

Barefoot In The Park

Draws on the actor, director, and producer's personal documents to offer insight into his complex life behind his famous roles, discussing the death of his son, his relationship with Sydney Pollack, and his establishment of the Sundance Film Festival.

A simple antidote to our nature-starved lives, *The Joy of Forest Bathing* is an enticing and comprehensive introduction to forest bathing—or *Shinrin-yoku*, in Japan—the meditative practice of connecting with nature and disconnecting from the distractions of daily life. Full sensory immersion in the beauty and wonder of nature and trees can produce mental, emotional, and physical health benefits. Research has shown that forest bathing lowers blood pressure, pulse rate, and cortisol levels; improves mood; and may even boost our immunity to cancer and other diseases. *The Joy of Forest Bathing* invites you to experience the benefits of this healing practice for yourself. Learn the history and background of forest bathing, followed by detailed instructions for establishing a forest bathing practice in your own adopted “wild home,” encompassed in three steps: 1. Disengagement from your daily routine 2. Deep breathing and nature connection through a series of quiet activities or “invitations” 3. Transitioning back to your daily life This restorative activity can be enjoyed by people of all ages and abilities: children, teenagers, and even senior citizens with limited mobility and people recovering from illness and surgery. And you don’t need to travel to the Japanese alps to experience the benefits of forest bathing. All you need is a small patch of untouched (or lightly touched) nature to adopt as your “wild home.” Within, find practical tips and inspiration for forest bathing through the seasons: in the winter, when the leafless trees open up new vistas; in the spring, when you can hear the melodious serenade of song birds as they nest in the newly formed green canopy; in the summer, watching the butterflies nectaring on wildflowers; and in the autumn, when you can catch glimpses of hurried squirrels storing food for the winter. *The Joy of Forest Bathing* introduces a variety of activities that can be enhanced with forest bathing elements, such as mindfulness practices, exercise, art and writing, and outdoor celebrations. Learn, too, how surrendering to the mysteries of nature can provide guidance through difficult times. As you find nourishment in nature, you will instinctively begin to wonder how you can preserve and protect this healing resource. This guide includes suggestions for tending to your “wild home.” Illustrated throughout with enchanting artwork by Dutch illustrator Lieke van der Vorst and stunning nature photography, *The Joy of Forest Bathing* is the perfect guide to enhancing your life with the wondrous world of nature. The *Live Well* series from Rock Point invites you to create a life you love through multiple acts of self-discovery and reinvention. These encouraging gift books touch on fun yet hardworking self-improvement strategies, whether it’s learning to value progress over perfection, taking time to meditate

and slow down to literally smell the roses, or finding time to show gratitude and develop a personal mantra. From learning how to obtain more restful sleep and creating a healthy work/life balance to developing personal style and your own happy place, the Live Well series encourages you to live your best life. Other titles in the series include: Progress Over Perfection; Find Your Flow; Be Happy; Seeking Slow; Finding Gratitude; Eff This! Meditation; Find Your Mantra; It Had to be You; Men's Society; Genius Jokes; The Calm and Cozy Book of Sleep; Beating Burnout; Ayurveda for Life; Choose Happy; and You Got This.

Back by popular demand, this stunning new Evergreen Edition of the worldwide best-seller delivers a pictorial celebration of the look and attitude of 'Ivy'. From the button-down hip of Steve McQueen, Paul Newman and Anthony Perkins to the preppy sensibilities of Woody Allen and Dustin Hoffman; the understated but carefully selected components of The Ivy Look didn't shout 'look at me' but instead gave off an image of approachable correctness and laid back confidence. Exhaustively compiled, this coffee table volume takes an in-depth look at how 'Ivy' established itself.

Neil Simon Full Length, Comedy Characters: 1 male, 7 female Combination interior and Unit set. America's premier comic playwright makes another hilarious foray into the world of modern relationships. Jake, a novelist who is more successful with fiction than with life, faces a marital crisis by daydreaming about the women in his life. The wildly comic and sometimes moving flashbacks played in his mind are interrupted by visitations from actual females. Jake's women i I'm not holding you to keep you from leaving. I'm holding you because it's a way of showing you how precious you are to me. The wait is over! The anticipated "Barefoot in Hyde Park" is now available! Book 2 in "The Hellion Club" series. Read for Free with Kindle Unlimited! Lillian Burkhart could not be more different from her half-sister, Wilhelmina. Suspecting that she is more like their wastrel father, she struggles against the wildness inside her, trying desperately to be the proper young woman that Miss Euphemia Darrow has reared her to be. But when she's discovered walking barefoot in Hyde Park by none other than the grandson of the elderly dowager duchess who employs her as a companion, her failure is complete. Lord Valentine Somers, Viscount Seaburn, has been playing a part for so long that he no longer recognizes himself. As a soldier, he'd risked life and limb. Now, as a spy for Whitehall, he's risking his very soul by using his skill with cards to gain entree to circles he wants no part of. Feigning the ennui of a debauched dilettante who treats women and money as if they were both in unending supply, he's immediately struck by the beauty, vivacity and innocence of a lovely barefoot nymph... who happens to be his grandmother's companion. Given an ultimatum by his grandmother, marry or be disinherited, Val offers for Lillian on a whim. And she accepts in order to claim her own familial bequest. But theirs isn't a normal engagement... not when someone keeps trying to murder his betrothed. Uncertain if it has to do with Lillian's inheritance, his own inheritance or the enemies he's made over the years, Val knows he will do whatever it takes to

protect her... but he didn't expect to fall in love with her. The Hellion Club A Rogue to Remember Barefoot in Hyde Park What Happens in Piccadilly Sleepless in Southampton When an Earl Loves a Governess The Duke's Magnificent Obsession The Governess Diaries

A mother always knows when something is wrong. When Alice notices her beloved husband, Bill, has returned home on edge after a tennis match with their son, she grows suspicious and springs into action. Determined to piece together the puzzle, she invites her son, Billy, and daughter-in-law, Jane, over for drinks and dessert. Sidesplitting chaos ensues as Alice digs for the truth, resulting in even more honesty than anyone expected. Shattering and hilarious, CLEVER LITTLE LIES is a story of long-term love and marriage...for better...and for worse.

THE STORY: Andy and Norman are two earnest young men using their apartment as a publishing office for a protest magazine in San Francisco. Sophie, an Olympic swimmer and all-American girl, moves into another apartment on the same floor. Sophie ma Recounts the author's experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease, and describes his training for a fifty-mile race with the tribe and a number of ultramarathoners.

The second in Pulitzer Prize-winning playwright Neil Simon's trilogy which began with Brighton Beach Memoirs and concluded with Broadway Bound. When we last met Eugene Jerome, he was coping with adolescence in 1930's Brooklyn. Here, he is a young army recruit during WW II, going through basic training and learning about Life and Love with a capital 'L' along with some harsher lessons, while stationed at boot camp in Biloxi, Mississippi in 1943.

At a large, tastefully-appointed Sneden's Landing townhouse, the Deputy Mayor of New York has just shot himself. Though only a flesh wound, four couples are about to experience a severe attack of Farce. Gathering for their tenth wedding anniversary, the host lies bleeding in the other room, and his wife is nowhere in sight. His lawyer, Ken, and wife, Chris, must get "the story" straight before the other guests arrive. As the confusions and mis-communications mount, the evening spins off into classic farcical hilarity.

Based on the popular play by the same name, John Cariani's Almost, Maine is an interlinked collection of heartwarming and heartbreaking YA stories that will have you thinking about love in an entirely new way. Welcome to Almost, Maine, a town that's so far north, it's almost not in the United States—it's almost in Canada. And it almost doesn't exist, because its residents never got around to getting organized. So it's just . . . Almost. One cold, clear Friday night in the middle of winter, while the northern lights hover in the sky above, Almost's residents find themselves falling in and out of love in the strangest ways. Knees are bruised. Hearts are broken. Love is lost and found. And life for the people of Almost, Maine will never be the same.

Leon Tolchinsky is ecstatic. He's landed a terrific teaching job in an idyllic Russian hamlet. When he arrives, he finds people sweeping dust from the stoops back into their houses and people milking upside down to get more cream. The town has been cursed with Chronic Stupidity for two hundred years, and Leon's job is to break the curse. No one tells him that if he stays over twenty-four hours and fails to break the curse, he too becomes stupid. But he has fallen in love with a girl so stupid, she has only

recently learned how to sit down.

Theatre program.

From New York Times and USA Today bestselling author, Suzanne Enoch, a new romantic crime thriller featuring fan-favorites Samantha Jellicoe and Rick Addison... A simple pre-wedding getaway for a “reformed” cat burglar and her wealthy British fiancé – what could go wrong? Except for his contentious family, a crumbling Scottish castle, a legendary treasure, and a possible haunting, that is. Samantha Jellicoe, jewel thief extraordinaire, is still adjusting to being engaged to Richard Addison, billionaire entrepreneur and very hot British lord. Complicating that is the entire press corps hounding her for an interview – bad news for a mostly retired cat burglar intent on keeping her private life private. She is ecstatic when Rick suggests they escape to his castle in Scotland; she’s less so when the old pile turns out to be dilapidated, full of Rick’s resentful relatives, and (possibly) haunted. While he navigates the consequences of ignoring his family for the past fifteen years, Sam uncovers a legend of buried treasure – and realizes she isn’t the only one searching for the famous highwayman’s loot. While Sam is an expert at blending into the very different worlds of patrons and thieves, meeting people important to Rick is way more complicated. Combined with iffy phones, unreliable lights and power, a clandestine treasure hunt, a wannabe reality-star girlfriend, and a rumored “restless spirit,” this vacation in the Scottish Highlands might be more than a self-respecting former thief can handle. “Fricking vivid as hell, to be honest, and I loved every page of this rollicking ride.”—New York Times bestselling author, Karen Hawkins “Each and every Enoch romance is a sparkling gem brimming over with marvelous characters, depth of emotion, intense sensuality and a plot that twists and turns, leaving readers breathless and deliciously satisfied.”—Romantic Times, 4 1/2 Stars! “With their indelible chemistry, their witty repartee, and their adventures sleuthing in the glamorous world of Palm Beach glitterati, Samantha and Rick are reminiscent of The Thin Man’s Nick and Nora.”—iStarred Booklist/ibrbr“. . . grin-on-your-face, hair-streaming-in-the-wind joyride of a novel . . .”—iStarred Publisher’s Weekly on FLIRTING WITH DANGER/ibrbr“Passion and emotion still run hot with the undeniably dynamic duo of Rick and Sam. Kick back as the superbly talented Enoch stirs the pot yet again for this mismatched pair . . . loads more hijinks and action!”—iRomantic Times, 4 1/2 Stars on A TOUCH OF MINX

Koprince (English, U. of North Dakota at Grand Forks) seeks to grant the prolific and popular playwright a measure of the serious literary attention that has passed his work by. She analyzes 16 of Simon's comedies beginning with his first Broadway effort, Blow your horn (1961) and ending with Laughter on the 23rd floor (1993). Koprince emphasizes Simon's versatility, craftsmanship, and willingness to experiment with the comedic form as well as the fundamentally serious nature of his plays. Small format: 5.25x7.25".

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Barefoot in the ParkA New ComedyRandom House Incorporated

Traces the careers and achievements of comediennes and challenges opinions about why women cannot be effective comedic entertainers, with coverage of celebrities, including Joan Rivers, Lily Tomlin, and Tina Fey.

Description: TV Still (Programme).

An instant New York Times Bestseller! Named a most anticipated book of 2021 by O Magazine, Playbill.com, CNN, Town & Country, and more! A magnificent biography of one of the most protean creative forces in American entertainment history, a life of dazzling highs and vertiginous plunges—some of the worst largely unknown until now—by the acclaimed author of *Pictures at a Revolution* and *Five Came Back* Mike Nichols burst onto the scene as a wunderkind: while still in his twenties, he was half of a hit improv duo with Elaine May that was the talk of the country. Next he directed four consecutive hit plays, won back-to-back Tonys, ushered in a new era of Hollywood moviemaking with *Who's Afraid of Virginia Woolf?*, and followed it with *The Graduate*, which won him an Oscar and became the third-highest-grossing movie ever. At thirty-five, he lived in a three-story Central Park West penthouse, drove a Rolls-Royce, collected Arabian horses, and counted Jacqueline Kennedy, Elizabeth Taylor, Leonard Bernstein, and Richard Avedon as friends. Where he arrived is even more astonishing given where he had begun: born Igor Peschkowsky to a Jewish couple in Berlin in 1931, he was sent along with his younger brother to America on a ship in 1939. The young immigrant boy caught very few breaks. He was bullied and ostracized--an allergic reaction had rendered him permanently hairless--and his father died when he was just twelve, leaving his mother alone and overwhelmed. The gulf between these two sets of facts explains a great deal about Nichols's transformation from lonely outsider to the center of more than one cultural universe--the acute powers of observation that first made him famous; the nourishment he drew from his creative partnerships, most enduringly with May; his unquenchable drive; his hunger for security and status; and the depressions and self-medications that brought him to terrible lows. It would take decades for him to come to grips with his demons. In an incomparable portrait that follows Nichols from Berlin to New York to Chicago to Hollywood, Mark Harris explores, with brilliantly vivid detail and insight, the life, work, struggle, and passion of an artist and man in constant motion. Among the 250 people Harris interviewed: Elaine May, Meryl Streep, Stephen Sondheim, Robert Redford, Glenn Close, Tom Hanks, Candice Bergen, Emma Thompson, Annette Bening, Natalie Portman, Julia Roberts, Lorne Michaels, and Gloria Steinem. Mark Harris gives an intimate and evenhanded accounting of success and failure alike; the portrait is not always flattering, but its ultimate impact is to present the full story of one of the most richly interesting, complicated, and consequential figures the worlds of theater and motion pictures have ever seen. It is a triumph of the biographer's art. If we can just get through the play once tonight for doors and sardines. That's what it's all about. Doors and sardines. Getting on - getting off...that's farce. That's the theatre. That's life. Michael Frayn's irresistible, multi-award-winning backstage farce *Noises Off*, enjoyed by millions of people worldwide since it premiered in 1982, has been hailed as one of the greatest British comedies ever written. Winner of both Olivier and Evening Standard Awards for Best Comedy, this celebrated play-within-a-play serves up a riotous double bill of comedic craft and dramatic skill. Hurtling along at

breakneck speed it follows the backstage antics of a touring theatre company as they stumble through the dress-rehearsal at Weston-super-Mare, then on to a disastrous matinee at Ashton-under-Lyne, followed by a total meltdown in Stockton-on-Tees. Frequently revived around the world, this new edition of the text was published to coincide with the acclaimed 2019 West End revival.

Neil Simon's plays are to some extent a reflection of his life, sometimes autobiographical, other times based on the experiences of those close to him. What the reader of this warm, nostalgic memoir discovers, however, is that the plays, although grounded in Neil Simon's own experience, provide only a glimpse into the mind and soul of this very private man. In *Rewrites*, he tells of the painful discord he endured at home as a child, of his struggles to develop his talent as a writer, and of his insecurities when dealing with what proved to be his first great success -- falling in love. Supporting players in the anecdote-filled memoir include Sid Caesar, Jerry Lewis, Walter Matthau, Robert Redford, Gwen Verdon, Bob Fosse, Maureen Stapleton, George C. Scott, Peter Sellers, and Mike Nichols. But always at center stage is his first love, his wife Joan, whose death in the early seventies devastated him, and whose love and inspiration illuminate this remarkable and revealing self-portrait. *Rewrites* is rich in laughter and emotion, and filled with the memories of a sometimes sweet, sometimes bittersweet life.

A.M.P. Theatre, 1 King William Street, Adelaide, 20-30 October 1971.

A play in which newlyweds begin their adjustment to married life in a New York City brownstone apartment

Wide Ruled Notebook. Size: 6 inches x 9 inches. 55 sheets (110 pages for writing). Barefoot In The Park End Credits. 158418899444. TAGs: barefoot in the park, scoey mitchell, tracy reed, neil simon, vintage television, vintage hollywood jane fonda, robert redford, sixties, 1960s, seventies, 1970s

Inspired by the real life post-divorce experiences of television comedy writer Danny Simon, *The Odd Couple* has touched multiple generations of fans. Playwright Neil Simon embellished his brother Danny's pseudo-sitcom situation and created an oil-and-water twosome with memorable characters showcasing the foibles of mankind. The original Broadway production enjoyed a run of 964 performances. The story of the cohabitation of Felix Ungar and Oscar Madison translated extremely well to the silver screen, and then in 1970 to television, where it brought weekly laughs and mirth to an even larger audience for five seasons in prime time. This thorough history details *The Odd Couple* in all its forms over the decades. It provides capsule biographies of the stage, film and television casts and crew, as well as an episode guide and a wealth of little-known information.

Cast size: medium.

Winner! 2008 Tony Award, Best Revival of a Play Revised 2008 Broadway Revival Edition. This 1960's French farce

adapted for the English-speaking stage features self-styled Parisian lothario Bernard, who has Italian, German, and American fiancées, each beautiful airline hostesses with frequent "layovers." He keeps "one up, one down and one pending" until unexpected schedule changes bring all three to Paris and Bernard's apartment at the same time. Full Length, Comic Drama / 3m, 4f / Comb. Ints/Ext. Here is part one of Neil Simon's autobiographical trilogy: a portrait of the writer as a young teen in 1937 living with his family in a crowded, lower middle-class Brooklyn walk-up. Eugene Jerome, standing in for the author, is the narrator and central character. Dreaming of baseball and girls, Eugene must cope with the mundane existence of his family life in Brooklyn: formidable mother, overworked father, and his worldly older brother Stanley. Throw into the mix his widowed Aunt Blanche, her two young (but rapidly aging) daughters and Grandpa the Socialist and you have a recipe for hilarity, served up Simon-style. This bittersweet memoir evocatively captures the life of a struggling Jewish household where, as his father states "if you didn't have a problem, you wouldn't be living here." "Brings a fresh glow to Broadway...In many respects his funniest, richest and consequently the most affecting of his plays."-New York Daily News "Simultaneously poignant and funny. The characters are fully dimensional, believable... An outstanding show...the best seen on Broadway in too long a time."-Variety "Hilarious comedy...His finest play...A delightful and enriching experience."-CBS-TV Brings together the texts of Simon's Chapter Two, California Suite, God's Favorite, The Good Doctor, The Sunshine Boys, The Prisoner of Second Avenue, The Gingerbread Lady, and Little Me. The actor recalls memories from his life, including meeting William Shatner at a Star Trek convention and his relationship with his Aunt Val.

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