

## Application To Enter Specialty Training At St4 Emergency

The ultimate enrichment and survival guide for Foundation Programme doctors, *Staying Human During the Foundation Programme and Beyond* provides time-tested advice and the latest information on every aspect of a junior doctor's life – from clinical transitions, to coping with stress, enhancing self-care and protecting personal and professional relationships. Already acknowledged in its original Canadian edition as an invaluable resource by thousands of doctors working across North America, this UK adaptation – with a host of new material and features – offers evidence-based practical advice to junior doctors on how to cope with a wide-range of challenges including working in teams, sleep deprivation, time pressures and ethical issues, while at the same time maintaining a high level of patient care and safety. The authors also address subjects such as sexuality, equality and social justice.

*Secrets of Success: Getting into Specialty Training* is written for all junior doctors applying for specialty training (ST) posts and is intended to guide applicants through the various challenges of the application process. All major topics that may arise during the application process are covered, including academic achievements, teaching and learning, professional integrity, teamwork and leadership skills, clinical prioritization, and time management. There is a section on ST interviews, and another on addressing specialty-specific questions with

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good and bad example answers. The book also provides a useful "what next" section, including invaluable advice on what to do if things don't go to plan. *Secrets of Success: Getting into Specialty Training* is a practical handbook, presented in a clear and friendly style, with space for readers to write their own notes as they go along. This book is an essential guide for all junior doctors before and during the application and interview process, and will arm readers with the tools they need to help them successfully clear this important career hurdle. *Introduction to surgery* aims to provide a one-stop guide to the basics of surgery for surgical rotations, as well as providing information for aspiring surgeons on how to explore a surgical career and build your CV for surgical applications. It aims to be the go-to companion for any student shadowing in theatres, and a thorough guide for students wishing to spend more time in a specific specialty, conduct research and plan careers.

*Introduction to Surgery for Students* is an edited collection of 31 chapters from a group of 80 medical students, junior doctors and consultant surgeons. Each chapter has been written by a team made up of at least one student and one senior, and has then been edited and reviewed by a medical student with a special interest in the topic. This near-peer style of writing allows our content to cater to a student's needs at the right level, whilst having the expert input of surgeons who are leaders in their field.

This innovative new book offers a user-friendly guide to securing a successful, varied, and fulfilling career in dentistry. Includes case studies of career trajectories

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across the full range of dental professions in the UK  
Advocates a portfolio approach to career development, illustrating the benefits of working in a matrix as opposed to climbing a ladder Showcases the opportunities inherent in specific areas of dentistry, what they can offer and what is required to successfully take advantage of them Written by one of the UK's leading dental experts who has over 30 years in the profession, working on the local and national scale

How to Get a Specialty Training Post  
The Insider's Guide  
Oxford University Press

With expert commentary in an easy-to-read format this pocket guide gives you all the information you need about the NHS. Fully revised, the 2007/08 edition is an essential digest covering NHS organisations, financing and partnership work as well as updates on the latest developments within the NHS.

Want to optimise your chances of success? Take a fresh look at the clinical world. Medical careers have changed and learning how to play the game is as important as being the best in your field. This inspirational new guide considers your medical career from a wide-ranging perspective, encouraging a positive, early outlook. On a highly practical note, it acts as a comprehensive information source, covering all aspects of job applications and medical careers. On a personal note the book fosters a complete reassessment of the way you view your working life. It offers fresh ideas to help identify important opportunities to improve your CV - taking opportunities when you can whilst making the most of what you have. Easy to read and conversational in tone,

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it details invaluable ideas on developing your portfolio and innovative methods to successfully market yourself, alongside sound approaches to the challenges and intricacies of the modern medical career.

While the title of the book seems to imply that is written for the medical field, it is certainly meant for the non medical professionals also. If you are considering a career change or early retirement, this book is for you. In *Cross Cultural Doctoring* you will read about my career as a successful obstetrician and gynecologist in academic medicine at a major university. You will read why I decided at age 55 to leave my position, jump into the unknown and get off the beaten path. I will relate how my wife, Anne, and I accomplished this and how I kept working for various lengths of time in a number of different cultural settings around the world and how we traveled extensively between assignments. The places we lived and worked in, include, Japan, Pakistan, Alaska, Australia, Tasmania, New Zealand, Chiapas Mexico, and St Lucia in the West Indies. The book is written as a series of loosely connected anecdotes, some medical, some non-medical. Some are funny and some are not so funny. When appropriate, I have added some reflections about our experiences. I try to convey to the reader the excitement we have felt about our adventures. I hope that the book will inspire readers, medical and non-medical, to consider at some point of their careers to take the step to get off the beaten path. Anne and I certainly have never regretted our choices and have never looked back. Reading this book might also inspire people with similar experiences than ours, to

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write and publish their story. I hope that you will enjoy reading the book as much as I have enjoyed writing it. One of the highlights of my medical work abroad has been the four months I volunteered at a small Catholic Hospital in Chiapas Mexico. The nuns there did an incredible job running the hospital for the impoverished Mayan population under difficult circumstances. They need all the help they can get. You can read about it in chapter 13 of the book.

Thinking about a surgical career? About to start surgical training? Do you know what to expect and how to thrive? The Hands-on Guide to Surgical Training is the ultimate, practical guide for medical students and junior doctors thinking about taking the plunge into surgery, and also for surgical trainees already in training. It's full of invaluable, practical information and career guidance to ensure you get the most out of your surgical career. It offers general guidance and advice on surgical training, together with detailed information on each of the nine surgical subspecialties, each written by seniors and consultants, as you make both clinical and career-based choices. Undoubtedly one of the most comprehensive resources for surgical trainees available, The Hands-on Guide to Surgical Training will be essential reading throughout your training and surgical career. Take the stress out of surgical training with The Hands-on Guide! It is a practical, illustrated guide to the Foundation Programme, introduced throughout the UK to regulate and standardise the two-year training of newly qualified doctors. It provides specific information on how to apply for a Foundation post, the curriculum, assessment

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methods, and maintaining a portfolio, as well as reviewing the pros and cons of the various medical specialities which doctors can pursue after the Foundation years. The authors address issues of concern to all groups involved in the Foundation programme - trainees, trainers and senior doctors - and gives concrete examples of completed documentation and assessment. Helps UK and overseas doctors in choosing and applying for their Foundation Programme. Helps trainees and trainers understand the curriculum, the teaching and learning methods, and the use of the portfolio. Explains the various assessment procedures including the 'RITA' (Record of In-Training Assessment) and gives examples. Helps trainees manage their learning and pass their assessments. Informs trainers - including consultants and GPs - about the purpose of the Foundation Programme and how to use the less-familiar assessment tools.

Each year, thousands of junior doctors apply for highly competitive training jobs in a variety of specialties. Obtaining a training job can be a difficult and stressful process, with some specialties attracting 40 applicants per post. This book helps doctors to improve their chances of getting that highly sought-after post. It is a wide-ranging, accessible guide to the application process, covering every step, from online application to the selection panel. It includes essential tips on career development, interview technique, and specialty-specific advice.

Compiled by internationally recognized experts in trauma critical care, this set discusses the entire gamut of critical

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care management of the trauma patient.

'It's funny, touching and gobsmacking in equal measure. At its heart is a breathtaking account of life on the COVID frontline.'

- Jay Rayner 'Ed's journey is funny, sad, harrowing, hilarious... I STRONGLY URGE YOU TO READ THIS.'

- Colin Mochrie A gut punch of a memoir by a doctor - and comedian - whose job is to keep people alive by putting them to sleep. Ed Patrick is an anaesthetist. Strong drugs for his patients, strong coffee for him. But it's not just sleep-giving for this anaesthetist, as he navigates emergencies, patients not breathing for themselves and living with a terrifying sense of responsibility. It's enough to leave anyone feeling numb. But don't worry, there's plenty of laughing gas to be had. 'Very funny, very timely, scary in places. Ed writes with wit, insight, surprise and pathos. He is cutting his teeth in anaesthetics, taking people as close to death as you can take them, and then trying to wake them up again. And makes it funny. A joy to read.'

- Phil Hammond

Modernising medical Careers : Vol. 2: Written Evidence

Doctors often lack the skills needed to give them a competitive edge over their colleagues. Despite being academically gifted they leave medical school after six years ill equipped to attain their own career goals. Management skills that are often the most basic to those working for private companies are left out of their undergraduate training. Some simple tips, strategies and well researched advice will empower doctors to develop their own unique career pathway and help them achieve success in their professional life. This book is for all newly qualified doctors. It systematically and logically examines the entire hospital doctor and GP career process from start to finish, dispelling common myths and advising doctors on how to break down their career into sections and tackle them one at a time. Planning a career

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should be like sitting an exam. Each chapter is devoted to one aspect of the career pathway from how to choose the right job for you through to FY1, FY2 and ST jobs, and covering application forms, exams, the interview process, audit and finally publications. This book helps to answer specific questions such as: Should I apply for jobs in multiple deaneries to increase my chances of success? What do those questions on the application form really mean? Exactly what type of questions will come up in my interview? Which postgraduate exam should I choose, how will I get through it and when should I sit it? How can I excel in an audit and make a difference to my department? How do I get published and which journals should I choose? Brimming with sound practical advice, hints, tips with its readily accessible style and approach, this text is an essential purchase for all doctors embarking on their career.

Affirmative action programs have significantly changed American medicine for the better, not only in medical school admissions and access to postgraduate training but also in bringing a higher quality of health care to all people. James L. Curtis approaches this important transition from historical, statistical, and personal perspectives. He tells how over the course of his medical education and career as a psychiatrist and professor--often as the first or only African American in his cohort--the status of minorities in the medical professions grew from a tiny percentage to a far more equitable representation of the American population. Advancing arguments from his earlier book, *Blacks, Medical Schools, and Society*, Curtis evaluates the outcomes of affirmative action efforts over the past thirty years. He describes formidable barriers to minority access to medical-education opportunities and the resulting problems faced by minority patients in receiving medical treatment. His progress report includes a review of two thousand minority students admitted



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to U.S. medical schools in 1969, following them through graduation and their careers, comparing them with the careers of two thousand of their nonminority peers. These samples provide an important look at medical schools that, while heralding dramatic progress in physician education and training opportunity, indicates much room for further improvement. A basic hurdle continues to face African Americans and other minorities who are still confined to segregated neighborhoods and inferior school systems that stifle full scholastic development. Curtis urges us as a nation to develop all our human resources through an expansion of affirmative action programs, thus improving health care for everyone. James L. Curtis is Clinical Professor Emeritus of Psychiatry, Columbia University College of Physicians and Surgeons.

The Residency Coordinator's Handbook, Second Edition, is a comprehensive job manual and training resource, expanded in detail to answer all of your questions and give you the guidance, sample policies, and tools you need to make your job easier. While providing much-needed education for new coordinators, this book and downloadable toolkit also offers veterans new ideas, tips, and advice for improving their programs.

Providing an overview of the formative years of a junior doctor's career, The Foundation Programme at a Glance consolidates the generic and condition-specific skills required to excel in this stage of training. Taking a simple and holistic approach to providing support for junior doctors, it integrates text and image content to suit all learning styles. Sections include advice on making the most of your training, tips on good clinical practice, communication, and common presentations and conditions. Edited by the National Director and Deputy National Director of the UK Foundation Programme, each section is written by experts in their

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respective fields, presenting insights into the programme with unrivalled authority. The Foundation Programme at a Glance:

- Uses diagrams, line drawings and flow charts to clearly illustrate concepts
- Follows the current Foundation Programme curriculum
- Integrates theory and practice

This comprehensive and practical volume contains all the vital information you need to reach excellence during the foundation years, and to get the most out of your time on the programme.

### Ready to get into Medical School?

This authoritative volume presents a the first major assessment of family medicine and its impact as a discipline in the United States since its founding in 1969. Under the senior editorship of Professor William Doherty, a nationally know leader in the field of family medicine and family social science, this exciting volume provides: An overview by G. Gayle Stephens, MD . . . . one of the founding fathers of family medicine The outsider's critique of family medicine by Edmond Pellegrino, MD . . . prominent internist and medical educator Achievements of family medicine and its potential in research reviews by key leaders Culpepper, Becker, Doherty, Baird, and Becker Is family medicine a genuine reform movement within medicine and society? Or is family medicine practiced by generalists who are out of step with the true specialization needed in today's medicine? Top authorities both inside and outside the specialty address the debate surrounding family medicine in the first truly balanced overview of this

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controversial branch of medicine. Family physicians discuss the challenges they face in family medicine and synthesize the existing theory and empirical knowledge on the topic. This valuable update on a growing specialization provides historical background as well as practical recommendations for the its future. The best people in the fields--family physicians and other medical specialists, as well as sociologists, anthropologists, and family social scientists--explore the major issues surrounding family medicine. How far has family medicine come in fulfilling its original mission? How has its mission changes? What are the field's principal achievements? Where has family medicine fallen short? What are the key challenges now facing the field? Among the specific issues discussed are family medicine and the predoctoral medicine curriculum, developmental assessment of family practice, polarities in the identity of family medicine, family medicine as a biopsychosocial discipline, family medicine from a consumer's perspective, and much more.

Thousands of international medical graduates come to the United States to start their career as physicians. Many of them, however, are not aware of the challenges and problems that they may encounter along the way. These difficulties can range from the language and cultural barriers to a lack of confidence and self-esteem. Many students

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are also unaware of the other career options besides getting into a clinical residency program. As a result of these issues, a great number of foreign medical students remain unmatched into the National Resident Matching Program. Not matching can be devastating for these graduates, both financially and medically. Students often suffer from psychological effects like major depression and generalized anxiety disorder. This book outlines the potential problems faced by these graduates and their possible solutions. Each chapter collects research evidence, interviews and surveys to gather information to work on each possible problem one by one and describes a solution in great detail. Comprised of thirty chapters, each chapter is broken down into smaller sub-sections to investigate the main theme in depth. Issues addressed include the different types of international medical graduates and their lives in the United States, differences in the education system and healthcare system, the triangle of residency, language and cultural barriers, lack of professional contacts, confidence, self-image and self-esteem issues, and restriction to specific fields and career paths. Written by experts in the field, *International Medical Graduates in the United States* is a first of its kind text that addresses the biggest issues faced by foreign medical graduates in today's world.

The Oxford Handbook for the Foundation

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Programme returns in a new edition to keep junior doctors, as well as their supervisors and senior medical students, up-to-date and give them the information and confidence they need to excel during and beyond the Foundation Programme. This new edition has been fully revised to take in the latest guidelines, the new junior doctors' contract, and the most recent Foundation Programme curriculum. It has new sections to demystify the NHS structure and explore key changes in social care and the interface with the NHS, and revised key information on the medical certificate of the cause of death, the role of the medical examiner, and changes to interactions with the coroner, as well as a new standalone chapter on Psychiatry. The junior doctor's pocket mentor, this handbook distils the knowledge of four authors across multiple NHS environments in an easy access format, covering everything from practical guidance at the patient's bedside to aspects of adapting to day-to-day life as a junior doctor that are rarely covered in medical school. With this indispensable survival guide to the Foundation Programme, you need never be alone on the wards again.

This Fourth Edition of the highly praised Practical Guide for Medical Teachers provides a bridge between the theoretical aspects of medical education and the delivery of enthusiastic and effective teaching in basic science and clinical

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medicine. Healthcare professionals are committed teachers and this book is a practical guide to help them maximise their performance. Practical Guide for Medical Teachers charts the steady rise of global interest in medical education in a concise format. This is a highly practical book with useful "Tips" throughout the text. The continual emergence of new topics which are of interest to teachers in all healthcare disciplines is recognised in this new edition with seven new chapters: The hidden curriculum; Team based learning; Patient safety; Assessment of attitudes and professionalism; Medical education leadership; Medical education research; and How to manage a medical college. An enlarged group of 73 authors from 14 countries provide both an international perspective and a multiprofessional approach to topics of interest to all healthcare teachers.

The Modernising Medical Careers (MMC) programme of work was established in 2003 to address difficulties in poor training and indifferent career prospects experienced by some doctors at Senior House Officer (SHO) level and by many of those in Staff Grade and Associate Specialist (SAS) posts. A new Foundation programme was introduced in 2005, the Specialty Training system was reformed and the SHO grade scrapped in 2007. As a result of inadequate preparation during the implementation of the reforms, in 2007 the MMC programme plunged

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into crisis. The new centralised recruitment system, the Medical Training Application Service (MTAS), proved highly unpopular with both candidates and assessors. A major inquiry, led by Sir John Tooke, examined the 2007 crisis and called both for major changes to the structure of training and for the creation of a new body, NHS Medical Education England, to oversee medical education. The Committee's investigation finds that a divided and inappropriate governance structure, flawed project and risk management and poor communication with junior doctors were the most serious failings. Co-ordination between the Department of Health and the Home Office on restricting medical migration was inadequate. These practical shortcomings were responsible for some of the direct causes of the 2007 crisis, including the defective application form and other aspects of the short-listing process, the unsafe computer system and the failure to limit the number of applications from overseas doctors. The leadership shown by the Department of Health was inadequate. The Chief Medical Officer chose not to take on a clear leadership role and thus did not accept responsibility for the 2007 crisis. The Committee makes a number of recommendations for change and improvement to achieve a more flexible training system, and calls on the Department to address policy issues relating to the wider medical workforce.

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This book analyzes the historical development and current state of India's healthcare industry. It describes three sets of institutions that deliver healthcare services, finance these services, and manufacture products used in these services. These institutions provide healthcare (hospitals, physicians, pharmacies, and diagnostic laboratories), pay for healthcare (individuals who pay out-of-pocket, insurance companies, community insurance schemes, government ministries) and produce the technology used in healthcare delivery (pharmaceuticals, biotechnology, and medical devices). The volume also discusses innovative efforts to raise capital for the development of these sectors. Finally, it includes three interesting case studies of innovative models of healthcare delivery (L. V. Prasad, Aravind, and Vaatsalya), as well as analyses of other innovative organizations like Narayana Hrudaylaya and the hospital chains. The contributors to the volume include Wharton faculty members, graduates of Wharton's healthcare MBA program, and executives and consultants from India. The new edition of *So you want to be a brain surgeon?* continues to provide a fun yet informative guide for all medical students and for all those considering a medical degree. An entertaining, authoritative and indispensable guide for all levels, from those thinking of applying to medical school through to medical students and to young doctors.



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The text has been radically updated, and includes even more chapters.

This new edition of the Oxford Handbook for the Foundation Programme provides everything you need to excel in your first two years as a doctor. Building on the success of the previous editions, and the valuable feedback from junior and senior doctors, the third edition has been extensively revised and updated. The handbook is now in full colour, which has been used to make the facts stand out and to simplify navigation to the right page. The sections on prescribing and drug doses, emergencies, and clinical medicine have been expanded and reordered. This includes the addition of a 'pharmacopeia' with key information for commonly-prescribed drugs including dose, contraindications, and key side-effects. Along with the latest in clinical practice, the handbook includes the parts of the job rarely covered at medical school such as day-to-day life on the wards, referrals, clerking patients, procedures, and hospital paperwork, as well as providing advice on ethics, communication, and what to do when things go wrong. The handbook has practical tips on the current career system, Foundation Programme requirements, MMC, completing your portfolio, interviews, application forms, and how to get published. With practical advice from the authors' personal experience, and key evidence-based

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clinical information. This handbook is the ultimate quick-reference survival guide to the Foundation Programme and is indispensable for all junior doctors.

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