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Awaken The Giant Within How To Take Immediate Control Of Your Mental Emotional Physical And Financial Destiny

'Tony's incredible understanding of the world, people and human nature make him the ultimate like coach. He knows what it takes to make people excel... and win!' – Andre Agassi
'Robbins is a mass of walking energy and passion.' – Time Out
Are you in charge of your life? Or are you being swept away by things that are seemingly out of your control? In **AWAKEN THE GIANT WITHIN**, Anthony Robbins, the bestselling author of **UNLIMITED POWER**, shows the reader how to take immediate control of their mental, emotional, physical and financial destiny. Further praise for Tony Robbins:- 'A fascinating, intriguing presentation of cutting-edge findings and insights... including the growing consciousness that true success is anchored in enduring values and service to other.' – Stephen R. Covey, Author of **The 7 Habits of Highly Effective People**

Every life requires a spiritual foundation. "Grandfather, you left this..." Julio lifted the leather-bound journal and stepped toward the old man. "It is yours now," said Antonio, with a gleam in his eye. "I've lived my life according to the twelve principles recorded in it. And if you will apply its principles as I did, your success will be greater than you could ever imagine." Be a minister in the marketplace. Terry Felber has written a parable that will transform your life and your business. Many years ago, this ago book helped Dave Ramsey rediscover the marketplace as a mission field--and merchants as ministers. Now let it open your eyes to the

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opportunities for service and leadership all around you. Are you ready for a change? The Legend of the Monk and the Merchant will change the way you see yourself, your job, and your purpose. Now includes personal and small group study guide.

Awaken The Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny! By Tony Robbins | Book Summary | Readtrepreneur (Disclaimer: This is NOT the original book. If you're looking for the original book, search this link <http://amzn.to/2es60iJ>) Believe it or not, everyone has the power to achieve their goals in life, no matter how impossible it may seem to be. The human spirit is extremely powerful and it helps us to achieve the unimaginable, only if we allow it to. Awaken The Giant Within is a book which will help you unleash the power you never knew you had and push you into action to start working towards your goals today. (Note: This summary is wholly written and published by readtrepreneur.com It is not affiliated with the original author in any way) "Whatever you hold in your mind on a consistent basis is exactly what you will experience in life." - Tony Robbins Through this book, Tony Robbins explains the reasons that are stopping us from achieving what we want as well as the actions we can take to move in the right direction and get closer to our goals. If you are not getting what you want in life, STOP doing the same things over and over again! Start doing things differently. Tony Robbins holds our hands as he guides us through the life-changing experience of unleashing the power within ourselves. P.S. You may be experiencing a low moment in your life right now, feeling lost and unfulfilled. Motivation to move forward in the right direction towards what you truly want is just what you need and this book is sure to deliver that for you. The Time for Thinking is Over! Time for Action! Scroll Up Now and Click on the "Buy now with 1-Click" Button

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to Get A Copy Delivered To Your Doorstep Right Away! Why Choose Us, Readtrepreneur? Highest Quality Summaries Delivers Amazing Knowledge Awesome Refresher Clear And Concise Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. If you're looking for the original book, search for this link: <http://amzn.to/2es60iJ>

Greg Doyle is able to leave his body. *Awakening the Giant Within* is a true and compelling account of his experience of other realities. One morning while sleeping, a light enters his forehead, waking up his consciousness and taking it down a wormhole to another world. This process ushers in a whole new paradigm of existence for Greg as he experiences firsthand the truths of reincarnation, extraterrestrial intelligence, guidance, the nonexistence of fear, the enduring nature of human happiness, the power of true faith, and the essential urge of our creative imperative. *Awakening the Giant Within* is a heartfelt, colorful, and inspiring story, tinged with social insight and offering hints and exercises on how to activate your own astral body (the giant within) and to experience more fully and firsthand the greater universal consciousness.

Minimalism is the thing that gets us past the things so we can make room for life's most important things—which actually aren't things at all. At age 30, best friends Joshua Fields Millburn & Ryan Nicodemus walked away from their six-figure corporate careers, jettisoned most of their material possessions, and started focusing on what's truly important. In their debut book, *Joshua & Ryan*, authors of the popular website *The Minimalists*, explore their troubled pasts and descent into depression. Though they had achieved the American Dream, they worked ridiculous hours, wastefully spent money, and lived paycheck to paycheck. Instead of discovering their passions, they pacified themselves with

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ephemeral indulgences—which only led to more debt, depression, and discontent. After a pair of life-changing events, Joshua & Ryan discovered minimalism, allowing them to eliminate their excess material things so they could focus on life's most important "things": health, relationships, passion, growth, and contribution.

Describes how emotions become the driving force behind all human action and experience and explains how to master these emotional forces--both good and bad--to promote a more successful, fulfilling, and achievement-filled life.

Summary of Awaken the Giant Within by Tony Robbins Includes Analysis Preview: Awaken the Giant Within by motivational speaker Tony Robbins is a comprehensive self-help book designed for people who want to feel in control of all aspects of their lives and fulfill their greatest potential in their relationships, career, finances, and personal lives.

Everyone is born with the capacity to be happy and achieve their greatest destiny, but not everyone is happy and fulfilled. To illustrate the powerful lessons he's learned about success, personal growth, and transformation, Robbins taps into his years of experience as a personal and professional coach, his own experience in surmounting obstacles and thriving, and anecdotes about high-achieving people. He indicates that these lessons are available for anyone to apply regardless of background or past failures. At one time or another, everyone has had a glimpse of their best life, or who they think they could become in an ideal world. Sustaining the motivation to make those... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of Awaken the Giant Within by Tony Robbins Includes Analysis Overview of the Book Important People Key Takeaways Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read

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every chapter, identify the key takeaways and analyze them for your convenience. Visit our website at instaread.co. AWAKEN the SLEEPING GIANT is a fun, lighthearted adventure. A story of Self-Discovery. We were all born into Royalty. Divinity is our birthright. It's time to reclaim our power! Although I am optimistic in these turbulent times, I feel a sense of urgency. We need more awakened beings on this planet now! AWAKEN the SLEEPING GIANT is a call to action. A call to rediscover our connection. When we remember our oneness, love will replace hate. When we can see ourselves in the eyes of another, peace will soon follow. 100% of eBook proceeds benefit water.org

Companies routinely claim that 'Our People Are Our Greatest Asset', but research data shows that in practice most people do not actually use their assets much at work. This books aims to change that. When employees learn how to truly apply their greatest strengths at work, they turbo-charge their career potential and everybody wins. Companies find that their employees are more productive, their teams are more effective, their organization is more innovative and, accordingly, their customers are more engaged. In **FIRST, BREAK ALL THE RULES**, Marcus Buckingham proved the link between engaged employees and more profitable bottom lines and highlighted great managers as the catalyst. In **NOW, DISCOVER YOUR STRENGTHS** he explained how to sort through your patterns of wishes, abilities, thoughts and feelings and, with the help of a web-based profile, identify your five most dominant talents. In **GO, PUT YOUR STRENGTHS TO WORK** he shows you how to take the crucial next step. How to seize control of your time at work and, in the face of a world that doesn't much care whether you are playing to your strengths, how to rewrite your job description under the nose of your boss.

A popular psychologist's secrets for maintaining loving,

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lasting relationships.

WHAT GOOD IS INSPIRATION IF IT'S NOT BACKED UP BY ACTION? Based on the finest tools, techniques, principles, and strategies offered in *Awaken the Giant Within*, best-selling author and peak performance consultant Anthony Robbins offers daily inspirations and small actions -- exercises -- that will compel you to take giant steps forward in the quality of your life. From the simple power of decision-making to the more specific tools that can redefine the quality of your relationships, finances, health, and emotions, Robbins shows you how to get maximum results with a minimum investment of time.

The first book in the revolutionary New York Times bestselling *Expanse* series, a modern masterwork of science fiction. *Leviathan Wakes* introduces Captain James Holden, his crew, and Detective Miller as they unravel a horrifying solar system wide conspiracy that begins with a single missing girl. Now a Prime Original series. Humanity has colonized the solar system - Mars, the Moon, the Asteroid Belt and beyond - but the stars are still out of our reach. Jim Holden is XO of an ice miner making runs from the rings of Saturn to the mining stations of the Belt. When he and his crew stumble upon a derelict ship, the *Scopuli*, they find themselves in possession of a secret they never wanted. A secret that someone is willing to kill for - and kill on a scale unfathomable to Jim and his crew. War is brewing in the system unless he can find out who left the ship and why. Detective Miller is looking for a girl. One girl in a system of billions, but her parents have money and money talks. When the trail leads him to the *Scopuli* and rebel sympathizer Holden, he realizes that this girl may be the key to everything. Holden and Miller must thread the needle between the Earth government, the Outer Planet revolutionaries, and secretive corporations - and the odds are against them. But out in the Belt, the rules are

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different, and one small ship can change the fate of the universe. "Interplanetary adventure the way it ought to be written." - George R. R. Martin The Expanse Leviathan Wakes Caliban's War Abaddon's Gate Cibola Burn Nemesis Games Babylon's Ashes Persepolis Rising Tiamat's Wrath The Expanse Short Fiction The Butcher of Anderson Station Gods of Risk The Churn The Vital Abyss Strange Dogs Auberon Time To Change Your Life! This is a summary and analysis of Tony Robbins Awaken The Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny. Anthony Robbins is a master of peak performance training. He is a national best seller and experienced life coach. If you don't have time to read the entire 400+ page book this summary and analysis book summarizes the main concepts in the book and condenses down to something you can read in 30 minutes or less. this book is intended to be used with the original book.

Charles J. Givens' Wealth Without Risk has become a classic in the field of financial self-help books for one simple reason: it works. His safe, legal, and proven approach has already started millions of Americans on the road to accumulating wealth through better strategies for personal finance, tax reduction, and investment. More Wealth Without Risk keeps you at the cutting edge of practical, easy-to-use financial techniques. Givens delivers more than 350 low-risk financial strategies -- with special sections on protecting your credit and keeping the IRS's hands out of your wallet -- including how and why to:

- * Get your next raise totally tax-free
- * Make your vacations and trips tax-deductible
- * Get your retirement-plan money tax- and penalty-free before age 59 1/2
- * Use high-powered, little-known strategies for getting out of debt and rebuilding credit
- * Get next year's tax refund this year

And much, much more!

Achieve "Massive Action" results and accomplish your

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business dreams! While most people operate with only three degrees of action-no action, retreat, or normal action-if you're after big goals, you don't want to settle for the ordinary. To reach the next level, you must understand the coveted 4th degree of action. This 4th degree, also known as the 10 X Rule, is that level of action that guarantees companies and individuals realize their goals and dreams. The 10 X Rule unveils the principle of "Massive Action," allowing you to blast through business clichés and risk-aversion while taking concrete steps to reach your dreams. It also demonstrates why people get stuck in the first three actions and how to move into making the 10X Rule a discipline. Find out exactly where to start, what to do, and how to follow up each action you take with more action to achieve Massive Action results. Learn the "Estimation of Effort" calculation to ensure you exceed your targets Make the Fourth Degree a way of life and defy mediocrity Discover the time management myth Get the exact reasons why people fail and others succeed Know the exact formula to solve problems Extreme success is by definition outside the realm of normal action. Instead of behaving like everybody else and settling for average results, take Massive Action with The 10 X Rule, remove luck and chance from your business equation, and lock in massive success.

Provides a practical guide for women on how to understand and create successful relationships with men, discussing sex, fears, communication, and potential problems

* Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. *By reading this summary, you will learn that it is possible to make lasting changes in your life and achieve stable and constant happiness. *You will also learn : that humans are conditioned by a system that

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influences their destiny; that each element that makes up this system can be both energizing and limiting; that it is possible to take control of this system in order to become master of one's destiny; that it is possible and even necessary to set up a strategy to access happiness.

*Most people become overwhelmed by their emotions and can no longer cope with their problems. They desire happiness, but it seems inaccessible to them because they are unable to make the necessary changes in their lives to achieve it. Anthony Robbins, Motivational Coach, gives you simple ways to overcome difficulties and overcome them to live a lasting happiness. Don't let your emotions dictate their laws, learn how to control them by implementing effective strategies. Each individual is special and has a destiny to fulfill, the outcome of which can only be happiness. It's up to you to discover what you do best in your life that could make the world a better place. *Buy now the summary of this book for the modest price of a cup of coffee!

The author offers advice on such matters as mastering emotions, overcoming debilitating habits such as over-eating, drinking and drug abuse, unleashing the hidden power of body and mind, improving personal and professional relationships, and taking control of personal finances.

Are you in charge of your life? Or are you being swept away by things that are seemingly out of your control? In **AWAKEN THE GIANT WITHIN**, Anthony Robbins, the bestselling author of **UNLIMITED POWER**, shows the reader how to take immediate control of their mental, emotional, physical and financial destiny.

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"Bibliography found online at

tonyrobbins.com/masterthegame"--Page [643].

On how to take immediate control of our mental, emotional, physical and financial destiny.

Summary of Awaken the Giant Within by Tony Robbins |

Includes Analysis Preview: Awaken the Giant Within by

motivational speaker Tony Robbins is a comprehensive self-help book designed for people who want to feel in control of all aspects of their lives and fulfill their greatest potential in their relationships, career, finances, and personal lives. Everyone is born with the capacity to be happy and achieve their greatest destiny, but not everyone is happy and fulfilled. To illustrate the powerful lessons he's learned about success, personal growth, and transformation, Robbins taps into his years of experience as a personal and professional coach, his own experience in surmounting obstacles and thriving, and anecdotes about high-achieving people. He indicates that these lessons are available for anyone to apply regardless of background or past failures. At one time or another, everyone has had a glimpse of their best life, or who they think they could become in an ideal world. Sustaining the motivation to make those...

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takeaways and analyze them for your convenience. Visit our website at instaread.co.

Now updated with new material, *Notes from a Friend* is a concise and easy-to-understand guide to the most powerful and life-changing tools and principles from Tony Robbins, bestselling author and an international leader in peak performance. Starting in 1991, a self-published version of this book has been handed out to thousands of people in need, as part of the Tony Robbins Foundation's Thanksgiving "Basket Brigade." The book helped so many individuals overcome the most challenging circumstances that people repeatedly asked to purchase it for themselves and for their friends. Now, for the first time, it is available to you in this special, updated edition containing new material. Buy this book and you change a life. Read this book and you'll change your own.

This is a Summary of Tony Robbins' *Awaken the Giant Within How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny!* Tony Robbins is a bestselling author, and the nation's leader in the science of peak performance. With his book he shares his most effective strategies and techniques for mastering your emotions, your body, your relationships, your finances, and your life. Ask any person and you're bound to get the same answer, every individual has a dream. Every person dreams of achieving his or her ambitions, whether it's now or in the future. At some point, all people wonder what they could do with their lives. Even if they don't say it out loud, most people have a vision of sorts for the type of life they desire. However,

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only a few individuals manage to make their dreams come true. Everyday problems and struggles often distract people, obscuring and ultimately pushing their dreams and ambitions at the bottom of their to-do list. Over time, the same dreams become relegated to the world of fantasy and eventually the once vivid dream becomes something impossible to obtain. Available in a variety of formats, this summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 544 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. Ant Hive Media reads every chapter, extracts the understanding and leaves you with a new perspective and time to spare. We do the work so you can understand the book in minutes, not hours.

PLEASE NOTE: This is a summary and analysis of the book and not the original book. If you'd like to purchase the original book, please paste this link in your browser: <https://amzn.to/2EHls4h> Tony Robbins, an accomplished motivational speaker shares various techniques and insights to help you achieve transformative change and realize your dreams. This ZIP Reads summary provides key takeaways and analysis from Robbins' #1 bestselling book, Awaken the Giant Within. His life-changing self-help book teaches you how to take control of your life from day one and realize real change in your life. Click "Buy Now with 1-Click" to own your copy today! What does this ZIP Reads Summary Include? Synopsis of the original book The five areas to change to have the most significant impact The difference between empowering and disempowering beliefs How changing your values is

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the key to realizing your dreams The keys to setting new goals and achieving them Editorial review Background on the author About the Original Book: Is it possible to attain personal transformation in an instant? The answer is an emphatic 'yes' from Tony Robbins. In his book, *Awaken the Giant Within*, Robbins skilfully lays out various proven tools that can activate and sustain change. His main argument is that anyone can attain a change in an instant as long as you are willing to make a committed and congruent decision and follow it up with decisive action. *Awaken the Giant Within* is a must-read volume that can jump-start or refresh your personal life, career, or relationships. **DISCLAIMER:** This book is intended as a companion to, not a replacement for, *Awaken the Giant Within*. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way. Please follow this link: <https://amzn.to/2EHIs4h> to purchase a copy of the original book. We are a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for us to earn fees by linking to Amazon.com and affiliated sites.

'My favourite book' Tinchy Stryder BA Business Life Book of the Month The ultimate hustle is to move freely between the street and corporate worlds, to find your flow and never stay locked in the same position. This is a manifesto for how to operate in the twenty-first century, where everything has been turned on its head. Building on the runaway success of Robert Greene's *The 48 Laws of Power* (almost five million copies sold), the

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'modern Machiavelli' teams up with rapper 50 Cent to show how the power game of success can be played to your advantage. Drawing on the lore of gangsters, hustlers, and hip-hop artists, as well as 50 Cent's business and artistic dealings, the authors present the 'Laws of 50', revealing how to become a master strategist and supreme realist. Success comes from seeking an advantage in each and every encounter, and The 50th Law offers indispensable advice on how to win in business - and in life.

Wake up and take control of your life! This is a Summary of Tony Robbins' Awaken the Giant Within How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny! Tony Robbins is a bestselling author, and the nation's leader in the science of peak performance. With his book he shares his most effective strategies and techniques for mastering your emotions, your body, your relationships, your finances, and your life. This summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 350 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. Ask any person and you're bound to get the same answer, every individual has a dream. Every person dreams of achieving his or her ambitions, whether it's now or in the future. At some point, all people wonder what they could do with their lives. Even if they don't say it out loud, most people have a vision of sorts for the type of life they desire. However, only a few individuals manage to make their dreams come true. Everyday problems and struggles often distract people,

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obscuring and ultimately pushing their dreams and ambitions at the bottom of their to-do list. Over time, the same dreams become relegated to the world of fantasy and eventually the once vivid dream becomes something impossible to obtain. Available in a variety of formats, this summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 544 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. This is a summary that is not intended to be used without reference to the original book.

Awaken The Giant Within Simon and Schuster

This eBook edition of "How to Get What You Want" has been formatted to the highest digital standards and adjusted for readability on all devices. Excerpt: "Getting what you want is success; and success is an effect, coming from the application of a cause. Success is essentially the same in all cases; the difference is in the things the successful people want, but not in the success. Success is essentially the same, whether it results in the attainment of health, wealth, development or position; success is attainment, without regard to the things attained. And it is a law in nature that like causes always produce like effects; therefore, since the success is the same in all cases, the cause of success must be the same in all cases." Wallace Delois Wattles

(1860-1911) was an American author. As a New Thought writer, he remains personally somewhat obscure, but his writing has been widely quoted and remains in print in the New Thought and self-help movements. Wattles often travelled to Chicago, where he gave "Sunday night

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lectures" among several leading New Thought authors. He studied the writings of Georg Wilhelm Friedrich Hegel and Ralph Waldo Emerson and recommended the study of their books to his readers who wished to understand what he characterized as "the monistic theory of the cosmos." Wattles' best known work is a 1910 book called *The Science of Getting Rich* in which he explained how to become wealthy.

?Awaken The Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny! By Tony Robbins - Book Summary - Readtrepreneur (Disclaimer: This is NOT the original book, but an unofficial summary.) Believe it or not, everyone has the power to achieve their goals in life, no matter how impossible it may seem to be. The human spirit is extremely powerful and it helps us to achieve the unimaginable, only if we allow it to. *Awaken The Giant Within* is a book which will help you unleash the power you never knew you had and push you into action to start working towards your goals today. (Note: This summary is wholly written and published by readtrepreneur.com It is not affiliated with the original author in any way)

"Whatever you hold in your mind on a consistent basis is exactly what you will experience in life." - Tony Robbins Through this book, Tony Robbins explains the reasons that are stopping us from achieving what we want as well as the actions we can take to move in the right direction and get closer to our goals. If you are not getting what you want in life, STOP doing the same things over and over again! Start doing things differently. Tony Robbins holds our hands as he guides us through the life-

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changing experience of unleashing the power within ourselves. P.S. You may be experiencing a low moment in your life right now, feeling lost and unfulfilled.

Motivation to move forward in the right direction towards what you truly want is just what you need and this book is sure to deliver that for you. The Time for Thinking is Over! Time for Action! Scroll Up Now and Click on the "Buy now with 1-Click" Button to Download your Copy Right Away! Why Choose Us, Readtrepreneur? ?

Highest Quality Summaries ? Delivers Amazing Knowledge ? Awesome Refresher ? Clear And Concise Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book.

Summary of Awaken the Giant Within "Most people fail in life simply because they major in minor things." "Any time you sincerely want to make a change, the first thing you must do is to raise your standards. When people ask me what really changed my life eight years ago, I tell them that absolutely the most important thing was changing what I demanded of myself. I wrote down all the things I would no longer accept in my life, all the things I would no longer tolerate, and all the things that I aspired to becoming." "You see, in life, lots of people know what to do, but few people actually do what they know. Knowing is not enough! You must take action."

"Once you have mastered time, you will understand how true it is that most people overestimate what they can accomplish in a year— and underestimate what they can achieve in a decade!" How to create lasting change: Raise your standards Change your limiting beliefs

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Change your strategy Here is a Preview of What You Will Get: A Full Book Summary An Analysis Fun quizzes Quiz Answers Etc Get a copy of this summary and learn about the book.

Shows readers how to clarify their personal values, resolve internal conflicts, master emotions, and overcome debilitating habits

A sexy, hilarious, emotional, new romance from New York Times bestselling author Emma Chase. Connor Daniels never thought he'd be starting over at dating square one. His career as a successful doctor, and his three boys, are everything to him. It's not exactly a set-up conducive to a scorching love life—but he's giving it a shot. ER nurse Violet Robinson never intended for Connor to find out she's had a crush on him forever. It was a dirty little secret only meant for her dirty dreams. Her heart trips every time he's around—and so do her feet. When Connor sees Violet coasting across the grocery store parking lot—and she falls on her face—he starts falling for the gorgeous, young nurse right back. Dating can be tricky. And life can be beautiful and crazy and unpredictable. But when it gets real, you discover what matters most . . . and the one person you want loving you through it all.

Presents a motivational program for African Americans to train the mind so they can overcome societal roadblocks to achieve empowerment and the life of their dreams.

The must-read summary of Anthony Robbins' book: "Awaken the Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical & Financial

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Destiny". This complete summary of the ideas from Anthony Robbins' book "Awaken The Giant Within" shows that by making a few alterations to what you believe, you have the power to take your fate into your hands and get exactly what you want in any area of your life. In this summary, the subject of identity is discussed, along with other fascinating topics such as destiny or the necessity to take full advantage of our time. Discover how a new perspective on these fundamental concepts can change your life. Added-value of this summary: • Save time • Understand key concepts • Expand your self-knowledge To learn more, read "Awaken the Giant Within" and discover how a new perspective on fundamental concepts can lead you to professional success.

This self-help guide shows the reader step-by-step how to perform at their peak while gaining emotional and financial freedom, attaining leadership and self-confidence, and winning the confidence of others. It should enable the reader to gain the knowledge and courage to remake themselves.

The solution for chronic inflammation, regarded as the cause of the most common modern diseases, has been identified! Earthing introduces the planet's powerful, amazing, and overlooked natural healing energy and how people anywhere can readily connect to it. This never-before-told story, filled with fascinating research and real-life testimonials, chronicles a discovery with the potential to create a global health revolution.

DESCRIPTION OF THE ORIGINAL BOOK: In this book, Anthony Robbins develops the complex task of analysing

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how the mind and body work, with the purpose of teaching people how they must behave to take full control of their lives. Through excellent advice, you will comprehend how emotions control our life and how thoughts work, for you to understand, from that analysis, the path to achieve your own goals and attain a fulfilling life. Anthony Robbins is a life coach. Psychologists, inspiring and motivational speaker with a passion for helping people to live better, he has spread his wisdom on numerous works. They have all achieve an extraordinary success y has brought him a large group of followers that learn precious teachings from his seminars and his books, which he has generously given. Anthony Robbins has witnessed, in his work in hospitals and his own consultation office, of the unhappiness many people endure for whom life proceeds without purpose or success. Those people are waiting for life to give them, and then they complain about the results. This book is especially written for those people, with the purpose of showing them that they can take control of the process of their own lives.

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