

American Heart Association Acls Book 2017

Here is the ultimate resource for anyone looking to improve cardiac health and lose weight, offering 800 recipes—100 all new, 150 refreshed—that cut saturated fat and cholesterol. The American Heart Association's cornerstone cookbook has sold more than three million copies and it's now fully updated and expanded to reflect the association's latest guidelines as well as current tastes, with a fresh focus on quick and easy. This invaluable, one-stop-shopping resource—including updated heart-health information, strategies and tips for meal planning, shopping, and cooking healthfully—by the most recognized and respected name in heart health is certain to become a staple in American kitchens.

The student workbook for the credentialed Heartsaver Pediatric First Aid course. Provides information on how to manage illness and injuries in a child during the first few minutes of an emergency until professional help arrives. Includes four core modules: First Aid Basics, Injuries and Illnesses, Life-Threatening Emergencies and the Chain of Survival, and CPR and AED. Also includes optional modules, such as Use of a Nebulizer, to meet regulations for day-care centers in certain states. Workbook comes shrink-wrapped with the Heartsaver Pediatric First Aid Quick Reference Guide (#80-1002), the Adult CPR And AED Reminder Card, the Child And Infant CPR And AED Reminder Card, and a CD containing supplemental information and video clips on CPR and AED skills. An ideal resource for first responders, child-care workers, teachers, foster-care workers, camp counselors, youth organizations, coaches/Little League organizations, as well as parents, grandparents, and baby sitters.

20-1111

Heart disease poses the greatest health threat that women in the United States face: One in every three women will die from it each year. But that doesn't have to be the case. Heart disease is not an inevitable part of growing older. In fact, if you reach the age of 50 without developing the major risk factors for heart disease, you can live your entire life without it, and your chances of dying from it decrease from 50 percent to a strikingly low 8 percent. The key to preventing heart disease is embracing a heart-healthy lifestyle—and the sooner, the better. In this groundbreaking book, the American Heart Association shows you how even the smallest changes can make a big difference over time to protect the health of your heart. The Complete Guide to Women's Heart Health explains how gradual and sustainable shifts in your routine, such as using just a little more than one percent of your time each week to exercise or losing just 10 percent of your body weight, can have a far-reaching impact on your health. With specific pointers on diet, exercise, and health care, this book shows you how to get past the common obstacles as well as how to make taking care of your heart easy and attainable for the busy life you lead, at every age. In chapters targeted for every decade of a woman's life from her 20s to her 70s and beyond, the American Heart Association gives women age-appropriate advice on healthy lifestyle choices and heart-health care. Additional information addressing issues of special interest to women and how those issues affect the heart include: • Smoking• Pregnancy• Menopause and hormone therapy• Aging• Diabetes and other health conditions With the latest guidelines on prevention, suggestions on how to work with your healthcare providers to maintain and improve your vitality, details on screening technologies, and facts about common diagnoses and treatment options, this book is the ultimate resource to help you—and all the women in your life—fight heart disease. From the Hardcover edition.

1 copy of the Basic Life Support (BLS) For Healthcare Providers Instructor Manual (90-1036), 1 Basic Life Support (BLS) For Healthcare Providers Course And Renewal Course DVD (90-1035), 1 copy of the Basic Life Support (BLS) For Healthcare Providers Student Manual (90-1038), and 1 American Heart Association Stopwatch (90-1509).

Basic Life Support (BLS) Provider Manual - The content in this handbook is in compliance with the 2020 guidelines for CPR and ECC (Emergency Cardiac Care), recently released by the American Heart Association - therefore, all the protocols illustrated in this book are based on up-to-date evidence. These guidelines are updated every 5 years. The BLS Provider Manual is a complete guide and reference tool that covers all the information students need to know in order to successfully complete the BLS course. For easier learning, multiple-choice questions can be found at the end of each chapter. The answers to these exercises are found at the very end of the book. Basic Life Support (BLS) refers to a set of procedures that can be learned to prolong survival in life-threatening situations until more professional help is available. Any individual can become certified in basic life support protocols. These protocols are frequently updated, based on the latest evidence available, and every individual who undergoes BLS certification may need to refresh their knowledge every two years. Medical professionals usually have a sound understanding of basic life support protocols. Even then, it is essential for them to frequently undergo certifications to update their knowledge regarding the latest evidence-based protocols. This handbook is designed for both medical professionals and non-healthcare individuals. It aims to establish a sound understanding of the mechanisms underlying basic life support. The intended audience is healthcare students and personnel who need to learn how to perform CPR and other basic cardiovascular life support skills in a wide variety of both clinical and prehospital settings. Go to the top-right of the page and click "Add to Cart"

Mastering ACLS, Second Edition will help health care professionals successfully complete the American Heart Association's Advanced Cardiac Life Support course and certification exam. This quick-review outline-format study guide covers the core knowledge and skills needed for ACLS—including detailed, illustrated life support techniques, core case studies, arrhythmias, defibrillation procedures, I.V. techniques, cardiovascular pharmacology, myocardial infarction, and special resuscitation situations. Now in full color, this edition features 200 illustrations and algorithms, expanded chapter quizzes, a comprehensive test, expanded information on automated external defibrillators, and additional case scenarios in the Megacode and other chapters. A new appendix reviews Basic Cardiac Life Support guidelines.

Product 15-1005

Includes recipes that offer heart-healthy meal solutions that can keep families on a healthy course, with information on how to make healthy choices in the grocery store.

Product 90-1011

Product 80-1535TR

Has companion: BLS basic life support provider manual.

Ventricular arrhythmias cause most cases of sudden cardiac death, which is the leading cause of death in the US. This issue reviews the causes of arrhythmias and the promising new drugs and devices to treat arrhythmias.

Product 15-2805

A practical A-Z pocket manual that explains how to use drugs safely and effectively in an intensive care setting.

20-1118

20-2811

This Provider Course manual "is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through didactic instruction and active participation in simulated cases, students will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndrome (ACS)"--Page 1.

20-1100

20-2804

Product 15-1008

This provider manual features case scenarios that help course participants apply new concepts to real-life situations. It includes material such as Effective Resuscitation Team Dynamics and the 10 ACLS Core Cases; a Student CD with video clips, optional material, anatomy/physiology, a quick reference guide, and reminder cards; two ACLS pocket reference cards; and the required ACLS Precourse Checklist. -- [from publisher's website]

Product 15-1021

With a colossal number of delicious recipes and updated heart-health information, healthy has never tasted so good!

Product 15-2811

CLS Review Made Incredibly Easy!® gives you the confidence you need to pass the ACLS certification exam as well as the knowledge and skills needed to perform advanced cardiac life support. Packed with easy-to-remember definitions and step-by-step directions on the latest treatment algorithms, this enjoyable review text tackles required ACLS course and exam content. It is also the perfect on-the-spot clinical reference—for nurses, students, and all healthcare professionals. Be expertly guided through the latest ACLS training and exam preparation with: NEW and updated content in quick-read, bulleted format, based on current American Heart Association guidelines NEW and updated cardiovascular pharmacology content NEW and updated interventions Explains ACLS course and exam components and requirements Proven study strategies, end-of-chapter quick quizzes, and an end-of-book practice test Explanations of complex concepts—easy-to-retain guidance on how to recognize and treat cardiac arrhythmias, including: Classifications of interventions, including basic life support skills, adult cardiac arrest algorithm, and defibrillation Step-by-step how-tos for current treatment algorithms Managing specific rhythms—hypovolemia, hypoxia, acidosis, hypothermia, cardiac tamponade, tension pneumothorax, pulmonary coronary thrombosis, and more Dozens of colorful diagrams and illustrations outline the core concepts and skills needed for ACLS certification, including: CPR – when and how to use it Devices and procedures skills – safe ventilation techniques, including endotracheal intubation and supraglottic devices, as well as defibrillators, pacemakers, and more Early management – managing the first 30 minutes of cardiac emergencies Emergency conditions – which cardiac rhythms may require ACLS treatment IV and invasive techniques – such as peripheral and central IV line insertion Pharmacology – knowing the action, indication, dosages, and precautions for the major drugs used during ACLS Special features that include: Just the facts – quick summary of each chapter's content o "Nurse Joy" and "Nurse Jake" – expert insights on interventions and problem-solving Quick quiz – multiple-choice questions after each chapter to help you retain knowledge o Now I get it! – real-life patient scenarios illustrating correct ACLS interventions o What to look for – tips on identifying and interpreting arrhythmias. About the Clinical Editor Kate Stout, RN, MSN, is a Critical Care Charge RN at Southern Hills Hospital in Las Vegas, Nevada.

Instructor CD contents include: Precourse materials -- Course materials -- Evaluation materials -- Resources.

Product 15-1064

Advanced Cardiovascular Life Support Provider Manual Amer Heart Assn Incorporated

20-1126

The Save a Life Initiative has just released its newest course: Advanced Cardiac Life Support (ACLS). This manual is based on the 2015-2020 Advanced Cardiac Life Support guidelines published by the American Heart Association. The Advanced Cardiac Life Support (ACLS) Provider Handbook is a comprehensive resource intended for health care professionals currently enrolled in an Advanced Cardiac Life Support Certification or Recertification Course. It serves as the primary training material for ACLS Certification and Recertification courses. Although it is primarily intended for use during their courses, the handbook was also created to serve as daily reference material for health care professionals. Information covered in the handbook includes ACLS instruction for adults and children through multiple case scenarios. Case scenarios include, but are not limited to, respiratory arrest, ventricular fibrillation and bradycardia. Specific ACLS Algorithms and more are also included within the handbook. All material included in this handbook is delivered in a manner meant to enhance learning in the most comprehensive and convenient way possible.

The classic cookbook for achieving heart health and wellbeing through a diet that is low in cholesterol and saturated fat--updated and revised with 200 recipes (including 50 new to this edition) Lose the bad fats, but not the flavor. Now in its fifth edition, American Heart Association Healthy Fats, Low-Cholesterol Cookbook provides the most up-to-date information on heart health and nutrition. Good-for-you food should also be satisfying, and the American Heart Association reveals how easy it is to replace the bad fats in your diet with healthier ones. This classic cookbook offers more than 200 tempting dishes, 50 of which are new, including: · Fresh Basil and Kalamata Hummus · Triple-Pepper and White Bean Soup with Rotini · Taco Salad · Hearty Fish Chowder · Chicken Pot Pie with Mashed Potato Topping · Balsamic Braised Beef with Exotic Mushrooms · Grilled Pizza with Grilled Vegetables · Stovetop Scalloped Tomatoes · Puffed Pancake with Apple-Cranberry Sauce · Mango Brûlée with Pine Nuts The perfect companion for today's healthy cook, this indispensable collection of recipes proves you can eat deliciously and nutritiously.

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