

Bondage Breaker Study Guide

Today's twisted pictures of gender roles create confusion over how a woman should define herself. Women and men are encouraged to move closer to center and away from the traits that distinguish male from female. How can women feel good about themselves when society is constantly dictating what they can and should be? In *FIGHT LIKE A GIRL*, Lisa Bevere exhorts us to embrace the differences between sexes. Her goal is to encourage women to celebrate the unique aspects of femininity. Instead of trying to adopt ill-fitting character traits, women should see themselves as designed and valued by God and savor their femininity as their strength, not a flaw.

Christians are fighting a spiritual war against an enemy whose power most don't understand. Can a demon dwell in a Christian? Possess him? With scholarly wisdom and pastoral urgency, Dr. Unger challenges apathy and misunderstanding with concrete biblical answers. Facts, not sensationalism.

The abolitionist author presents profound insight on the meaning of race and freedom in America in this memoir of slavery, escape, and reinvention. One of the most important figures in the American civil rights movement, Frederick Douglass was a major influence on social and political thought in the nineteenth century. His autobiographical writings were a powerful vehicle for his philosophy of human equality. Written ten years after his legal emancipation in 1846, *My Bondage and My Freedom* recounts Douglass's journey—intellectual, spiritual, and geographical—from life as a slave under various masters, and his many plots and attempts at escape, to his liberation, time as a fugitive, and new life as a prominent abolitionist. Expanding on his earlier work *Narrative of the Life of Frederick Douglass*, this later memoir illuminates Douglass's maturation as a writer and thinker.

A Study Guide for Identifying and Conquering Sources of Oppression. This book is written to describe the spirit world as implied in the Bible. Detailed descriptions are given of the spirits of God, angels and human beings. Especially explained are how what occurs in the spirit world relates to life in the natural world. Of noteworthy importance is how to break the strongholds of addictions, bitterness, depression, fear and other thought obsessions by engaging in spiritual warfare. The book concludes by giving advice how to maintain the spiritual freedom gained by conquering evil forces.

Are You Ever Overwhelmed by Anger? Do you find yourself getting angry over daily events you have no control over? Has anger been an emotion you would like to do away with, but can't seem to overcome? Have past injustices left you wounded and upset? Rage is today's ruling emotion, and it rips apart communities, families and friends. Authors Neil Anderson and Rich Miller teach how you can manage your anger on a daily basis and overcome the mental strongholds and wounds of the past. Each page brings the strength and wisdom you need to take charge of your temper, armed with the calming grace of your heavenly Father. You don't have to be a slave to your moods or circumstances. When you live by faith in God's strength, you will not only know what to do to control anger—you'll have the power to do it.

Hundreds of thousands of Christians have found spiritual freedom as they've grasped the Bible's truth about who they are—with the help of the million-selling *Bondage Breaker®* by Dr. Neil Anderson. In *The Bondage Breaker®—the Next Step*, Anderson offers more help to those suffering from destructive behaviors and spiritual entanglements—and an expanded vision for helping others realize their freedom in Christ. Life-transforming guidance includes vivid personal accounts that show in detail how individual believers have found freedom from childhood abuse, compulsive behaviors, eating disorders, depression, tormenting guilt, sexual abuse...and how readers can too encouragement and direction for believers on how to deepen their relationship with God their Father proven ways readers' churches can newly enjoy God's life and freedom, with specific advice on Spanish-speaking and African-American contexts Christians will see how they can experience new growth and significance in *The Bondage Breaker®—the Next Step*.

Explains how to find freedom in the love of Jesus, detailing the story of Lazarus to demonstrate that this love is separate from personal accomplishments, and includes a Bible study for group and individual reflections.

Striking at the very roots of fear and anxiety, bestselling authors Anderson and Miller reveal how readers can overcome their fears through the power of Jesus Christ. Even believers can let the normal concerns of life get blown out of proportion, becoming ensnared in worry and anxiety: What if something happens to my spouse? What if something were to happen to one of my children? What if this plane crashes? Uncovering the surprising scope of fear in the body of Christ and how many Christians who believe in the Lord's care and love are being kept from God's best by their fears, *Freedom from Fear* shows readers how to take back their lives. This eye-opening book examines the roots of worry and anxiety, such as fear of rejection, disapproval, failure, and the unknown. Readers will learn how fear-filled strongholds develop and discover the tools they need to tear down the prison walls. Reaching out to anyone crippled by worries, Anderson and Miller share how the fear of God dispels all unhealthy fears and leads believers to joyous freedom. Includes a 21-day devotional guide to help readers on their journey from fear to peace.

Clear, exciting, and practical, this powerful study guide asks--and answers the hard questions young people are struggling with. Packed with penetrating insights, every page demonstrates God's love for teens and young adults and Jesus's promise that they can live a victorious, abundant, and free life.

The Basics of Spiritual Warfare from the Leading Author in the Category What is spiritual warfare? Who should engage in it and how? How can I protect myself and the ones I love from Satan's attacks? In *The Essential Guide to Spiritual Warfare*, Neil Anderson and Timothy Warner describe the battle between the kingdom of God and the kingdom of darkness, a battle for the minds and hearts of us all. Learn about the importance of having a biblical worldview and how to prepare for the battle you are called to fight. Every step of the way is grounded in the truth of God's Word about who God is and who you are in Christ. This battle plan for victory is perfect for those new to the idea of spiritual warfare as well as those who want a basic primer to refresh themselves on the topic.

A 10-week, life-changing, discipleship course

You go to church, you read the Bible, you participate in small groups—but do you truly know God? God gives every Christian the tools for an active relationship with Him, but many don't yet experience His presence in their daily lives. Dr. Tony Evans understands that the only way to deeply know God is to make seeking Him your life's greatest purpose. In *The Power of Knowing God*, he shares how you can prioritize God over all else—and how doing so will transform you from the inside out. Your relationship with the Lord can be more than intellectual knowledge, warm and fuzzy feelings, or dutiful acts of service. As you begin to understand Him personally, you will... experience a soul-deep closeness with God practice relying on God instead of yourself find your identity and purpose in belonging to Him *The Power of Knowing God* will remind you that God wants you to be more than His acquaintance, His student, or His fan, and inspire you to dive headfirst into the pursuit of a life-changing relationship with your Savior. Complete your experience with *The Power of Knowing God DVD* *The Power of Knowing God Interactive*

Workbook

Discover Who You Are in Christ! "You will know the truth, and the truth will set you free." (John 8:32) I am accepted. I am God's child (see John 1:12). I have been justified (see Romans 5:1). I am united with the Lord, and I am one spirit with Him (see 1 Corinthians 6:17). Your promise of self-fulfillment is told and retold in Scripture--and the road to discovering it leads to Christ and Christ alone. In this bestselling study guide, Neil Anderson poses thought-provoking questions for personal reflection or group study that will help you learn how to grow in the strength and truth of your identity in Jesus Christ. The answer to your question, Just who am I? will be changed forever by Victory Over the Darkness and this study guide.

God never gives up on us. He remains steadfast in His desire to bless us, even when many of us are tempted to doubt His love. The great tragedy is that so many of us spend our lives trying to earn something we already have - the gift of life which God freely gives us when we decide to follow Christ. This amazing devotional from best-selling author Neil Anderson will give readers back what the enemy is trying rob from them an understanding of their special place in God's family. Here are 36 readings and prayers based on scriptural passages that assure us of God's love and our security and freedom in His kingdom.

How do you forgive when the wound is still open? People often ask Sarah, "How did you forgive your alcoholic mother?" How do you forgive someone who carelessly brushed aside your pain, who caused such destruction, and who doesn't show remorse? How do you know when to stay and when to go? In *The Complicated Heart*, you will travel through Sarah's story with her, from age 14 and beyond, as she wrestles with these very questions. Prepare yourself: she holds nothing back. If you've struggled with a difficult relationship, if you've felt torn-up and crazy and confused because of it, if you just want to know how to move forward and be okay, this story is for you. Dysfunction does not have to be your destiny or your identity. Victory is on the table. What's more: you'll not only travel with Sarah, you'll travel with her mom as well as you read her mom's journal entries and letters. What goes on in the mind of the person who hurt you the most? In this story, you'll get a rare peek into that mind and heart. In these pages you'll be reminded that light always finds a way in, even in the deepest darkness, and redemption and joy are possible in the midst of trauma and unmet needs. If you want to learn how to forgive when your wound is still open, heal when circumstances don't change, and become a generational bondage-breaker, *The Complicated Heart* is for you. And if not for you, for someone you know. Pass it along.

Churches, Just Like People, Need to Be Set Free From Spiritual Bondage Corporate sin robs the spiritual vitality and fruitfulness of churches, keeping them from being free in Christ. In *Setting Your Church Free* trusted authors Neil T. Anderson and Charles Mylander offer practical and life-giving tools for dealing biblically with corporate sin in the church. Offering a balanced approach, this unique book takes into account the reality of the spiritual world as well as the need for correcting leadership and administration problems. You will discover how to · Unite around a common purpose · Deal with the power of memories that affect the present and future of the church · Defeat Satan's attacks, and · Move forward with a strong, effective action plan.

Churches that put these steps into practice will be set free from bondage to walk in the freedom Christ offers.

It's Time to Make Your Marriage the Best Marriage Possible Is your marriage the best it can be? The same powerful principles from Neil Anderson's *Steps to Freedom in Christ* that helped set more than one million people free from spiritual bondage can now revolutionize your relationship with your spouse! Neil Anderson and coauthor Charles Mylander offer you the practical tools you need to safeguard your marriage against the things that threaten to destroy it. Use this book as a couple or share with other couples in a small group. Each chapter includes discussion questions and a devotional guide for couples. "This book gives biblical insight and practical helps for any marriage--whether it is healthy, in trouble, or disastrous. It is great to use personally or to share. Use it to protect the most important and cherished institution of society--the home." --Vonette Bright, cofounder, Campus Crusade for Christ International; founder/director, Women Today International "This book is absolutely life-transforming and marriage-enriching. I love the fact that it is solidly biblical and incredibly practical. There is a gem on every page." --Jim Burns, PhD, president of HomeWord and executive director of the HomeWord Center for Youth and Family at Azusa Pacific University

Overcome Spiritual Battles with Truths That Set You Free In this companion product to *The Bondage Breaker™ DVD Experience*, Neil Anderson makes the transforming truths of how to overcome negative spiritual attacks even more accessible to individuals and groups. Through interactive questions, Scripture references, and practical explorations, you can enrich and personalize your application of the 12 sessions offered in the DVD, including: the battle for your mind and how to win it who you are in Christ and how God wants you to live how to recognize spiritual conflict and take thoughts captive how to heal damaged emotions what it means to forgive from the heart *The Bondage Breaker®* has brought hope to more than a million people and continues to be needed more than ever. This workbook builds upon the life-changing message of *The Bondage Breaker™ DVD Experience* and will help you break through your spiritual battles and find freedom in Christ.

Equip Christians to Become Fruitful Disciples Who Make a Real Impact in Your Community *The Freedom in Christ Discipleship Course* facilitates important steps in every spiritual journey. This course is structured to guide participants from the first step of embracing belief in a living Christ, to finding the truth of who they are in Christ, to resolving personal and spiritual conflicts through genuine repentance, and then on to maturity as a disciple. The course is flexible enough to be used in a variety of church situations, from Sunday teachings to small groups, as well as for a variety of audiences, from people who have not yet committed to Christ to established Christians. The course materials include a Leader's Guide with a CD of PowerPoint slides, a workbook for course participants, and a set of DVDs. The workbooks contain exercises that are incorporated into the lessons and are strongly recommended, especially in the small group setting. The DVD set is optional. It contains footage of each lesson as taught by Steve Goss, international head of Freedom in Christ ministries, and offers a way to teach the course without having a leader prepare each lesson. *Freedom in Christ for Young People* is the corresponding course for ages 11-18 and is also available with a Leader's Guide and two age-group specific workbooks.

Live Liberated in Christ More than two million readers worldwide have read *The Bondage Breaker*, worked through *The Steps to Freedom in Christ*, and experienced the freedom that Jesus purchased through His sacrifice. Jesus gave us instructions for how we can live free from bondage. He said, "If you continue in My word, then you are truly disciples of Mine; and you will know the truth, and the truth will make you free" (John 8:31,32). *The Bondage Breaker® Devotional* is a new collection of daily readings based on fifty years of ministry by Neil Anderson. This

resource is filled with the essential truths you need to know for living a liberated life in Christ. Spend time today, and every day, with Jesus—the Bondage Breaker—and experience life in Christ to the fullest.

The Bondage Breaker® Harvest House Publishers

Winning Spiritual Warfare provides a practical, step-by-step guide to overcoming the strategies of the devil. In clear, easy-to-understand terms, author Neil Anderson shows you what you can do to experience full victory and freedom.

Expanded and updated, this study guide reflects the up-to-the-moment life applications that teens will find in the book itself. They will be challenged to dig deeper into God's Word by relevant, thought-provoking questions throughout.

This study takes the key theme of the best-selling book, *Victory Over the Darkness* one step further. For small groups or individuals, thought-provoking personal reflection questions and applications for each chapter of the book will help readers grow in the strength and truth of their powerful identity in Jesus Christ. Readers will learn to recognize and ward off Satan's attacks while growing closer and walking in the joy of the Lord.

You Can Break the Chains Holding You Captive Harmful habits, negative thinking, and irrational feelings can all lead to sinful behavior and keep you in bondage. If you feel trapped by any of these strongholds in your life, know that you are not alone—you can break free. Neil Anderson has brought hope to millions facing similar spiritual attacks. In this significantly revised and updated edition of this popular bestselling book, he offers a holistic approach to spiritual warfare that is rooted in the Word of God. As you read stories of others who have been locked in spiritual battles, you will learn the underlying whys and hows behind these attacks, and discover the truth that sets people free in Jesus. You don't have to live as if you are in chains. Break through your spiritual battles, and find freedom in Christ with *The Bondage Breaker*.

For too many believers, God's wonderful creation of sex has become a source of spiritual slavery rather than a liberating blessing. Neil T. Anderson presents a clarifying, refreshing look at God's plan for sex and how Christians can release a distorted view of physical intimacy and embrace a pure, godly view of this gift. With biblical advice and compassion, Anderson points to the way out of confusion and shame by exposing the guilt, anger, and fear involved in sexual struggles showing how believing the truth breaks the sexual and emotional lies giving practical steps to overcome spiritual entrapment with God's Word. As Christians grasp what the Bible says about who they really are—God's loved children and new creations in His Son—they will be able to enjoy and value His marvelous design for their emotions and bodies. A newly updated and expanded version of *Finding Freedom In a Sex-Obsessed World*.

"You will know the truth, and the truth will set you free" (John 8:32 niv). It's Jesus's promise to you—the promise that you will live triumphantly. But what keeps you from really walking in the joy of the Lord? The powers of darkness attack us daily. But, as Dr. Neil Anderson shows in *Victory Over the Darkness*, you can have the power to conquer them by knowing who you are in Christ. In this book, you will learn how to · realize the power of your identity in Christ · find freedom from the burdens of your past · stand against the spiritual forces of this world · win the battle for your mind · become the victorious person you want to be · discover the truth about God's view of you. *Victory Over the Darkness* spells out practical ways to experience Christian growth based on Christ's promise. Learn to apply the truths of Scripture as a base from which to renew your mind and become the person Christ empowers you to be. Study guide and DVD also available.

This study guide to *The Bondage Breaker* helps readers grasp more fully how God can set them free. Perfect for study groups, this guide presents strategies for standing against Satan's accusations.

From sin and what it is to obtaining assurance of salvation.

Modern culture would have you believe that everyone has a soul mate; that romance is the most important part of a successful marriage; that marriage does not mean 'til death do us part, but merely for as long as my needs are being met; and that when serious differences arise, divorce is the best solution. According to the Bible, all of these modern-day assumptions miss what marriage is all about. In this six-session video-based Bible study (DVD/digital video sold separately), Timothy Keller, along with Kathy, his wife of forty years, draws a profound portrait of marriage from the pages of Scripture that neither idealizes nor rejects the institution but points us back to the relationship between God and man. The result is a vision for marriage that is refreshingly frank and unsentimental, yet hopeful and beautiful. This study is for anyone from singles to couples considering marriage to those who have been married recently or for a long time. Sessions include: Service: Marriage Isn't about You Covenant: Created to Make Promises Roles: Loving through Mutual Submission Singleness: Strengthening the Spiritual Family Sex: The Act of Covenant Renewal Hope: Seeing the Great Horizon Designed for use with *The Meaning of Marriage* Video Study (sold separately).

Overcome the Hurts of Yesterday and the Fears of Tomorrow As people created in the image of God, we have been given the capacity to choose what we do and do not believe. Yet even followers of Christ often stay mired in misguided ways and unhealthy thought patterns. In *Renewing Your Mind*, Dr. Neil Anderson reminds us that faith is a journey of growth, and that as we mature in our beliefs, we should experience a total change from the inside out. In this fourth of eight *Victory Series* studies, you will learn how to allow Christ to rule in your heart, be led by the Spirit, tear down mental strongholds that keep you in bondage, live under grace, and overcome anger, depression, and losses. This study, with six sessions, can be used individually or in a group, and includes a leader's guide, along with illustrations and questions for deeper reflection and practical applications. We are not called to dispel darkness on our own; instead, being an overcomer means knowing how to turn to the light of Christ, our source of truth. Only in doing so will we win the battle for our minds.

No matter what you see when you look in the mirror, God sees something better. That's because God sees you as the person you can become. Discover how to break free of negative thoughts and discover the joy of being a child of God.

Building on the concepts found in *Victory over the Darkness* and *The Bondage Breaker*, Neil Anderson's counseling ministry guide provides clear information and excellent models to help you understand what discipleship counseling is all about. If you're a pastor, counselor, or lay leader, this resource will make you more comfortable, confident, and competent in your role as encourager. In turn, this will help

you free people from their emotional pain and spiritual conflicts, as you guide them to a more complete understanding of who they are in Christ.

Break the Chains and Experience Your Freedom in Christ Harmful habits, negative thinking, and irrational feelings can all lead to sinful behavior and keep you in bondage. If you feel trapped by any of these strongholds in your life, know that you are not alone—you can break free. This bestselling study guide has brought hope to countless thousands of readers facing negative spiritual attacks. Here you will find many insights and practical strategies for overcoming your struggles. Ideal for individual or group study, this guide will help you... realize you have the right to be free learn how to respond to Satan's accusations trade deception for grace actively affirm your identity in Christ This life-changing resource will help you break through your spiritual battles and find freedom in Christ.

What is it that keeps God's children hopeful in a hopeless world? What guarantees can a person cling to on the most difficult of days? Readers will find dozens of God's most uplifting guarantees in 199 Promises of God. This compact book offers real and powerful promises from the Creator of the universe and true refreshment for the spirit and a renewed sense of God's commitment to His children.

For many Christians life is not always victorious. If you sense that you are not growing as you should, this book is intended to lead you through the process which will allow you to break free from: condemning thoughts; compulsive behaviour; personal conflicts; and spiritual struggle and despair.

Take Hold Of The Freedom That Is Yours In Christ! Do you want to become an even more fruitful disciple of Jesus? Are you tired of not fulfilling your full potential as a Christian? No matter how long or short a time you have been a Christian, or how far you are on the journey, you will find **The Steps To Freedom In Christ** a wonderfully refreshing spiritual check-up. It will help you clear away the spiritual cobwebs and connect with Jesus in a deeper way. Many use it on a regular basis to give God an opportunity to highlight attitudes and behaviors that need to change and to uncover areas where their faith is not as strong as they would like it to be. It's also extremely effective for those facing particular challenges such as: · condemning thoughts · patterns of wrong behavior · spiritual struggles · hopelessness You might also want to use **The Steps To Freedom In Christ DVD**, in which Neil Anderson and Steve Goss (international director of Freedom In Christ Ministries) take you through this book. Dr. Neil T. Anderson is the founder and president emeritus of Freedom In Christ Ministries, which has offices and representatives in 40 countries. He was formerly chairman of the Practical Theology Department at Talbot School of Theology and has five earned degrees, including two doctorates. Dr. Anderson and his wife live in Franklin, Tennessee. For more information see www.ficm.org or www.ficminternational.org.

This new edition includes a substantial study guide providing detailed questions for personal reflection or group use. The questions will help readers to build up a stronger spiritual life.

[Copyright: eb39cdcaa7ecab544899e694e8046aa4](#)