

## Book Reviews Europe Pmc

This book takes as its starting point the assumption that interpersonal communication is a crucial aspect of successful language learning. Following an examination of different communicative models, the authors focus on traditional face-to-face (F2F) interactions, before going on to compare these with the forms of computer-mediated communication (CMC) enabled by recent developments in educational technology. They also address the question of individual differences, particularly learners' preferred participation styles, and explore how F2F and CMC formats might impact learners differently. This book will be of interest to students and scholars of computer-mediated communication (CMC), computer-assisted language learning (CALL), technology-enhanced language learning (TELL), language acquisition and language education more broadly.

This book aims to address the challenges of defining measurement in social sciences, presenting a conceptualization of the practice of measurement from the perspective of the pragmatic tradition in philosophy. The book reviews key questions regarding the scope and limits of measurement, emphasizing that if the trust that the public places on measures in the social sciences relies on their connection to the notion of measurement in the physical sciences, then the clarification of the similarities and differences between measurement in the physical and the social realms is of central importance to adequately contextualize their relative advantages and limitations. It goes on to present

some of the most influential theories of measurement such as the “classical view” of measurement, operationalism, and the representational theory of measurement, as well as more methodological perspectives arising from the practice of researchers in the social sciences, such as the latent variable perspective, and from the physical sciences and engineering, represented by metrology. This overview illustrates that the concept of measurement, and that of quantitative methods, is currently being used across the board in ways that do not necessarily conform to traditional, classical definitions of measurement, pushing the boundaries of what constitutes our technical understanding of it. Moreover, what constitutes a technical understanding of measurement, and the theoretical commitments that it entails, must vary in different areas. In this context, disagreement on what is constitutive of measurement is bound to appear. Pragmatism is presented as a theoretical perspective that offers the advantage of being flexible and fallibilist, encouraging us to abandon the pursuit of a timeless and perfect definition that attempts to establish decontextualized/definitive demarcation criteria for what is truly measurement. This book will be of particular interest for psychologists and other human and social scientists, and more concretely for scholars interested in measurement and assessment in psychological and social measurement. The pragmatic perspective of measurement presents a conceptual framework for researchers to ground their assessment practices acknowledging and dealing with the challenges of social measurement.

Energy sustainability and climate change are two of the greatest challenges facing humankind. Unraveling these complex and interconnected issues demands careful and objective assessment. *Fact and Fiction in Global Energy Policy* aims to change the prevailing discourse by examining fifteen core energy questions from a variety of perspectives, demonstrating how, for each of them, no clear-cut answer exists. Is industry the chief energy villain? Can we sustainably feed and fuel the planet at the same time? Is nuclear energy worth the risk? Should geoengineering be outlawed? Touching on pollution, climate mitigation and adaptation, energy efficiency, government intervention, and energy security, the authors explore interrelated concepts of law, philosophy, ethics, technology, economics, psychology, sociology, and public policy. This book offers a much-needed critical appraisal of the central energy technology and policy dilemmas of our time and the impact of these on multiple stakeholders. This book illuminates the importance of threat on the representation of everyday life, from an interdisciplinary perspective. Divided into three parts, the book sets out by addressing the conceptual aspects of threat and by opening views on phenomena and social processes associated with threat. It shows how threat constitutes an analytical category that simultaneously involves social, psychological, religious, historical and political factors, and calls for a sufficiently broad conceptual definition to integrate pluridisciplinary contributions. The second part focuses on the building of threats, mainly the environmental threats that have reached a tragic dimension today and are a core

aspect of world concerns, the contemporary global terrorism, the migrations and the challenges these bring to contemporary societies, as well as the threats associated with the emergence of nationalism and the diverse aspects of excluding the Other. The final part examines the coping strategies, including oblivion, denial and defiance associated with different sources of threats, for instance those arising from epidemic and collective diseases, financial technology, natural disasters and collective traumas.

The authors of this book set out a system of safety strategies and interventions for managing patient safety on a day-to-day basis and improving safety over the long term. These strategies are applicable at all levels of the healthcare system from the frontline to the regulation and governance of the system. There have been many advances in patient safety, but we now need a new and broader vision that encompasses care throughout the patient's journey. The authors argue that we need to see safety through the patient's eyes, to consider how safety is managed in different contexts and to develop a wider strategic and practical vision in which patient safety is recast as the management of risk over time. Most safety improvement strategies aim to improve reliability and move closer toward optimal care. However, healthcare will always be under pressure and we also require ways of managing safety when conditions are difficult. We need to make more use of strategies concerned with detecting, controlling, managing and responding to risk. Strategies for managing safety in highly standardised and controlled environments are necessarily different from those in which clinicians

constantly have to adapt and respond to changing circumstances. This work is supported by the Health Foundation. The Health Foundation is an independent charity committed to bringing about better health and health care for people in the UK. The charity's aim is a healthier population in the UK, supported by high quality health care that can be equitably accessed. The Foundation carries out policy analysis and makes grants to front-line teams to try ideas in practice and supports research into what works to make people's lives healthier and improve the health care system, with a particular emphasis on how to make successful change happen. A key part of the work is to make links between the knowledge of those working to deliver health and health care with research evidence and analysis. The aspiration is to create a virtuous circle, using what works on the ground to inform effective policymaking and vice versa. Good health and health care are vital for a flourishing society. Through sharing what is known, collaboration and building people's skills and knowledge, the Foundation aims to make a difference and contribute to a healthier population.

Suicide Risk Factors and Risk Assessment Tools A Systematic Review  
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Social Ecology in the Digital Age: Solving Complex Problems in a Globalized World provides a comprehensive overview of social ecological theory, research, and practice. Written by renowned expert Daniel Stokols, the book distills key principles from diverse strands of ecological science, offering a robust framework for transdisciplinary research

and societal problem-solving. The existential challenges of the 21st Century - global climate change and climate-change denial, environmental pollution, biodiversity loss, food insecurity, disease pandemics, inter-ethnic violence and the threat of nuclear war, cybercrime, the Digital Divide, and extreme poverty and income inequality confronting billions each day - cannot be understood and managed adequately from narrow disciplinary or political perspectives. *Social Ecology in the Digital Age* is grounded in scientific research but written in a personal and informal style from the vantage point of a former student, current teacher and scholar who has contributed over four decades to the field of social ecology. The book will be of interest to scholars, students, educators, government leaders and community practitioners working in several fields including social and human ecology, psychology, sociology, anthropology, criminology, law, education, biology, medicine, public health, earth system and sustainability science, geography, environmental design, urban planning, informatics, public policy and global governance. Winner of the 2018 Gerald L. Young Book Award from The Society for Human Ecology "Exemplifying the highest standards of scholarly work in the field of human ecology." <https://societyforhumanecology.org/human-ecology-homepage/awards/gerald-l-young-book-award-in-human-ecology/> The book traces historical origins and conceptual foundations of biological, human, and social ecology Offers a new conceptual framework that brings together earlier approaches to social ecology and extends them in novel directions Highlights the interrelations between four

distinct but closely intertwined spheres of human environments: our natural, built, sociocultural, and virtual (cyber-based) surroundings Spans local to global scales and individual, organizational, community, regional, and global levels of analysis Applies core principles of social ecology to identify multi-level strategies for promoting personal and public health, resolving complex social problems, managing global environmental change, and creating resilient and sustainable communities Underscores social ecology's vital importance for understanding and managing the environmental and political upheavals of the 21st Century Highlights descriptive, analytic, and transformative (or moral) concerns of social ecology Presents strategies for educating the next generation of social ecologists emphasizing transdisciplinary, team-based, translational, and transcultural approaches

How historical, social, and cultural forces shaped the psychedelic experience in midcentury America, from CIA experiments with LSD to Timothy Leary's Harvard Psilocybin Project. Are psychedelics invaluable therapeutic medicines, or dangerously unpredictable drugs that precipitate psychosis? Tools for spiritual communion or cognitive enhancers that spark innovation? Activators for one's private muse or part of a political movement? In the 1950s and 1960s, researchers studied psychedelics in all these incarnations, often arriving at contradictory results. In *American Trip*, Ido Hartogsohn examines how the psychedelic experience in midcentury America was shaped by historical, social, and cultural forces--by set (the mindset of the user) and

setting (the environments in which the experience takes place).

Music, Passion, and Cognitive Function examines contemporary cognitive theories of music, why they cannot explain music's power over us, and the origin and evolution of music. The book presents experimental confirmations of the theory in psychological and neuroimaging research, discussing the parallel evolution of consciousness, musical styles, and cultures since Homer and King David. In addition, it explains that 'in much wisdom is much grief' due to cognitive dissonances created by language that splits the inner world. Music enables us to survive in this sea of grief, overcomes discomforts and stresses of acquiring new knowledge, and unifies the soul, hence the power of music. Provides a foundation of music theory Demonstrates how emotions motivate interaction between cognition and language Covers differentiation and synthesis in consciousness Compares the parallel evolution of music and cultures Examines the idea of music overcoming cognitive dissonances

This book demonstrates how resources taken from positive psychology can benefit both teachers and learners. Positive psychology is the empirical study of how people thrive and flourish. This book explores a range of topics, such as affectivity and positive emotions, engagement, enjoyment, empathy, positive institutions, a positive L2 self-system, as well as newly added Positive Language

Education. Some papers in this collection introduce new topics such as the role of positive psychology in international higher education, a framework for understanding language teacher well-being from an ecological perspective, or positive institutional policies in language education contexts.

This book consists of previously unpublished manuscripts by Vygotsky found in the first systematic study of Vygotsky's family archive. The notebooks and scientific diaries gathered in this volume represent all periods of Vygotsky's scientific life, beginning with the earliest manuscript, entitled *The tragicomedy of strivings* (1912), and ending with his last note, entitled *Pro domo sua* (1934), written shortly before his death. The notes reveal unknown aspects of the eminent psychologist's personality, show his aspirations and interests, and allow us to gain insights into the development of his thinking and its internal dynamics. Several texts reflect the plans that Vygotsky was unable to realize during his lifetime, such as the creation of a theory of emotions and a theory of consciousness, others reveal Vygotsky's involvement in activities that were previously unknown, and still others provide outlines of papers and lectures. The notes are presented in chronological order, preceded by brief introductions and accompanied by an extensive set of notes. The result is a book that allows us to obtain a much deeper understanding of Vygotsky's innovative ideas.

This book seeks to support and maintain teacher wellbeing, particularly for language teachers, through a variety of approaches. While acknowledging the importance of contextual factors, the book serves as a practical guide for individual teachers, helping them discover strategies for nurturing and promoting their wellbeing.

Informal customs have become the norm for most young adults in matters of sexual intimacy. Unfortunately, the sexual revolution has not proven to be as beneficial to women as was hoped, and society offers young men little preparation for future roles as husbands and fathers. In this book, Father Piderit argues that a natural law approach to morality provides a grounded pathway toward marriage, and shows why these fairly traditional practices help young people find a partner whom they can realistically promise to love until death do them part. Offering theory but focusing on practice, this book helps young adults understand why sexual intimacy should be reserved for marriage. The first two sections develop the natural law basis for behavior. Father Piderit points out that natural law relies primarily on reason, not religion, and his explanation provides a way to understand a Christian approach to morality as grounded in nature. The final third of the book explores what religious practice and membership in a Christian denomination adds to the natural law approach. Father Piderit uses

clear, practical examples to show that positive goals are what motivate human beings. By breaking down the potentially abstract concept of morality into a set of intuitive practices guided by natural law, Father Piderit provides young people and students with the tools to create a positive courtship and, ultimately, a solid marriage based on strong, shared values and mutual respect.

A nuanced psychological portrait of Abraham Lincoln that finds his legendary political strengths rooted in his most personal struggles. Giving shape to the deep depression that pervaded Lincoln's adult life, Joshua Wolf Shenk's *Lincoln's Melancholy* reveals how this illness influenced both the President's character and his leadership. Mired in personal suffering as a young man, Lincoln forged a hard path toward mental health. Shenk draws on seven years of research from historical record, interviews with Lincoln scholars, and contemporary research on depression to understand the nature of Lincoln's unhappiness. In the process, Shenk discovers that the President's coping strategies—among them, a rich sense of humor and a tendency toward quiet reflection—ultimately helped him to lead the nation through its greatest turmoil. A *New York Times* Book Review Editors' Choice SELECTED AS A BEST BOOK OF THE YEAR: *Washington Post* Book World, *Atlanta Journal-Constitution*, *St. Louis Post-Dispatch*, *Pittsburgh Post-Gazette* As Featured on the History Channel documentary *Lincoln "Fresh,*

fascinating, provocative.”—Sanford D. Horwitt, San Francisco Chronicle “Some extremely beautiful prose and fine political rhetoric and leaves one feeling close to Lincoln, a considerable accomplishment.”—Andrew Solomon, New York Magazine “A profoundly human and psychologically important examination of the melancholy that so pervaded Lincoln's life.”—Kay Redfield Jamison, Ph.D., author of *An Unquiet Mind*

This textbook has been conceptualized to provide a detailed description of the various aspects of Systems and Synthetic Biology, keeping the requirements of M.Sc. and Ph.D. students in mind. Also, it is hoped that this book will mentor young scientists who are willing to contribute to this area but do not know from where to begin. The book has been divided into two sections. The first section will deal with systems biology – in terms of the foundational understanding, highlighting issues in biological complexity, methods of analysis and various aspects of modelling. The second section deals with the engineering concepts, design strategies of the biological systems ranging from simple DNA/RNA fragments, switches and oscillators, molecular pathways to a complete synthetic cell will be described. Finally, the book will offer expert opinions in legal, safety, security and social issues to present a well-balanced information both for students and scientists.

What are genes? What do genes do? These seemingly simple questions are in fact challenging to answer accurately. As a result, there are widespread misunderstandings and over-simplistic answers, which lead to common conceptions widely portrayed in the media, such as the existence of a gene 'for' a particular characteristic or disease. In reality, the DNA we inherit interacts continuously with the environment and functions differently as we age. What our parents hand down to us is just the beginning of our life story. This comprehensive book analyses and explains the gene concept, combining philosophical, historical, psychological and educational perspectives with current research in genetics and genomics. It summarises what we currently know and do not know about genes and the potential impact of genetics on all our lives. *Making Sense of Genes* is an accessible but rigorous introduction to contemporary genetics concepts for non-experts, undergraduate students, teachers and healthcare professionals.

New perspectives on the history of twentieth century public health in Europe.

Suffering is an inescapable part of life. Some suffering is so profound, so violating, or so dogged that it fundamentally changes people in indelible ways. Many existing therapeutic approaches, from a medical model, treat suffering as mental illness and seek a curative solution. However, such approaches often fail to examine the deep questions that suffering

elicits (e.g., existential themes of death, isolation, freedom, identity, and meaninglessness) and the far-reaching ways in which suffering affects the lived experience of each individual. In *The Courage to Suffer*, Daryl and Sara Van Tongeren introduce a new therapeutic framework that helps people flourish in the midst of suffering by cultivating meaning. Drawing from scientific research, clinical examples, existential and positive psychology, and their own personal stories of loss and sorrow, Daryl and Sara's integrative model blends the rich depth of existential clinical approaches with the growth focus of strengths-based approaches. Through cutting edge-research and clinical case examples, they detail five "phases of suffering" and how to work with a client's existential concerns at each phase to develop meaning. They also discuss how current research suggests to build a flourishing life, especially for those who have endured, and are enduring, suffering. Daryl and Sara show how those afflicted with suffering, while acknowledging the reality of their pain, can still choose to live with hope.

This volume gives an overview on the currently debated ethical issues regarding advance directives from an international perspective. It focuses on a wider understanding of the known and widely accepted concept of patient self-determination for future situations. Although advance directives have been widely discussed since the 1980s, the ethical bases of advance directives still remain a matter of heated debates. The book aims to contribute to these controversial debates by integrating fundamental ethical issues on advance directives with practical matters of their implementation. Cultural, national and professional differences in how advance directives are understood by health care professions and by patients, as well as in laws and regulations, are pinpointed.

The successful collection of data is a key challenge to obtaining reliable and valid results in

applied linguistics research. *Data Collection Research Methods in Applied Linguistics* investigates how research is conducted in the field, encompassing the challenges and obstacles applied linguists face in collecting good data. The book explores frequently used data collection techniques, including: \* interviews and focus groups \* observations \* stimulated recall and think aloud protocols \* data elicitation tasks \* corpus methods \* questionnaires \* validated tests and measures Each chapter focuses on one type of data collection, outlining key concepts, threats to reliability and validity, procedures for good data collection, and implications for researchers. The chapters also include exemplary research projects, showcasing and explaining for readers how the technique was used to collect data in a successfully published study. This book is an essential resource for both novice and experienced applied linguists tackling data collection techniques for the first time.

*A history of the world through the lens of fever* deals with the expression of fever, with the efforts of medical scientists to classify it, and with fever's changing social, cultural and political significance.

For many complaints and conditions, the benefits from surgery are lower, and the risks higher, than you or your surgeon think. In this book you will see how commonly performed operations can be found to be useless or even harmful when properly evaluated. That these claims come from an experienced, practising orthopaedic surgeon who performs many of these operations himself, makes the unsettling argument particularly compelling. Of course no surgeon is recommending invasive surgery in bad faith, but Ian Harris argues that the evidence for the success for many common operations, including knee arthroscopies, back fusion or cardiac stenting, become current accepted practice without full examination of the evidence. The

placebo effect may be real, but is it worth the recovery time, expense and discomfort? *Martial Arts and Well-Being* explores how martial arts as a source of learning can contribute in important ways to health and well-being, as well as provide other broader social benefits. Using psychological and sociological theory related to behaviour, ritual, perception and reality construction, the book seeks to illustrate, with empirical data, how individuals make sense of and perceive the value of martial arts in their lives. This book draws on data from over 500 people, across all age ranges, and powerfully demonstrates that participating in martial arts can have a profound influence on the construction of behaviour patterns that are directly linked to lifestyle and health. Making individual connections regarding the benefits of practice, improvements to health and well-being – regardless of whether these improvements are ‘true’ in a medical sense – this book offers an important and original window into the importance of beliefs to health and well-being as well as the value of thinking about education as a process of life-long learning. This book will be of great interest to a range of audiences, including researchers, academics and postgraduate students interested in sports and exercise psychology, martial art studies and health and well-being. It should also be of interest to sociologists, social workers and martial arts practitioners.

The authors share what they have learned about social relationships over the course of years struggling with the effects of autism, identifying Ten Unwritten Rules as general guidelines for handling social situations.

*Food Safety: Emerging Issues, Technologies and Systems* offers a systems approach to learning how to understand and address some of the major complex issues that have emerged in the food industry. The book is broad in coverage and provides a foundation for a practical

understanding in food safety initiatives and safety rules, how to deal with whole-chain traceability issues, handling complex computer systems and data, foodborne pathogen detection, production and processing compliance issues, safety education, and more. Recent scientific industry developments are written by experts in the field and explained in a manner to improve awareness, education and communication of these issues. Examines effective control measures and molecular techniques for understanding specific pathogens Presents GFSI implementation concepts and issues to aid in implementation Demonstrates how operation processes can achieve a specific level of microbial reduction in food Offers tools for validating microbial data collected during processing to reduce or eliminate microorganisms in foods Psychology and the Conduct of Everyday Life moves psychological theory and research practice out of the laboratory and into the everyday world. Drawing on recent developments across the social and human sciences, it examines how people live as active subjects within the contexts of their everyday lives, using this as an analytical basis for understanding the dilemmas and contradictions people face in contemporary society. Early chapters gather the latest empirical research to explore the significance of context as a cross-disciplinary critical tool; they include a study of homeless M?ori men reaffirming their cultural identity via gardening, and a look at how the dilemmas faced by children in difficult situations can provide insights into social conflict at school. Later chapters examine the interplay between everyday life around the world and contemporary global phenomena such as the rise of the debt economy, the hegemony of the labor market, and the increased reliance on digital technology in educational settings. The book concludes with a consideration of how social psychology can deepen our understanding of how we conduct our lives, and offer possibilities for collective

work on the resolution of social conflict.

Deep Inequality looks behind statistics to understand not only wealth inequality but also rising disparities in other elements of life—from education to the media. The authors argue that inequality has become so pervasive that it is the new normal. This book explains the changing landscape of inequality to help readers see society in a new way.

This book provides an overview of theoretical thinking about the communicative scope of emotional expressions as well as an overview of the state of the art research in emotional psychology. For many years, research in emotional psychology has been primarily concerned with the labeling of emotion expressions and the link between emotion expressions and the expresser's internal state. Following recent trends in research devoting specific attention to the social signal value of emotions, contributors emphasize the nature of emotion expressions as information about the person and the situation, including the social norms and standards relevant to the situation. Focusing on the role of emotion expressions as communicative acts, this timely book seeks to advance a line of theoretical thinking that goes beyond the view of emotion expressions as symptoms of an intrapersonal phenomenon to focus on their interpersonal function. The Social Nature of Emotion Expression will be of interest to researchers in emotional psychology, as well as specialists in nonverbal behavior, communication, linguistics, ethology and ethnography.

At the age of 43, Jennifer Gordon suffered a debilitating stroke that robbed her of the power of speech. What was it like for an intelligent, articulate, imaginative woman to find herself in a world where she could no longer communicate? Speechless tells this story. It describes the often puzzling symptoms leading to the stroke; the shock, then denial, then acceptance of the

stroke itself; the periods of hospitalisation and rehabilitation and the long journey back to a 'normal' life. The author experiences despair at being dependent on others; resentment at being judged because she is different; frustration at the need for intense concentration to do even simple things; grief as she becomes aware of a loss of personality; and joy at each small step towards regaining what she has lost. *Speechless* is written with dignity, honesty and humour in a way that evokes empathy but never pity. Anyone who has ever been a patient will feel they can relate in some small way to Jennifer Gordon's feelings of helplessness, anger, fear and gratitude as doctors, nurses, orderlies, therapists and hospital workers cross her path. Because of this, the book is enlightening reading for all health care professionals as well as relatives and friends and the patients themselves.

Thanks to Facebook and Instagram, our younger selves have been captured and preserved online. But what happens, Kate Eichhorn asks, when we can't leave our most embarrassing moments behind? Rather than a childhood cut short by a loss of innocence, the real crisis of the digital age may be the specter of a childhood that can never be forgotten.

This book explores the key conceptual features of the development of the Sociology of Work (SoW) in Europe since 1945, using eleven country case studies. An original contribution to our understanding of the trajectory of the SoW, the chapters map the current state of the theoretical background of the sub-discipline's development to broader socio-political and economic changes, traced across a heterogeneous set of national contexts. Different definitions of the SoW in each country often reflect variations in the focus of analysis, and these chapters link the subject definition and focus to other social science disciplines, the state, as well as social class interests and ideologies. The book contends that the ways in

which the sub-discipline makes sense of changes in work is itself a response to the type of society in which the sub-discipline is practiced, whether in the post-war social democratic West, the Soviet East, or today's societies, dominated by variant forms of neo-liberalism. It will be of use to scholars and students interested in the transnational history of the discipline of sociology, with a specific focus on the nexus between the sociology of labour, ideology, economics and politics.

A much-needed guide to thinking critically for oneself and how to tell a good argument from a bad one. Includes topical examples from politics, sport, medicine, music, chapter summaries, glossary and exercises.

This book offers an inspiring exploration of current findings from the psychology of meaning in life, analysing cutting-edge research to propose practical, evidence-based applications. Schnell draws on psychological, philosophical and cognitive perspectives to explore basic concepts of meaning and introduce a multidimensional model of meaning in life. Written in an accessible style, this book covers a range of topics including the distinction between meaning and happiness, the impact of meaning on health and longevity, meaning in the workplace, and meaning-centred interventions. Each chapter ends with exercises to encourage self-reflection and measurement tools are presented throughout, including the author's original Sources of Meaning and Meaning in Life Questionnaire (SoMe), to inspire the reader to consider the role of meaning in their own life. The Psychology of Meaning in Life is essential reading for students and practitioners of psychology, sociology, counselling, coaching and related

disciplines, and for general readers interested in exploring the role of meaning in life. This book provides an accessible and balanced introduction to positive psychology scholarship and its applications, incorporating an overview of the development of positive psychology. *Positive Psychology: The Basics* delineates positive psychology's journey as a discipline, takes stock of its achievements and provides an updated overview of its core topics, exploring the theory, research and interventions in each. Launched as a rebellious discipline just over two decades ago, positive psychology challenged the emphasis of applied psychology on disease and dysfunction and offered a new, more balanced perspective on human life. From its foundations in the late 20th century to recent "second-wave" theories around the importance of recognizing negative emotions, this compact overview covers the key ideas and principles, from research around emotional wellbeing, optimism and change, to posttraumatic growth and positive relationships. The first jargon-free introduction to the subject, Hart introduces the reader to a range of issues, including self-regulation and flow, character strengths and virtues and positive relationships, concluding with a chapter on how interventions can affect happiness and wellbeing. *Positive Psychology: The Basics* is an essential resource for students, practitioners, academics and anyone who is interested in understanding the essence of a life well lived. Building on contemporary research in embodied cognition, enactivism, and the extended mind, this book explores how social institutions in contemporary neoliberal

nation-states systematically affect our thoughts, feelings, and agency. Human beings are, necessarily, social animals who create and belong to social institutions. But social institutions take on a life of their own, and literally shape the minds of all those who belong to them, for better or worse, usually without their being self-consciously aware of it. Indeed, in contemporary neoliberal societies, it is generally for the worse. In *The Mind-Body Politic*, Michelle Maiese and Robert Hanna work out a new critique of contemporary social institutions by deploying the special standpoint of the philosophy of mind—in particular, the special standpoint of the philosophy of what they call essentially embodied minds—and make a set of concrete, positive proposals for radically changing both these social institutions and also our essentially embodied lives for the better.

A comprehensive account of the origins, evolution, and behavior of South and Central American primates *New World Monkeys* brings to life the beauty of evolution and biodiversity in action among South and Central American primates, who are now at risk. These tree-dwelling rainforest inhabitants display an unparalleled variety in size, shape, hands, feet, tails, brains, locomotion, feeding, social systems, forms of communication, and mating strategies. Primatologist Alfred Rosenberger, one of the foremost experts on these mammals, explains their fascinating adaptations and how they came about. *New World Monkeys* provides a dramatic picture of the sixteen living genera of New World monkeys and a fossil record that shows that their ancestors have lived in the same ecological niches for up to 20 million years—only to now find themselves imperiled

by the extinction crisis. Rosenberger also challenges the argument that these primates originally came to South America from Africa by floating across the Atlantic on a raft of vegetation some 45 million years ago. He explains that they are more likely to have crossed via a land bridge that once connected Western Europe and Canada at a time when many tropical mammals transferred between the northern continents. Based on the most current findings, *New World Monkeys* offers the first synthesis of decades of fieldwork and laboratory and museum research conducted by hundreds of scientists. The second edition of a popular introduction to the field of behavioral endocrinology. *Awareness Is Freedom: The Adventure of Psychology and Spirituality* proposes a unique combination of spiritual and psychological concepts that together lead to greater self-awareness and wellbeing. It is structured as eight lessons, each focusing on different aspects of psychology and spirituality, to support readers in their personal journey of self-growth. The psychological and spiritual theories described in the book are backed up by scientific findings that enhance the legitimacy and power of its message. The book also includes practical exercises which allow the reader to apply the ideas in an enjoyable way that will lead to self-improvement and greater satisfaction in life.

Suicide is a major public health concern in the United States (US), claiming over 36,000 lives each year and nearly 100 lives each day, and suicide among military and Veteran populations is of particular concern. Veterans returning from the Iraq and Afghanistan

conflicts, referred to as Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) Veterans, may be particularly at risk, although the limited available data has shown mixed results. Several aspects of military experience may increase the risk of suicide, including mental health and substance abuse. Many risk factors specific to the OEF/OIF population have yet to be thoroughly evaluated and incorporated into clinical management. Ideally, suicide risk assessment tools need to account for the relationship among different risk factors and identify risk factors or combinations of risk factors that are particularly associated with suicidal self-directed violence. To be practically useful, such tools will be brief enough to be conducted in a primary care setting and will identify a threshold beyond which preventive action should be taken. Risk assessment tools should be able to discriminate those at high- and low-risk for suicidal self-directed violence. Likewise, studies of emerging risk factors need to evaluate the contribution of a new potential predictor of suicide and self-directed violence in the context of known risk factors in order to weigh the contribution of the new risk factor against those that are currently known. The objective of this report is to review recent evidence about risk factors and risk assessment tools within Veteran and military populations to provide evidence for clinical practice guideline development specific to these populations. The key questions addressed in this report were: Key Question #1. What assessment tools are effective for assessing risk of engaging in suicidal self-directed violence in Veteran and military populations? Key Question #2. In addition to the risk factors included by

current assessment tools, what other risk factors predict suicidal self-directed violence in Veteran and military populations?

Linguistic interaction between two people is the fundamental form of communication, yet almost all research in language use focuses on isolated speakers and listeners. In this innovative work, Garrod and Pickering extend the scope of psycholinguistics beyond individuals by introducing communication as a social activity. Drawing on psychological, linguistic, philosophical and sociological research, they expand their theory that alignment across individuals is the basis of communication, through the model of a 'shared workspace account'. In this workspace, interlocutors are actors who jointly manipulate and control the interaction and develop similar representations of both language and social context, in order to achieve communicative success. The book also explores dialogue within groups, technologies, as well as the role of culture more generally. Providing a new understanding of cognitive representation, this trailblazing work will be highly influential in the fields of linguistics, psychology and cognitive linguistics.

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