

Basic First Aid 10th Edition

Toronto Notes for Medical Students is proud to present the 35th Edition of the highly successful Essential Med Notes textbook series. This 2019 edition features brand new content to reflect the most recent updates for medical licensing exams, along with a new layout across all 31 chapters for enhanced readability. Content updates across the main text, figures, graphics, and evidence-based medicine sections further enhance preparation for USMLE Step 2. A number of landmark trials have been included to reflect the most current evidence across all medical specialties. As a not-for-profit organization, all our proceeds from book sales are donated to support medical student activities, charity events, and community outreach programs over the past years. Essential Med Notes 2019 Key Features: Brand new content reflective of essential clinical knowledge and skills for enhanced clinical performance and USMLE Step 2 preparation A concise textbook with in-depth coverage of 31 medical specialties Up-to-date DSM-5 criteria and Evidence-Based Medicine highlights Our website features online resources, including a Colour Atlas, ECGs Made Simple tutorial, Heart Sounds tutorial, Essentials of Medical Imaging, over 50 Practice OSCE stations, and much more! A Clinical Handbook highlighting common clinical management scenarios and helpful tips on clerkship basics - a perfect size to carry on the wards. This has also been updated to be reflective of the latest evidence and USMLE objectives! Stat Notes: The ultimate guide to managing on-call issues, this pocketbook features a step-by-step approach for 30 common ward scenarios

The First Aid Manual is the only fully authorised first aid guide, endorsed by the Irish Red Cross and packed with step-by-step first aid advice. Used as the official training manual for leading first aid organisations' courses, the bestselling First Aid Manual covers all aspects of first aid, from emergency first aid and first aid for babies and children, to the latest guidelines on resuscitation, helping a drowning casualty, and snake bites. Find out how to deal with over 100 different first aid situations from splinters and sprained ankles to strokes and major injuries and how to use essential equipment including a defibrillator. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any situation. The ideal first aid book for you and your family, keep the First Aid Manual handy; it could be a life-saver. (Previous edition ISBN 9781405378772)

Kaplan Medical's USMLE Step 1 Lecture Notes 2021: 7-Book Set offers in-depth review with a focus on high-yield topics in every discipline—a comprehensive approach that will help you deepen your understanding while focusing your efforts where they'll count the most. Used by thousands of medical students each year to succeed on USMLE Step 1, Kaplan's official lecture notes are packed with full-color diagrams and clear review. The 7 volumes—Pathology, Pharmacology, Physiology, Biochemistry/Medical Genetics, Immunology/Microbiology, Anatomy, and Behavioral Science/Social Sciences—are updated annually by Kaplan's all-star expert faculty. The Best Review 2,000 pages covering every discipline you'll need on this section of the boards Full-color diagrams and charts for better comprehension and retention Clinical correlations and bridges between disciplines highlighted throughout Chapter summary study guides at the end of every chapter for easier review Up-To-Date Content Clinical updates included in all 7 volumes to align with recent changes Organized in outline format with high-yield summary boxes for efficient study

First Aid, CPR, and AED Standard, Fifth Edition is the center of an integrated teaching and learning system that offers instructor, student, and technology resources to better support instructors and prepare students. The text includes: Coverage of the 2005 CPR and ECC Guidelines. Current information on injured and illnesses: Core information for first aiders presented in a clear and straightforward format. Skill Drills: Offer step-by-step explanations and visual summaries of important skills. Flowcharts: Reinforce the decision-making process and appropriate procedures. Decision Tables: Provide a concise summary of what signs first aiders should look for and what treatment steps they should take.

Trust the #1 selling USMLE Step 2 CS review book for the most thorough, score-boosting exam preparation possible! A Doody's Core Title for 2011! The best USMLE Step 2 CS review got just got even better! The third edition of First Aid for the USMLE Step 2 CS has been updated based on feedback from US and international medical student test takers. This student-to-student guide thoroughly prepares you for frequently tested cases, including telephone exams, to ensure CS success. 41 full-length practice cases that simulate the real exam – including all new pediatric and telephone interviews as well as suggested closing statements for each case A revised and expanded set of minicases representing common complaints designed to help you rapidly develop a set of differential diagnoses Time management advice to maximize your clinical encounters Step-by-step strategies for interacting with standardized patients, including “difficult patients” Detailed descriptions of high-yield physical exam maneuvers that will win you points without costing time Proven study and exam strategies from students who passed

THE ULTIMATE PRIMER FOR THE CORE CLERKSHIPS, NOW IN FULL COLOR! Everything you need to know to score strong clerkship evaluations Preparation for every core rotation: medicine, surgery, pediatrics, obstetrics and gynecology, neurology, psychiatry, and emergency medicine Answers to commonly asked "pimp" questions Hundreds of full-color illustrations clarify essential concepts and improve retention Advice on presenting cases to attendings How-to guides for common procedures High-yield facts on the diagnosis and treatment of common diseases Sample patient notes, clipboard and note-card patient templates Updated student ratings of popular clinical handbooks, review books, reference texts, and electronic products A STUDENT-TO-STUDENT GUIDE TO THE FUNDAMENTALS OF SURVIVING THE WARDS--DON'T START THE CLINICAL YEARS WITHOUT READING THIS BOOK! APPLY THE PROVEN FIRST AID FORMULA FOR CLERKSHIP SUCCESS!

The #1 review for the USMLE Step 2 CS is now even better! The Sixth Edition of First Aid for the USMLE Step 2 CS has been updated to reflect the latest NBME exam format and worksheet items, and incorporates feedback from recent US and international test-takers. This high-yield review delivers a thorough exam preparation guide for the USMLE Step 2 CS, offering a solid review of frequently test CS cases, along with proven study and exam strategies for clinical encounters. 44 full-length practice cases that simulate the real exam, updated to reflect recent exam changes, and test your ability to document the patient's most likely diagnosis and how it is supported by the history and physical findings A revised and expanded set of 39 minicases representing common complaints designed to help you rapidly develop a working set of differential diagnoses Detailed descriptions and illustrations of high-yield physical exam maneuvers that will win you points without costing time Updated maxicases with examples of how to ask patients insightful questions Expanded guidelines on how to deal with challenging situations, including those that pose ethical and confidentiality issues An updated exam preparation guide for the new USMLE® Step 2 CS, including proven study and exam strategies for clinical encounters based on the patient-centered interview Updated content based on feedback from recent U.S. and international test takers

Written in plain English with a touch of humor (the best medicine) *Life's Little Emergencies, A Handbook for Active Independent Seniors and Caregivers* is a medical crisis handbook for active independent seniors and caregivers alike. The first section of the book covers techniques and conditions common to senior citizens: skin tears, fractures, and dehydration to name just a few. It discusses life-saving techniques like CPR and the Heimlich maneuver. The first aid information is backed up by research and twenty plus years experience of actual care by someone who still treats real victims first hand. However, *Life's Little Emergencies, A Handbook for Active Independent Seniors and Caregivers* is much more than just a first aid book. The remaining sections discuss learning life-saving skills, how to assess and treat an injury, when you feel sick, the great outdoors and much more. It's a manual for planning and making serious medical decisions and for getting help when seniors need it most - at home or on the road. It includes ways to "call 911" even in other countries where 911 is a different number entirely. *Life's Little Emergencies, A Handbook for Active Independent Seniors and Caregivers* guides the reader through anything from a minor cut to a major stroke. There are do-it-yourself first aid tips as well as ways to be prepared for an emergency, advice on when to reach out for help, and how to take care of oneself. Full of practical, clear, and easy-to-understand advice, this resource ensures that every household with an older person is prepared for any medical emergency from cuts to cardiac arrest. Special Features of *Life's Little Emergencies* include: Step-by-step instructions take the reader through life-saving and first aid skills Illustrated throughout with steps steps illustrated as appropriate Sidebars throughout the text provide additional information Each chapter includes a source list for individuals who want more information on the tips and advice in the book

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. **EXCEL ON THE USMLE® STEP 1 WITH HELP FROM THE WORLD'S MOST POPULAR MEDICAL REVIEW BOOK!** Trust *First Aid™* to help you score your highest on this high-stakes exam Written by students who excelled on the Step 1 exam and reviewed by top faculty for accuracy, this indispensable guide provides you with a blueprint of all the content you're likely to find on the exam. Packed with insider advice for students from students, *First Aid for the USMLE® Step 1 2020* will help maximize your study time. Features A complete framework for USMLE Step 1 preparation 1,300+ must-know topics with mnemonics to focus your study 1,000+ color photos and illustrations to help you visualize processes, disorders, and clinical findings Rapid Review section presents high-yield tables associating diseases with their clinical findings, treatments, and pathophysiology Updated every year to ensure all content is relevant and high-yield, reflecting the most current USMLE blueprint

A possible life-saving reference to keep around the house or in the car, *DK's First Aid Manual* looks at more than 100 different conditions, from splinters and sprained ankles to strokes and unconsciousness, and shows exactly what to do with step-by-step photographic sequences. Every condition is clearly explained, outlining causes, symptoms, and signs, and action plans. The updated design makes the instructions easier to follow, whether you need information on emergency first aid, first aid for babies and children, or tips on resuscitation. This *ACEP First Aid Manual* is an invaluable resource to keep you and your loved ones safe and healthy.

This publication shows designated first-aid providers how to diagnose, treat, and prevent the health problems of seafarers on board ship. This edition contains fully updated recommendations aimed to promote and protect the health of seafarers, and is consistent with the latest revisions of both the WHO Model List of Essential Medicines and the International Health Regulations.--Publisher's description.

Featuring exclusive tips and targeted review from USMLE expert Conrad Fischer, MD, *Master the Boards USMLE Step 2 CK* has the information you need to excel on the exam and match into the residency program you want. Designed to work with Kaplan's Step 2 High Yield course, this edition features exam-style questions and is the highest yield full-color review book for the Clinical Knowledge exam. If it is not likely to appear on the test, it is not in this book. The Best Review New design with hundreds of full-color diagnostic images, algorithms, and tables New biostatistics chapter and expanded disease coverage, with dozens of new topics including Zika and Ebola Logical, step-by-step approach to patient care Disease topics are presented in exam-style format for realistic review: What is the most likely diagnosis? What is the best initial test? What is the most accurate diagnostic test? What is the treatment? Expert Guidance Avoid surprises on Test Day with exclusive tips and targeted review from USMLE expert Conrad Fischer, MD. Expert test-taking advice, including tips for recognizing incorrect answers and guidance on the order in which steps should be taken. We invented test prep—Kaplan (www.kaptest.com) has been helping students for almost 80 years. Our proven strategies have helped legions of students achieve their dreams.

The *First Aid Manual* is the UK's only fully authorised first aid guide, endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross and packed with step-by-step first aid advice. Used as the official training manual for the UK's leading first aid organisations' courses, the bestselling *First Aid Manual* covers all aspects of first aid, from emergency first aid and first aid for babies and children, to the latest guidelines on resuscitation, helping a drowning casualty, and snake bites. Find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unresponsiveness and how to use essential equipment including a defibrillator. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any situation. The ideal first aid book for you and your family, keep the *First Aid Manual* handy; it could be a life-saver. (Previous edition ISBN 9781409342007)

1000 questions and answers prepare you for the USMLE Step 1! The only comprehensive Q&A review for the USMLE Step directly linked to high-yield facts from Dr. Le's *First Aid for the USMLE Step 1*, this essential study guide offers 1000 board-style questions and answers, easy-to-navigate, high yield explanations for correct and incorrect answers, and more than 350 accompanying images. Features: 1000 board-style questions and answers -- reviewed and approved -- by students who just aced the exam Detailed explanations for both right and wrong answers - with letter options in boldface for at-a-glance review Chapters keyed to Dr. Le's *First Aid for the USMLE Step1* so you can simultaneously review questions and high-yield facts 350+ high-yield images, diagrams, and tables One complete practice exam consisting of 7

blocks of 50 questions simulates the exam experience

Part of the trusted Robbins and Cotran family, Robbins Basic Pathology provides a readable, well-illustrated and concise overview of the principles of human pathology that's ideal for today's busy students. This thoroughly revised edition continues with a strong emphasis on pathogenesis and the clinical features of disease, adding new artwork and more schematic diagrams to further aid in summarizing key pathologic processes and expand the already impressive illustration program. Excellent art program boasts high-quality photomicrographs, gross photos, and radiologic images to supplement the world-class illustrations. Bulleted summary boxes provide quick access to key information and easy review of key concepts. Highlights pathogenesis, morphology, and pathophysiologic content throughout. Includes increased and updated clinical topics. New artwork and more schematic diagrams summarize key pathologic processes.

Comprehensive, single-source coverage of the entire first year of medical school! First Aid for the Basic Sciences: General Principles, Third Edition provides readers with a solid understanding of the basic science principles with which all medical students must be familiar. Delivering a comprehensive single-source review of the entire first year of medical school, the book assumes little prior knowledge, and includes important background material most other reviews leave out. Delivers comprehensive single-source coverage of the entire first year of medical school written in easy-to-understand, non-technical language. • An essential companion during your first two years of medical school • Includes important foundational content most other reviews leave out • Focuses on the high-yield topics and facts tested on the USMLE Step 1 • Enhanced by full-color images, learning aids, tables, and concise text to streamline your study and help you excel in coursework and on the USMLE Step 1 • Provides a complete framework for understanding biochemistry, microbiology, immunology, pathology, pharmacology, and public health sciences • Mirrors the table of contents of First Aid for the USMLE Step 1 to facilitate side-by-side study • Written by students who aced the USMLE and reviewed by top faculty

Updated To The new National EMS Education Standards and endorsed by the American Academy of Orthopaedic Surgeons, The fifth edition of our core first responder textbook, Emergency Medical Responder, continues to take an assessment-based approach to emergency medical responder training. Designed to meet the needs of law enforcement personnel, fire fighters, rescue squad personnel, athletic trainers, college students, and laypersons, The text and features found in the fifth edition will help students take the next step toward becoming outstanding Emergency Medical Responders.

From minor cuts and burns, to heart attacks and strokes, this handy, take-anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency. Be prepared for any medical emergency and handle it safely and efficiently with The Complete First Aid Pocket Guide. Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness, and those that are more serious with this essential handbook. Each section of The Complete First Aid Pocket Guide includes a quick list of signs and symptoms to look for and step-by-step first aid instructions for dealing with each situation, all in user-friendly, simple language that's easy to understand. Medical issues covered include: —First aid basics, including roles and responsibilities of a first aider, managing an incident, activating emergency services, and infection control —Lifesaving skills including the recovery position, cardiopulmonary resuscitation (CPR), and use of an automated external defibrillator (AED) —Minor injuries and conditions, including soft tissue injuries, splinters, blisters, eye injuries, nosebleed, diarrhea, and vomiting —Traumatic injuries including severe bleeding, amputation, shock, fractures, crush injuries, burns, and head and neck injuries —Medical emergencies including heart attack, stroke, asthma, anaphylaxis, hypoglycemia, meningitis, seizures, poisoning, and emergency childbirth —Environmental conditions including hypothermia, frostbite, heat stroke, sunburn, and lightning strike —Pediatric emergencies and illnesses, including assessing an unresponsive child or baby, pediatric cardiopulmonary resuscitation (CPR), choking, croup, and febrile seizures —First aid kit lists for home, vehicles, and outdoor use With an appendix featuring an A-to-Z list of every condition covered, it's easy for you to quickly find the exact information you need in any situation you may face. With its small trim and portable size, The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit, car first aid kit, disaster-survival bag, as well as a pocket companion for EMTs and other first responders in the field.

CASES AND MORE CASES PREPARE YOU FOR SUCCESS ON THE USMLE® STEP 1 Now in full color, this powerful study guide provides valuable experience in working through the patient cases you will be presented on exam day. Our active learning questions reinforce must-know concepts with hundreds of high-yield clinical images and illustrations. Chapters are keyed to Dr. Le's First Aid for the USMLE Step 1, which allows you to simultaneously study cases and master high-yield facts from the #1-rated resource for Step 1 exam prep. Everything you need to excel on exam day: •350 updated cases prepare you to anticipate commonly tested concepts on the USMLE® Step 1•Active learning questions and answers reinforce important concepts•A NEW full-color design bolstered by 300+ concept-clarifying clinical images and illustrations•Concise yet complete with relevant pathophysiology explanations•Organization mirrors First Aid for the USMLE Step 1 for side-by-side study

EXCEL ON THE USMLE® STEP 1 WITH HELP FROM THE WORLD'S MOST POPULAR MEDICAL REVIEW BOOK! Trust the First Aid™ team to help you score your highest on this high-stakes exam **INSIDER ADVICE FOR STUDENTS FROM STUDENTS** •A complete framework for USMLE® Step 1 preparation, annually updated with crowdsourced contributions from thousands of students•Written by students who excelled on their Step 1 exam and reviewed by top faculty for accuracy•1300+ must-know topics with mnemonics to focus your study•1,200+ color photos and illustrations—200 new or revised—help you visualize processes, disorders, and clinical findings•Reorganized content in the Pathology, Endocrine, Hematology and Oncology, and Neurology chapters for more intuitive learning•Rapid Review section for efficient last-minute preparation•Acclaimed recommendations for high-yield print and digital study

resources • Bonus material and real-time updates exclusively at FirstAidTeam.com

The UK's only fully authorised first aid guide, this book is used as the official training manual for the UK's leading first aid organisations' courses. This bestselling guide covers all aspects of first aid, including first aid for babies and children. This new edition features guidance on first aid in pandemic conditions, what to do in a terrorist incident, the latest guidelines on resuscitation, and delivering first aid for a mental health crisis. Illustrations have been redrawn in the simplest, clearest style to focus on the vital information. Find out how to treat over 100 different conditions from splinters and sprained ankles to unresponsive casualties, and how to use essential equipment. Learn how to manage a situation safely and how to assess a sick or injured person effectively. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any emergency. Easy-to-understand anatomy sections explain the risks involved with particular injuries or conditions and how and why first aid can help. Discover every life-saving technique you need to know with this essential reference.

Ace the USMLE Step 3 with this proven survival review! "I have not seen a more complete, concise Step 3 review" "This book is full of easy to remember mnemonics and algorithms that make studying for the Step 3 less of a chore, especially during internship. I have not seen a more complete, concise Step 3 review."--Franklin Chen, MD, Internal Medicine Resident, University of Pittsburgh Medical Center **INSIDER ADVICE** for residents from residents Thousands of high-yield facts that you need to know Hundreds of clinical images, drawings, and algorithms amplify the text 100 mini-cases prep you for the CCS portion of the exam Tips and practical advice you can trust from residents who passed

Completely revised and updated, *Let's Go: California* is your insider's guide to the Golden State. *Let's Go's* forty-five years of travel savvy deliver the practical facts you'll need, from navigating L.A.'s freeways to finding the hottest nightlife. Expanded coverage of national parks, beaches, hiking, and skiing get you out of the city, while listings in the alternatives to tourism chapter show you how to make a difference or become a movie star. Whether you'd rather trek Yosemite's backcountry trails or sample California cuisine in Berkeley's gourmet ghetto, *Let's Go* can lead the way.

The most comprehensive and up-to-date high-yield review available for the USMLE® Step 2 CK ---- completely revised and better than ever! The expert author team that guided students to success on the USMLE® Step 1 presents the latest edition of this skill-sharpening review for the USMLE® Step 2 CK. With an easy-to-follow bulleted presentation of must-know diseases and disorders, this one-of-a-kind study companion offers the most current overview of all core areas on the boards. Included is a host of learning tools, from key facts and mnemonics to full-color illustrations and proven test-taking strategies—everything students need to pass the exam with flying colors. • Co-written by students who excelled on the recent exam and reviewed by top faculty • Concise summaries of more than 1,000 commonly tested clinical topics for fast, high-yield study • Key Facts and mnemonics reinforce must-know concepts • Expert coverage of best initial steps in diagnosis and management • Updated Rapid Review section facilitates last-minute cramming • Hundreds of full-color photographs and illustrations • Revised study and test-taking strategies • A completely updated listing of top-rated review sources **INSIDER ADVICE FOR STUDENTS FROM STUDENTS**

The ultimate guide for anyone wondering how President Joe Biden will respond to the COVID-19 pandemic—all his plans, goals, and executive orders in response to the coronavirus crisis. Shortly after being inaugurated as the 46th President of the United States, Joe Biden and his administration released this 200 page guide detailing his plans to respond to the coronavirus pandemic. The National Strategy for the COVID-19 Response and Pandemic Preparedness breaks down seven crucial goals of President Joe Biden's administration with regards to the coronavirus pandemic: 1. Restore trust with the American people. 2. Mount a safe, effective, and comprehensive vaccination campaign. 3. Mitigate spread through expanding masking, testing, data, treatments, health care workforce, and clear public health standards. 4. Immediately expand emergency relief and exercise the Defense Production Act. 5. Safely reopen schools, businesses, and travel while protecting workers. 6. Protect those most at risk and advance equity, including across racial, ethnic and rural/urban lines. 7. Restore U.S. leadership globally and build better preparedness for future threats. Each of these goals are explained and detailed in the book, with evidence about the current circumstances and how we got here, as well as plans and concrete steps to achieve each goal. Also included is the full text of the many Executive Orders that will be issued by President Biden to achieve each of these goals. The National Strategy for the COVID-19 Response and Pandemic Preparedness is required reading for anyone interested in or concerned about the COVID-19 pandemic and its effects on American society.

The leader in the field, *Emergency Medical Responder, Ninth Edition*, provides clear first responder-level training for fire service, emergency, law enforcement, military, civil, and industrial personnel. The new ninth edition retains many successful features from previous editions and includes new topics and concepts that have recently become part of most Emergency Medical Responder programs. The foundation of this text is the new National Emergency Medical Services Education Standards for Emergency Medical Responder, and it also includes the 2010 American Heart Association guidelines for Cardiopulmonary Resuscitation and First Aid.

Now includes Step 2 practice Questions and Answers, with explanations, for each chapter! Current, concise, and easy to use, the updated fifth edition of *Step-Up to USMLE Step 2 CK* makes essential information engaging and retainable, delivering the perfect exam prep for today's busy medical student. Access just what you need to ace the USMLE Step 2 CK and make a confident transition to clinical practice with this high-yield, system-based review. This updated fifth edition of *Step-Up to USMLE Step 2 CK* helps you quickly memorize essential information and gives you the realistic test-taking practice to succeed. Full-color illustrations, "Quick Hits," and mnemonics clarify must-know information on causes, risk factors, history and physical exam, lab studies and radiology, treatment, and complications for the most common diseases and disorders. USMLE-style study questions for each chapter mimic those found on the Step 2 exams, accompanied by complete explanations for maximum comprehension and test preparation.

This book presents the most complete information available from elementary facts to instructions for effective improvisation vital to successful first aid. Primarily focusing on the most common accidents and emergencies a first-aider is likely to encounter, this book is extremely useful to anyone who practices first aid, emergency care, and CPR. Presents a clear, expanded version of legal duty, including guidelines on how to avoid legal liability, culpability for negligence or failure to act. Incorporates a newly added section on how first-aiders can protect themselves from injury and infection in the course of providing care. Features an entirely new section on dental emergencies, providing a thorough understanding of how to treat common dental problems and the importance of providing immediate care. Provides a concise description of body systems, including a succinct summary of what constitutes an emergency involving each system and how to assess; includes comprehensive information on personal protection from the risks posed by blood and air-borne diseases and what to do at an accident scene. For those who perform first aid, emergency care, and/or CPR.

First Aid for the USMLE Step 1 2021, Thirty First Edition

For courses in First Responder and Emergency Medical Services Learn to think like an EMR The leader in the field, Emergency Medical Responder, Tenth Edition, provides clear, first responder-level training for fire service, emergency, law enforcement, military, civil, and industrial personnel. The new edition retains all of the successful features from previous editions and includes new topics and concepts that have recently become part of most Emergency Medical Responder programs. Using the new National Emergency Medical Services Education Standards for Emergency Medical Responders as a foundation, Emergency Medical Responder also includes the 2010 American Heart Association guidelines for Cardiopulmonary Resuscitation and First Aid. Critical-thinking First on Scene scenarios and From the Medical Director features offer readers a real-world perspective that will help them learn to think like EMRs.

Updated 10th edition: includes updates to first aid for choking infants The First Aid Manual is the UK's only fully authorised first aid guide, endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross and packed with step-by-step first aid advice. Used as the official training manual for the UK's leading first aid organisations' courses, the bestselling First Aid Manual covers all aspects of first aid, from emergency first aid and first aid for babies and children, to resuscitation. Find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness and how to use essential equipment. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any situation. The ideal first aid book for you and your family, keep the First Aid Manual handy; it could be a life-saver. (Previous edition ISBN 9781405362146)

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag @ 68% - stroke; use a risk score to guide Rx: CHADS2: CHF (1 point), HTN (1), Age =75 y (1), DM (1), prior Stroke/TIA (2) CHA2DS2-VASc: adds 65+74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ³2 @ anticoag; score 1 @ consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW,,s Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

The high-yield questions you need to prepare for the USMLE Step 2 CK! Prepare to ace the USMLE Step 2 CK with First Aid Q&A for the USMLE Step 2 CK. The new second edition of this student-proven book features 1000 board-style questions along with easy to navigate, high-yield explanations of correct and incorrect answers. You'll also find hundreds of valuable images, diagrams, and tables. The book is correlated with First Aid for the USMLE Step 2 CK and First Aid Cases for the USMLE Step 2 CK for the ultimate review package! Features: 1000 board-style questions and answers from the top-rated USMLERx Qmax Step 2 CK Test Bank Concise, yet complete, explanations for both correct and incorrect answers -- with letter options in boldface for at-a-glance review One complete practice test -- 8 full-length test blocks -- simulate the exam experience Hundreds of high-yield images, diagrams, and tables Organized the same way as First Aid for the USMLE Step 2 CK so you can simultaneously study from both books

BUY NOW AND ENJOY FAST DELIVERY Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. **YOU NEED THIS UPDATED EDITION OF FIRST AID TO EXCEL ON THE REVISED USMLE(R) STEP 1!** First Aid(TM) remains the most trusted name in USMLE(R) review?just ask any medical student! A complete framework for USMLE Step 1 preparation, annually updated with crowdsourced contributions from thousands of students Updated exam preparation advice for USMLE Step 1 pass/fail, Step 1 blueprint changes, and COVID-19 impacts New section on communication skills reflects the latest Step 1 content New focus on diversity, equity and inclusion incorporates race and ethnic considerations, as well as gender neutral terminology Nearly 1,400 must-know topics with mnemonics to focus your study 1,200+ color photos and illustration?170+ new or revised?help you visualize processes, disorders, and clinic findings Rapid Review section for efficient last-minute preparation Bonus material and real-time updates exclusively at [FirstAidTeam.com](#)

A surprisingly simple way for students to master any subject--based on one of the world's most popular online courses and the bestselling book A Mind for Numbers A Mind for Numbers and its wildly popular online companion course "Learning How to Learn" have empowered more than two million learners of all ages from around the world to master subjects that they once struggled with. Fans often wish they'd discovered these learning strategies earlier and ask how they can help their kids master these skills as well. Now in this new book for kids and teens, the authors reveal how to make the most of time spent studying. We all have the tools to learn what might not seem to come naturally to us at first--the secret is to understand how the brain works so we can unlock its power. This book explains: • Why sometimes letting your mind wander is an important part of the learning process • How to avoid "rut think" in order to think outside the box • Why having a poor memory can be a good thing • The value of metaphors in developing understanding • A simple, yet powerful, way to stop procrastinating Filled with illustrations, application questions, and exercises, this book makes learning easy and fun.

The UK's only fully authorised first aid guide, the book is used as the official training manual for the UK's leading first aid organisations' courses. It's available in ebook format. This bestselling guide covers all aspects of first aid, including first aid for babies and children. This new edition features guidance on first aid in pandemic conditions, what to do in a terrorist incident, the latest guidelines on resuscitation, and delivering first aid for a mental health crisis. Illustrations have been redrawn in the simplest, clearest style to focus on the vital information. Find out how to treat over 100 different conditions from splinters and sprained ankles to unresponsive casualties, and how to use essential equipment. Learn how to manage a situation safely and how to assess a sick or injured person effectively. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any emergency. Easy-to-understand anatomy sections explain the risks involved with particular injuries or conditions and how and why first aid can help. Discover every life-saving technique you need to know with this essential reference.

Do you know what to do if your baby or child falls and cuts their arm? Are you confident to identify when an illness is serious? First Aid Fast for Babies and Children is a step-by-step guide that helps you treat babies and children for more than 100 conditions and

injuries. This book guides you through essential initial care that can prove tremendously important to preserve life and improve the recovery process. The detailed guidelines are accompanied by step-by-step images for clear, easy-to-follow instructions. From first aid for cuts and bruises to treating a child who is unresponsive, this book covers all emergency situations that you may face. Clear symbols highlight key areas and draw your attention to areas of concern. The cross-reference boxes on a page take you to associated information regarding the injuries. This clear and informative guide is ideal for parents, teachers, and primary caregivers to help deal with emergencies. Look after your little people - keep First Aid Fast for Babies and Children handy.

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