost secrets of their use. With Anne's techniques and recipes, tasty cookies with lovely, detailed designs will literally fall from the mold into your hand. Learn how to make traditional molded cookies like speculaas, springerle, and shortbread, as well as modern ones like White Chocolate Lime Cookies and Orange Blossom Wedding Cookies. Learn the tricks of sandwich cookies, layer cookies, chocolate backing, and exhibition cookies. And learn about the molds themselves -- the many kinds, their history, the best places to find them, how to treat them, what makes a good one, and which to avoid entirely. With nearly two dozen recipes and almost a hundred photos, "Baking with Cookie Molds" will quickly have you making cookies that both amaze and delight. // Anne L. Watson is the author of a number of popular books on home crafts and lifestyle, as well as children's books and many novels. In a previous career, she was a historic preservation architecture consultant. Anne lives with her husband and photographer, Aaron Shepard, in Bellingham, Washington. // "Expert instructions guarantee readers a frustration-free experience when using decorative metal, earthenware, and wooden molds . . . After reading this, you'll want to snatch them up." -- Lisa Campbell, *Library Journal*, Sept. 15, 2015 -- STARRED REVIEW "A tasty treat of practical cookie making, historical cookie-mold information, and a wide range of recipes, all served with appetizing sides of baking history and great photographs." -- *Kirkus Reviews*, June 16, 2015 "Anne L. Watson deserves big hugs from bakers everywhere for resurrecting the beautiful and tasty art of baking with cookie molds. Loaded with practical advice on everything from the care and cleaning of molds to proper recipe formulation and molding technique, 'Baking with Cookie Molds' provides all the know-how one needs to put retired molds back where they belong -- off walls and out of cupboards, and into action in our kitchens." -- Julia Usher, author, "Cookie Swap," and Director, International Association of Culinary Professionals "Cookie molds are lovely to admire but often end up as part of your kitchen decor rather than as a baking tool. 'Baking with Cookie Molds' will inspire you to use those molds as they were intended -- to create strikingly beautiful cookies -- and shows that those cookies can be delicious as well! Detailed instructions and photographs make it feel like the author is right there in your kitchen, baking alongside you and guiding you through each step." -- Christina Banner, author, "How to Build a Gingerbread House" "A must read for novice and avid bakers! Anne's story and vast knowledge of cookie molds keeps you entertained from beginning to end." -- Karen Giamalva, President and CEO, LetsBakeCookies.com "Friendly, warm, and inviting." -- Ken Hamilton, *The Springerle Baker* "A 'honey' of a collection of old and new secrets for shaping edible-art cookies -- with less effort and more success. Will do much to keep this tradition alive!" -- Gene Wilson, *HOB! Cookie Molds*

In this comprehensive guide, Susan Miller Cavitch covers everything you need to know to make your own soaps. Learn the basic techniques for crafting oil-, cream-, and vegetable-based soaps, and then start experimenting with your own personalized scents and effects. Cavitch provides tips for making more than 40 different specialty soaps, showing you how to design colorful

Castile quickly, safely, and reliably. // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // CONTENTS GETTING STARTED (Facts and Myths About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try) Recipe: Milk Castile Recipe: Herbal Castile Recipe: Oatmeal Castile Recipe: Cleansing Castile Recipe: Gardener's Lemon Poppy Seed Castile Recipe: Castor Castile Recipe: Coconut Castor Castile Recipe: Tropical Castile WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND MORE

Nita walked away from her family when she was seventeen years old, determined to never look back. But forty years later, when her mother died and her father descended into Alzheimer's, Nita returned to New Orleans to care for him in his final months. Now her father has passed on, leaving to Nita her childhood home as an inheritance. But she soon finds she isn't the only resident. The house is occupied by ghosts of her past, playing out scenes of the life she fled. What are they trying to tell her? Will they ever leave her in peace? And are they really spirits, or only visions, emerging from sealed-off depths of memory as from the shell of a chambered nautilus? // Anne L. Watson, a retired historic preservation architecture consultant, is the author of several novels, plus books on such diverse subjects as soapmaking and baking with cookie molds. A former resident of New Orleans -- the setting of "A Chambered Nautilus" -- she currently lives in Bellingham, Washington. // SAMPLE At the restaurant, we found a corner table a little away from other patrons. When we'd ordered, Enid sipped her ice water. "Tell me more," she said. "I've been seeing ghosts in the house," I said. "Or maybe they're not ghosts. A friend of mine calls them visions." A bad start. I tried again. "I think I told you I'd been a caregiver for my father? Well, he was living in the house I grew up in, and now it's mine. But I keep seeing him -- and my mom, and my sister and brother, and me -- all over the house." "Really? What are these visions about?" "Scenes from the past. I suppose it sounds crazy." "Not at all. You said your dad passed away recently? What about your mom?" "She died a few years ago. Suddenly. That's when we found out Dad had Alzheimer's." "So you were his caregiver after that. Are your brother and sister still living?" "Yes. I'm closer to my sis than to my brother." "My guess is the 'ghosts' are leftover emotional energy from intense experiences in the house. I gather they're not doing everyday tasks like peeling apples and mopping floors." "Mostly not. But even the everyday, normal things they do feel intense." She nodded. "I can see why. What else did your friend say? The one who called them visions." "That it was a form of teaching. That they'd go away once I learned what I needed to."

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Maybe you've made melt-and-pour soap and want to move on to something more challenging and rewarding. Maybe traditional soapmaking appeals to you, but you figure that working with lye is too difficult or dangerous. Or maybe you're already doing it, but outmoded ideas and methods are complicating the process and slowing you down. No matter which of these fits you, you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, this book explodes the myths about soapmaking and shows you how to make luxurious soap from scratch with the least fuss and bother. With both customary and metric measurements, plus a list of suppliers in five countries, "Smart Soapmaking" is the first truly international book on the craft! // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // *****RECOMMENDED BY THE HANDCRAFTED SOAP & COSMETIC GUILD***** "Should become THE book for soapmaking. . . . It's about time someone wrote a book like this. Most are idealistic and inaccurate. This book has a wonderful common sense approach that is SO long overdue. . . . I can recommend it with 100% confidence." -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "Smart it is A simple, no-nonsense book that cuts through the curmudgery of stifling soap bibles like no other." -- Shellie Humphries, Harstine Island, Washington "Way overdue. . . . A gift of common sense caution, proven methods, tried-and-true shortcuts, and some excellent recipes as well, for both the professional/experienced soapmaker and the eager beginner." -- Deb Petersen, Shepherd's Soap Co., Shelton, Washington "A great book for beginners, with clear and easy instructions." -- Anne-Marie Faiola, Bramble Berry Inc., Bellingham, Washington "I learned more from Smart Soapmaking than from any other soaping book, and I have read quite a few. . . . It's written with the average person in mind, not a chemistry major. Directions are very simple and easy to understand. It really takes the mystery out of making soap." -- Jackie Pack, Stuart, Virginia "Groundbreaking Anne L. Watson [is the] universally respected and loved author/crafter/curator of this lost art for thousands of aspiring soapers Unquestionably the best book with which to begin. To be precise, it's probably the most accessible, most reader-friendly, and most immediately useful container of information a first-time soapmaker could hope to find." -- Wishing Willow (blog)

Consumers are no longer satisfied with the 'industrial' types of soap available at the shops. They want speciality soaps with just the right scent, emollients, and eye-appeal. They want to pamper themselves and their loved ones with 'personal' soaps made to suit their own tastes and preferences. Now they can get that perfect custom-made soap by making it themselves. "Twas the night before Christmas, When all through the house Not a creature was stirring, Not even a mouse." Everyone knows these lines from Clement Clarke Moore's classic poem "A Visit from St. Nicholas" or "The Night Before Christmas." But how many know why all those mice were already in bed, or what they were up to before that? Here at last is a companion poem to reveal all: The holiday hustle and bustle in the mouse house since early that morning. The evening party for all the mouse friends and relations, with presents, feasting, and dancing. And to top it all off, a visit from Santa Mouse himself! Never before told, this mice-eye story is sure to find a place in your heart beside the original classic. // Anne L. Watson is the author/illustrator of "Katie Mouse and the Perfect Wedding," "Katie Mouse and the Christmas Door," "The Secret of Gingerbread Village," and other children's books, as well as the author of numerous craft books and novels for adults. She lives in Bellingham, Washington, with her husband and fellow author, Aaron Shepard. Wendy Edelson is the award-winning illustrator of "The Baker's Dozen," "Quackling," "Christmas Truce," "Which Shoes Do You Choose?", and many more children's books. She has applied her talent to a wide range of illustration projects,

