

Ancient Organic Medicine Discover The Top 12 Ancient Herbal Plants That Have Been Used For Ages To Fight And Heal Illness Naturally

There is endless wisdom in the medicinal practices of ancient civilizations. People who didn't have the opportunity to rely on modern technology were not capable of the same chances at longevity and health that we are in modern times. However, it is important to remember that the drugs we are using now are still in their infancy, and may come with more problems than solutions in some cases. Because of this, it is always helpful to remember what our ancient forefathers were able to discover about the natural world of medicine. Before humanity was able to rely on technological advances, we had to rely on more natural solutions to our body's natural problems, and these generally came by way of plants. The medicinal practices of ancient Chinese and ancient Indian peoples are still widely used and respected today. They have the longest standing records of medical plants and their uses and properties, and have been looked to for thousands of years to treat and cure medical ailments of all kinds. This wisdom is becoming more and more important as we are able to recognize more and more the body as a machine whose natural state is balance, and when this balance is off, that's where the problems begin to arise.

Now, I am not suggesting to you to not take medicines anymore, nor am I going to offer you a replacement. What I want to do is open your eyes to an alternative. This book is about providing people an appreciation for natural and herbal remedies.

Grandma's Herbal Lore - Ancient Herbal Recipes and Remedies - Volume 5 Table of Contents Introduction Delicious, Refreshing Traditional Healthy Drinks How to make the perfect Nimbu pani - Lime Juice Lassi - Buttermilk Buttermilk And Grapes As a Cancer Cure For Victims Of Strokes Constipation Kidney stones Piles remedy Hair Care How to Get Rid of Baldness: Alopecia Areata Burning to An Ash What on earth is Desi Ghee? Premature Graying of Hair How to Darken Your Hair Naturally Gooseberry oil Preventing Hair Loss Asvaghanda-Withania Asthma Early Stages of Asthma What Is the Best Diet for a Person Suffering from Asthma? Sciatica remedy Knowing about Hot and Cold Foods Bacopa scrophulariaceae-Bhrahmi Booti Alzheimers Memory Loss Epilepsy Get rid of bedbugs get rid of cockroaches 'Ear, 'Ear Garlic remedy Kum Kum Periodic Deafness Conclusion Author Bio Introduction In volume 5 of Grandma's natural remedies, with herbal lore and ancient recipes, you are going to get an excellent critique mixture of the knowledge of the ages, brought around to us through papyri , books and trial and error experiments done by the ancients. The word of mouth results, have been the product of years of experimentation done millenniums ago. When did grandma become the epitome of wisdom and experience? Well, we should go back millenniums, when it was the job of the oldest generation to take care of the youngest generation, while the adults generation in between went out to collect food, water and other basic necessities necessary for survival. The job of raising and training the children was left to those people who were most experienced. It is possibly this reason why the oldest and the youngest generations still find that they are more compatible and comfortable with each other, due to natural preference, instinctive selection and human psychological and social behavior. So the children of the tribe, group, gathering, and city were put in charge of the elders, who used to talk to them about their ancient traditions, talk to them by their own grandparents. The rules and regulations of living in society and getting to know one's own place in the hierarchy of a tribe was thus transmitted from generation to generation through these elders. Grandpa trained the kids with tribal knowledge and physical exercise. Grandma was in charge of their overall emotional, spiritual and physical well-being. She was responsible for their health, well-being, food and other essential things necessary to keep children healthy and well-balanced members of the family and later on the tribe. ...and that caring

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instinct still is present... That is why the matriarch - mother - was given the job of passing on the herbal knowledge to the girls in the family, preparing them to be future matriarchs taking care of their own families, as years went by. The boys were trained into becoming warriors, teachers, farmers, food gatherers or in other professions by the males of the tribe. So the lines were demarcated out very clearly in well-regulated times since ancient days. The house, home and hearth and other duties pertaining to a domestic nature was under the jurisdiction of the females. The land, the preservation, cultivation and protection of the area around it was under the jurisdiction of the males. So it was the man's prerogative to be the hunter and the warrior, to feed and protect his family and tribe.

"A long time ago, all the animals and people lived happily together," begins this story of the origins of Cherokee herbal medicine. As the people begin to outnumber the animals and then to hunt them for their hides and meat, the days of peaceful coexistence are over. The animals take their revenge on the people by making them sick, creating rheumatism, coughs, and colds, aches and pains, fevers and swellings and rashes and allergies. The people are saved by their only remaining allies: the plants and trees that they have cultivated, who show them how to use herbal medicine to survive. Simply told and magnificently illustrated, this story is suitable for children but eerily resonant for adults at a time of heightened awareness of the threat of disease and the usefulness of herbal remedies. The book includes an appendix with pictures of common medicinal plants and information on their uses. Visit the authors' website at www.jacobandduvall.com.

Discover the Top 15 Medicinal Plants and Their Benefits for Your Health and Beauty*** BONUS! : FREE Natural Remedies Report Included !!

*** * * * LIMITED TIME OFFER! * * * The world is full of people that just take medicine at every minute sign of sickness. Doctors prescribe antibiotics after a 5 minute check-up because your symptoms could possibly need antibiotics for treatment. Aspirin has become a regular part of most people's diets. One in the morning, one at night. If you are feeling a little lively that day, one at lunch. Why Should You Purchase And Read This Book? = > 1. Its Short And Informative No Fluff!! = > 2. This Book Is Straight Forward And Gets To The Point = > 3. It Has A Great Concept = > 4. Learn What You Need To Know FAST! = > 5. Don't Waste Hours Reading Something That Won't Benefit You = >

6. Specifically Written To Help And Benefit The Reader! = > 7. The Best Compact Guide To Learn What You Need To Learn In A Short Period of Time Check Out What You Will Learn After Reading This Book Below!! But, on the positive side, it hasn't had to face the rigorous testing stages most people abhor, such as animal testing, beta testing on people, etc. One thing people don't realize though is that for most new medicines, we are the first round test subjects. They don't know what the long term effects will be. Instead, natural and herbal remedies have been tested over thousands of years. Most early cultures were able to treat their illnesses by natural means. These natural means were then applied and used for many, many generations. There is then more practical data for these medicines than modern medicines. The symptoms it treats are better understood. The side-effects are better known. Chapter 1: Before There Was Aspirin Big Pharma and Big Beauty What We'll Discuss Chapter 2: Sleep Remedies Valerian Root Chamomile Conclusion Chapter 3: Herbal Remedies for Sicknesses Echinacea Thyme Licorice Root Garlic Ginger Conclusion Chapter 4: Arthritis and Pain Relief Willow Bark Ginger Conclusion Chapter 5: Skin and Hair Care Dried Basil Tea Tree Spruce Violet Hot Peppers Chamomile Conclusion Chapter 6: Coming to an End Get The Book Before The Promotion Runs Out! Only For A Limited Time! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, Smart Phone, And Or Your Kindle Device -----Tags: Organic antibiotics and antivirals, herbal remedies, natural cures, herbal cures, herbal medicine, ancient herbal medicine

"With over 90 well-known contributors, in-depth coverage of more than 70 specific diseases, and 10,000 citations of peer-reviewed research literature, you'll find accurate, detailed pharmacologic information on herbs and supplements, and crucial knowledge for making

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recommendations to patients." -- book jacket.

Would you like to discover powerful Native American treatments that can help your body, mind, and spirit without relying on traditional, sometimes dangerous, medicines? If the answer is "YES," then keep reading and discover why this is the perfect book for you. Before Europeans arrived, Native Americans, healthy and robust people, cured themselves with Mother Nature's Remedies. Natural remedies by the Native Americans included different fields of action: an authentic, balanced relationship with Nature. The ancient population exploited the virtues and benefits of what they found around them, and they were able to acquire a deep knowledge of herbal remedies. This complete guide contains all the information you need to make and use these incredibly effective methods. In this book, you will discover: A Very detailed Explanation of the Benefits of Plants and everything you can obtain from them to get rid, once for all, of traditional medicine. A Modern Guide to learn more about herbal medicine of Native Americans to prepare ancient natural herbal medications at low cost. How to Treat Plants Perfectly, how to grow them, manage, preserve and prepare them. A Complete Profile of Plants and Herbs, everything you need to know: uses, dosages, function, how to prepare, find and identify them, harvest and plant them. Clear Explanation of the Benefits wild herbs have on your body and how they help your body and mind to keep in shape and stay shiny. ... & Lot More! It also teaches you how to make tea, lotions, and oils to cure the daily ills of these times, such as headaches, anxiety, stress, cold, insomnia. Native Americans were wise people who used natural plants for a reason; they were a fundamental part of their culture and daily life; plants cured everything. This easy-to-read book will guide you through their ancient and wisdom world to help you use original remedies for your everyday life to feel better and help yourself naturally. Rediscover the essentials of life and give yourself the chance to exploit Mother Nature's gifts! What are you waiting for? Order Your Copy NOW and Start Feeling Like a Real Manitonquat! Color version: B096TJP57G

Would you like to dive into the indigenous wisdom of herbal medicine? ...And gift your body with a thriving health and wellbeing? Are you looking for techniques to naturally detox your body from chemicals and other drugs? Studies have found that the regular use of modern drugs - besides depriving our bodies and minds - causes changes in our brain, that could lead to a drug craving increase. And we keep witnessing pharmaceutical prices going up! But...Long-time ago, our ancestors used herbal medicine to treat illnesses and enhance general health and wellbeing - It was the primary mode of healthcare of all. A growing number of people is returning to herbalism as an affordable, sustainable, and respectful alternative to conventional medicine, but where to start from? You can now easily access over 2000 years of herbal culture - without getting caught in rambling information and trendy cliches. Native American Herbalist's Bible, written by Cherokee descendant and well-respected herbalist Cheyenne Allen, is a premium collection that covers many dimensions of herbalism and natural health - from planting and harvesting to making and administering low-cost DIY remedies. Answering basic as well as complicated questions about traditional herbal healing, it provides both the novice and the experienced practitioner with a reliable framework in which to develop their herbal skills. This UNIQUE GUIDE includes 4 COMPREHENSIVE BOOKS: Native American Herbalism Encyclopaedia reveals the spiritual history of Indigenous herbalism and includes 100 in-depth Native American plant profiles. From unearth legends and stories to specific information of the plants. You will learn how to identify them with traditional illustrations and how to make effective usage of their hidden powers. Native American Herbal Apothecary explores the entire body system and covers 100 remedies and recipes for healing everyday ailments and relieving symptoms of chronic conditions - updated with modern warnings and precise dosages for the entire family. You will learn to use different plants for multiple ailments or blend a selection of herbs together. Native American Dispensary includes easy-to-follow instructions for crafting traditional remedies - tinctures, essential oils, capsules, wash, deodorants and more - and other carefully selected recipes! All

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presented with ease of use in mind for a quick, easy and reliable consultation. Native American Herbalist Garden includes advice on growing, harvesting, preparing, drying and storing herbs. It also covers (like no-other guide) a wealth of how-to gardening tips for the 60 most useful and easy-to-grow Native American plants. You will learn how to create and maintain your fuss-free medicinal garden in your apartments! You will deepen your relationship with nature as well as confidently develop your herbalist's skills. And most importantly, you will return your body to a state of natural balance so that it can heal itself. Take a small step today towards a more radiant health. Scroll up and click on "BUY NOW".

Antibiotics are one of the most commonly prescribed medications but they often come with nasty side effects - many of them kill off the good bacteria in your body as well as the bad. Although prescription antibiotics can be very bad for you and your body, not all antibiotics are bad. Natural antibiotic foods and supplements can provide the benefits of antibiotics without the drawbacks. If you want to learn more, this book is the perfect place to start. In this book you will receive the following: * An introduction to prescription medications and antibiotics* The pros and cons of natural antibiotics versus prescription medications* A collection of twenty-five recipes made with natural antibiotic foods and supplements So, if you are ready to try natural antibiotics for yourself, just pick a recipe and get going!

DISCOVER THE WORLDS BEST PROVEN ANCIENT HERBAL REMEDIES IN A BOX SET #2 4 IN 1 *** BONUS! : FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * I am tired of relying on pharmaceuticals and chemicals to deal with every day common illness, from a cold to a headache to high blood pressure. Every medication we use, no matter how common or well-researched, comes with intended and unintended effects. Some of these effects, such as the intended effects, are desired, like pain relief when taking pain relief medication. The problem is the unintended effects these medications cause in the body. I am not a doctor or a pharmacist, but I tend to rely on my common sense. Grant it, natural remedies have not received the same amount of scientific testing lately that modern medicine has. But, on the positive side, it hasn't had to face the rigorous testing stages most people abhor, such as animal testing, beta testing on people, etc. One thing people don't realize though is that for most new medicines, 7 Reasons To Buy This Book = > 1. Its Short And Informative No Fluff!! = > 2. This Book Is Straight Forward And Gets To The Point = > 3. It Has A Great Concept = > 4. Learn What You Need To Know FAST! = > 5. Don't Waste Hours Reading Something That Won't Benefit You = > 6. Specifically Written To Help And Benefit The Reader! = > 7. The Best Compact Guide To Learn What You Need To Learn In A Short Period of Time But something incredible is happening now. Maybe it can be attributed to the influx of international information that is now readily available through the internet, maybe it can be attributed to the diversity that the United States is now enjoying due to modern immigration, or maybe it is more of a need to simplify. We, in the United States, are more and more connected with other cultures around the world. We are learning that not everyone lives like we do, and that there are many other opinions about health and wellness than what we have learned at home or in our culture Check Out What You Will Learn After Reading This Book Below!! Discover The Top 5 Herbal Plants How To Use The Herbs For Maximum Benefit Learn Their Uses And Benefits How To Use Ancient Medicine How To Use Ancient Medicine Properly Chapter 1: Before There Was Aspirin Big Pharma and Big Beauty What We'll Discuss Chapter 2: Sleep Remedies Valerian Root Chamomile Conclusion Chapter 3: Herbal Remedies for Sicknesses Echinacea Thyme Licorice Root Garlic In modern times, pharmaceutical companies have created drugs that incorporate some of these herbs but they are often altered chemically or otherwise. Most drugs that your doctor will prescribe are produced in a lab and sold by large drug companies. Of course, these drugs have their place and do save some a lot of people from death or chronic illness. However, what is concerning is that so many ailments can be healed and so many symptoms can be eased by merely checking out what is already in your

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spice cabinet. Get The Book Before The Promotion Runs Out! Only For A Limited Time! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, Smart Phone, And Or Your Kindle Device -----Tags:herbal medicine, herbal remedies, natural remedies, organic antibiotics, organic antivirals, herbal antibiotics and antivirals, ancient herbal medicine,Herbal remedies, Greek Medicine, Greek Herbal Remedies, Greek Herbs , Ancient Medicine, Ancient Herbal Medicine,Ancient Medicine, Herbal Remedies , Herbs , Ancient Herbal Remedies, Organic Antibiotics

The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. Herbal Medicine: Biomolecular and Clinical Aspects focuses on presenting current scientific evidence of biomolecular ef

"The ancient Egyptians were skilled in the use of herbs and spices for medicines, cooking, cosmetics, perfumes, and many other purposes. Drawing on texts written by the Egyptians and their neighbors, and on works by classical authors and the Copts, Lise Manniche has reconstructed an herbal of 94 species of plants and trees used from before the pharaohs to the late Coptic period. Each plant is named in Latin and English, and where known in ancient Egyptian, Greek, and modern Arabic. An account is given of the plants' special properties, with authentic recipes for cosmetics and cures. In her introduction the author discusses the many uses the ancient Egyptians made of herbs and flowers, and the importance of plants for funerary and festive occasions." --Publisher description.

This revised and updated edition of the ABC of Complementary Medicine offers an authoritative introduction to complementary therapies. Taking an independent standpoint, neither promoting nor disparaging complementary therapies, this second edition includes the latest information on efficacy of treatments and provides a new emphasis on patient management. The ABC of Complementary Medicine is an invaluable guide to any doctor who encounters complementary medicine in clinical practice.

Ancient Remedies for Your Everyday Life! In a world where medicine cabinets are packed full of prescription medications and synthetic drugs—with lists of dangerous side effects longer than benefits—it's time to discover a superior alternative with thousands of years of historical backing and current scientific review. Three leading names in the natural health world have joined forces to bring you Essential Oils: Ancient Medicine for the Modern World, your guide to a powerful form of plant-based medicine that can help take the health of your family to new heights. With this user-friendly handbook, you will learn everything you need to know about essential oils and receive practical instruction on how to use them effectively so you can start enjoying their benefits now. This book will help accomplish three key objectives You will: Be educated on what essentials oil are and why they are so powerful. Feel empowered to use essential oils safely and effectively to enrich your health and your family's health. Get equipped to start enjoying the multiple benefits of essential oils in your everyday life: from treating cuts, scratches and stuffy noses to providing chemical-free personal care, household cleaning and natural pet care. If you are ready to experience more energy, better health, enhanced brain function, balanced hormones, improved digestion, a boosted immune system, reduced emotional stress, and an overall higher quality of life, get ready to start using these ancient medicines in your modern life!

When workmen excavating the ruins of Pompeii eagerly gathered the native medicinal plants growing there, Wilhelmina Jashemski discovered that this was another example of the continuity of life in the shadow of Vesuvius. Many of the plants used for herbal medicine around Pompeii today are the same ones that ancient authorities such as Pliny the Elder and Dioscorides recommended for treating the same types of disorders. In this book, Jashemski presents an herbal of thirty-six medicinal plants, most of them known to the ancients and still employed today. She describes each plant's contemporary medicinal uses and compares them to ancient practices as recorded in literary

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sources. Scientific, English, and Italian names and the plant's mythological associations complete the entries, while elegant, full-page portraits depict each plant visually.

DISCOVER THE WORLDS BEST PROVEN ANCIENT HERBAL REMEDIES IN A BOX SET #15 4 IN 1*** BONUS! : FREE Natural Remedies Report Included !! **** * * LIMITED TIME OFFER! * * * I am tired of relying on pharmaceuticals and chemicals to deal with every day common illness, from a cold to a headache to high blood pressure. Every medication we use, no matter how common or well-researched, comes with intended and unintended effects. Some of these effects, such as the intended effects, are desired, like pain relief when taking pain relief medication. The problem is the unintended effects these medications cause in the body. I am not a doctor or a pharmacist, but I tend to rely on my common sense. Fortunately, nature has always offered us solutions to these very vast and unfortunate problems. Solutions that, fortunately, are often right under our noses. When it comes to thriving against illness, look no further than your own backyard. Nature has a way of knowing what we need, and generally we are never faced with problems that have no solution. In fact, solutions to numerous problems can often be found in just one simple place. This couldn't be more true than with the natural antibiotics you are about to read about in this book. The splendor of nature can't be defined without first examining just how many incredible herbs and natural cures that we have been given, right within arms reach. It's amazing, and should never be overlooked and under-utilized.

7 Reasons To Buy This Book = > 1. Its Short And Informative No Fluff!! = > 2. This Book Is Straight Forward And Gets To The Point = > 3. It Has A Great Concept = > 4. Learn What You Need To Know FAST! = > 5. Don't Waste Hours Reading Something That Won't Benefit You = > 6. Specifically Written To Help And Benefit The Reader! = > 7. The Best Compact Guide To Learn What You Need To Learn In A Short Period of Time

But something incredible is happening now. Maybe it can be attributed to the influx of international information that is now readily available through the internet, maybe it can be attributed to the diversity that the United States is now enjoying due to modern immigration, or maybe it is more of a need to simplify. We, in the United States, are more and more connected with other cultures around the world. We are learning that not everyone lives like we do, and that there are many other opinions about health and wellness than what we have learned at home or in our culture.

Check Out What You Will Learn After Reading This Book Below!!

Discover The Top 5 Herbal Plants How To Use The Herbs For Maximum Benefit Learn Their Uses And Benefits How To Use Ancient Medicine How To Use Ancient Medicine Properly Brilliant Essential Oils Amazing Quality And Benefits Learn Everything You Need To Know How To Use Them Properly Effects and Benefits Why You Should Use Them Why They Are My Personal Favorite

Conclusion Plant #1: Turmeric Plant #2: Aloe Vera Plant #3: Curry Tree Plant #4: Peppermint Plant #5: Ginger Plant #6: Cinnamon Plant #7: Garlic Plant #8: Cumin Plant #9: Alfalfa Plant #10: Cardamom Plant #11: Clove Plant #12: Liquorice

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Tags:herbal medicine, herbal remedies, natural remedies, organic antibiotics, organic antivirals,

Are you passionate about the history of Native Americans and would like to know all about the natural remedies used by them to treat any health problem? Are you an herbalism and natural remedies enthusiast? Would you like to cure yourself with natural remedies instead of traditional medicine for fear of adverse effects due to chemicals contained in drugs? Are you looking for a modern guide on traditional Native American herbal medicine to stock your medicine cabinet full of all-natural, low-cost herbal preparations? If so, then keep on reading... Medical Herbalism has been used for a huge number

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of years like conventional medicine, and different studies have found that it actually works, and it's extremely good to eradicate common ailments, just like modern medicine but in a 100% natural and healthier way. There are more than 2800 different plant species that are used to heal diseases and promote wellbeing every day by Native American communities, and with this book, you will know everything about this subject, so you will be able to heal your body naturally, just like the Native Americans did. This five-book bundle offers the opportunity to get closer to these natural beliefs with simplicity, learning to know them, or expanding knowledge if you already have it. It is aimed at both those who want to grow herbs, both those who think they cannot produce anything, and decide to buy the herbs directly in the herbalist shop and consult this volume to gain more information on the use and benefits they bring. Going through the pages of this bundle, you will discover: How to Get Rid of Common Ailments like Anxiety, Asthma, Depression, Insomnia, Diarrhea, Menopausal Problems, and much more, so you will be able to feel immediately better and never take chemical drugs again A list of the Most Powerful Herbs, like the Ashwagandha or the Comfrey, to make sure that you know everything about the incredible world of herbs and their special properties and beneficial effects The Best Herbal Remedies for your Child, so you will be able to help your kid feel better and get rid of his ailments in a 100% natural way How To Prepare the Most Common DIY Herbal Recipes, so you can have a midday snack or even a healthy breakfast while you enjoy easy-to-make Teas, Decoctions, Popsicles, Infusions, and many more different tasty recipes How To Administer Herbs In Different Forms, including fresh and dried herbs, capsules, extracts in water, alcohol, glycerin, vinegar and oil, and even preparations like essential oils and flower essences What are the Medicinal Plants used Daily by Native Americans, to know every different way in which you can heal your body daily, to protect yourself from infections, and to prevent diseases Herbalism 101: a handy guide for the budding herbalist to learn every technique you'll ever need All About Harvesting Plants: from planting to wildcrafting, from buying tips to ethical practices Precious Information About Native American Culture, to fully understand how Native American medicine can actually help you solve your disease easily ...& Many More Useful Information! Please stop searching for something; it's only one click away from you! Order Your Copy NOW and Start Living the Ancient Wisdom of Native Americans!

Discover Ancient Secrets that Can Change Your Life!Join a skeptical university researcher from the USA as he travels to the Himalayas and uncovers secrets from an ancient healing lineage that began with Lord Buddha's physician. For thousands of years, the greatest healers in the Himalayas have been refining a potent healing science for the treatment of physical ailments, psychological disorders and spiritual challenges. The most effective natural healing methods were recorded on ancient scrolls. Now, in this breakthrough, real-life account, many of these healing secrets are revealed by the author's encounters with legendary master healer Dr. Naram. The secrets in this book can change your life forever.

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304 color pages, paperback, improved print quality, and a lot more plant identification details This unique book is written by Dr. Nicole Apelian, an herbalist with over 20 years of experience working with plants, and Claude Davis, a wild west expert passionate about the lost remedies and wild edibles that kept previous generations alive. The Lost Book of Herbal Remedies has color pictures of over 181 healing plants, lichens, and mushrooms of North America (2-4 pictures/plant for easy identification). Inside, you'll also discover 550 powerful natural remedies made from them for every one of your daily needs. Many of these remedies had been used by our forefathers for hundreds of years, while others come from Dr. Nicole's extensive natural practice. This book was made for people with no prior plant knowledge who are looking for alternative ways to help themselves or their families. This lost knowledge goes against the grain of mainstream medicine and avoids just dealing with symptoms. Instead, it targets the underlying root cause and strengthens your body's natural ability to repair itself. With the medicinal herbal reference guide included, it's very easy to look up your own condition and see exactly which herbs and remedies can help. Let me just offer you a small glimpse of what you'll find inside: On page 145 learn how to make a powerful "relieving" extract using a common backyard weed. This plant acts directly on the central nervous system to help with all kinds of pain and discomfort. You'll also discover the most effective natural antibiotic that still grows in most American backyards (page 150). Turn to page 43 for the natural protocol Dr. Nicole is recommending for a wide range of auto-immune conditions, after falling prey to MS herself at age 29. I could go on and on because this book contains no less than 800+ other medicinal plants and natural remedies.

Looks at ancient medicine and explains why humans faced new challenges when they began to live together in large communities.

Would you like to find a way to enter the lost world and the forgotten art of Native American herbalism without being caught in disinformation and sensational claims? Are you looking for a modern guide to traditional Native American herbal medicine to supply your medicine cabinet full of natural and low-cost herbs? YOUR CUSTOMER NEVER STOP TO USE THIS AWESOME GUIDE Native American tribes' knowledge of herbs and herbal remedies is unique but not easily accessible since it has been passed down orally from one generation to the next. But don't give up! You have now at your disposal "Native American Herbalism Bible" a deep, comprehensive, three-book bundle that has recorded the rich heritage of herbalist tradition. More comprehensive than any other market guide, carefully studied and written with ease of use in mind, this book will accompany you from collecting to administering DIY remedies from planting tips to creating your natural medicine cabinet, from traditional methods to modern uses, for beginners and herbal experts. In this bundle, you will find: Healthy recipes Benefits Of Native American Herbalism to heal you from most diseases naturally and healthily. Healing Secrets Of The Native Americans to understand why they are so practical and then take the most of

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them to integrate them into your daily life. Herbal Remedies For Your Child to improve your kid's health and get rid of his diseases in a 100% natural way. ... & Lot More! Today, most people are more addicted than ever to drugs that senseless their body and mind and chemicals that consume their health and weigh heavily on their wallets, but you can now quickly access over 2000 years of herbal medicine-making culture. So, eager to enter the ancient world and the forgotten art of Native American herbal medicine? Then this is the right moment! BUY IT NOW AND LET YOUR CUSTOMERS GET ADDICTED TO THIS AMAZING BOOK

Bestselling author Dr. Josh Axe explains how to treat more than seventy diseases, lose weight, and increase vitality with traditional healing practices passed down through the ages. Long before the first pharmaceutical companies opened their doors in the 1850s, doctors treated people, not symptoms. And although we've become used to popping pills, Americans have finally had it with the dangerous side effects, addiction and over-prescribing—and they're desperate for an alternative. Here's the good news: That alternative has been here all along in the form of ancient treatments used for eons in traditional Chinese, Ayurvedic and Greek medicine. Ancient Remedies is the first comprehensive layman's guide that will bring together and explain to the masses the very best of these time-tested practices. In Ancient Remedies, Dr. Axe explores the foundational concepts of ancient healing—eating right for your type and living in sync with your circadian clock. Readers will learn how traditional practitioners identified the root cause of each patient's illness, then treated it with medicinal herbs, mushrooms, CBD, essential oils, and restorative mind-body practices. What's more, they'll discover how they can use these ancient treatments themselves to cope with dozens of diseases, from ADHD to diabetes, hypothyroidism, autoimmune disease, and beyond. Through engaging language and accessible explanations, Ancient Remedies teaches readers everything they need to know about getting, and staying, healthy—without toxic, costly synthetic drugs.

Amazing Greek Ancient Herb Benefits! *** BONUS! : FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * I am tired of relying on pharmaceuticals and chemicals to deal with every day common illness, from a cold to a headache to high blood pressure. Every medication we use, no matter how common or well-researched, comes with intended and unintended effects. Some of these effects, such as the intended effects, are desired, like pain relief when taking pain relief medication. The problem is the unintended effects these medications cause in the body. I am not a doctor or a pharmacist, but I tend to rely on my common sense. 7 Reasons To Buy This Book = > 1. Its Short And Informative No Fluff!! = > 2. This Book Is Straight Forward And Gets To The Point = > 3. It Has A Great Concept = > 4. Learn What You Need To Know FAST! = > 5. Don't Waste Hours Reading Something That Won't Benefit You= > 6. Specifically Written To Help And Benefit The Reader! = > 7. The Best Compact Guide To Learn What You Need To

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Learn In A Short Period of Time Check Out What You Will Learn After Reading This Book Below!! Learn The History Of Greek Medicine Discover Why Greek Medicine Is The BEST Medicine Organic Greek Medicine 5 of the TOP Greek Herbs F Get The Book Before The Promotion Runs Out! Only For A Limited Time! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, Smart Phone, And Or Your Kindle Device -----Tags: Herbal remedies, Greek Medicine, Greek Herbal Remedies, Greek Herbs , Ancient Medicine, Ancient Herbal Medicine

Are you interested in harnessing the healing powers of reishi mushrooms, but you're not sure how to start? Are you already committed to the amazing health effect of reishi mushroom, but are unclear about how to get it or cultivate it?"Reishi Mushroom The Ancient Medicine" is your comprehensive, go-to guide for understanding the exceptional healing powers of reishi mushroom and knowing how to cultivate it without constant struggles.Reishi mushroom is known for a variety of health benefits such as boosting the immune system and fighting cancer, and has been used for over 2,000 years by the Chinese as part of their medicinal treatments.Whether your goal is to know the healing secrets of reishi mushroom, improve your family's health with herbs, or you simply want to discover natural and herbal alternatives to chemical-laden therapies, this book is written to empower you for a healthy transformation.Reishi mushroom is not only known for helping to heal the body but is extremely beneficial for your mind and spirit as well. DR HENRY DONALD wrote with exceptional articulation and clarity, shining a light on the health benefits of this medicinal herb.This book is written to give you the practical guidance and extensive information you need to use reishi mushroom for yourself or your family to treat a variety of ailments.Within the pages of this book, you will: Know how to use Reishi mushroom to combat a variety of health conditions Have an understanding of the spiritual significance of reishi mushroom Know how to buy or cultivate reishi mushroom anywhere And more!You should get this book if you are looking to give yourself enough knowledge to make a decision on which particular health concern reishi mushroom is good for.Click on the "Add to cart Button NOW!

Do you want to free yourself from the handcuffs of modern expensive medicine? Would you like to heal common ailments with the ancient wisdom that has been revealed by the Native Americans? Beautifully illustrated, and clearly presented, this book will take its place as your go-to guide to create all the herbal remedies you need. And you'll save money in the process. It provides easy-to-follow instruction for making herbal remedies at home. It includes tested, effective formulas for common ailments, and includes safety tips as well. It also provides notes on the interaction between these herbs and Western medicines, something that has been largely ignored in other references. Moreover, Tamaya reveals several precious remedies from the East Indian and Asiatic traditions. Many people have already turned to herbalism as an affordable and natural alternative to conventional medicine. Pharmaceuticals focus on pathology, and many

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pharmaceuticals carry the risk of side effects. Herbal medicine focuses on the health and healing of the person and emphasizes whole-body care and prevention. NATIVE AMERICAN HERBAL DISPENSATORY includes: -The spiritual history of Native American herbalism -Common ailments: abscess and gingivitis, acne, allergies, anxiety, asthma, breath, back pain, bites and stings, bronchitis, pneumonia, and chest cold, sunburns and burns, constipation, depression, diarrhoea, fever, heartburn, reflux and Gerd, dyspepsia and indigestion, sinusitis and stuffy nose, sore throat, sprains and strains, skin, wounds -Detailed instruction for DIY natural medicineAncient Herbalism tradition made easy. What a relief! It is now your turn to discover the ancient ways to treat headaches, coughs, colds, anxiety, and more, without the risk of side effects of many Western medicines. Stock your medicine cabinet full of all-natural, low-cost herbal preparations. Buy Your copy today!

Responding to the increased popularity of herbal medicines and other forms of complementary or alternative medicine in countries around the world, this reference reviews and evaluates various safety, toxicity, and quality-control issues related to the use of traditional and herbal products for health maintenance and disease prevention and treatment. With over 3,550 current references, the book highlights the role of herbal medicine in national health care while providing case studies of widely used herbal remedies and their effects on human health and wellness and the need for the design and performance of methodologically sound clinical trials for the plethora of herbal medicines.

Some medicinal plants have more modern uses, others are plants that date all the way back to ancient medicine. Some of these ancient plants were popular in Chinese medicine. Others have ties to the bible and biblical times. These ancient plants have been used to cure plenty of ailments, and there is some backing to this as well. If you've ever been curious about using ancient medicinal plants to cure ailments, you've come to the right place. In this book, we'll go over some of the less discussed ancient medicinal plants that can help you improve your body and mind, including some historical information about them, and why they're so important to use both for modern medicine, and of course in ancient medicine. By the end of this, you will know a lot more about ancient medicinal plants, and you will definitely be able to use these both in modern living, and to treat ailments from long ago.

Ancient Herbal Gardening: Discover The Hidden Benefits Of 6 Age Old Medicinal Herbs And Plants In Your Backyard
FASTLANE LLC

Heal Yourself with Natural Home Remedies! No Drugs! The remedies inside have been collected from various places from around the world giving you a mixed assortment of home remedies to help you in treating some of the most common and basic ailments. Natural remedies are much safer and healthier as compared to synthetic drugs. These synthetic drugs have side effects that can worsen your illness. A home remedy made from all-natural ingredients will

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benefit you in a healthy and a side effect-free way. Your overall health will improve when you start making healthier choices in your life: follow the recipes and use only natural ingredients in their natural pure form with no un-natural synthetic products added as fillers. Natural Remedies: Ancient Cures, Natural Treatments and Home Remedies for Health include remedies for: ? Weight-loss ? Stress ? High Blood Pressure ? Cold and Flu ? Runny Nose and Sneezing ? Allergies ? Skin Conditions ? Osteoporosis ? Leg Cramps ? Home Remedies for Arthritis & Joint Pain ? Upset Stomach ? Hair Treatments ? Anti-aging Treatments You will also discover: ? Natural Herbs and Their Health Benefits ? Home Remedies Found in Foods for Various Ailments ? Fruits that offer Medicinal Benefits ? Foods that are Natural Sleep Aids ? 10 Healthy Foods for New Mothers May your road to healthier and natural choices be one filled with great joy and peace of mind for you, in knowing you are making good choices for you both mentally and physically.

Would you like to find a way into the lost world and forgotten art of Native American herbalism without getting caught in misinformation and sensationalistic claims? Are you looking for a modern guide on traditional Native American herbal medicine to stock your medicine cabinet full of all-natural, low-cost herbal preparations? The knowledge of Native American tribes on herbs and herbal remedies is unmatched but not easily accessible since it has been passed on orally from one generation to another. But don't give up! I am proud to present The Native American Herbalist's Bible: an in-depth, all-encompassing 3 books in 1 bundle that has recorded our rich heritage of herbal craftsmanship and tradition. More exhaustive than any other guide on the market, thoroughly researched, and written with ease of use in mind, this book will accompany you from harvesting to administering low-cost, DIY remedies, from planting tips to the creation of your very own natural medicine cabinet, from traditional methods to modern uses, for beginners and expert herbalists alike. In the first volume you will find: The forgotten history of Native American Medicine Herbalism 101: a handy guide for the budding herbalist to learn every technique you'll ever need Traditional preparations for the daring herbalist All about harvesting plants: from planting to wild crafting, from a buying tips to ethical practices The best way to store every part of the plants (with secret tips from the best herbalists!) How to administer herbs in different forms, including fresh and dried herbs, capsules, extracts in water, alcohol, glycerin, vinegar and oil, and even preparations like essential oils and flower essences The most relevant sacred medicine ceremonies in our culture (including how to build your very own sweat lodge on page 57!) In the second volume you will discover: The complete herb profile of 75] herbs and wild plants The traditional uses of each plant The ultimate catalogue of Native American plants and their modern uses and dosages How modern research confirms what the tribes have known for millennia Instructions on how to prepare every single herb (you won't find that easily in other publications!) How to find, identify, harvest, and plant every herb you will ever need Are you in a hurry? For each plant the author has compiled a quick guide to the best solvents, the medicinal parts, and their

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effect on the body! Finally, learn how to heal with nature in the third volume. Read to discover: How to soothe your body and calm your mind with the amazing powers of wild plants and herbs A step-by-step guide for each tea, decoction, salve, oil, capsule, and extract to cure that next cold, scrape, headache, digestive issue, stressful day, or sleepless night with simple ingredients from your cupboard 150+ tried and tested amazing healing recipes carefully selected for you by the best herbalists How to detox with dandelion, beat stress with linden, soothe burns with marshmallow, treat a cold with pine, and beat cramps with crampbark, and much, much more... We are more addicted than ever to drugs that numb our body and mind and chemicals that erode our health and weigh heavily on our wallets, but you can now easily access over 2000 years of herbal medicine-making culture. So, are you ready to discover the lost world and forgotten art of Native American herbal medicine? Then click on "Buy now" to start your healing journey today!

Herbs and Healers from the Ancient Mediterranean through the Medieval West brings together eleven papers by leading scholars in ancient and medieval medicine and pharmacy. Fittingly, the volume honors Professor John M. Riddle, one of today's most respected medieval historians, whose career has been devoted to decoding the complexities of early medicine and pharmacy. "Herbs" in the title generally connotes drugs in ancient and medieval times; the essays here discuss interesting aspects of the challenges scholars face as they translate and interpret texts in several older languages. Some of the healers in the volume are named, such as Philotas of Amphissa, Gariopontus, and Constantine the African; many are anonymous and known only from their treatises on drugs and/or medicine. The volume's scope demonstrates the breadth of current research being undertaken in the field, examining both practical medical arts and medical theory from the ancient world into early modern times. It also includes a paper about a cutting-edge Internet-based system for ongoing academic collaboration. The essays in this volume reveal insightful research approaches and highlight new discoveries that will be of interest to the international academic community of classicists, medievalists, and early-modernists because of the scarcity of publications objectively evaluating long-lived traditions that have their origin in the world of the ancient Mediterranean.

The Natural Amazing Benefits Of Ancient Indian Herbs For Yourself Ancient Indian Herbs*** BONUS! : FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * We all dream of living a healthy and well-balanced life. In today's modern world, we are bombarded with many treatments and remedies that we become confused as to what really works and what doesn't. As much as we would love to try them all, it is not wise to spend our precious time on guesswork. It is important to note that not all herbs will work the same on everyone. This book will help you figure out which herb will work for you, depending on what ailment you are trying to treat. From the depression to weight loss, ancient Indian herb can help you achieve results. A medicine system in India called Ayurvedic, is as old as time provides

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a proven and tested approach to better health and a better well-being by using only plants in treating all diseases. It may sound ridiculous when compared to today's modern medicine, but history has shown that these plants have benefited countless generations in many ways. Many of the herbs India has used for centuries is the main ingredient to modern day prescription medication. 7 Reasons To Buy This Book = > 1. Its Short And Informative No Fluff!! = > 2. This Book Is Straight Forward And Gets To The Point = > 3. It Has A Great Concept = > 4. Learn What You Need To Know FAST! = > 5. Don't Waste Hours Reading Something That Won't Benefit You = > 6. Specifically Written To Help And Benefit The Reader! = > 7. The Best Compact Guide To Learn What You Need To Learn In A Short Period of Time Check Out What You Will Learn After Reading This Book Below!! Understanding Herbal Medicines The Hidden Benefits Of Ancient Indian Herbs The Several Ways To Prepare Herbal Medicines The Lists Of Indian Herbs For Your Health How To Live A Healthy And Well- Balanced life Get The Book Before The Promotion Runs Out! Only For A Limited Time! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, Smart Phone, And Or Your Kindle Device -----Tags: Herbal Medicines, Indian Herbs, Ancient Indian Healing, Natural Herbal Cure, Herbal Recipes The interesting thing about herbal medicine is that a lot of the time, things many people have grown to consider weeds are actually friends in disguise. Just because something is abundant and grows rapidly or well in unspecific terrain doesn't mean that it should be viewed as a burden. Ancient herbal plants have been growing this way for centuries!

This book explores mushroom history, as well as their possible uses in the future. Chapters are dedicated to mushrooms that are promising for medicinal uses.

The best of Eastern and Western medicine in an integrative healing system for the mind, body, and spirit. Now, for the first time, a Western physician and a doctor of Oriental medicine combine the unparalleled technological advances of the West with the unmatched wisdom and healing touch Chinese herbal medicine provides for many diseases and conditions that elude modern medicine. Ancient Herbs, Modern Medicine demonstrates the many important, highly effective ways Chinese medicine and Western medicine can complement each other in treating everything from allergies and insomnia to mental illness and cancer. This accessible, comprehensive guide offers many informative and enlightening case studies and up-to-the-minute information on:

- How integrative medicine combines the best of Western pharmacology and Eastern herbology
- How integrative medicine helps fight the diseases and illnesses of our time, including allergies, asthma, and chronic fatigue syndrome, and eases and even reverses symptoms of arthritis, diabetes, depression, osteoporosis, AIDS, heart disease, and cancer--often without side effects
- How Chinese medicine can help you recognize signs before an illness becomes a crisis
- The importance of Western techniques in diagnosing serious diseases
- Why Chinese medicine offers the most effective treatment for many chronic/recurrent illnesses
- Restoring essential balance to the Five Energetic Systems--the Heart, Lung, Spleen, Liver, and Kidney Energies
- The Eight Strategies of Herbal Therapy--how herbs work in your body

Plus illuminating discussions of the basic principles of Chinese

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medicine, as well as food remedy recipes, diagrams, glossaries of medical terms and herbs, resource listings, and much more to help you tailor an integrative health regimen that is right for you.

Each culture in the world brings its own particular traditions and ideas and stories when it comes to the theme of health and wellness. In the past, many people in the United States considered these remedies to be folklore, old wives tales, and overall ineffective remedies. We became reliant on medication for everything and less focused on the effects of the chemicals that we were putting in our bodies.

This is the first comprehensive book ever written on the sacred aspects of indigenous, historical psychotropic and herbal healing beers of the world.

DISCOVER:: 8 in 1 Box Set - The Amazing Use Of Natural Herbal Remedies and Medicinal Plants To Heal Yourself Naturally And Easily *** BONUS! : FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * Medicinal Plants - 8 in 1 Box Set - The Amazing Use Of Natural Herbal Remedies and Medicinal Plants To Heal Yourself Naturally And Easily BOOK #1

PREVIEW There is endless wisdom in the medicinal practices of ancient civilizations. People who didn't have the opportunity to rely on modern technology were not capable of the same chances at longevity and health that we are in modern times. However, it is important to remember that the drugs we are using now are still in their infancy, and may come with more problems than solutions in some cases. BOOK #2 PREVIEW The science of herbs is a science that the world has forgotten as people began to rely on modern technology more and more. Unfortunately, it was forgotten for the wrong reasons. The appreciation for the gifts of nature fell into ignorance as people become blinded by the convenience of modern technology. Civilization does not always grow in the right way and abandoning herbs in favor of synthetic drugs is an example of civilization at its worst. BOOK #3 PREVIEW In this book you will learn about the top five medicinal plants that you can plant in your own garden, their benefits to your health, and how to keep growing them so you never run out of supply. There are so many benefits to having gardens in your home. First, it is a known stress-reliever. When you are down on your hands and knees, tending to your garden, weeding, or just plain looking-the sight of life that you help grow is just breathtaking that it removes a lot of the stressful things from your mind. BOOK #4 PREVIEW Healing with essential oils isn't something that is commonly considered possible. Although it seems like it is unlikely to work and wouldn't be something the typical scientist would recommend to treat any ailments, ancient people have been using oils for at least as long as the Biblical days in order to uplift the body and heal the spirit. All of the general uses of essential oils seem to be lost on modern medicine, but there are people today who are more than willing to share their insight on the healing benefits of ancient essential oils. BOOK #5 PREVIEW I am tired of relying on pharmaceuticals and chemicals to deal with every day common illness, from a cold to a headache to high blood pressure. Every medication we use, no matter how common or well-researched, comes with intended and unintended effects. Some of these effects, such as the intended effects, are desired, like pain relief when taking pain relief medication. The problem is the unintended effects these medications cause in the body. I am not a doctor or a pharmacist, but I tend to rely on my common sense. BOOK #6 PREVIEW Each culture in the world brings its own particular

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traditions and ideas and stories when it comes to the theme of health and wellness. In the past, many people in the United States considered these remedies to be folklore, old wives tales, and overall ineffective remedies. We became reliant on medication for everything and less focused on the effects of the chemicals that we were putting in our bodies. Get The Book Before The Promotion Runs Out! Only For A Limited Time! You Do NOT Need A Kindle Device To Read This E-Book, You Can Read On Your PC, Mac, Smart Phone, And Or Your Kindle Device -----Tags: natural antibiotics, essential oils, herbal medicine, medicinal plants, ancient organic medicine, Ancient Greek Medicine, ancient essential oils

Would you like to learn how to prevent and treat the most common diseases with natural medicines and recipes that will maximize your health potential? If the answer is "YES", then keep reading... Herbal medicine is the science of using herbs to promote health, prevent and treat illnesses and it has been the world's primary form of medicine since the beginning of time. While it's true that the use of herbs has sadly fallen into disuse due to the dependence on modern medications, over 75% of the world's population are still relying primarily upon traditional healing practices and herbal medicine. This collection of books is packed with practical advice and information that will help you venture into the healing world of American herbalism, in fact, by reading this bundle you'll discover: - An Explanation On How Native Americans Used To Consume Healing Plants, so you will know how plants were the center of their culture, and how they managed to benefit from them by creating potions not only to heal the body but for many different purposes as well - How To Grow Your Medicinal Herbs At Home, so you will always have the most useful homegrown medicinal herbs and plants, that you can use to fight many different diseases and health issues naturally - The Most Powerful Herbal Preparation Methods, including infusions and depictions, juices, fomentation, poultices, ointments, tinctures, liniments, macerations, syrups, powders, and even capsules and pills, to make the most from your home-produced medicinal plants - What Are The Most Used Native American Herbs, so you can know everything about parsley, mint, dill, thyme, fennel, French tarragon, and many more, and what are their uses, their cultivation methods, when to harvest them, and how to store them once harvested - The Best Herbal Recipes With Healing Properties That You Can Prepare At Home, to be able to manage and cure the most common ailments of our time - Herbal Treatments For Your Child, divided by age (0-2 months, 2-12 months, 12 months-5 years, 5 years-12 years) to make sure that you provide healthy wellbeing to your little one with the best natural remedies used by Native Americans - ... & Much More! Thanks to this bundle, you can have a wide range of information and recipes that will allow you to include safe and powerful natural therapeutic agents as a part of your health care program, to feel better without having to resort to modern (sometimes harmful) medications, so... What are you waiting for? Scroll to the top of the page and click the "BUY NOW" button to grab your copy now! Makawee Huaman has indisputable Native American origins: the name already says it all. As well as the name, however, the culture of her ancestors has played a decisive role in her life, enriching her spirit and her nature with teachings that have accompanied her throughout her life. Makawee loves to travel, she is nomadic like many of her ancestors. There is one place, however, where she loves to stay: her grandmother's house. Together with her, since she was a little girl, she prepares natural remedies and has long chats that take her back in time to the discovery of secrets and legends that her people

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collected and never forgot.

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