

Beyond Stuttering

This book is the result of a "State-of-the-Art-Conference" held at the University of Georgia dedicated to the evidence-based treatment of stuttering. An international group of prominent fluency researchers and clinicians were invited to present and discuss current data and issues related to the treatment of stuttering. The topic was defined to include evidence about stuttering, evidence about stuttering treatment, and discussions of how that evidence should guide the continuing research and practice. The explicit link between empirical evidence and suggestions for clinical practice is the goal of the book. The book begins by addressing the notion of "evidence-based practice" and considers its implications for stuttering treatment. Part II presents the intersection of the nature of stuttering; the theories of stuttering; and the implications of nature, theory, and other knowledge for stuttering treatment decisions. Part III provides two of the many measurement issues facing stuttering treatment followed by Part IV, which is devoted to the quality of treatment research evidence, for specific treatments and in terms of some more general methodological and professional issues. The final part summarizes the clinical recommendations made throughout the book and discusses evidence-based, outcomes-focused clinical decisions for stuttering. These chapters are intended to provide "state-of-the-art" information to researchers, clinicians, and students who are interested in developing, identifying, or using the best possible evidence-based treatments for stuttering.

The McGuire Programme was founded in 1994 by Dave McGuire and is now an international organisation run by people who stutter to help other people who stutter. Its combination of physical techniques and mental strategies that deal with the fear of stuttering, as well as developing an assertive approach to the problem, has helped thousands of people to control their stutter and to get good at the sport of speaking. The McGuire method helps a stutterer to gain control of their life and to begin to enjoy, rather than dread, speaking. At last, here is a method that can bring real help to those affected by a problem that can destroy careers and relationships. Now in a revised and updated edition (previously published as Beyond Stammering), here is the first step towards gaining control of life.

Despite decades of research into the nature and treatment of stuttering, the causes and underlying mechanisms of it are still not well understood. In this unique and comprehensive overview of the numerous theories and models which seek to understand and explain stuttering, the authors of *Theoretical Issues in Stuttering* provide an invaluable account. Covering an impressive range of topics including past and current theories of stuttering, this edition provides the reader with an updated evaluation of the literature on the subject of stuttering alongside exploring the evolution of new theories. Placing each within the relevant historical context, the authors explore the contribution of theory to both understanding and managing stuttering. *Theoretical Issues in Stuttering* is a critical account of the models and theories which surround the subject of stuttering, aiming to act as a key resource for students of speech-language pathology as well as lecturers, clinicians and researchers within the field.

Discusses stuttering, providing information on what it is, diagnosis and treatment of the ailment, and how it can affect one's life.

Combining mental strategies with breathing techniques, this book explains the McGuire Program, a proven technique for long-term improvement in speech and self-confidence for those who suffer from stuttering. Developed through the author's own struggles, readers learn to alter breathing patterns while incorporating mental strategies to maintain fluent speech. This complete program quickly and dramatically improves verbal fluency while the sufferer gains self-esteem from learning to control the physical and mental aspects of dysfunctional breathing. This second edition has been revised to incorporate the development of the methods of the McGuire Program and updated to include the inspirational stories of graduates of the McGuire Program.

Is it possible to stop stuttering within 10 days? What is the topmost dream of your life? As a stutterer, you don't want me or anyone else to sympathize when you talk. In our book *STUTTER SPEECH THERAPY TECHNIQUES*, we have you in mind. We know that how to stop stuttering is a question that cools the stuttering communities around the world. In fact, we realize that in stammering groups, sufferers are told not to bother anymore about recovery, that such effort is more devastating than the speech impediment itself. Well, our introduction to this workbook has well inspiring stories to help allay your fears. Now we will give you a gist of the features of *STUTTER SPEECH THERAPY TECHNIQUES* that makes it works so fast for stuttering recovery. First, this book is based on years-long study of real stammer overcomers. So, the contents is not intellectual laboratory theories. That is why it works for real people. The central key is **CONSCIOUSNESS** which runs as a thread through the chapters. Around this, we build other elements that are worthy of recognition in their positive or negative roles in our speeches. E.g Breath Control, breathing from the chest or from the lungs, the art of speaking, dealing with common obstacles, how to use your speech schemes, etc. In the Art of Speaking section, we address all issues of speech-language pathology, SLP, cognitive behavioral therapy, anxiety relief, stammer self cure, as well as the question of who will help me find my voice. The same section continues to replicated it's effectiveness in the challenge for the teaching of talking, therapy for kids, even for serious cases such as with those who think that their situation is beyond stammering. And we raised a red signal on how in delivering their parental care, parents or guardians need to be observant for any evidence of early childhood stammering. Our practicals are very easy to walk through. We developed these strategies and activities to promote your child's language development. They are step by step social skills to help toddlers and adults learn to do expert speech. This will make their expressions well-spoken and clear. So, at home, parents guardians and therapists should see this book as a valuable guide to speech. The book also deals with regression, semantic noise, slurring, muffling, and what we call brake failure. You will find that it is a complete program for getting skills to articulate better and making good of speaking. That is why many users call it, *The Speech Teacher's Handbook*. Finally, we dedicate a full section to the parents. At the conclusion of that section, we appeal to all parents with children throughout the globe to stop making the mistake of leaving the matter of stammer in their child to chance. It should not be hoped that he will give it up as he grows. True, stammer is short-lived in most children even those with the gene. Still, knowing which child will carry it further than the early stage, is as difficult as trying to identify a cock among unhatched eggs.

In this innovative work Jean Hillier develops a new theory for students and researchers of spatial planning and governance which is grounded primarily in the work of Gilles Deleuze. The theory recognizes the complex interrelation between place qualities and the multiple space-time relational dynamics of spatial governance. Using empirical examples from England and Australia, Hillier identifies the power of networks and trajectories through which various actors territorialize space and explores the social and political responsibilities of spatial managers and decision-makers. She considers what spatial planning and urban management practices could look like if they were to be developed along Deleuzean lines, and suggests alternative framings for spatial practice: broad trajectories or 'visions' of the longer-term future and shorter-term, location-specific detailed plans and projects with collaboratively determined tangible goals.

In *Beyond Words*, Steven Connor seeks to understand spoken human language outside words, a realm that encompasses the sounds we make that bring depth, meaning, and confusion to communication. Plunging into the connotations and uses associated with particular groups of vocal utterances—the guttural, the dental, the fricative, and the sibilant—he reveals the beliefs, the myths, and the responses that surround the growls, stutters, ums, ers, and ahs of everyday language. *Beyond Words* goes outside of linguistics and phonetics to focus on the popular conceptions of what language is, rather than what it actually is or how it works. From the moans and sobs of human grief to playful linguistic nonsense, Connor probes the fringes and limits of human language—and our definition of "voice" and meaning—to challenge our basic assumptions about what it is to communicate and where we find meaning in language. By engaging with vocal sounds and tics usually trivialized or ignored, *Beyond Words* presents a startling and fascinating new way to engage with language itself.

The author describes his journey through the uncharted lands of northern Myanmar, describing new species and trying to persuade the

government to preserve the land.

I am a writer of many different areas, I'm currently working on my next book called *How A Man Should Treat His Woman*. This book will have a lot of things to take a relationship to another level as well as it will have a little surprise at the end for all my readers; Leading into my next following book. I appreciate all the support from all my fellow readers and I will continue to bring you more things to read and open your eyes to different things that life holds. I don't mind helping out up and coming poets, so if you would like to have a section in my next poetry book in the amateur section. You can contact me at truepoetry@live.com. I wouldn't mind featuring you if you think you have what it takes and would like to get one of your poems out contact me with your contact information. Contact is not for royalties but for advertisement purposes only. Thank you!

A new understanding of consciousness that helps you to better understand your own and others' behavior. Your mind is a self-organized team of specialized independent modules that each take control of your behavior depending upon context. One of these modules, the "self-module," is the verbal interpreter of all of your behavior. However this self-module only controls behavior when you are using self-control. Introspection is thus usually nothing more than self-serving rationalization. Using experimental evidence Blakeslee clearly demonstrates the many mental illusions created by this flawed understanding of self and helps you to develop a new, more accurate, self-concept.

Beyond Stammering The McGuire Programme for Getting Good at the Sport of Speaking Souvenir Press Ltd

Stuttering Recovery: Personal and Empirical Perspectives is a highly original and engaging book serving to not only educate readers on topics related to stuttering, but also to stimulate discussion. The author interweaves personal accounts of people who stutter with informational chapters highlighting up-to-date research on recovery-related issues such as therapy, support groups, listener reactions, risk-taking, and dealing with family members and significant others. Reader-friendly and understandable, this book incorporates various perspectives to teach and illustrate the different aspects of recovery. Chapters are paired with stories presenting all sides of the recovery process -- the humorous and serious, the uplifting and frustrating, the thoughtful and emotional, and everything in-between. The result is a text that is entertaining and instructive. *Stuttering Recovery: Personal and Empirical Perspectives* is intended for undergraduate and graduate students, clinicians, speech-language professionals, people who stutter, significant others, and anyone else who has an interest in fluency disorders.

Stuttering and Cluttering provides a comprehensive overview of both theoretical and treatment aspects of disorders of fluency: stuttering (also known as stammering) and the lesser-known cluttering. The book demonstrates how treatment strategies relate to the various theories as to why stuttering and cluttering arise, and how they develop. Uniquely, it outlines the major approaches to treatment alongside alternative methods, including drug treatment and recent auditory feedback procedures. Part one looks at different perspectives on causation and development, emphasizing that in many cases these apparently different approaches are inextricably intertwined. Part two covers the assessment, diagnosis, treatment, and evaluation of stuttering and cluttering. In addition to chapters on established approaches, there are sections on alternative therapies, including drug therapy, and auditory feedback, together with a chapter on counselling. Reference is made to a number of established treatment programs, but the focus is on the more detailed description of specific landmark approaches. These provide a framework from which the reader may not only understand others' treatment procedures, but also a perspective from which they can develop their own. Offering a clear, accessible and comprehensive account of both the theoretical underpinning of stammering therapy and its practical implications, the book will be of interest to speech language therapy students, as well as qualified therapists, psychologists, and to those who stutter and clutter.

Malcolm Fraser knew from personal experience what the person who stutters is up against. His introduction to stuttering corrective procedures first came at the age of fifteen under the direction of Frederick Martin, M.D., who at that time was Superintendent of Speech Correction for the New York City schools. A few years later, he worked with J. Stanley Smith, L.L.D., a stutterer and philanthropist, who, for altruistic reasons, founded the Kingsley Clubs in Philadelphia and New York that were named after the English author, Charles Kingsley, who also stuttered. The Kingsley Clubs were small groups of adult stutterers who met one night a week to try out treatment ideas then in effect. In fact, they were actually practicing group therapy as they talked about their experiences and exchanged ideas. This exchange gave each of the members a better understanding of the problem. The founder often led the discussions at both clubs. In 1928 Malcolm Fraser joined his older brother Carlyle who founded the NAPA-Genuine Parts Company that year in Atlanta, Georgia. He became an important leader in the company and was particularly outstanding in training others for leadership roles. In 1947, with a successful career under way, he founded the Stuttering Foundation of America. In subsequent years, he added generously to the endowment so that at the present time, endowment income covers over fifty percent of the operating budget. In 1984, Malcolm Fraser received the fourth annual National Council on Communicative Disorders' Distinguished Service Award. The NCCD, a council of 32 national organizations, recognized the Foundation's efforts in "adding to stutterers', parents', clinicians', and the public's awareness and ability to deal constructively with stuttering." Book jacket. Combining mental strategies with breathing techniques, this book explains the McGuire Program, a proven technique for long-term improvement in speech and self-confidence for those who suffer from stammering. Developed through the author's own struggles, readers learn to alter breathing patterns while incorporating mental strategies to maintain fluent speech. This complete program quickly and dramatically improves verbal fluency while the sufferer gains self-esteem, from learning to control the physical and mental aspects of dysfunctional breathing.

Living & Learning with a Child Who Stutters from a parent's point of view.

More Than Fluency: The Social, Emotional, and Cognitive Dimensions of Stuttering provides a thoughtful and contemporary framework for speech-language pathologists and others working with people who stutter. The text focuses on the social, emotional, and cognitive realms of stuttering and offers new insights and applications based on research in the field. It guides the reader through theoretical discussions about the social experiences, emotional complications, and cognitive interpretations that often influence the person who stutters. The text also offers practical strategies for intervention from contributing authors who are prominent theorists, researchers, and practitioners in the field of fluency and stuttering. In line with the current multifactorial view of stuttering, *More Than Fluency* emphasizes the social, emotional, and cognitive aspects of stuttering, drawing important connections between them. The authors present a variety of therapeutic interventions and techniques along with practical guidelines that have been designed to alleviate distress in those who stutter. Although these interventions differ in approach, each offers their own roadmap to support and empower people who stutter. The idea for this book grew out of the insights gained from listening to both clients and graduate students. Clients wanted to talk about their life experiences as a person who stutters. Graduate students often described their worry and uncertainty when dealing with the emotional and social issues of their clients who stutter. Similarly, many practicing speech-language pathologists also have concerns about treating people who stutter, especially regarding the social, emotional, and cognitive aspects of the disorder, areas not typically taught in traditional coursework. *More Than Fluency* was developed for practicing speech-language pathologists and other professionals who evaluate and treat people who stutter. It is also intended to be an academic textbook used in graduate courses on fluency and stuttering. This text provides a collection of well-thought-out programs and approaches that help treat the whole person, not just his or her stuttering. The authors believe that this is best practice because successfully treating a person who stutters encompasses treating

more than fluency.

The Science and Practice of Stuttering Treatment: A Symposium is a comprehensive resource for practitioners and researchers that spans the scientific basis and clinical management of stutters in people of all ages, from preschoolers to adults. Written by an international team of clinical and research leaders in the field of speech and language pathology, as well as scientists from the fields of epidemiology and neurology, the book offers a truly comprehensive coverage of contemporary stuttering management. Each chapter provides information on the 'Theoretical Basis of the Treatment', 'Outline of the Treatment', 'Scientific Evidence for the Treatment', 'Advantages and Disadvantages of the Treatment', 'Planned Future Empirical Development', and concludes with an in-depth critical review. This book is a must-have resource for speech and language pathologists, researchers and educators worldwide. FEATURES: Offers a rigorous critical review of each treatment Written by leading international experts in the field Completely up to date with the latest clinical and scientific research "This book is the output from the Research Symposium held in Croatia in 2010. This text is unusual in that it not only reflects the content of the Symposium presentations, but also reports the discussion that the presentations generated. The discussions that ensued were recorded and transcribed... The consistent organisation of each paper in the collection allows the reader to quickly access the critical information and to make direct comparisons across therapies... (and) provides the reader with a comprehensive overview of a variety of speech restructuring programs... The advantages/disadvantages and the discussion sections in each chapter help the reader with appraisal of the material presented and to make some judgements about generality and value... The reader feels exposed to the atmosphere and dynamics of the Symposium in a way that is rarely captured outside the conference auditorium." - A review from Sharon Millard (PhD., MRCSLT), Research Lead and Expert Speech and Language Therapist, The Michael Palin Centre, Whittington Health, London, UK

Get good at the sport of speaking with the internationally recognized method of controlling your stammer. At last, there is a book that can bring real help to those who are affected by a problem that can destroy careers and relationships. The McGuire Programme started in 1994 and is now a worldwide org. run by people who stammer to help other people who stammer. It is a combination of physical techniques and mental strategies that deal with the fear of stammering as well as how to develop an assertive attitude towards the problem. The approach provides a massive improvement for thousands of people who stammer. The McGuire method is the first step for sufferers to gain control of their life and to start enjoying, rather than dreading, speaking. III.

The SAGE Encyclopedia of Human Communication Sciences and Disorders is an in-depth encyclopedia aimed at students interested in interdisciplinary perspectives on human communication—both normal and disordered—across the lifespan. This timely and unique set will look at the spectrum of communication disorders, from causation and prevention to testing and assessment; through rehabilitation, intervention, and education. Examples of the interdisciplinary reach of this encyclopedia: A strong focus on health issues, with topics such as Asperger's syndrome, fetal alcohol syndrome, anatomy of the human larynx, dementia, etc. Including core psychology and cognitive sciences topics, such as social development, stigma, language acquisition, self-help groups, memory, depression, memory, Behaviorism, and cognitive development Education is covered in topics such as cooperative learning, special education, classroom-based service delivery The editors have recruited top researchers and clinicians across multiple fields to contribute to approximately 640 signed entries across four volumes.

Stuttering: An Integrated Approach to Its Nature presents the most comprehensive textbook on the topic today, providing an overview of the etiology and development of stuttering and details, appropriate approaches to accurate assessment and treatment. Exploring a variety of practice settings, this core introductory book grounds all topics in a firm basis of the disorder's origin and nature. This edition has been thoroughly updated to address all current methodologies.

This textbook presents a new paradigm for understanding the nature and treatment of stuttering based on recent discoveries in neuroscience. The authors illustrate how visible stuttering manifestations are actually a solution to a central problem, acting as a compensatory mechanism for a central involuntary block, rather than a problem in themselves. This book features methods that reduce stuttering by inhibiting this central block, through the use of sensory and motor tools, notably mirror neurons, and shows readers that stuttering is not a condition that can be effortlessly "trained out" of the system or eliminated via simple speech retraining.

Stuttering and Cluttering provides a clear, accessible and wide-ranging overview of both the theoretical and clinical aspects of two disorders of fluency: stuttering and cluttering. This edition remains loyal to the idea that stuttering and cluttering can best be understood by first considering various overarching frameworks which can then be expanded upon, and provides a clear position from which to disentangle the often complex interrelationships of these frameworks. The book is divided into two parts, the first of which mainly deals with theory and aetiology, while the second focuses on clinical aspects of assessment, diagnosis and treatment. The book also provides frequent references across Parts I and II to help link the various areas of investigation together. This revised edition of Stuttering and Cluttering reflects the major changes in thinking regarding both theory and therapy that have taken place since the publication of the first edition. As well as those who stutter and clutter, the book will be invaluable for speech language therapy/speech language pathology students, practicing clinicians, psychologists and linguists around the world.

The revised edition of A Handbook on Stuttering continues its remarkable role as the authoritative, first-line resource for researchers and clinicians who work in the field of fluency and stuttering. Now in its seventh edition, this unique book goes beyond merely updating the text to include coverage of roughly 1,000 articles related to stuttering research and practice that have been published since 2008. This extended coverage integrates the more traditional body of research with evolving views of stuttering as a multi-factorial, dynamic disorder. Comprehensive, clear, and accurate, this text provides evidence-based, practical information critical to understanding stuttering. By thoroughly examining the intricacies of the disorder, A Handbook on Stuttering, Seventh Edition lays the foundation needed before considering assessment and treatment. New to the Seventh Edition: * A completely reorganized table of contents, including two new chapters. * The deletion of approximately 1,000 non-peer-reviewed references from the previous edition to assure discussion of the highest quality evidence on stuttering. * New content on the development of stuttering across the lifespan and assessment. * Given the Handbook's historic role as a primary reference for allied professionals, a new chapter that addresses myths and misconceptions about stuttering * Expanded coverage on the role of temperament in childhood stuttering * Expanded coverage of brain-based research, genetics, and treatment findings. * A thoroughly updated chapter on conditions under which stuttering fluctuates * Brief tutorial overviews of critical concepts in genetics, neuroimaging, language analysis and other relevant constructs, to better enable reader appreciation of research findings.

* A greater selection of conceptual illustrations of basic concepts and findings than in prior editions * Integrated cross-referencing to content across chapters

Stuttering is caused by at least five factors: genetics, two neurological abnormalities, responses to stress, and speech-related fears and anxieties. But most stuttering therapy programs address only one issue, such as breathing a certain way, or not hiding your stuttering. Each might help you in some situations, but you still stutter in other situations. "No Miracle Cures" instead guides you through treatments for all five factors that contribute to stuttering. You'll find the best treatments for children, teenagers, adults who stutter mildly, and adults who stutter severely. Stuttering may seem like one big problem to you. "No Miracle Cures" breaks down stuttering into many small problems and shows you how to solve each one.

An ideal book for anyone who recently has had, or is going to have a child. The book is designed in such a way that it not only teaches, but enables the parents enjoy child care. It guides parents to convert the cycle of negativity into positivity, whether it is regarding feeding or schooling or toilet training.

Current approaches to treating stuttering do not reflect the new understanding of its nature which has emerged from recent studies. This book brings together speech scientists and clinicians to discuss the best ways to close the perceived gap and maximize the effectiveness of treatment. Together, the chapters offer a comprehensive state-of-the-art overview of the complexities of stuttering and its remediation. Genetic, neuropsychological, behavioral, and often-neglected affective and cognitive factors are all considered. Preferred methodologies for empirical investigation are described, and specific examples of applied clinical research designs are provided. The book will be crucial reading for all those professionally concerned with fluency disorders and their students.

Meet Harry – a young boy who stutters. Harry invites readers to learn about what it is like to stutter from his perspective and how it affects his daily life and makes him feel. He talks about techniques that can help reduce stuttering and describes how friends, family and others can help him to feel at ease and reduce his stutter further. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and speech therapists working with children who stutter. It is also an excellent starting point for group discussions at home or school.

"A fresh, engaging account of a young woman's journey, first to find a cure for a lifelong struggle with stuttering, and ultimately to embrace the voice that has defined her character. Imagine this: you're a beautiful, blonde, stylish, highly intelligent, gregarious young woman curious about the world with a lot to say about it. But every time you open your mouth, a stutter comes out. In order to do something as simple as say your name, you must physically force the word. Which doesn't always look so pretty. At the age of seven, Katherine Preston learned that she was a stutterer. From that point on she battled the fear of communicating with the world by denying that her speech was an issue. Finally, a humiliating experience inspired her to take an unusual action. In *Out With It* she tells the hilariously heartbreaking yet ultimately uplifting story of her year spent traveling around the United States to interview more than 100 stutterers, speech therapists, and researchers. What begins as a search for a cure becomes a journey that debunks the misconceptions that shroud the condition and a love story that changes her perspective on normality. *Out With It* offers a fresh perspective on our obsession with physical perfection and an exploration of what our voice, and our vulnerabilities, means to each of us. It sheds light on an ancient condition that afflicts approximately 4 million in the U.S. and 60 million people worldwide. In addition to experts, Katherine interviewed writers, actresses, musicians, socialworkers, psychologists, farmers, and financiers men and women of all walks of life who were working to overcome their speech problems. Combining memoir and investigative journalism, *Out With It* is an incredibly compelling, informative and heartwarming memoir about understanding and embracing one's self and the voice within"--

This state-of-the-art volume is a follow-up to the 1999 publication, *Stuttering Research and Practice: Bridging the Gap*, edited by Nan Ratner and E. Charles Healey. Like its predecessor, the current book is an edited collection of the presentations from the American Speech-Language-Hearing Association's Annual Leadership Conference in Fluency and Fluency Disorders. Among the topics covered are evidence-based practice, impact of the self-help and support groups, meta-analyses of selected assessment and intervention programs, current theories of stuttering, and the predicted path of stuttering intervention in the future. The authoritative representation of contributors offers the reader the most up to date presentation of fluency issues, with a special emphasis placed on the practical clinical implications of fluency assessment, treatment, and evolving theories of the disorder. The book is written for fluency specialists and graduate students in programs of fluency disorders. It will also be valuable for the clinicians who wish to upgrade their skills in treating fluency disorders.

In a book that explores the phenomenon of stuttering from its practical and physical aspects to its historical profile to its existential implications, Shell, who has himself struggled with stuttering all his life, plumbs the depths of this murky region between will and flesh, intention and expression, idea and word. Looking into the difficulties encountered by people who stutter--as do fifty million world-wide--Shell shows that stutterers share a kinship with many other speakers, both impeded and fluent. This book takes us back to a time when stuttering was believed to be 'diagnosis-induced,' then on to the complex mix of physical and psychological causes that were later discovered. Ranging from cartoon characters like Porky Pig to cultural icons like Marilyn Monroe, from Moses to Hamlet, Shell reveals how stuttering in literature plays a role in the formation of tone, narrative progression and character.--From publisher description.

This book is a comprehensive guide to the evidence, theories, and practical issues associated with recovery from stuttering in early childhood and into adolescence. It examines evidence that stuttering is associated with a range of biological factors — such as genetics — and psychological factors — such as anxiety — and it critically assesses theoretical accounts that attempt to integrate these findings. Written so that it can be used flexibly to meet the demands of courses about stuttering, the book may be used as a text at the undergraduate or graduate level in psychology or speech-language science.

This new and expanded second edition is written for people who stutter and for those who interact with people who stutter, including caregivers, teachers, and speech-language pathologists. The text is presented in two parts. The first part includes basic information about the disorder and addresses common questions that people have about stuttering: What is stuttering? What causes it? How does it develop? Can it be prevented? This section also includes a new chapter entitled *Living with Stuttering*. The second part of the book discusses effective therapy approaches used with both children and adults who stutter. This part includes another new chapter, *Evaluating People Who Stutter*. The text is

written in a very reader-friendly and practical manner. It represents a reasonably thorough review of what is known about stuttering and offers bottom-line conclusions rather than theoretical speculations and research findings that arrived at these conclusions. While the text includes the technical language used by speech-language pathologists in reference to stuttering, great care has been taken to explain each term. In addition, the book includes a helpful glossary. This unique and exceptional book is written by a clinician who stutters and who is passionate about helping others learn about stuttering. He addresses the reader, not as a guru of truth, but as a person who has gained some understanding about stuttering through both his professional and personal experiences with the disorder.

More than a century of research has sought to identify the causes of stuttering, describe its nature, and enhance its clinical treatment. By contrast, studies directly focused upon public and professional attitudes toward stuttering began in the 1970s. Recent work has taken this research to new levels, including the development of standard attitude measures; addressing the widely reported phenomena of teasing, bullying, and discrimination against people who stutter; and attempting to change public opinion toward stuttering to more accepting and sensitive levels. *Stuttering Meets Stereotype, Stigma, and Discrimination: An Overview of Attitude Research* is the only reference work to date devoted entirely to the topic of stuttering attitudes. It features comprehensive review chapters by St. Louis, Boyle and Blood, Gabel, Langevin, and Abdalla; an annotated bibliography by Hughes; and experimental studies by other seasoned and new researchers. The book leads the reader through a maze of research efforts, emerging with a clear understanding of the important issues involved and ideas of where to go next. Importantly, the evidence base for stuttering attitude research extends beyond research in this fluency disorder to such areas as mental illness, obesity, and race. Thus, although of interest primarily to those who work, interact, or otherwise deal with stuttering, the book has potential for increasing understanding, ameliorating negative attitudes, and informing research on any of a host of other stigmatized conditions.

Handbook of Evidence-Based Practice in Clinical Psychology, Volume 1 covers the evidence-based practices now identified for treating children and adolescents with a wide range of DSM disorders. Topics include fundamental issues, developmental disorders, behavior and habit disorders, anxiety and mood disorders, and eating disorders. Each chapter provides a comprehensive review of the evidence-based practice literature for each disorder and then covers several different treatment types for clinical implementation. Edited by the renowned Peter Sturmey and Michel Hersen and featuring contributions from experts in the field, this reference is ideal for academics, researchers, and libraries.

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