

Adventure Riding Techniques The Essential Guide

Few activities offer more fun and excitement than motorcycling, but to get the most out of it, there's a lot you need to know. From buying and maintaining a bike, to riding safely, to finding great places to ride, *Motorcycling For Dummies* puts you on the road with savvy and style, whether you're male or female, new to riding or an experienced vet. This fun, practical, and informative guide gets you geared up and ready to ride! You'll get plenty of help in selecting the right bike and step-by-step instructions on performing routine maintenance tasks. You'll also find out how to develop safe riding habits and, maybe most important of all, fit in with the biker crowd. Plus, this indispensable resource shows you advanced riding techniques, offers travel tips for long-distance rides, and even helps you get your kids started in motorcycling. Discover how to: Buy a new or used bike Select safe, tough riding gear, from helmet and jacket to boots and pants Get proper training and learn essential riding skills Insure your bike Pass even the toughest licensing test Try your hand at cruising, touring, sports biking, and more Get involved in motorcycle clubs and events Deal with dangers on the road Customize your bike to improve both style and performance Complete with lists of great biking events, organizations, people, and even movies, *Motorcycling For Dummies* gives a whole new meaning to the term "easy rider."

You can ride a dirt bike, but do you really feel comfortable on it, and confident that you know how to handle it in any situation? In *The Art of Trailriding*, author Paul Clipper, former staffer at *Dirt Bike* magazine and past owner of *Trail Rider* magazine, digs into his 40 years of off-road riding experience to explain in simple terms how your bike works and what you have to do to

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gain control. Clipper all about proper set-up, and then goes on to carefully details what to do and what to expect in specific riding circumstances.

Every red-blooded motorcyclist dreams of making the Big Trip--this updated fifth edition shows them how. Choosing a bike, deciding on a destination, bike preparation, documentation and shipping, trans-continental route outlines across Africa, Asia and Latin America, and back-country riding in SW USA, NW Canada and Australia. Plus--first hand accounts of biking adventures worldwide.

Going beyond a standard 72-hour bug out bag, this book shows you how to outfit escape vehicles and retreats in order to be able to survive for days, weeks or even months without civilization. Projects include outfitting a stationwagon, converting an RV and building secure shelters from shipping containers.

Practical guidebook for those planning a long cycle-touring trip. Part 1 deals with choosing a bike and preparation; Part 2 covers suggested routes around the world and within each continent; Part 3 is a selection of trip reports from round the world cyclist tourists. The book that has become the cycle-tourist's Bible and inspiration has been re-researched by Neil and Harriet Pike, who are well known online for their intrepid cycle journeys and entertaining blogs. "Sportbikes today handle better than pure racebikes did just a few years ago. Their sophisticated, versatile suspension offers countless combinations to find the handling that's right for you. This book will help you hone and perfect your suspension for high-performance street riding and track days. Discover the right way to set spring and damping adjustments, and adjust ride height for greater steering responsiveness and traction. Suspension specialists from professional racing and the aftermarket also offer their insights on useful

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modifications."--Publisher description.

Acclaimed as one of the most exciting books in the history of American letters, this modern epic became an instant bestseller upon publication in 1974, transforming a generation and continuing to inspire millions. This 25th Anniversary Quill Edition features a new introduction by the author; important typographical changes; and a Reader's Guide that includes discussion topics, an interview with the author, and letters and documents detailing how this extraordinary book came to be. A narration of a summer motorcycle trip undertaken by a father and his son, the book becomes a personal and philosophical odyssey into fundamental questions of how to live. The narrator's relationship with his son leads to a powerful self-reckoning; the craft of motorcycle maintenance leads to an austere beautiful process for reconciling science, religion, and humanism. Resonant with the confusions of existence, *Zen and the Art of Motorcycle Maintenance* is a touching and transcendent book of life.

Today's disaster - firestorms, floods, hurricanes, earthquakes, pandemics, terrorists - are too big to wait it out at home or hope the government will bail you out. The smart thing is to GET OUT before it is too late. This book tell you how to plan, prepack, preroute and implement your escape from danger. **WARNING SIRENS ARE BLARING. YOU HAVE 15 MINUTES TO EVACUATE. WHAT WILL YOU DO?** Cataclysmic events strike sleepy towns and major cities every year. Residents face escaping quickly or perishing in rising waters, raging fires or other life-threatening conditions. By the time the evacuation starts, it's already too late. Being prepared makes the difference between survival and disaster. Guiding you step by step, *Bug Out* shows you how to be ready at a second's notice. * Create an escape plan for where to go and how to get there. * Pack the perfect bug-out bag for the first 72 hours. * Find food, water

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and other necessities outside of civilization. Floods. Hurricanes. Pandemics. Earthquakes. Blizzards. Tsunamis. Wildfires. Riots. 'Bug Out' includes detailed information on the best escape locations everywhere in the U.S.: * The Pacific Coast * The Rocky Mountains * The Desert Southwest * The Heartland * The Lakes and Big Woods of the North * The Gulf Coast * The Appalachians * The Atlantic Coast

This book is written to help adventuresome motorcyclists buy, ride, and enjoy dual sport motorcycles, those versatile machines that are equally at home on the street and in the dirt. It is organized into four sections covering motorcycle selection, setup, riding technique, and specialized activities such as off-road touring and rallies. Several chapters include exercises designed to improve riding and impart new skills. Over 250 full-color photographs illustrate the many options for gear, clothing, and aftermarket accessories which can add comfort, safety, and convenience to any motorcycle adventure. The book also contains many references and sources to orient enthusiasts to the sometimes overwhelming sea of information that is available. New riders will benefit from the clear explanations of dual sport gear, accessories, and techniques, while experienced riders coming to dual sport from a street riding background will find chapters covering advanced dirt riding skills, GPS navigation, and preparing for multi-day trips. Riders at all levels will gain a broader perspective of the dual sport experience, from which they can begin their journey to new motorcycle adventures. Practical guide for anyone planning a long-distance motorcycling trip. Choosing,

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preparing and equipping a motorbike, documentation and shipping, life on the road, trans-continental route outlines: Asia, Africa & Latin America. Updated and now in full colour, this best-seller has been in print for almost 30 years.

Canning Essentials is a go-to beginner's guide that will take you step-by-step through the different processes of canning fruit and produce. From canning vegetables, like tomatoes and squashes, to preparing homemade jam, salsas, relishes, and so much more, this book simplifies food preservation so that even today's busiest people can find time to do it themselves. Emphasizing cost-saving and sustainable food safety, you'll learn methods for both freezing, canning, pressure canning, and water-bath canning, then discover over 60 delicious recipes for homemade jelly, chutneys, pickles, and more. With helpful charts throughout to detail methods with specific timings, temperatures, and required equipment, this book will teach you everything you need to know about preserving and canning fruits and vegetables.

The perfect book for cyclists everywhere, Velochef is a beautiful package of nourishing, delicious recipes for those who love to get out on the open road and cycle - from the man who cooks for professional cyclists around the world. Velochef is a recipe book developed with cyclists in mind by Henrik Orre, chef for the Norwegian National Roadcycling Team and Team Sky Procycling. The book includes 80 recipes through 200 pages that are ideal fuel for before the race, recovering afterwards, and even during your adventure.

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Off-road riding is one of motorcycling's most popular pursuits and also one of its best training grounds for improving street-riding skills. Off-road riding takes many forms, from motocross and enduro racing, to dual-sport day trips, to trail riding, to adventure tours. No matter the specific pursuit, all dirt riding (and much street riding) shares the same basic skill set. *How to Ride Off-Road Motorcycles* schools the reader in all the skills necessary to ride safely and quickly off-road. Chapters cover the basics, such as body position, turning, braking, and throttle control, then proceed to advanced techniques, such as sliding, jumps, wheelies, hill-climbing, and more. If you've ever wanted to try dirt riding or if you're an experienced rider looking to sharpen your skill set, *How to Ride Off-Road Motorcycles* is a perfect riding coach.

Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork. Popular motorcycle journalist and author Mark Zimmerman brings a comfortable, conversational tone to his easy-to-understand explanations of how motorcycles work and how to maintain them and fix them when they don't. This practical tutorial covers all brands and styles of bikes, making it a perfect companion to the owner's service manual whether you need to use the step-by-step instructions for basic maintenance techniques to wrench on your bike yourself or just want to learn enough to become an informed customer at your local motorcycle service department. This book includes

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more than 500 color photos and a thorough index to make it an especially user-friendly reference for home motorcycle mechanics of all skill levels.

More and more motorcyclists have taken to camping, both to reduce travel costs and to add an extremely enjoyable dimension to their adventures. This new second edition is loaded with up-to-date and practical information on how to plan a two-wheel camping trip, such as evaluating the bike for space and load-carrying capacity, what and where to look for in gear and how to use it, finding motorcycle-only campgrounds, planning and packing for the ultimate trip, dealing with "critters" at camp, learning the newest campfire cooking techniques, and even has some easy, tasty recipes to try. An extensive resource directory lists dozens of equipment suppliers to orient riders in the overwhelming sea of information available today on gear, luggage, clothing, and even trailers.

Outdoor enthusiasts thinking of trying adventure motorcycling will be inspired, invigorated and informed by the Adventure Motorcycling Manual, which covers every aspect of the trip, including practicalities (cost, personal fitness, how long you can be away from home), choosing the right bike, equipment, clothing, legal documentation, riding techniques, maintenance, navigation and emergencies. Whether stranded on a mountainside or dreaming in the armchair, both experienced and would-be adventurers will find this book essential reading.

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This is the book for the motorcyclist who wants to do it right! The Motorcycle Safety Foundation's Guide to Motorcycling Excellence is the most complete and authoritative guide to motorcycle safe-riding techniques and strategies. More than one million students have completed courses developed by the Motorcycle Safety Foundation, and this book is the culmination of what this leading rider-training organization has learned about teaching students of all ages and experience levels. It is the perfect refresher for anyone who has taken an MSF class and it will be an eye-opener for those who have not yet taken a formal training course. In a clear, engaging style with detailed diagrams and extensive full-color photographs and illustrations, the book covers rider attitude, proper gear, basic and advanced street skills, and performance, as well as skill maintenance and troubleshooting. Topics include how to stop quickly when necessary; avoiding traffic hazards; applying evasive maneuvers; countersteering for better control; traveling safely and skillfully in a group; identifying and fixing mechanical problems; riding smoothly at high and low speeds; maintaining momentum in off-highway riding; and much, much more. The Motorcycle Safety Foundation's Guide to Motorcycling Excellence is a remarkable source of riding wisdom and the definitive reference for the sport.

This exciting book is an essential guide to more than 30 of the world's best

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journeys for the adventure motorcyclist. The coverage for each route includes a first-hand account from someone who has made the trip together with comprehensive information on what to expect in terms of riding conditions, the best time to travel, choice of motorcycle, the history of the route, sights along the way, climate information and all kinds of other practical advice, all accompanied by top-class photography and detailed maps. This latest book in Haynes' adventure motorcycling series will both inspire and inform.

Today's super high-performance bikes are the most potent vehicles ever sold to the public and they demand advanced riding skills. This is the perfect book for riders who want to take their street riding skills to a higher level. Total Control explains the ins and outs of high-performance street riding. Lee Parks, one of the most accomplished riders, racers, authors and instructors in the world, helps riders master the awe-inspiring performance potential of modern motorcycles. This book gives riders everything they need to develop the techniques and survival skills necessary to become a proficient, accomplished, and safer street rider. High quality photos, detailed instructions, and professional diagrams highlight the intricacies and proper techniques of street riding. Readers will come away with a better understanding of everything from braking and cornering to proper throttle control, resulting in a more exciting yet safer ride.

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Here's everything you need to successfully improve your riding, novice or veteran, cruiser to sportbike rider. This book contains the very foundation skills for any rider looking for more confidence when cornering a motorcycle. Notes and comments by Eddie Lawson. Foreword by Wayne Rainey.

Fully authorised and supported by Heathrow, the Haynes Heathrow Airport Manual takes the reader behind the scenes of the world's busiest airport, investigating all aspects of its organisation. The author covers airport management, runways, terminals, air traffic control and airport operations, including fuelling, baggage services, freight, passenger services, retail, engineering, emergency services, ground transportation systems, security, meteorology, simulator training and telecommunications. This is a fascinating subject, ripe for the Haynes Manual treatment.

If you want to ride like a pro, you should learn from a pro! In Mastering Mountain Bike Skills, Third Edition, world-champion racer Brian Lopes and renowned riding coach Lee McCormack share their elite perspectives, real-life race stories, and their own successful techniques to help riders of all styles and levels build confidence and experience the full exhilaration of the sport. Mastering Mountain Bike Skills is the best-selling guide for all mountain biking disciplines, including enduro, pump track racing, dual slalom, downhill, cross-country, fatbiking, and

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24-hour races. It absolutely captures the sport and offers everything you need to maximize performance and excitement on the trail. Learn how to select the proper bike and customize it for your unique riding style. Develop a solid skills base so you can execute techniques with more power and precision. Master the essential techniques to help you carve every corner, nail every jump, and conquer every obstacle in your path. Last, but not least, prepare yourself to handle every type of weather and trail condition that the mountain biking world throws at you. Whether you're a recreational rider looking to rock the trails with friends, are a seasoned enthusiast, or are aspiring to be a top pro, Mastering Mountain Bike Skills will improve your ride and dust the competition. Don't just survive the trail—own the trail, and enjoy the thrill of doing it.

Riding motorcycles is fun, but author Ken Condon maintains that there is a state of consciousness to be achieved beyond the simple pleasure of riding down the road. Riding in the Zone helps riders find that state of being. It's the experience of being physically and mentally present in the moment, where every sense is sharply attuned to the ride. Your mind becomes silent to the chatter of daily life, and everyday problems seem to dissolve. You feel a deeper appreciation for life. Your body responds to this state of being with precise, fluid movements, you feel in balance, your muscles are relaxed, and it seems as though every input you

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make is an expression of mastery. This is "the Zone." Condon identifies all of the factors that affect entering the Zone and addresses each one individually, from the development of awareness and mental skills to mastering physical control of the motorcycle. At the end of each chapter are drills designed to transform the book's ideas into solid, practical riding skills. Riding in the Zone takes riders to the next level in their skill set.

For any aspiring adventure motorcycle rider, the biggest decisions are what bike to choose and how to go about kitting it out. Though some of the top adventure bikes currently on sale could arguably roll off the showroom floor and carry you just about anywhere in the world, it is human nature to tweak, enhance, customize and ultimately personalize your chosen machine before heading off. From simple questions such as the choice of tires and the preferred luggage system, to more complex options such as navigation and communication equipment, there are myriad choices. This extensively illustrated practical book provides in-depth coverage on preparing an adventure motorcycle for the journey of a lifetime.

A young girl fearing for her life comes to ask Sherlock Holmes for his help. After having announced her engagement to her stepfather, his behaviour has become even stranger than usual. She is set to inherit her mother's fortune but fears that he wants to kill her to prevent it. As a matter of fact, that is exactly what happened to her older sister. The latter died under mysterious circumstances the day before her wedding, in the middle of the night. Her last words were: "the speckled band". And now her stepfather insists on her sleeping in the very same room in which her sister died. Sherlock Holmes immediately takes the case. "The

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"Adventure of the Speckled Band" is part of "The Adventures of Sherlock Holmes". Sir Arthur Conan Doyle (1859-1930) was born in Scotland and studied medicine at the University of Edinburgh. After his studies, he worked as a ship's surgeon on various boats. During the Second Boer War, he was an army doctor in South Africa. When he came back to the United Kingdom, he opened his own practice and started writing crime books. He is best known for his thrilling stories about the adventures of Sherlock Holmes. He published four novels and more than 50 short-stories starring the detective and Dr Watson, and they play an important role in the history of crime fiction. Other than the Sherlock Holmes series, Doyle wrote around thirty more books, in genres such as science-fiction, fantasy, historical novels, but also poetry, plays, and non-fiction.

This essential guide from the experts at Dirt Rider magazine covers everything from riding and repair basics to motocross tricks and flips. Affordable and easy to ride, dirt bikes are a great way to enjoy the great outdoors and build riding skills. Whether you just want to enjoy a ride through the backcountry or you're gunning for motocross stardom, this book is full of hand-on tips and tricks to get you there. The Total Dirt Rider Manual covers: Gear: Learn how to buy the right bike for you, whether you're looking at new models or used rides; suit up for style safety, and comfort; and adapt your gear to a wide range of riding conditions. Riding: Get all the information you need to enjoy a casual day on the trails or to compete year-round. Wrenching: The best of Dirt Rider magazine's "Dr. Dirt" feature, providing step-by-step tutorials for repairs of all kinds. Suspension: A bike's suspension is vital, expensive to fix, and tricky to diagnose. This special section offers clear, practical tips from America's top race-bike mechanics that could save you thousands of dollars.

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Every motorcycle adventure presents new challenges – terrain, weather, geography, mechanical issues, survival and navigation. Adventure Riding Techniques is designed to act as the essential and definitive guide to all the specialist skills one would need for off road adventure riding. It is designed to fill the reader with the confidence needed to undertake a long distance adventure ride, whatever the conditions. The book delivers a practical approach to adventure bike basics, riding techniques, crossing different types of terrain (everything from rivers and mud to rocks and deep sand), riding positions and strategies for survival. A long distance motorcycle journey is a significant undertaking and giving the reader insight into vital techniques and skills is this book's unique difference. Specialists in the field will be used to demonstrate techniques and provide insightful information for aspiring adventure riders. Motorcyclists in record numbers are heading out on ambitious trips across America and around the world. The Essential Guide to Motorcycle Travel offers essential advice to fully prepare them for traveling long distances over extended periods. Whether you are getting ready for a weekend trip beyond your home turf, or for a transcontinental odyssey lasting several years, Coyner's book details the fundamentals for riding in comfort, safety, and convenience. In three major sections, this book covers trip planning, rider preparation, and outfitting the motorcycle. This newest edition has been completely updated to reflect current information and the newest trends in mobile technology, as it relates to motorcycle touring. Coyner lays out the steps for planning a worry-free, fun trip, one that starts with the rider physically and mentally prepared. On the road, having good riding gear can make a dramatic difference in comfort and safety as the weather changes from dry to wet, and from hot to cold. Coyner describes the important aspects of personal preparation and describes the major kinds of riding gear and how they

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work to control body temperature and moisture. As motorcycle technology has evolved, so have aftermarket accessories, which are made to address virtually every special need. Coyner shows you step-by-step how electrical modifications can be made, and provides specific sections on high-performance lighting and conspicuity, GPS and other cockpit instruments, entertainment and communication devices, cameras and camcorders, ergonomic enhancements, suspension improvements, luggage and storage additions, and trailers. Over 250 full-color photographs illustrate riding gear, accessories, and modifications that will make any motorcycle adventure the trip of a lifetime.

Riding a motorcycle offers a sense of freedom unlike any other. But there's a lot you need to know before heading out on your first trip. Fortunately, all the necessary information is now in one resource. *Your First Motorcycle* is a beginner's guide to the best, safest, and most cost-effective ways to start riding motorcycles. Written by experienced instructor and enthusiast Lee Heaver, this book takes new bikers from zero to sixty, with chapters on: - Tackling the unavoidable paperwork and conversations - Total cost to start riding - Which training courses to take (if any) - Selecting the right gear - Finding and financing your first motorcycle - Basic safety and essential riding techniques - Fundamental mechanics and maintenance like changing your oil, replacing fuses, and checking tire pressure Filled with entertaining anecdotes, *Your First Motorcycle* takes all the difficulty out of learning to ride, giving readers the confidence to safely hit the highways and meet new, amazing people.

Provides advice on equipment and skills, including tips on how to prevent injury and convert a mountain bike into a road bike

Adventure Sports Photography, by renowned photographer and workshop leader Tom Bol,

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combines personal stories from field experience with expert photo technique. Aspiring outdoor photographers, both adventure sports shooters and outdoor photography enthusiasts, will find this book to be a valuable reference and guide. It covers everything an adventure sports shooter needs to know to get the shot—from packing and organizing gear for an afternoon shoot of rock climbing at the local crag to a month-long sea kayaking expedition. You'll explore composition and creative angles for stunning adventure sports images, and learn in-depth techniques for using speedlights and strobes for creative lighting when you're shooting in the field. This book also shows you how to create a sequence shot and set up an effective digital workflow. In addition to creating environmental portraits, you'll find out how to produce quality video of adventure sports. Tom Bol has been photographing adventure sports for more than 25 years, documenting adventures on every continent, and his work has been published worldwide. He is a regular contributor to Digital Photo magazine, and he's been recognized as one of National Geographic Adventure's "50 of America's Top Visionaries" for his photography. Tom's work has been featured by Elinchrom, LowePro, Manfrotto, and Nikon, and he is a Sandisk Extreme Team member. PDN readers voted Tom one of the photography world's best workshop leaders. He is also an instructor at Kelby Training, Maine Photo Workshops, Photo Quest Adventures, and Strabo Photo Tours.

Adventure Riding Techniques The Essential Guide to All the Skills You Need for Off-Road Adventure Riding Haynes Publishing UK

IN THE BLINK OF AN EYE, WITHOUT WARNING, DISASTER STRIKES!
WOULD YOU SURVIVE? •Stranded in the wild •Pinned under a boulder

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- Marooned on an island
- Trapped in a burning high rise
- Mauled by a bear
- Snowbound in your car
- Surrounded by a forest fire
- And many more ultimate challenges

Every year, ordinary people find themselves in extraordinary life-or-death situations. Delving into 13 harrowing scenarios, this handbook for survival combines riveting narratives with expert advice and real-life accounts of savvy survivors. It's everything you need to know to get out alive.

This best-selling book is also “#1 book in motorcycle safety” (Nielsen BookScan) and essential reading for all motorcyclists regardless of their years of experience. Author David L. Hough, a revered motorcycle author, columnist, and riding-safety consultant, lays out a clear course for all riders who want to sharpen their handling skills and improve their rides. This second edition, expanded and now in full color, offers new riders and road warriors the exact kind of advice they need to be prepared for anything when on the road, how to avoid accidents, and how to handle the unexpected. Hough, who began motorcycling in the 1960s, tackles every imaginable topic—from the mechanics of the bike, selection of the right-sized bike, and basic riding skills to night riding, group outings, and advanced survival tactics. In the chapter called “Motorcycle Dynamics,” Hough spells out the equipment needed and basic skills required to control a bike, and specifically keeping the rider's safety and ability to avoid potentially injurious or fatal

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crashes. The author is outspoken and direct when it comes to safety, and he emphasizes the importance of the rider's braking abilities and spells out how to improve them. The chapter offers six tried-and-true techniques for quick-stop tactics, critical for every rider to understand and master. He also addresses other vital skills that riders need to evaluate and improve, such as turning, maintaining balance and stability, and steering. He defines, compares, and analyzes the ins and outs of steering and control: direct steering, countersteering, push steering, out-tracking, coning, u-turns, and directional control. The chapter called "Cornering Habits" is a virtual master class in acceleration, deceleration, use of weight, throttle, leaning, and handling challenging terrain. Hough's skill as a photographer and illustrator adds a graphic element to his books that leads to immediate understanding of the concepts he explains. The detail offered in each section of the book can only come from decades on the road, and the author is the consummate instructor, assigning homework to the readers in the form of exercises to practice and improve specific techniques that he outlines and illustrates in the text. Any rider who would venture out on the road without David Hough's voice in his head takes an unnecessary risk with his own life. Proficient Motorcycling takes riders from long, snaking country roads right into the traffic of the big city, and Hough offers the best advice for riders dealing with the most

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challenging conditions, whether it's road construction, snap-jawed intersections, skateboarders, or suddenly slippery road surfaces. A critical section of the book offers riders advice on how to deal with automobiles, including aggressive car drivers, oblivious SUV drivers, or "blind" truck drivers. The book offers the kind of first-hand experience that can literally save riders' lives, as illustrated in the chapters "Booby Traps" and "Special Situations," which offer evasive tactics and advice to avoid and handle everything from slick surfaces, curbs, and construction plates to ferocious dogs, hazardous wildlife, and difficult weather conditions. The final chapter of the book, "Sharing the Ride," is geared toward experienced riders who travel together in groups or who travel with a second passenger on the bike. Topics covered are formation, packing for trips, communication between riders, sidecars, trikes, and more. The book concludes with a resources section of organizations, training schools, educational tools, and websites; a glossary of 80+ terms; and a complete index.

"No matter what or how you ride, read this book and remind yourself just how enjoyable cycling can and should be."—Eben Weiss, author of *The Enlightened Cyclist Just Ride* is a revelation. Forget the ultralight, uncomfortable bikes, flashy jerseys, clunky shoes that clip onto tiny pedals, the grinding out of endless miles. Instead, ride like you did when you were a kid—just get on your bike and discover

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the pure joy of riding it. A reformed racer who's commuted by bike every day since 1980, whose writings and opinions appear in major bicycling and outdoor magazines, and whose company, Rivendell Bicycle Works, makes bikes for riders ready to opt out of a culture overrun by racing, Grant Petersen shares a lifetime of unexpected facts, controversial opinions, expert techniques, and his own maverick philosophy. In 87 short, two-to-three page chapters, it covers: Riding: Count Days, Not Miles; Corner Like Jackie Robinson; Steer with Your Hips, Shift with Your Legs Suiting Up: The Shoes Ruse; Ponchos—the Ultimate Unracer's Garment Safety: #1 Rule—Be Seen; Helmets Aren't All They're Cracked Up to Be Health and Fitness: Why Riding Is Lousy All-Around Exercise; Saddles Don't Cause Impotence; Drink When You're Thirsty—Not Before Also includes chapters on Accessories, Upkeep, and Technicalities, and a final chapter titled "Velosophy" that includes the essential, memorable thought: Your Bike Is a Toy—Have Fun with It. Winner Silver Medal 2013 Independent Publisher Book Awards

Explains how to plan a motorcycle trip, recommends clothing and accessories, and offers tips on safety.

The Adventure Motorcycle Maintenance Manual is the definitive guide to keeping an adventure motorcycle running in the way it should. Written for the rider who

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wants to be self-reliant while on the road, the book takes the reader through a series of practical, hands-on techniques designed to keep the bike in peak riding condition. In the classic Haynes style, the book uses picture-led chapters and clear step-by-step instructions to demonstrate the skills needed for basic maintenance both at home and on the trail.

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