

## Ballerina

A young girl puts on costumes of different colors and imagines herself dancing on stage.

Dare Me meets Black Swan and Luckiest Girl Alive in a captivating, voice-driven debut novel about a trio of ballerinas who meet as students at the Paris Opera Ballet School. Thirteen years ago, Delphine abandoned her prestigious soloist spot at the Paris Opera Ballet for a new life in St. Petersburg—taking with her a secret that could upend the lives of her best friends, fellow dancers Lindsay and Margaux. Now 36 years old, Delphine has returned to her former home and to the legendary Palais Garnier Opera House, to choreograph the ballet that will kickstart the next phase of her career—and, she hopes, finally make things right with her former friends. But Delphine quickly discovers that things have changed while she's been away...and some secrets can't stay buried forever. Moving between the trio's adolescent years and the present day, Rachel Kapelke-Dale's *The Ballerinas* explores the complexities of female friendship, the dark drive towards physical perfection in the name of artistic expression, the double-edged sword of ambition and passion, and the sublimated rage that so many women hold inside—all culminating in a twist you won't see coming, with magnetic

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characters you won't soon forget.

Beautifully illustrated and carefully adapted for a younger audience, this younger-reader edition of Michaela DePrince's memoir, *Hope in a Ballet Shoe*, is sure to capture your heart.

The story of a girl's first trip to the ballet and the dreams it inspired, leading her to become a legendary ballerina.

An accident becomes an opportunity for Nina to stand out in a group of dancing butterflies at the dance show.

Ballerina Maria Tallchief describes her childhood on an Osage reservation, the development of her love of dance, and her rise to success in that field.

Ella Bella longs to be a beautiful ballerina, and so each week she goes to Madame Rosa's ballet class at the old theatre. As we all know, theatres are magical places where anything can happen and sure enough, as soon as Ella opens Madame Rosa's magical music box she's whisked off to meet Cinderella. "It's Millie's birthday and the Ballet Bunnies can't wait to celebrate with her! The teeny dancer bunnies sneak into her bag and steal away to Millie's house. When it's time for Millie's party, the bunnies secretly dash beneath tables and chairs to get a glimpse at all the festivities!"--Amazon.com.

Invites young fans to imagine themselves dancing like real ballerinas in a vocabulary-

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building story in which Barbie leaps, twirls and pirouettes while practicing for a stage performance. Simultaneous. Movie tie-in.

A Globe and Mail top 100 book of 2012 . . . spellbinding yet harrowing . . . —Publishers Weekly A controversial look at the brutal backstage existence of some of the world's most celebrated ballerinas. Throughout her history, the ballerina has been perceived as the embodiment of beauty and perfection. She is the feminine ideal—unblemished and ethereal, inspiration incarnate. But the reality is another story. Beginning with the earliest ballerinas, who often led double lives as concubines, Deirdre Kelly goes on to review the troubled lives of nineteenth-century ballerinas, who lived in poverty and worked under torturous and even life-threatening conditions. In the twentieth century, George Balanchine created a contradictory ballet culture that simultaneously idealized and oppressed ballerinas, and many of his dancers suffered from anorexia and bulimia or underwent cosmetic surgery to achieve the ideal ethereal form. At the beginning of the twenty-first century, ballerinas are still underpaid, vulnerable to arbitrary discrimination and dismissal, and expected to bear pain stoically—but much of this is beginning to change. As Kelly examines the lives of some of the world's best ballerinas—Anna Pavlova, Marie Camargo, Gelsey Kirkland, Evelyn Hart, and Misty Copeland, among others—she argues for a rethinking of the world's most graceful dance form—a rethinking that would position the ballerina at its heart, where she belongs. Also available in hardcover.

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A young girl invites us into her ballet class, and later performs onstage in her first recital.

A baseball-loving girl worries that the ballet class her mother forces her to take will ruin her reputation with the other members of her baseball team.

A lyrical picture book biography of Janet Collins, the first African American principal dancer at the Metropolitan Opera House. Janet Collins wanted to be a ballerina in the 1930s and 40s, a time when racial segregation was widespread in the United States. Janet pursued dance with a passion, despite being rejected from discriminatory dance schools. When she was accepted into the Ballet Russe de Monte Carlo as a teenager on the condition that she paint her skin white for performances, Janet refused. She continued to go after her dreams, never compromising her values along the way. From her early childhood lessons to the height of her success as the first African American prima ballerina in the Metropolitan Opera, *Brave Ballerina* is the story of a remarkable pioneer as told by Michelle Meadows, with fantastic illustrations from Ebony Glenn. With over one million followers on Instagram, Ballerina Project has the largest network of followers in the world for ballet and has become an online phenomenon. Created by New York City-based photographer Dane Shitagi over the span of eighteen years, Ballerina Project showcases over fifty renowned ballerinas in unexpected urban and natural settings in cities across the globe including New York, Los Angeles, San Francisco, Buenos Aires, London, Rome, and Paris. Ballerinas from the world's

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premiere companies are featured here. This book is bound in ballet pointe shoe-like satin pink cloth with gold foil stamping and a pink satin ribbon marker, with over 170 ballerina photographs in both black-and-white and full color. Introductions by renowned principal ballerinas Isabella Boylston and Francesca Hayward are included.

A young girl lives out her big ballerina dreams in this graceful start to a new series from New York City Ballet principal dancer and international prima ballerina Tiler Peck and Broadway and television actor Kyle Harris. Ten-year-old Katarina is a New York City girl through and through, but the buzz of the city drives her to feel that she is meant for more than her ordinary day to day routine. Her big dream? To become a prima ballerina. With the help of a few new friends, Katarina finally puts on her first pair of ballet shoes and she's more than determined to make it work. But her feet don't quite move the way she would like them to, the twirls and spins make her dizzy, and her classmates aren't exactly welcoming. When the head of the dance studio announces that there will be a competition to earn a spot in an upcoming international dance camp, Katarina knows this could be her big chance to make her dancer dreams come true. Does this tiny dancer have what it takes to stand out in the ballet world of blending in? The celebrated ballerina and role model shares the secrets of how to reshape your body and achieve a lean, strong physique and glowing health. Misty Copeland believes "There has been a shift in recent years in which women no longer desire the bare bones of a runway model. Standards have changed: what women do want is a long,

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toned, powerful body with excellent posture." In other words, the body of a ballerina. In her first health and fitness book, Misty will show women how to get healthier and stronger and how to reshape their bodies to be lean and flexible with: Step-by-step advice Meal plans focusing on healthy fats Workout routines Words of inspiration, including excerpts from Misty's personal journal

Mia's big sister teaches her that there is more to being a ballerina than just putting on the right clothes.

A fascinating self-portrait of the fairy-tale life of a woman who understood that a committed talent could transform the world around her. "Maria Tallchief and American ballet came of age in the same moment.... Her story will always be the story of ballet conquering America. It was and is an American romance."-Arlene Croce, The New Yorker

Learn how to thrive in intense, competitive environments with these secrets from one of America's premiere ballerinas--and get a sneak peek at what her life is really like. Ballet may look glamorous and effortless to audience members, but it requires grueling discipline. It's a competitive and physically and mentally demanding career that combines elite athleticism, artistry, and performance. Not only do dancers rehearse for six to eight hours a day before performing at night, but they also must make it all look easy! As a principal ballerina with New York City Ballet and a one-time Broadway star--not to mention a mother of three and an MBA student--Megan Fairchild is all too familiar with these challenges. In *The Ballerina Mindset*, she shares all the wisdom she's learned from her nearly two-decade career, drawing upon her own experiences to show us how she learned to overcome challenges ranging from stage fright to

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negative feedback to a packed calendar to weight management--and how we can do the same. Inspiring, warm, and revelatory, *The Ballerina Mindset* is the perfect how-to guide for dancers, athletes, artists, and anyone struggling to stay sane in a high-pressure environment.

Join Angelina Ballerina and dance all around the lovely town of Chipping Cheddar as she and her friends gather for a summer festival in this shaped 8x8 storybook with a sparkly cover—perfect for ballerinas of all ages! Angelina Ballerina and her friends are so excited for the summer festival in the town square! Come along as Angelina introduces us to all of her favorite mouselings! We'll meet: Angelina's best friend, Alice; ballet teacher, Miss Lilly; Miss Quaver, the ballet school pianist; her mom, dad, and sister, Polly; her cousin, Henry; Mrs. Thimble, a local store owner; and Angelina's neighbor, Mrs. Hodgepodge, who is NOT a fan of dancing! With Katharine Holabird's lively writing and Helen Craig's charming illustrations, *Angelina Ballerina* will have young readers leaping with delight. © 2020 Helen Craig Ltd and Katharine Holabird. The *Angelina Ballerina* name and character and the dancing *Angelina* logo are trademarks of HIT Entertainment Limited, Katharine Holabird, and Helen Craig.

This beautiful picture book tells the little-known story of Raven Wilkinson, the first African American woman to dance for a major classical ballet company and an inspiration to Misty Copeland. When she was only five years old, her parents took her to see the Ballet Russe de Monte Carlo. Raven perched on her crushed velvet seat, heard the tympani, and cried with delight even before the curtain lifted. From that moment on, her passion for dance only grew stronger. No black ballerina had ever danced with a major touring troupe before. Raven would be the first. Raven Wilkinson was born on February 2, 1935, in New York City. From the time she was a little girl, all she wanted to do was dance. On Raven's ninth birthday, her uncle

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gifted her with ballet lessons, and she completely fell in love with dance. While she was a student at Columbia University, Raven auditioned for the Ballet Russe de Monte Carlo and was finally accepted on her third try, even after being told she couldn't dance with them because of her skin color. When she started touring with her troupe in the United States in 1955, Raven encountered much racism in the South, but the applause, alongside the opportunity to dance, made all the hardship worth it. Several years later she would dance for royalty with the Dutch National Ballet and regularly performed with the New York City Opera until she was fifty. This beautiful picture book tells the uplifting story of the first African American woman to dance for a major classical ballet company and how she became a huge inspiration for Misty Copeland. Theodore Taylor III's unique, heavy line style of illustration brings a deeper level of fluidity and life to the work, and Misty Copeland's beautifully written foreword will delight ballet and dance fans of all ages.

A look inside a dancer's world Inspiring, revealing, and deeply relatable, *Being a Ballerina* is a firsthand look at the realities of life as a professional ballet dancer. Through episodes from her own career, Gavin Larsen describes the forces that drive a person to study dance; the daily balance that dancers navigate between hardship and joy; and the dancer's continual quest to discover who they are as a person and as an artist. Starting with her arrival as a young beginner at a class too advanced for her, Larsen tells how the embarrassing mistake ended up helping her learn quickly and advance rapidly. In other stories of her early teachers, training, and auditions, she explains how she gradually came to understand and achieve what she and her body were capable of. Larsen then re-creates scenes from her experiences in dance companies, from unglamorous roles to exhilarating performances. Working as a ballerina was



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shocking and scary at first, she says, recalling unexpected injuries, leaps of faith, and her constant struggle to operate at the level she wanted--but full of enormously rewarding moments. Larsen also reflects candidly on her difficult decision to retire at age 35. An ideal read for aspiring dancers, Larsen's memoir will also delight experienced dance professionals and fascinate anyone who wonders what it takes to live a life dedicated to the perfection of the art form.

Find everything your child needs to know to improve their ballet in this book and DVD from Director of the English National Ballet School, Jane Hackett. From first position to en pointe, the book shows detailed step-by-step photographs of how young ballerinas can improve on each position whatever their age or stage; making it enjoyable and easy to perfect their style. Discover the best things to wear to class, how to combine positions and even how to choreograph a ballet. Watch the DVD together and see the ballet steps and individual dances in motion, then have fun helping your child to practise as they watch.

Lyrical, inspiring, and affecting text paired with bright, appealing illustrations make *Ready to Fly* perfect for aspiring ballerinas everywhere who are ready to leap and to spread their wings! *Ready to Fly* is the true story of Sylvia Townsend, an African American girl who falls in love with ballet after seeing *Swan Lake* on TV. This nonfiction picture book is an excellent choice to share at home or in the classroom. Although there aren't many ballet schools that will accept a girl like Sylvia in the 1950s, her local bookmobile provides another possibility. A librarian helps Sylvia find a book about ballet and the determined seven-year-old, with the help of her new books, starts teaching herself the basics of classical ballet. Soon Sylvia learns how to fly—how to dance—and how to dare to dream. Includes a foreword from Sylvia Townsend, a brief history

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of the bookmobile, an author's note, and a further reading list.

An autobiography by the first African-American principal dancer in American Ballet Theatre history.

Advice for young vampires who aspire to become ballet dancers.

In four rows of two, Miss Lina's eight ballerinas—Christina, Edwina, Sabrina, Justina, Katrina, Bettina, Marina, and Nina—dance to the park, at the zoo, and even while doing their schoolwork. They are one perfect act, but when Miss Lina introduces Regina, a new girl, the group of nine's steps become a mess.

From New York Times bestselling and award-winning author and American Ballet Theatre principal dancer Misty Copeland comes an illustrated nonfiction collection celebrating dancers of color who have influenced her on and off the stage. As a young girl living in a motel with her mother and her five siblings, Misty Copeland didn't have a lot of exposure to ballet or prominent dancers. She was sixteen when she saw a black ballerina on a magazine cover for the first time. The experience emboldened Misty and told her that she wasn't alone—and her dream wasn't impossible. In the years since, Misty has only learned more about the trailblazing women who made her own success possible by pushing back against repression and racism with their talent and tenacity. Misty brings these women's stories to a new generation of readers and gives them the recognition

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they deserve. With an introduction from Misty about the legacy these women have had on dance and on her career itself, this book delves into the lives and careers of women of color who fundamentally changed the landscape of American ballet from the early 20th century to today.

Oh, to be a ballerina! It's a challenge for any little girl, but even more so if you happen to be a vampire like Vampirina. First of all, you have to find a class that meets at night. Then you have to figure out how to perfect your form when you can't see yourself in the mirror? And then there's wearing pink (not the most flattering of colors if you happen to be undead) and that nagging urge to take a little nip out of the other dancers. And worse of all... STAGE FRIGHT!!!

Illus. in full color. Angelina is so busy dancing that she does nothing else. Her parents are in despair until they send her to ballet school.

**NEW YORK TIMES EDITORS' CHOICE** • A novelist discovers the dark side of Hollywood and reckons with ambition, corruption, and connectedness in the age of environmental collapse and ecological awakening—a darkly unsettling near-future novel for readers of Don DeLillo and Ottessa Moshfegh  
**ONE OF VULTURE'S BEST BOOKS OF THE YEAR** • **ONE OF SUMMER'S BEST BOOKS:** The Wall Street Journal • Time • Parade • LitHub • Vanity Fair • Vogue • Refinery29 • Esquire “A darkly satirical reflection of ecological reality.”—Time

“Genius.”—Los Angeles Times “Wildly entertaining and beautifully written.”—LitHub East Coast novelist Patrick Hamlin has come to Hollywood with simple goals in mind: overseeing the production of a film adaptation of one of his books, preventing starlet Cassidy Carter's disruptive behavior from derailing said production, and turning this last-ditch effort at career resuscitation into the sort of success that will dazzle his wife and daughter back home. But California is not as he imagined: Drought, wildfire, and corporate corruption are omnipresent, and the company behind a mysterious new brand of synthetic water seems to be at the root of it all. Patrick partners with Cassidy—after having been her reluctant chauffeur for weeks—and the two of them investigate the sun-scorched city's darker crevices, where they discover that catastrophe resembles order until the last possible second. In this often-witty and all-too-timely story, Alexandra Kleeman grapples with the corruption of our environment in the age of alternative facts. *Something New Under the Sun* is a meticulous and deeply felt accounting of our very human anxieties, liabilities, dependencies, and, ultimately, responsibility to truth.

\*\*\*One of BuzzFeed's 21 Fantasy Books to Get Excited About This Winter\*\*\*

\*\*\*One of Tor's 30 Most Anticipated SFF Books of 2021\*\*\* From the award-winning author of *Amatka* and *Jagannath*—a fantastical tour de force about

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friendship, interdimensional theater, and a magical place where no one ages, except the young. In a world just parallel to ours exists a mystical realm known only as the Gardens. It's a place where feasts never end, games of croquet have devastating consequences, and teenagers are punished for growing up. For a select group of masters, it's a decadent paradise where time stands still. But for those who serve them, it's a slow torture where their lives can be ended in a blink. In a bid to escape before their youth betrays them, Dora and Thistle—best friends and confidants—set out on a remarkable journey through time and space. Traveling between their world and ours, they hunt for the one person who can grant them freedom. Along the way, they encounter a mysterious traveler who trades in favors and never forgets debts, a crossroads at the center of the universe, our own world on the brink of war, and a traveling troupe of actors with the ability to unlock the fabric of reality. Endlessly inventive, *The Memory Theater* takes us to a wondrous place where destiny has yet to be written, life is a performance, and magic can erupt at any moment. It is Karin Tidbeck's most engrossing and irresistible tale yet.

Play dress up with Angelina Ballerina in this 8x8 storybook complete with a shiny foil cover and paper dolls of Angelina and her friend Alice, as well as clothes to dress them in! Angelina Ballerina loves playing dress up as much as she loves ballet, so her grandparents help her

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make a dress-up box of her own! And dressing up is even more fun when Angelina's friend Alice and cousin Henry come over to play. Join in the fun with the three included paper dolls and many paper outfits Angelina Ballerina fans can play with again and again! © 2020 Helen Craig Ltd and Katharine Holabird. The Angelina Ballerina name and character and the dancing Angelina logo are trademarks of HIT Entertainment Limited, Katharine Holabird, and Helen Craig.

A gorgeously illustrated look at the profound influence that classical ballet and the ballerina have had on high fashion *Ballerina: Fashion's Modern Muse* is a revelatory, irresistible treat for dance aficionados and fashionistas alike. Couturiers such as Balmain, Balenciaga, Chanel, Schiaparelli, Charles James, Dior, and Yves Saint Laurent designed ballet-inspired dresses and gowns, many featuring the boned bodices and voluminous tulle skirts of classical tutus. And ready-to-wear designers such as Claire McCardell found inspiration in ballet leotards and other practice clothing, creating knitted separates, bathing suits, and wrap dresses. Written by fashion and ballet experts, the book is illustrated with archival photography by such masters as Richard Avedon, Edward Steichen, Irving Penn, Man Ray, and Cecil Beaton, along with newly commissioned photography of contemporary ballerinas wearing ballet-influenced couture.

The Ballerinas A Novel St. Martin's Press

"Don't expect just tulle and toe shoes. In this fascinating insider's tale, NYCB dancer Pazcoguin reveals her world. . . . A striking debut." —People Award-winning New York City Ballet soloist Georgina Pazcoguin, aka the Rogue Ballerina, gives readers a backstage tour of the real world of elite ballet—the gritty, hilarious, sometimes shocking truth you don't see from the orchestra circle. In this love letter to the art of dance and the sport that has been her

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livelihood, NYCB's first Asian American female soloist Georgina Pazcoguin lays bare her unfiltered story of leaving small-town Pennsylvania for New York City and training amid the unique demands of being a hybrid professional athlete/artist, all before finishing high school. She pitches us into the fascinating, whirling shoes of dancers in one of the most revered ballet companies in the world with an unapologetic sense of humor about the cutthroat, survival-of-the-fittest mentality at NYCB. Some swan dives are literal: even in the ballet, there are plenty of face-plants, backstage fights, late-night parties, and raucous company bonding sessions. Rocked by scandal in the wake of the #MeToo movement, NYCB sits at an inflection point, inching toward progress in a strictly traditional culture, and Pazcoguin doesn't shy away from ballet's dark side. She continues to be one of the few dancers openly speaking up against the sexual harassment, mental abuse, and racism that in the past went unrecognized or was tacitly accepted as par for the course—all of which she has painfully experienced firsthand. Tying together Pazcoguin's fight for equality in the ballet with her infectious and deeply moving passion for her craft, *Swan Dive* is a page-turning, one-of-a-kind account that guarantees you'll never view a ballerina or a ballet the same way again.

My First Readers series is perfect for children who are learning to read. Easy-to-read text, a short-story format, and full-color artwork on every page, these books will boost reading confidence and fluency. In this book a little girl puts on different costumes and pretends she's a ballerina performing for an audience.

When Fancy Nancy learns that her father and the rest of her family have a lot to learn about ballet, she decides to open up her own ballet school.

Monica Loughman's story is the enchanting tale of a 14-year-old girl leaving the comforts of

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home to train in a strict and austere Russian ballet school. She brought her dreams of becoming a professional ballerina with her. While many young ballerinas' aspirations are unfulfilled, Loughman became a dancing sensation and was the first Western European to join Russia's distinguished Perm State Theatre of Opera and Ballet. Not just for ballet lovers, this gripping tale also details the endurance and stamina needed to survive in post Soviet-Union Russia. Monica vividly evokes the closed and foreign world of ballet with natural assurance. Her book also reveals the brutality and suffering that often lies behind ballet's fairytale facade. Ballerina is the story of a young girl's single-minded determination to succeed against the odds. It is a truly engrossing story.

Nina creates a problem for herself when she tells her friends that she will be a star in the upcoming ballet performance and they misunderstand her.

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