

## Breaking Trail A Climbing Life Arlene Blum

• First woman—and only the fourth climber ever—to summit all fourteen 8,000-meter peaks without supplemental oxygen or high-altitude porters • Though the two climbers are friends, Kaltenbrunner's path to high places has been very different from Edurne Pasaban's record-breaking feat • Positive, uplifting account of a remarkable athlete Effusive, charismatic, tough, Gerlinde Kaltenbrunner is one of the world's most successful high-altitude mountaineers and the first woman to climb all fourteen 8,000-meter peaks without supplemental oxygen—and she also eschews high-altitude porters. Mountains in My Heart covers her early years learning to climb in Austria, her personal life, her training as an oncology nurse, and her ever-present passion for mountains, especially the Himalaya. Her love of being in the mountains shines through in her writing: For Gerlinde the important thing was not the race to be the first woman to climb the 8,000-meter peaks, but rather to experience the mountains and climb them in her self-sufficient style. Self-sufficiency did not, however, mean climbing without her husband, Ralf Dujmovits; in 2009, Lhotse became her twelfth and his fourteenth 8,000-meter peak! Kaltenbrunner shares the challenges, dangers, and euphoria of her high-altitude climbs, detailing medical emergencies and her own feelings about being high in the mountains. Her writing is honest, captivating, and unrestrained.

A classic mountaineering memoir by one of the UK's foremost female climbers. 'A story of climbing and compulsive love of mountains ... magnificent' OBSERVER In 1945, when Gwen Moffat was in her twenties, she deserted from her post as a driver and dispatch rider in the Army and went to live rough in Wales and Cornwall, climbing and living on practically nothing. She hitch-hiked her way around, travelling from Skye to Chamonix and many places in between, with all her possessions on her back, although these amounted to little more than a rope and a sleeping bag. When the money ran out, she worked as a forester, went winkle-picking on the Isle of Skye, acted as the helmsman of a schooner and did a stint as an artist's model. And always there were the mountains, drawing her away from a 'proper' job. Throughout this unique story, there are acutely observed accounts of mountaineering exploits as Moffat tackles the toughest climbs and goes on to become Britain's leading female climber - and the first woman to qualify as a mountain guide.

A collection of vivid, intimate essays and prose poetry on the universal themes of life, love, friendship, personal empowerment, and more, told through a career in climbing. 40 percent of these pieces debut for the first time in print Davis has been profiled in publications including Outside, Men's Journal, W Magazine, and Sports Illustrated. Throughout her life, Steph Davis has chosen to take risks, to trust her impulses, to make decisions based on what feels right inside--and never look back. Studying to be a concert pianist, she quit music the day she was introduced to rock climbing. Later, she abandoned the respectability of university life and pursuit of a law degree to become a "dirtbag climber," living out of her grandmother's hand-me-down Oldsmobile sedan with Fletcher, a heeler mix dog. Today, through courage and perseverance, Davis is a high-profile athlete sponsored by Mammut, Clif Bar, Five Ten and Cascade Designs. In High Infatuation, Davis writes on the universal themes of life, love, friendship, personal empowerment, and more, told through a career in climbing.

This riveting and uplifting memoir by Vanessa O'Brien, record-breaking American-British explorer, takes you on an unexpected journey to the top of the world's highest mountains. Long before she became the first American woman to summit K2 and the first British woman to return from its summit alive, Vanessa O'Brien was a feisty suburban Detroit teenager forced to reinvent her world in the wake of a devastating loss that destroyed her family. Making her own way in the world, Vanessa strove to reach her lofty ambitions. Soon, armed with an MBA and a wry sense of humor, she climbed the corporate ladder to great success, but after the 2009 economic meltdown, her career went into a tailspin. She searched for a new purpose and settled on an unlikely goal: climbing Mount Everest. When her first attempt ended in disaster, she trudged home, humbled but wiser. Two years later, she made it to the top of the world. And then she kept going. Grounded by a cadre of wise-cracking friends and an inimitable British spouse, Vanessa held her own in the intensely competitive world of mountaineering, summiting the highest peak on every continent, and skiing the last degree to the North and South Poles. She set new speed records for the Seven Summits, receiving a Guinness World Record and the Explorers Grand Slam, and finally made peace with her traumatic past. During her attempt on K2, she very nearly gave up. But on the "savage mountain," which kills one out of every four climbers who summit, Vanessa evolved from an adventurer out to challenge herself to an explorer with a high-altitude perspective on a changing world—and a new call to share her knowledge and passion across the globe. Told with heart and humor, Vanessa's journey from suburban Detroit to Everest's Death Zone to the summit of K2 and beyond, is a transformative story of resilience, higher purpose, and the courage to overcome any obstacle.

"An outstanding book." —The Wall Street Journal \* "Gripping at every turn." —Outside \* "A hell of a ride." —The Times (London) An extraordinary true story about one man's attempt to salve the wounds of war and save his own soul through an audacious adventure. In the 1930s, as official government expeditions set their sights on conquering Mount Everest, a little-known World War I veteran named Maurice Wilson conceives his own crazy, beautiful plan: he will fly a plane from England to Everest, crash-land on its lower slopes, then become the first person to reach its summit—completely alone. Wilson doesn't know how to climb. He barely knows how to fly. But he has the right plane, the right equipment, and a deep yearning to achieve his goal. In 1933, he takes off from London in a Gipsy Moth biplane with his course set for the highest mountain on earth. Wilson's eleven-month journey to Everest is wild: full of twists, turns, and daring. Eventually, in disguise, he sneaks into Tibet. His icy ordeal is just beginning. Wilson is one of the Great War's heroes, but also one of its victims. His hometown of Bradford in northern England is ripped apart by the fighting. So is his family. He barely survives the war himself. Wilson returns from the conflict unable to cope with the sadness that engulfs him. He begins a years-long trek around the world, burning through marriages and relationships, leaving damaged lives in his wake. When he finally returns to England, nearly a decade after he first left, he finds himself falling in love once more—this time with his best friend's wife—before depression overcomes him again. He emerges from his funk with a crystalline ambition. He wants to be the first man to stand on top of the world. Wilson believes that Everest can redeem him. This is the "rollicking" (The Economist) tale of an adventurer unlike any you have ever encountered: complex, driven, wry, haunted, and fully alive. He is a man written out of the history books—dismissed as an eccentric and gossiped about because of rumors of his transvestism. The Moth and the Mountain restores Maurice Wilson to his rightful place in the annals of Everest and tells an unforgettable story about the power of the human spirit in the face of adversity.

"One of the most compelling accounts of a climb and the climbing ethos that I've ever read." --Sebastian Junger The Impossible Climb climaxes with Alex Honnold's unprecedented, almost unimaginable feat: a 3,000-foot vertical climb up El Capitan in

Yosemite, without a rope. Mark Synnott tells the story in the context of a deeply reported account of his ten-year friendship with Honnold, multiple climbing expeditions, and the climbing ethos they share. The climbing community had long considered a "free solo" ascent of El Capitan an impossible feat so far beyond human limits that it was not worth thinking about. When Alex Honnold topped out at 9:28 am on June 3, 2017, having spent fewer than four hours on his historic ascent, the world gave a collective gasp. His friend Tommy Caldwell, who free climbed (with a rope) the nearby Dawn Wall in 2015, called Alex's ascent "the moon landing of free soloing." The New York Times described it as "one of the great athletic feats of any kind, ever." It was "almost unbearable to watch," writes Synnott. This majestic work of personal history delves into a raggedy culture that emerged decades earlier during Yosemite's Golden Age, when pioneering climbers like Royal Robbins and Warren Harding invented the sport that Honnold would turn on its ear. Synnott paints an authentic, wry portrait of climbing history, profiling Yosemite heroes John Bachar, Peter Croft, Dean Potter, and the harlequin tribe of climbers known as the Stonemasters. A veteran of the North Face climbing team and contributor to National Geographic, Synnott weaves in his own amateur and professional experiences with poignant insight and wit. Tensions burst on the mile-high northwest face of Pakistan's Great Trango Tower; photographer/climber Jimmy Chin miraculously persuades an intransigent official in the Borneo jungle to allow Honnold's first foreign expedition, led by Synnott, to continue; armed bandits accost the same trio at the foot of a tower in the Chad desert . . . The Impossible Climb is an emotional drama driven by people exploring the limits of human potential and seeking a perfect, dialed-in dance with nature. They dare beyond the ordinary, but this story of the sublime is really about all of us. Who doesn't need to face down fear and make the most of the time we have?

Nicknamed 'Mountain Man' by the Sunday Telegraph, James Forrest is the record-breaking adventurer who climbed every mountain in England and Wales in just six months – the fastest ever time. Solo and unsupported, he walked over 1,000 miles and ascended five times the height of Everest during his 446-peak challenge. And he did it all on his days off from work, proving it is possible to integrate an epic adventure into your everyday life. From collapsing tents and horrific storms to near-fatal mountaineering mishaps, James endured his fair share of hardship out in the hills. But the good times far outweighed the bad. He slept wild under the stars, met eccentric locals, and exchanged the 21st century social media bubble for a simpler, more peaceful existence. What did he learn along the way? That life is more fulfilling when you switch off your phone and climb a mountain. Readers will be inspired and motivated by James's amazing adventure, and so the book concludes with a section on how YOU can achieve your next adventure – whether it's something to get the kids involved in at half term, a fun challenge to tackle solo or with friends, or, like James's, a record-breaking attempt of epic proportions, James will guide you through everything you need to do to plan and execute your adventure, as well as give you some great ideas too.

With heart-pounding descriptions of avalanches and treacherous ascents, Barry Blanchard chronicles his transformation from a poor Metis (half-breed) kid from the wrong side of the tracks to one of the most respected alpinists in the world. He describes early climbs attempted with nothing to guide him but written trail descriptions and the cajones of youth. He slowly acquires the skills, equipment and partners necessary to tackle more and more difficult climbs, farther and farther afield: throughout the Canadian Rockies, into Alaska and the French Alps and on to Everest, Peru, and the challenging mountains in Pakistan. From each he learns lessons that only nature and extreme endeavor can teach. This is the story of the culture of climbing in the days of punk rock and rock 'n' roll, accompanied by the rhythm of adrenaline and the arrogance of youth. It is a portrait of the power of the mountains to lift us – physically, emotionally, intellectually, spiritually – and the depths of relationships based on total trust in the person at the other end of a rope. Includes climbs with renowned alpinists such as Kevin Doyle, Mark Twight, David Cheesmond and Ward Robinson. 432 pages with photos and a playlist.

"Jan Redford is a bad-ass. She is also a born storyteller." —John Vaillant, author of *The Tiger* In this funny and gritty debut memoir, praised by *Outside*, *Sierra*, *Alpinist*, and more, Jan Redford grows from a reckless rock climber to a mother who fights to win back her future. As a teenager, she sets her sights on the improbable dream of climbing mountains. By age twenty, she's a climber with a magnetic attraction to misadventures and the wrong men. Redford finally finds the love of her life, an affable Rockies climber. When he is killed in an avalanche in Alaska, a grieving Redford finds comfort in the arms of another extreme alpinist. Before long, they are married, with a baby on the way. While her husband works as a logger, Redford tackles the traditional role of wife and mother. But soon, she pursues her own dream, one that pits her against her husband. *End of the Rope* is Redford's telling of heart-stopping adventures, from being rescued off El Capitan to leading a group of bumbling cadets across a glacier. It is her laughter-filled memoir of friendships with women in that masculine world. Most moving, this is the story of her struggle to make her own way in the mountains and in life. To lead, not follow.

A celebration of feminine beauty, athleticism, wisdom, and skill—*Women Who Dare* profiles twenty of America's most inspiring women climbers ranging from legends like Lynn Hill to the rising stars of today, with stunning color photography by veteran adventure photographer Chris Noble.

The only thing you'll find on the summit of Mount Everest is a divine view. The things that really matter lie far below. – Peak Marcello After fourteen-year-old Peak Marcello is arrested for scaling a New York City skyscraper, he's left with two choices: wither away in Juvenile Detention or go live with his long-lost father, who runs a climbing company in Thailand. But Peak quickly learns that his father's renewed interest in him has strings attached. Big strings. As owner of Peak Expeditions, he wants his son to be the youngest person to reach the Everest summit—and his motives are selfish at best. Even so, for a climbing addict like Peak, tackling Everest is the challenge of a lifetime. But it's also one that could cost him his life. Roland Smith has created an action-packed adventure about friendship, sacrifice, family, and the drive to take on Everest, despite the incredible risk. The story of Peak's dangerous ascent—told in his own words—is suspenseful, immediate, and impossible to put down.

Breaking Trail A Climbing Life Houghton Mifflin Harcourt

In 1977, Jack Roberts, a California "Stone Master" and experienced young alpinist, met Simon McCartney, a highly motivated 22-year-old Brit who had cut his teeth climbing in Europe with some of the most respected mountaineers of the time. Over the next three years, the pair enjoyed a magical partnership during which they completed two of the boldest and most audacious climbs in the history of Alaskan alpinism. Then McCartney disappeared from the climbing scene entirely, emerging now, nearly 40 years later, to tell the story. The north face of Mount Huntington is one of the most dangerous walls in the Alaska Range, and Denali's southwest face is one of the largest and most technically difficult. Roberts and McCartney made the first ascents of both, eschewing any notion of fixed ropes or siege tactics. With success as their only option, they got themselves to the foot of these faces with the bare minimum of gear and simply started climbing. The ascent of Mount Huntington's north face was made in the summer of 1978; that of Denali's southwest face, in 1980. These two legendary climbs created a stir at the time, and a flurry of controversy and criticism followed the Denali climb. Years later, some people went so far as to suggest that the Huntington climb was a fake. Jack Roberts passed away in 2012 without telling his side of the story publicly. *The Bond*, told primarily via McCartney's first-person narrative and augmented by extracts from the diaries of Roberts and others, shares for the first time the experience

of these two challenging climbs—and the strong bond forged between the two climbers. It is, in short, the quintessential climbing story, and the stuff of Legends and Lore. \*The Bond is shortlisted for the 2016 Boardman Tasker Award This title is part of our LEGENDS AND LORE series. [Click here >](#) to learn more.

From the bestselling author of *Annapurna: A Woman's Place*, comes a revealing memoir about the mountaineering feats that made Arlene Blum one of America's most famous female climbers and her tumultuous journey to adulthood that inspired her to become the risk-taker she is today. Arlene Blum is a legendary trailblazer by any measure. Defying the climbing establishment of the 1970s, she led the first teams of women on successful ascents of Mt. McKinley and Annapurna, and was the first American woman to attempt Mt. Everest. In her long, adventurous career, she has played a leading role in more than twenty expeditions and forged a place for women in the perilous arena of high-altitude mountaineering. *Breaking Trail* is the story of Blum's journey from her overprotected youth in Chicago to the tops of some of the highest peaks on Earth. Chronicling a life of extraordinary personal and professional achievement, Blum's intimate and inspiring memoir explores how her childhood fueled her need to climb—and how, in turn, her climbing liberated her from her childhood. Each chapter in *Breaking Trail* begins with a poignant vignette from Blum's early life. Using these as starting points, she traces her evolution as a climber, from a hilariously incompetent beginner to an aspiring mountaineer to a successful, confident, and world-renowned expedition leader. Along the way, she takes us to some of the most extreme and exquisite places on the planet, sharing the exhilaration, toil, and danger of climbing high. Blum also relates the story of her scientific career, which, like her mountaineering, challenged gender stereotypes and was filled with singular accomplishments, including the banning of two cancer-causing chemicals and the initiation of an important area of biophysical research. Writing with remarkable candor and introspection, Blum recounts her triumphs and tragedies, and provides a probing look at what drove her to endure extreme physical discomfort—and even to risk her life—attempting high, remote summits around the world. In her story, she shares intimate insights into how and why climbers persevere under the harshest circumstances, cope with the deaths of their comrades, and balance their desire for adventure with their personal lives. Complemented with breathtaking personal photos and detailed maps, *Breaking Trail* is a deeply moving account of how one woman overcame adversity to become one of the world's most famous climbers, and a testament to the power of taking risks and pursuing dreams.

This is a once-in-a-lifetime experience--an end-to-end, rim-to-river exploration of the Grand Canyon. The authors have debuted a film--*Into the Canyon*--in February of 2019 that explores their hike through the canyon Award-winning photographer Pete McBride, along with best-selling authors Kevin Fedarko and Hampton Sides, takes us on a gripping adventure story told through stunning, never-before-seen photography and powerful essays. By hiking the entire 750 miles of Grand Canyon National Park--from the Colorado River to the canyon rim--McBride captures the majesty of as well as calling us to protect America's open-aired cathedral. The 2019 Public Lands Alliance Partnership Book of the Year, this is the most spectacular collection of Grand Canyon imagery ever seen, showing beauty from vantages where no other photographers have ever stood. It will also highlight the conservation challenges this iconic national park faces as visitation numbers grow and development pressures surrounding it mount. This photography will inspire and remind us why we protect such a cherished public space. Proceeds benefit the Grand Canyon Conservancy, and the accompanying documentary *Into the Canyon* has been shown at the Flagstaff Mountain Film Festival and the Aspen Film Festival in February of 2019 as well as debuting on the National Geographic Channel--all in time for the national park's centennial.

The first woman to ski solo to the South Pole tells the story of what it took to get there At home in Norway it is eight o'clock on Christmas Eve night, but ahead, at the Amundsen-Scott base that has been visible for hours, it is already early in the morning of Christmas Day when Liv Arnesen, after skiing solo for 745 miles in fifty days, finally arrives. She had been dreaming of the South Pole for most of her forty-one years, and now, even in her joy at having reached her goal in December 1994, she has to ask herself: what took you so long? In *Skiing into the Bright Open* Arnesen describes the exhausting, exhilarating experience of being the first known woman to ski unsupported to the South Pole. She also answers her own question, framing her account of her historic expedition with her longtime struggle to find the freedom and confidence to follow her dreams into uncharted territory. From her childhood in Norway to the seasons she spent working as a guide on Svalbard, the Norwegian archipelago in the Arctic Ocean, Arnesen courted the cold, and her memoir reflects the knowledge and passion for Arctic and Antarctic exploration that grew with her adventures in the wintry reaches of Norway and beyond. Tracing her path from the heroic stories of explorers like Fridtjof Nansen and Ernest Shackleton to her own solo crossing of the Greenland Ice Cap in 1992, Arnesen credits the inspiring feats of those who preceded her but also describes the obstacles--including niggling self-doubt--that tradition, convention, and downright prejudice put in her way as she endeavored to find the support and sponsorship granted to men in her field. A tale of solitary adventure in the bleak and beautiful bone-chilling cold of Antarctica, *Skiing into the Bright Open* tells a story of gritty determination, thrilling achievement, and perseverance in the face of near despair and daunting odds; it is, ultimately, an object lesson in the power of a dream if one is willing to pursue it to the ends of the earth.

An insidious parasite is working its way through the suburbs of Washington, D.C. NITS follows the trail of a virulent outbreak of head lice as it wreaks havoc on the lives of a social climbing mother of a scholarship student, a buff young Latin teacher and a controlling do-gooder who is so consumed with exterminating the pest, people start calling her the "Lice Nazi." A social satire with bite, NITS explores the themes of class, ambition, and the unavoidable interconnectedness of modern life.

*The Trek* tells the story of David Schachne's adventure in November, 2004, attempting to summit Kala Patthar, a mountain which towers above Everest Base Camp in the Himalayas. At 18,192 feet above sea level, the summit of Kala Patthar offers successful climbers one of the most amazing views of Mount Everest (29,035 feet) without having to put your life at risk by entering the Khumbu Icefall, or by climbing Mount Lhotse or Mount Nuptse. Raised in Brooklyn, NY, Schachne loved visiting the great outdoors as a teenager, going camping and hiking in the Catskills and Adirondacks. Throughout his early adult life, he had a burning desire to go trekking in the Himalayas. He believed going there would make his life more fulfilled. Schachne certainly didn't expect his trek to be a "walk in the park", but he was ill-prepared for what was in store for him. Climbing for hours and hours each day while mentally and physically exhausted; confronting sub-freezing temperatures; dealing with illness, high altitude sickness, piercing headaches, wretched odors, utter filth, bacterial infections, dysentery and more, he endured two weeks of pure, nightmarish misery. In this riveting account of his gut-wrenching trek over fourteen sleepless days and nights, while malnourished, Schachne takes you along on each and every step of his journey. You'll experience the ups and downs of the hills and valleys, and the highs and lows of his personal triumphs and chaotic travails. He flies from Kathmandu in Nepal to the most dangerous airport in the world (Tenzing Hillary Airport), in a town called Lukla, then hikes to Phadking and Namche Bazaar, a virtual flea market at 11,000 feet, then Thyangboche Monastery and then Dingboche, Dzugla, Lobuche and Gorak Shep, before finally attempting the summit. Schachne reveals what originally led him to fall in love with nature, why he was so determined to go to the Himalayas, and why he persevered despite the brutal bodily punishment he experienced. Join Schachne for the most entertaining adventure of your life, as he takes you along on this thrilling, harrowing and laugh and cry-out-loud journey.

From Ashima Shiraishi, one of the world's youngest and most skilled climbers, comes a true story of strength and perseverance--in rock climbing and in life. To a rock climber, a boulder is called a "problem," and you solve it by climbing to the top. There are twists and turns, falls and scrapes, and obstacles that seem insurmountable until you learn to see the possibilities within them. And then there is the moment of triumph, when there's nothing above you but sky and nothing below but a goal achieved. Ashima Shiraishi draws on her experience as a world-class climber in this story that challenges readers to tackle the problems in their own lives and rise to greater heights than they would

have ever thought possible.

No Way Down is the gripping, terrifying story of a brutal struggle for survival on the upper slopes of the Himalayan K2, the world's most hostile terrain, by Graham Bowley. K2, August 1st, 2008. Thirty climbers are attempting the summit of the most savage mountain on Earth. They make it. But before they start their descent an ice shelf collapses, sweeping away their ropes. It is dark. Their lines are gone. They are low on oxygen. And it is getting very, very cold. How many will make it down alive? 'A gripping hour-by-hour dissection of events in the Western Himalayas over three deadly days. A fitting shelfmate to the modern classic Into Thin Air. A cracking read' Sunday Times 'Stories of heroism, sadness and extraordinary endurance against all the odds [are] woven into a thrilling drama' Daily Mail 'Unputdownable. A portrait of extreme courage, folly and loss, leavened by a small dose of survival . . . as complete a version of the calamitous story as will probably ever emerge' Financial Times 'The best mountain-disaster memoir since Into Thin Air' Mail on Sunday Graham Bowley was born in England in 1968. He is a reporter for the New York Times. He lives in Manhattan with his wife and their two daughters and son.

51-year-old Jean Deeds left her comfortable life for a 2,000 mile journey along the Appalachian Trail.

In August 1978, thirteen women left San Francisco for the Nepal Himalaya to make history as the first Americans—and the first women—to scale the treacherous slopes of Annapurna I, the world's tenth highest peak. Expedition leader Arlene Blum here tells their dramatic story: the logistical problems, storms, and hazardous ice climbing; the conflicts and reconciliations within the team; the terror of avalanches that threatened to sweep away camps and climbers. On October 15, two women and two Sherpas at last stood on the summit—but the celebration was cut short, for two days later, the two women of the second summit team fell to their deaths. Never before has such an account of mountaineering triumph and tragedy been told from a woman's point of view. By proving that women had the skill, strength, and courage necessary to make this difficult and dangerous climb, the 1978 Women's Himalayan Expedition's accomplishment had a positive impact around the world, changing perceptions about women's abilities in sports and other arenas. And Annapurna: A Woman's Place has become an acknowledged classic in the annals of women's achievements—a story of challenge and commitment told with passion, humor, and unflinching honesty.

In 2006 Kit DesLauriers made history by becoming the first person to climb--and then ski--from the summit of each continent's highest mountain, the famed Seven Summits. Centered on this quest, her book Higher Love represents a hero's journey, rich with personal insights, life-threatening consequences, and a thrilling crescendo. Spanning seven continents in just two years, this deeply personal memoir recounts Kit's initially secret journey that would change her life forever. From braving Antarctica's bone-chilling temperatures to trudging through an African rainforest, from corn snow on the slopes of Australia to blue ice on Everest, Kit leads you up each mountain and gives you a heart-racing ride back down. This candid, fast-paced story shows how in-spiration, teamwork, and honoring our true nature blazes the trail to every summit, on or off the mountain.

National Bestseller "A harrowing tale of the perils of high-altitude climbing, a story of bad luck and worse judgment and of heartbreaking heroism." —PEOPLE A bank of clouds was assembling on the not-so-distant horizon, but journalist-mountaineer Jon Krakauer, standing on the summit of Mt. Everest, saw nothing that "suggested that a murderous storm was bearing down." He was wrong. The storm, which claimed five lives and left countless more--including Krakauer's--in guilt-ridden disarray, would also provide the impetus for Into Thin Air, Krakauer's epic account of the May 1996 disaster. By writing Into Thin Air, Krakauer may have hoped to exorcise some of his own demons and lay to rest some of the painful questions that still surround the event. He takes great pains to provide a balanced picture of the people and events he witnessed and gives due credit to the tireless and dedicated Sherpas. He also avoids blasting easy targets such as Sandy Pittman, the wealthy socialite who brought an espresso maker along on the expedition. Krakauer's highly personal inquiry into the catastrophe provides a great deal of insight into what went wrong. But for Krakauer himself, further interviews and investigations only lead him to the conclusion that his perceived failures were directly responsible for a fellow climber's death. Clearly, Krakauer remains haunted by the disaster, and although he relates a number of incidents in which he acted selflessly and even heroically, he seems unable to view those instances objectively. In the end, despite his evenhanded and even generous assessment of others' actions, he reserves a full measure of vitriol for himself. This updated trade paperback edition of Into Thin Air includes an extensive new postscript that sheds fascinating light on the acrimonious debate that flared between Krakauer and Everest guide Anatoli Boukreev in the wake of the tragedy. "I have no doubt that Boukreev's intentions were good on summit day," writes Krakauer in the postscript, dated August 1999. "What disturbs me, though, was Boukreev's refusal to acknowledge the possibility that he made even a single poor decision. Never did he indicate that perhaps it wasn't the best choice to climb without gas or go down ahead of his clients." As usual, Krakauer supports his points with dogged research and a good dose of humility. But rather than continue the heated discourse that has raged since Into Thin Air's denouncement of guide Boukreev, Krakauer's tone is conciliatory; he points most of his criticism at G. Weston De Walt, who coauthored The Climb, Boukreev's version of events. And in a touching conclusion, Krakauer recounts his last conversation with the late Boukreev, in which the two weathered climbers agreed to disagree about certain points. Krakauer had great hopes to patch things up with Boukreev, but the Russian later died in an avalanche on another Himalayan peak, Annapurna I. In 1999, Krakauer received an Academy Award in Literature from the American Academy of Arts and Letters--a prestigious prize intended "to honor writers of exceptional accomplishment." According to the Academy's citation, "Krakauer combines the tenacity and courage of the finest tradition of investigative journalism with the stylish subtlety and profound insight of the born writer. His account of an ascent of Mount Everest has led to a general reevaluation of climbing and of the commercialization of what was once a romantic, solitary sport; while his account of the life and death of Christopher McCandless, who died of starvation after challenging the Alaskan wilderness, delves even more deeply and disturbingly into the fascination of nature and the devastating effects of its lure on a young and curious mind." The memoirs of the woman rock climber who was the first person to accomplish a "free ascent" of the Nose on Yosemite's El Capitan describe her early days as a Hollywood stunt artist, friendships with other climbers, near-fatal eighty-foot fall, and personal strategies. Reprint. 15,000 first printing.

Fanny Bullock Workman was a complicated and restless woman who defied the rigid Victorian morals she found as restrictive as a corset. With her frizzy brown hair tucked under a topee, Workman was a force on the mountain and off. Instrumental in breaking the British stranglehold on Himalayan mountain climbing, this American woman climbed more peaks than any of her peers, became the first woman to map the far reaches of the Himalayas, the first woman to lecture at the Sorbonne and the second to address the Royal Geographic Society of London, whose members included Charles Darwin, Richard Francis Burton, and David Livingstone. Her books, replete with photographs, illustrations and descriptions of meteorological conditions, glaciology and the effect of high altitudes on humans, remained useful decades after their publication. Paving the way for a legion of female climbers, her legacy lives on in scholarship prizes at Wellesley, Smith, Radcliffe and Bryn Mawr. Author and journalist Cathryn J. Prince brings Fanny Bullock Workman to life and deftly shows how she negotiated the male-dominated world of alpine clubs and adventure societies as nimbly as she negotiated the deep crevasses and icy granite walls of the Himalayas. It's the story of the role one woman played in science and exploration, in breaking boundaries and frontiers for women everywhere.

A thrilling chronicle of the tragedy-ridden history of climbing the world's most difficult and unpredictable mountain, by the

bestselling authors of *The Mountain* and *No Shortcuts to the Top* Ed Viesturs, one of the world's premier high-altitude mountaineers, explores the remarkable history of K2 and of those who have attempted to conquer it. At the same time, he probes the mountain's most memorable sagas in order to illustrate lessons about the fundamental questions mountaineering raises—questions of risk, ambition, loyalty to one's teammates, self-sacrifice, and the price of glory. Viesturs knows the mountain firsthand. He and renowned alpinist Scott Fischer climbed it in 1992 and got caught in an avalanche that sent them sliding to almost certain death before Ed managed to get into a self-arrest position with his ice ax and stop both his fall and Scott's. Focusing on seven of the mountain's most dramatic campaigns, from his own troubled ascent to the 2008 tragedy, Viesturs crafts an edge-of-your-seat narrative that climbers and armchair travelers alike will find unforgettably compelling. With photographs from Viesturs's personal collection and from historical sources, this is the definitive account of the world's ultimate mountain, and of the lessons that can be gleaned from struggling toward its elusive summit.

By age 25, Heather Anderson had hiked what is known as the "Triple Crown" of backpacking: the Appalachian Trail (AT), Pacific Crest Trail (PCT), and Continental Divide Trail (CDT)—a combined distance of 7,900 miles with a vertical gain of more than one million feet. A few years later, she left her job, her marriage, and a dissatisfied life and walked back into those mountains. In her new memoir, *Thirst: 2600 Miles to Home*, Heather, whose trail name is "Anish," conveys not only her athleticism and wilderness adventures, but also shares her distinct message of courage--her willingness to turn away from the predictability of a more traditional life in an effort to seek out what most fulfills her. Amid the rigors of the trail--pain, fear, loneliness, and dangers--she discovers the greater rewards of community and of self, conquering her doubts and building confidence. Ultimately, she realizes that records are merely a catalyst, giving her purpose, focus, and a goal to strive toward. Heather is the second woman to complete the "Double Triple Crown of Backpacking," completing the Appalachian, Pacific Crest, and Continental Divide National Scenic Trails twice each. She holds overall self-supported Fastest Known Times (FKTs) on the Pacific Crest Trail (2013)—hiking it in 60 days, 17 hours, 12 minutes, breaking the previous men's record by four days and becoming the first woman to hold the overall record—and the Arizona Trail (2016), which she completed in 19 days, 17 hours, 9 minutes. She also holds the women's self-supported FKT on the Appalachian Trail (2015) with a time of 54 days, 7 hours, 48 minutes. Heather has hiked more than twenty thousand miles since 2003, including ten thru-hikes. An ultramarathon runner, she has completed six 100-mile races since August 2011 as well as dozens of 50 km and 50-mile events. She has attempted the infamous Barkley Marathons four times, starting a third loop once. Heather is also an avid mountaineer working on several ascent lists in the US and abroad.

In the first comprehensive history of Himalayan mountaineering in 50 years, the authors offer detailed, original accounts of the most significant climbs since the 1890s, and they compellingly evoke the social and cultural worlds that gave rise to those expeditions.

'What I've learned from climbing mountains is that we can push ourselves far beyond what we think we are capable of, and it's outside of our comfort zones that the most amazing things happen.' What drives us to go to our limits and beyond? What does it take to make dreams come true over all else? And how can you turn fear into courage? From Everest to K2, *The Girl Who Climbed Everest* is the story of Bonita Norris' journey undertaking the world's toughest and most dangerous expeditions. Once an anxious teenager with an eating disorder it was the discovery of a passion for climbing that inspired Bonita to change her life. Drawing on her experiences to capture the agonies - both mental and physical - and joys of her incredible feats Bonita also imparts the lessons learned encouraging you to harness greater self-belief. *The Girl Who Climbed Everest* is an honest exploration of everything Bonita has learnt from climbing. Life lessons about ambition, values, risk, happiness, the courage to fail, and what's ultimately important. An indispensable and important book for anyone who has ever doubted their potential or put limits on themselves - whatever challenge you face or ambitions you want to achieve, *The Girl Who Climbed Everest* will inspire you to take action and live life more fearlessly.

New parents and parents of toddlers face unique challenges when it comes to planning outdoor trips. "Family-friendly trail" is often a misleading phrase, and doesn't take young children under the age of 5 into consideration, whose safety and comfort require a different perspective. The unpredictable nature of little ones leads many parents to put their adventure dreams on the back burner, missing out on years of meaningful experiences as a family. *Hike it Baby* presents 100 outdoor adventures across the U.S. that you can take with babies and toddlers (really!), along with everything you need to know about exploring the natural world. Sourced from real families using *Hike it Baby's* trail-tested system, this book helps moms and dads get out there in their comfort zone, yet feel like hardcore adventurers! Whether you've always wanted to hike part of the Appalachian Trail, splash around in gentle Northwest waterfalls, or scramble up rocks in the desert surrounded by Joshua Trees, this book shows you how to plan a truly memorable journey together.

Recounts the author's first three Himalayan climbs and describes the disorientation and fatigue each climber must overcome to reach the summit

The personal story of the first American woman climber to attempt Mount Everest describes her transformation from an overprotected Chicago youth to the leader of women climbing teams, describing her successful ascents of Mount McKinley and Annapurna and her receipt of a Gold Medal from the Society of Women Geographers. Reprint.

Beginning in 1946, Elizabeth Hawley worked for *Fortune* magazine as a researcher. Shortly thereafter, she left both her job and the United States itself to travel the world, and thus began her lifelong attraction to the exotic and remote sovereign state of Nepal. In the years that followed, she began reporting on the political and cultural events taking place in her adopted homeland for the likes of Reuters and Time Inc., letting the world in on the strange community of mountaineers, pilgrims and politicians who were descending on Kathmandu, whether in search of adventure, enlightenment or prestige. Despite the fact that Elizabeth Hawley has never climbed a mountain or visited the hallowed grounds of Everest base camp, she has become the most important record keeper and inspirational authority figure regarding the

expeditions, stories, feats, scandals and disasters in the Nepal Himalaya. Now 90 years of age, she has commanded the respect of such legendary personalities as Edmund Hillary, Reinhold Messner, Chris Bonington, Tomaž Humar and Ed Viesturs. With production under way on a film examining her life and legacy, it is likely that Hawley will continue to hold a special place in the hearts and minds of all visitors looking to experience the legend and grandeur of the world's most celebrated mountain landscape.

Edge of the Map is equal parts inspiring, dramatic, and heartbreaking. One of America's greatest high altitude mountaineers, Christine Boskoff was at the top of her career when she and her partner died in an avalanche in 2006. Charismatic, principled, and humble, Boskoff was also a deeply loved role model to her climbing partners and the Sherpa community. Edge of the Map traces the sharp twists and turns in Boskoff's life, from her early years as a Lockheed engineer, through her first successes in the climbing world, to her purchase of Seattle-based Mountain Madness after owner and climber Scott Fischer died in the 1996 Everest disaster. Her life was one of constant achievement mixed with personal tragedy. The story follows Boskoff as she perseveres and moves on to even bigger peaks, earning acclaim as a world-class mountaineer, then later as she finds an alpine partnership with legendary Colorado climber Charlie Fowler.

A dramatic account of the deadly avalanche on Everest—and a return to reach the summit. On April 25, 2015, Jim Davidson was climbing Mount Everest when a 7.8-magnitude earthquake released avalanches all around him and his team, destroying their only escape route and trapping them at nearly 20,000 feet. It was the largest earthquake in Nepal in eighty-one years and killed nearly 8,900 people. That day also became the deadliest in the history of Everest, with eighteen people losing their lives on the mountain. After spending two unsettling days stranded on Everest, Davidson's team was rescued by helicopter. The experience left him shaken, and despite his thirty-three years of climbing and serving as an expedition leader, he wasn't sure that he would ever go back. But in the face of risk and uncertainty, he returned in 2017 and finally achieved his dream of reaching the summit. Suspenseful and engrossing, The Next Everest portrays the experience of living through the biggest disaster to ever hit the mountain. Davidson's background in geology and environmental science makes him uniquely qualified to explain why the seismic threats lurking beneath Nepal are even greater today. But this story is not about "conquering" the world's highest peak. Instead, it reveals how embracing change, challenge, and uncertainty prepares anyone to face their next "Everest" in life.

To adventure climbers, Mount Everest remains the pinnacle, the ultimate achievement. Sue Fear is one of only a handful of Australians, and only the second Australian woman, to achieve this elite level in one of the most challenging and fulfilling of all adventure sports. But how did a sheltered schoolgirl from Sydney's North Shore find herself at the top of the world? This book chronicles the events that set Sue Fear on her path to Everest. Her inspirational message is one of hope - ordinary people can achieve extraordinary feats if they just take life one step at a time.

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