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Kids deserve a better digital future. Help them create it. When it comes to raising children in a digital world, every parent feels underprepared and overwhelmed. We worry that our children will become addicted to online games, be victims of cyberbullying, or get lost down the rabbit hole of social media. We warn them about all the things they shouldn't do online, but we don't do nearly enough to teach them the skills of digital well-being. It's time to start a new conversation. In *Digital for Good*, EdTech expert Richard Culatta argues that technology can be a powerful tool for learning, solving humanity's toughest problems, and bringing us closer together. He offers a refreshingly positive framework for preparing kids to be successful in a digital world—one that encourages them to use technology proactively and productively—by outlining five qualities every young person should develop in order to become a thriving, contributing digital citizen: Be balanced: understand when and how much tech use is healthy Stay informed: discern between true and false information Be inclusive: treat others with respect and kindness online Be engaged: use tech to strengthen family relationships and community connections Stay alert: exercise caution and create safe digital spaces for others This practical guide will help parents and children discover the

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path to becoming effective digital citizens, all while making our online world a better place.

Presents an epic history that covers the period from the end of World War I through the 1970s, chronicling the decades-long migration of African Americans from the South to the North and West through the stories of three individuals and their families.

NEW YORK TIMES BEST SELLER • A Best Book of 2021: Entertainment Weekly, Good Morning America, Wall Street Journal, and more From the indie rockstar of Japanese Breakfast fame, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her

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fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

Western societies today are coming unmoored in the face of an earth-shaking ethical and cultural paradigm shift. At its core is the question of what it means to be human and how we are meant to live. The old answers are no longer accepted; a dizzying array of options are offered in their stead. Underpinning this smorgasbord of lifestyles is a thicket of unquestioned assumptions, such as the separation of gender from biological sex, which not so long ago would have been universally rejected as radical notions. In the spring of 2019, a group of Orthodox Christian scholars drawn from a wide variety of academic disciplines met together to offer responses to the moral crisis our generation faces, elaborating upon its various forms and facilitating a fuller understanding of some of its

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theological and philosophical foundations. In doing so they offer support to all those who question the claims that are so forcefully insisted upon today &— a clarity that will aid them in standing up and resisting trends that have already shown to be the cause of great suffering and unhappiness. Among the contributors to this volume are NY Times bestselling author Rod Dreher, Frederica Matthewes-Green, Dr David Bradshaw, Fr Chad Hatfield, and Fr Peter Heers. Collectively, these scholars remind us that it is only through our participation in the life of Christ, God who became man, that we can find the healing of our humanity through the restoration in us of His image, in which we were formed at the beginning of time.

Brutally honest, often hilarious, hard-won lessons in learning to love and care for yourself from a young vice president at Comedy Central who was called "ahead of her time" by Jordan Peele "Compelling, persuasive, and useful no matter where you are in your life."--Chelsea Handler, #1 New York Times bestselling author of *Life Will Be the Death of Me* "A bracingly honest, funny read . . . like Wild meets You Are a Badass."--Adam Grant, #1 New York Times bestselling author of *Give and Take*, *Originals*, and *Option B* By the time she was in her late twenties, Tara Schuster was a rising TV executive who had worked for The Daily Show with Jon Stewart and helped launch Key & Peele to viral superstardom. By

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all appearances, she had mastered being a grown-up. But beneath that veneer of success, she was a chronically anxious, self-medicating mess. No one knew that her road to adulthood had been paved with depression, anxiety, and shame, owing in large part to her minimally parented upbringing. She realized she'd hit rock bottom when she drunk-dialed her therapist pleading for help. Buy Yourself the F*cking Lilies is the story of Tara's path to re-parenting herself and becoming a "ninja of self-love." Through simple, daily rituals, Tara transformed her mind, body, and relationships, and shows how to * fake gratitude until you actually feel gratitude * excavate your emotional wounds and heal them with kindness * identify your self-limiting beliefs, kick them to the curb, and start living a life you choose * silence your inner frenemy and shield yourself from self-criticism * carve out time each morning to start your day empowered, inspired, and ready to rule * create a life you truly, totally f*cking LOVE This is the book Tara wished someone had given her and it is the book many of us desperately need: a candid, hysterical, addictively readable, practical guide to growing up (no matter where you are in life) and learning to love yourself in a non-throw-up-in-your-mouth-it's-so-cheesy way.

The full true story of the lululemon murder and what really happened to Jayna Murray and Brittany Norwood--photos included. It was a crime that shocked the

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country. On March 12, 2011, two young saleswomen were found brutally attacked inside a lululemon athletica retail store in Bethesda, Maryland, one of the nation's wealthiest suburbs. Thirty-year-old Jayna Murray was dead—slashed, stabbed, and struck more than three hundred times. Investigators found blood spattered on walls, and size fourteen men's shoe prints leading away from her body. Twenty-eight-year-old Brittany Norwood was found alive, tied up on the bathroom floor. She had lacerations, a bloody face, and ripped clothing. She told investigators that two masked men had slipped into the Bethesda lululemon store just after closing, presumably planning to rob it. She spoke of the night of terror she and her coworker had experienced. Investigators were sympathetic...but as the case went on, Brittany's story began to unravel. Why rob a business that dealt mostly in credit cards? Why was Jayna murdered but Brittany left alive? Could the petite, polite Brittany have been involved? Most chilling of all: could she have been the killer?

Transform Your Blog into a Book! The world of blogging changes rapidly, but it remains one of the most efficient ways to share your work with an eager audience. In fact, you can purposefully hone your blog content into a uniquely positioned book--one that agents and publishers will want to acquire or that you can self-publish successfully. *How to Blog a Book Revised and Expanded Edition*

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is a completely updated guide to writing and publishing a saleable book based on a blog. Expert author and blogger Nina Amir guides you through the process of developing targeted blog content that increases your chances of attracting a publisher and maximizing your visibility and authority as an author. In this revised edition you'll find:

- The latest information on how to set up, maintain, and optimize a blog
- Steps for writing a book easily using blog posts
- Advice for crafting effective, compelling blog posts
- Tips on gaining visibility and promoting your work both online and off
- Current tools for driving traffic to your blog
- Strategies for monetizing your existing blog content as a book or other products
- Profiles of bloggers who received blog-to-book deals and four new "blogged-book" success stories

Whether you're a seasoned blogger or have never blogged before, *How to Blog a Book Revised and Expanded Edition* offers a fun, effective way to write, publish, and promote your book, one post at a time.

Popular blogger and author of *Cozy Minimalist Home* Myquillyn Smith (The Nester) helps readers find beauty in imperfection and freedom to take risks to create the home--and life--they've always wanted. This beautiful four-color book is full of photos and creative, easy ideas for arranging, decorating, and cultivating a welcoming home. Myquillyn Smith is all about embracing reality--especially when it comes to decorating a home bursting with boys, pets, and all the unpredictable messes of life. In *The Nesting*

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Place, Myquillyn shares the secrets of decorating for real people--and it has nothing to do with creating a flawless look to wow your guests. It has everything to do with embracing the natural imperfection and chaos of daily living. Drawing on her years of experience creating beauty in her 13 different homes, Myquillyn will show you how to think differently about the true purpose of your home and simply and creatively tailor it to reflect you and your unique style--without breaking the bank or stressing over comparisons. Full of easy tips, simple steps, and practical advice, *The Nesting Place* will give you the courage to take risks with your home and transform it into a place that's inviting and warm for family and friends. There is beauty in the lived-in and loved-on and just-about-used-up, Myquillyn says, and welcoming that imperfection wholeheartedly just might be the most freeing thing you'll ever do.

Welcome to the story of a real marriage. Marriage is simultaneously the biggest blessing and the greatest challenge two people can ever take on. It is the joy of knowing there is someone to share in your joys and sorrows, and the challenge of living with someone who thinks it's a good idea to hang a giant antelope head on your living room wall. In *The Antelope in the Living Room*, New York Times best-selling author and blogger Melanie Shankle does for marriage what *Sparkly Green Earrings* did for motherhood—makes us laugh out loud and smile through tears as she shares the holy and the hilarity of that magical and mysterious union called marriage.

From J.K. Rowling, a warm, fast-paced, funny fairy tale of a fearsome monster, thrilling

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adventure, and hope against all odds. Once upon a time there was a tiny kingdom called Cornucopia, as rich in happiness as it was in gold, and famous for its food. From the delicate cream cheeses of Kurdsburg to the Hopes-of-Heaven pastries of Chouxville, each was so delicious that people wept with joy as they ate them. But even in this happy kingdom, a monster lurks. Legend tells of a fearsome creature living far to the north in the Marshlands... the Ickabog. Some say it breathes fire, spits poison, and roars through the mist as it carries off wayward sheep and children alike. Some say it's just a myth... And when that myth takes on a life of its own, casting a shadow over the kingdom, two children - best friends Bert and Daisy - embark on a great adventure to untangle the truth and find out where the real monster lies, bringing hope and happiness to Cornucopia once more. Featuring full color illustrations by children from across the United States and Canada, this original fairy tale from one of the world's most celebrated storytellers will captivate readers of all ages.

Offering both the first major revision of satiric rhetoric in decades and a critical account of the modern history of satire criticism, Fredric V. Bogel maintains that the central structure of the satiric mode has been misunderstood. Devoting attention to Augustan satiric texts and other examples of satire—from writings by Ben Jonson and Lord Byron to recent performance art—Bogel finds a complicated interaction between identification and distance, intimacy and repudiation. Drawing on anthropological insights and the writings of Kenneth Burke, Bogel articulates a rigorous, richly developed theory of

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satire. While accepting the view that the mode is built on the tension between satirist and satiric object, he asserts that an equally crucial relationship between the two is that of intimacy and identification; satire does not merely register a difference and proceed to attack in light of that difference. Rather, it must establish or produce difference. The book provides fresh analyses of eighteenth-century texts by Jonathan Swift, John Gay, Alexander Pope, Henry Fielding, and others. Bogel believes that the obsessive play between identification and distance and the fascination with imitation, parody, and mimicry which mark eighteenth-century satire are part of a larger cultural phenomenon in the Augustan era—a questioning of the very status of the category and of categorical distinctness and opposition.

"When Molly Wizenberg married Brandon Pettit, she vowed always to support him, to work with him to make their hopes and dreams real. She evinced enthusiasm about Brandon's enthusiasms: building a violin, building a boat, and opening an ice cream store--none of which came to pass. So when Brandon started making plans to open a pizza restaurant, Molly felt sure that the restaurant would join the list of Brandon's abandoned projects. When she finally realized that Delancey really was going to happen, that Brandon was going to change all of her assumptions about what their married life would be like, it was too late. She faced the first crisis in their young marriage. Opening a restaurant is not like hosting a dinner party every night. Molly and Brandon's budget was small, and the tasks at hand were often overwhelming. They had

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to find a space they could afford, gut renovate it themselves, find second-hand furniture and equipment, build what furniture they couldn't find, buy and install a wood-burning oven, pass health inspections, hire staff, and establish a billing and payroll system. They lost a financial partner. Their cook disappeared the day they opened. Still, their restaurant was a success, and Molly managed to convince herself that she was happy in their new life. Until Halloween night, when she was forced to admit she could no longer pretend. While *Delancey* is a funny and frank look at behind-the-scenes restaurant life, it is also a bravely honest and moving portrait of a tender young marriage and two partners who had to find out how to let each other go in order to come together"--

"This book will be treasured by Montgomery's legions of fans." —Carolyn Strom Collins, author of *The Anne of Green Gables Treasury* *The Landscapes of Anne of Green Gables* explores L. M. Montgomery's deep connection to the landscapes of Prince Edward Island that inspired her to write the beloved *Anne of Green Gables* series. From the Lake of Shining Waters and the Haunted Wood to Lover's Lane, you'll be immersed in the real places immortalized in the novels. Using Montgomery's journals, archives, and scrapbooks, Catherine Reid explores the many similarities between Montgomery and her unforgettable heroine, Anne Shirley. The lush package includes Montgomery's hand-colored photographs, the illustrations originally used in *Anne of Green Gables*, and contemporary and historical photography.

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From award-winning blogger Melissa Camara Wilkins, come and find a stunningly simple path to confidence and clarity. All you have to do is give yourself permission to show up as your gloriously imperfect self. Trying to fix yourself is exhausting. But being yourself - that is both possible and life-giving. The key is a simple heart-shift from chasing after perfection to learning to tell a truer story about ourselves, the world, and our place in it. Melissa Camara Wilkins invites you into her journey of discovering the profound simplicity of dropping the pretenses and allowing ourselves to be fully human - flaws and all. This is a story about making life simpler by letting go of who you think you're supposed to be and becoming who you really are. With wit and compassion, Melissa explores how to be present, show up as your real self, and get comfortable in your own skin by aligning the truth inside you with the life you live on the outside. Gain confidence with the freeing practices of dropping the mask, abandoning the experts, and understanding your real assignment. With refreshing honesty and insight, Melissa invites you to move from the either/or dichotomy into a spacious freedom of embracing the both/and - brave and scared, messy and real, gloriously imperfect and absolutely enough. This is your permission slip to be your whole, human self. For everyone who feels the pressure to fit in, measure up, and get it together, *Permission Granted* is a life-giving invitation to soul-level simplicity.

Social media is the catch-all name for blogs, Web forums, YouTube, MySpace, FaceBook and the other internet-based sites where consumers converse and share content. All of this

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unsolicited and authentic discussion and opinion can be a great source of marketplace insight for companies. From paying close attention to consumer discussions on blogs and other social media, you can discover what new products or product features consumers would like to see, and stay alert to emerging trends in your industry that could create new opportunities for your company. Robert Berkman, an experienced information specialist with several books to his credit, gives detailed directions for specialized blog searches, setting up RSS feeds, and tracking buzz. He also provides detailed information about vendors who supply blog monitoring services and discusses the pros and cons of using vendors or doing it yourself. For marketers, public relations firms, strategic business analysts, and corporate planners, this book gives you everything you need to know to begin finding market intelligence in social media. You will learn to look for trends, distinguish a trend from a fad, and determine the credibility of the information you uncover. Moreover, Berkman provides you with tips on organizing all the information you find to help you sift through it, locate just the valuable and relevant content, and reduce information overload.

"Grain, sugar, legume, dairy free, Whole 30 approved"--Cover.

For so many people, reading isn't just a hobby or a way to pass the time--it's a lifestyle. Our books shape us, define us, enchant us, and even sometimes infuriate us. Our books are a part of who we are as people, and we can't imagine life without them. *I'd Rather Be Reading* is the perfect literary companion for everyone who feels that way. In this collection of charming and relatable reflections on the reading life, beloved blogger and author Anne Bogel leads readers to remember the book that first hooked them, the place where they first fell in love with reading, and all of the moments afterward that helped make them the reader they are today. Known as

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a reading tastemaker through her popular podcast *What Should I Read Next?*, Bogel invites book lovers into a community of like-minded people to discover new ways to approach literature, learn fascinating new things about books and publishing, and reflect on the role reading plays in their lives. The perfect gift for the bibliophile in everyone's life, *I'd Rather Be Reading* will command an honored place on the overstuffed bookshelves of any book lover. This stylish journal created exclusively for book lovers includes custom reading lists, charming literary quotes, and plenty of room to record what you've read and what you'd love to read. "Books are knowledge. Books are reflection. Books change your mind."--Toni Morrison

Designed by a book lover for book lovers, *My Reading Life* is the ideal companion for all your literary adventures. Anne Bogel, better known online as *The Modern Mrs. Darcy*, provides you with insightful reading lists for every popular genre and each season. She even helps you determine the kinds of books you'd most like to read based on your interests. You'll also appreciate the sleek, compact design, perfect for taking on the go to the library, bookstore, or your next book club gathering. So much more than just a journal, this book is a joyful celebration of the written word, one that will significantly enrich every day of your reading life.

THE LITTLE WAY OF RUTHIE LEMING follows Rod Dreher, a Philadelphia journalist, back to his hometown of St. Francisville, Louisiana (pop. 1,700) in the wake of his younger sister Ruthie's death. When she was diagnosed at age 40 with a virulent form of cancer in 2010, Dreher was moved by the way the community he had left behind rallied around his dying sister, a schoolteacher. He was also struck by the grace and courage with which his sister dealt with the disease that eventually took her life. In Louisiana for Ruthie's funeral in the fall of 2011, Dreher began to wonder whether the ordinary life Ruthie led in their country town was in fact a

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path of hidden grandeur, even spiritual greatness, concealed within the modest life of a mother and teacher. In order to explore this revelation, Dreher and his wife decided to leave Philadelphia, move home to help with family responsibilities and have their three children grow up amidst the rituals that had defined his family for five generations-Mardi Gras, L.S.U. football games, and deer hunting. As David Brooks poignantly described Dreher's journey homeward in a recent New York Times column, Dreher and his wife Julie "decided to accept the limitations of small-town life in exchange for the privilege of being part of a community."

If the viral BuzzFeed-style personality quizzes are any indication, we are collectively obsessed with the idea of defining and knowing ourselves and our unique place in the world. But what we're finding is this: knowing which Harry Potter character you are is easy, but actually knowing yourself isn't as simple as just checking a few boxes on an online quiz. For readers who long to dig deeper into what makes them uniquely them (and why that matters), popular blogger Anne Bogel has done the hard part--collecting, exploring, and explaining the most popular personality frameworks, such as Myers-Briggs, StrengthsFinder, Enneagram, and others. She explains to readers the life-changing insights that can be gained from each and shares specific, practical real-life applications across all facets of life, including love and marriage, productivity, parenting, the workplace, and spiritual life. In her friendly, relatable style, Bogel shares engaging personal stories that show firsthand how understanding personality can revolutionize the way we live, love, work, and pray.

Don't Overthink ItMake Easier Decisions, Stop Second-Guessing, and Bring More Joy to Your LifeBaker Books

The wedding day is just one day in the life of a couple. But God's design is for

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marriage to last a lifetime. So how can someone know that the person they're with is the one they can truly build a life with--especially when so few marriages around them work? Pastor Scott Kedersha has worked with more than 5,000 premarital couples to prepare them for the biggest decision of their lives. In *Ready or Knot?* he offers practical and Christ-centered guidance for couples for all of the days after the wedding day. Through authentic stories from real couples about the decisions they made (or wish they'd made), Scott asks the hard questions so his readers can break free from the watered-down Hollywood version of marriage and build their lives together on the right foundation--the unchanging Word of God.

We've all been there: stuck in a cycle of what-ifs, plagued by indecision, paralyzed by the fear of getting it wrong. Nobody wants to live a life of constant overthinking, but it doesn't feel like something we can choose to stop doing. It feels like something we're wired to do, something we just can't escape. But is it? Anne Bogel's answer is no. Not only can you overcome negative thought patterns that are repetitive, unhealthy, and unhelpful, you can replace them with positive thought patterns that will bring more peace, joy, and love into your life. In *Don't Overthink It*, you'll find actionable strategies that can make an immediate and lasting difference in how you deal with questions both small--Should I buy these

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flowers?--and large--What am I doing with my life? More than a book about making good decisions, *Don't Overthink It* offers you a framework for making choices you'll be comfortable with, using an appropriate amount of energy, freeing you to focus on all the other stuff that matters in life.

One of the world's leading creative artists, choreographers, and creator of the smash-hit Broadway show, *Movin' Out*, shares her secrets for developing and honing your creative talents—at once prescriptive and inspirational, a book to stand alongside *The Artist's Way* and *Bird by Bird*. All it takes to make creativity a part of your life is the willingness to make it a habit. It is the product of preparation and effort, and is within reach of everyone. Whether you are a painter, musician, businessperson, or simply an individual yearning to put your creativity to use, *The Creative Habit* provides you with thirty-two practical exercises based on the lessons Twyla Tharp has learned in her remarkable thirty-five-year career. In "Where's Your Pencil?" Tharp reminds you to observe the world -- and get it down on paper. In "Coins and Chaos," she gives you an easy way to restore order and peace. In "Do a Verb," she turns your mind and body into coworkers. In "Build a Bridge to the Next Day," she shows you how to clean the clutter from your mind overnight. Tharp leads you through the painful first steps of scratching for ideas, finding the spine of your work, and getting out of

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ruts and into productive grooves. The wide-open realm of possibilities can be energizing, and Twyla Tharp explains how to take a deep breath and begin... Eight years ago, Alice Steinbach, a Pulitzer Prize–winning columnist for the Baltimore Sun, decided to take a break from her life. She took a leave from job, friends, and family for a European journey of self-discovery, and her first book, *Without Reservations*, was the exquisite result. But once Steinbach had opened the door to a new way of living, she found herself unwilling to return to the old routine. She quit her job and left home again, only this time her objective was to find a way that would allow her, personally and professionally, to combine three of her greatest passions: learning, traveling, and writing. This funny and tender book is the result of her decision to roam around the world as an informal student, taking lessons and courses in such things as French cooking in Paris, Border collie training in Scotland, traditional Japanese arts in Kyoto, architecture and art in Havana. With warmth and wit, Steinbach guides us through the pleasures and perils of discovering how to be a student again. Along the way, she also learns the true value of this second chance at educating herself: the opportunity to connect with and learn from the people she meets on her journey. *Placemaker* is a call to tend our souls, our land, and our homes--to cultivate comfort, beauty, and peace in the places God has us. Images of comfortable

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kitchens and flower-filled gardens stir something deep within us--we instinctively long for home. In a world of chaos and conflict, we want a place of comfort and peace. In *Placemaker*, Christie Purifoy invites us to notice our soul's desire for beauty, our need to create and to be created again and again. As she reflects on the joys and sorrows of two decades as a placemaker and her recent years living in and restoring a Pennsylvania farmhouse, Christie shows us that we are all gardeners. No matter our vocation, we spend much of our lives tending, keeping, and caring. In each act of creation, we reflect the image of God. In each moment of making beauty, we realize that beauty is a mystery to receive. Weaving together her family's journey with stories of botanical marvels and the histories of the flawed yet inspiring placemakers who shaped the land generations ago, Christie calls us to cultivate orchards and communities, to clap our hands along with the trees of the fields, to step into our calling to create, to make a place in the place God made for us. *Placemaker* is a timely yet timeless reminder that the cultivation of good and beautiful places is not a retreat from the real world but a holy pursuit of a world that is more real than we know.

NEW YORK TIMES BESTSELLER - Being a Lazy Genius isn't about doing more or doing less. It's about doing what matters to you. "I could not be more excited about this book."--Jenna Fischer, actor and cohost of the *Office Ladies* podcast

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The chorus of "shoulds" is loud. You should enjoy the moment, dream big, have it all, get up before the sun, track your water consumption, go on date nights, and be the best. Or maybe you should ignore what people think, live on dry shampoo, be a negligent PTA mom, have a dirty house, and claim your hot mess like a badge of honor. It's so easy to feel overwhelmed by the mixed messages of what it means to live well. Kendra Adachi, the creator of the Lazy Genius movement, invites you to live well by your own definition and equips you to be a genius about what matters and lazy about what doesn't. Everything from your morning routine to napping without guilt falls into place with Kendra's thirteen Lazy Genius principles, including: - Decide once - Start small - Ask the Magic Question - Go in the right order - Schedule rest Discover a better way to approach your relationships, work, and piles of mail. Be who you are without the complication of everyone else's "shoulds." Do what matters, skip the rest, and be a person again. Would it surprise you to know that Joanna Gaines, Abraham Lincoln, Albert Einstein, Oprah, Jerry Seinfeld, C. S. Lewis, Max Lucado, and Meryl Streep are all introverts? Even though introverts make up half the population, most people still don't fully understand what it means to be one. Research shows the qualities introverts may see as struggles can be their greatest strengths. Introverts don't need to act more like extroverts to thrive, lead, and make a difference. Instead,

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they need to truly understand who God created them to be so they can avoid pitfalls like insecurity or anxiety and bravely offer their gifts to the world. In this transformative book, Holley Gerth dives into the brain science behind introversion to help you understand the psychological, relational, and spiritual aspects of being an introvert. She explores how introverts can make meaningful connections, experience quiet confidence, cultivate soul-filling solitude, exercise unexpected influence, and much more. If you're an introvert, or if you love, lead, or share life with an introvert, you need this empowering, insightful book!

Part memoir and part guidebook, *Share Your Stuff. I'll Go First.* is the invitation you've been waiting for to show up with your whole self and discover the intimate, meaningful relationships you long for. In spite of the hyper-connected culture we live in today, women still feel shamed for oversharing and being publicly vulnerable. And no matter how many friends we seem to have, many of us are still desperately lonely. Laura Tremaine says it's time for something better. Openness and vulnerability are the foundation for human growth and healthy relationships, and it all starts when we share our stuff, the nitty-gritty daily details about ourselves with others. Laura has led the way in her personal life with her popular blog and podcast, and now with lighthearted self-awareness, a sensitivity to the important things in life, and compelling storytelling, Laura gives you the tools to build and deepen the conversations happening in your life.

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Laura's stories about her childhood in Oklahoma, her complicated shifts in faith and friendships, and her marriage to a Hollywood movie director will prompt you to identify the beautiful narrative and pivotal milestones of your own life. Each chapter offers intriguing and reflective questions that will reveal unique details and stories you've never thought to tell and will guide you into cultivating the authentic connection with others that only comes from sharing yourself.

"Shakespeare for Every Day of the Year is not just for Christmas, but for all time."

—Helena Bonham Carter A magnificent collection of 365 passages from Shakespeare's works, for the Shakespeare scholar and neophyte alike. Make Shakespeare a part of your daily routine with Shakespeare for Every Day of the Year, a yearlong collection of passages from Shakespeare's greatest works. Drawing from the full spectrum of plays and sonnets to mark each day of the year, whether it's a scene from Hamlet to celebrate Christmas or a Sonnet in June to help you enjoy a summer's day. There are also passages to mark important days in the Shakespeare calendar, both from his own life and from his plays: You'll read a pivotal speech from Julius Caesar on the Ides of March and celebrate Valentine's day with a sonnet. Every passage is accompanied by an enlightening note to teach you its significance and help you better appreciate the timelessness and poetry of Shakespeare's words. Shakespeare for Every Day of the Year will give you a thoughtful way reflect on each day, all while giving you a deeper appreciation for the most famous writer in the English language.

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For fans of Sarah Dessen and Mary H.K. Choi, this lyrical and emotionally driven novel follows Alina, a young aspiring dancer who suffers a devastating injury and must face a world without ballet—as well as the darker side of her former dream. Alina Keeler was destined to dance, but then a terrifying fall shatters her leg—and her dreams of a professional ballet career along with it. After a summer healing (translation: eating vast amounts of Cool Ranch Doritos and binging ballet videos on YouTube), she is forced to trade her pre-professional dance classes for normal high school, where she reluctantly joins the school musical. However, rehearsals offer more than she expected—namely Jude, her annoyingly attractive castmate she just might be falling for. But to move forward, Alina must make peace with her past and face the racism she experienced in the dance industry. She wonders what it means to yearn for ballet—something so beautiful, yet so broken. And as broken as she feels, can she ever open her heart to someone else? Touching, romantic, and peppered with humor, this debut novel explores the tenuousness of perfectionism, the possibilities of change, and the importance of raising your voice.

Cyberattacks on enterprises, government institutions, and individuals are exponentially growing. At the same time, the number of companies, both small and large, offering all types of solutions has been increasing too. Since companies rely on technological solutions to protect themselves against cyberattacks, understanding and selecting the right solutions among those offered presents a significant challenge for professionals,

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company executives, and newcomers to the cybersecurity field. FEATURES Presents descriptions for each type of cybersecurity technology and their specifications Explains applications, usages, and offers case studies to enhance comprehension Offers an easy-to-understand classification of existing cybersecurity technologies Provides an understanding of the technologies without getting lost in technical details Focuses on existing technologies used in different solutions, without focusing on the companies that offer these technologies This book is intended to help all professionals new to cybersecurity, students, and experts to learn or educate their audiences on the foundations of the available solutions.

America's largest city generates garbage in torrents—11,000 tons from households each day on average. But New Yorkers don't give it much attention. They leave their trash on the curb or drop it in a litter basket, and promptly forget about it. And why not? On a schedule so regular you could almost set your watch by it, someone always comes to take it away. But who, exactly, is that someone? And why is he—or she—so unknown? In *Picking Up*, the anthropologist Robin Nagle introduces us to the men and women of New York City's Department of Sanitation and makes clear why this small army of uniformed workers is the most important labor force on the streets. Seeking to understand every aspect of the Department's mission, Nagle accompanied crews on their routes, questioned supervisors and commissioners, and listened to story after story about blizzards, hazardous wastes, and the insults of everyday New Yorkers. But

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the more time she spent with the DSNY, the more Nagle realized that observing wasn't quite enough—so she joined the force herself. Driving the hulking trucks, she obtained an insider's perspective on the complex kinships, arcane rules, and obscure lingo unique to the realm of sanitation workers. Nagle chronicles New York City's four-hundred-year struggle with trash, and traces the city's waste-management efforts from a time when filth overwhelmed the streets to the far more rigorous practices of today, when the Big Apple is as clean as it's ever been. Throughout, Nagle reveals the many unexpected ways in which sanitation workers stand between our seemingly well-ordered lives and the sea of refuse that would otherwise overwhelm us. In the process, she changes the way we understand cities—and ourselves within them.

Much more than a how-to flower gardening book (though you will learn how to), *Garden Maker* is for those who want to grow beautiful things that reflect the glory and majesty of the Creator and bring a little bit of heaven down to earth. From the beginning God made a garden, so it's no surprise if you feel closer to Him with your hands in the dirt and the sun on your back. There is something profoundly soul-satisfying about creating and cultivating beauty. If you long to experience more splendor in your life, you can grow some of your very own. Join kindred spirit Christie Purifoy as she helps you unearth the simple delights of growing garden flowers, from preparing and planning to creating beautiful bouquets and other arrangements. Lavishly photographed and lovingly written, this all-seasons guide invites you to discover the innumerable joys and

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wonders to be found in the flower garden.

A creator of the award-winning Orangette blog presents a memoir about the life lessons she learned in the kitchens of her youth, in a recipe-complemented account that describes experiences of loss and love while enjoying her father's French toast, her husband's pickles and her chocolate wedding cakes. Reprint.

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