

Adult Development And Aging 6th Sixth Edition

Adult Development and Aging
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McGraw-Hill
Education

How do you tailor education to the learning needs of adults? Do they learn differently from children? How does their life experience inform their learning processes? These were the questions at the heart of Malcolm Knowles' pioneering theory of andragogy which transformed education theory in the 1970s. The resulting principles of a self-directed, experiential, problem-centred approach to learning have been hugely influential and are still the basis of the learning practices we use today. Understanding these principles is the cornerstone of increasing motivation and enabling adult learners to achieve. The 9th edition of *The Adult Learner* has been revised to include: Updates to the book to reflect the very latest advancements in the field. The addition of two new chapters on diversity and inclusion in adult learning, and andragogy and the online adult learner. An updated supporting website. This website for the 9th edition of *The Adult Learner* will provide basic instructor aids. For each chapter, there will be a PowerPoint presentation, learning exercises, and added study questions. Revisions throughout to make it more readable and relevant to your practices. If you are a researcher, practitioner, or student in education, an adult learning practitioner, training manager, or involved in human resource development, this is the definitive book

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in adult learning you should not be without.

This well-established and accessible text has been completely revised in this expanded fifth edition. Each chapter has been updated, often extensively, to reflect current thinking, and an important new chapter on death, dying and bereavement has been added. Providing a comprehensive overview of the psychological processes of ageing, the text examines what constitutes older age, and presents the latest theory and research in a variety of domains, including intellectual change in later life; ageing and memory; ageing and language; ageing, personality and lifestyle; and mental health and ageing. Consideration is given to the problems inherent in measuring the psychological status of older people, and the author looks to the future to answer the question “what will constitute 'being old'?” This new edition is essential reading for all those working or training to work with older people, and a key text for students.

The new edition of the authoritative book in the field of adult education — fully revised to reflect the latest research and practice implications. For nearly three decades, *Learning in Adulthood* has been the definitive guide in the field of adult education. Now in its fourth edition, this comprehensive volume is fully revised to reflect the latest developments in theory, research, and practice. The authors integrate foundational research and current knowledge to present fresh, original perspectives on teaching and learning in adulthood. Written by internationally-recognized experts, this market-leading guide draws from work in sociology, philosophy, critical social theory, psychology, and education to

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provide an inclusive overview of adult learning. Designed primarily for educators of adults, this book is accessible for readers new to adult education, yet suitably rigorous for those more familiar with the subject. Content is organized into four practical parts, covering topics such as the social context of adult learning, self-directed and transformational learning, postmodern and feminist perspectives, cognitive development in adulthood, and more. Offering the most comprehensive single-volume treatment of adult learning available, this landmark text:

- Offers a wide-ranging perspective on adult learning
- Synthesizes the latest thinking and work in the field
- Includes coverage of the sociocultural perspectives of adult learning
- Explores the broader social implications of adult education

Learning in Adulthood: A Comprehensive Guide, 4th Edition is an indispensable resource for educators and administrators involved in teaching adults, as well as faculty and students in graduate programs in adult education.

An authoritative overview of the current state of the field of adult and continuing education Drawing on the contributions of 75 leading authors in the field, this 2010 Edition of the respected Handbook of Adult and Continuing Education provides adult education scholars, program administrators, and teachers with a solid foundation for understanding the current guiding beliefs, practices, and tensions faced in the field, as well as a basis for developing and refining their own approaches to their work and scholarship. Offering expanded discussions in the areas of social justice, technology, and the global dimensions of adult and continuing

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education, the Handbook continues the tradition of previous volumes with discussions of contemporary theories, current forms and contexts of practice, and core processes and functions. Insightful chapters examine adult and continuing education as it relates to gender and sexuality, race, our aging society, class and place, and disability. Key Features Expanded coverage of social justice, the impact of technology, and the global dimensions of adult and continuing education provides a useful update on theories and practices in the field as they have evolved during the last decade. An invaluable introductory overview and synthesis of key aspects of the field of practice and scholarship acquaints new readers to the field The centrality of social justice in adult and continuing education is addressed in a new section. The broader global context of contemporary adult and continuing education is covered in a final section. Praise for the First Edition: "Because of the way it is organized, this book meets the needs of both novice and experienced advance practice nurses. Each chapter defines the problem, how often it occurs, and what leads to the problem. To aid in assessment, the book includes the physical examination landmarks as well as diagnostic tests that might be needed. A plan of care is offered with several different alternatives for treatment and then notes what type of follow-up is needed. This would be a great resource for anyone working in the field of geriatrics...Score: 92 - 4 Stars! --Doody's Reviews The first book to encompass adult-gerontology practice guidelines for primary care, this comprehensive resource is useful as both a clinical reference and as a text for

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health care practitioners working with this population. Concise and up-to-date, the book is distinguished by its easy-to-read outline format that enables readers to quickly access the information they need. The second edition features 27 completely new entries associated with the aging population, an entirely new section on geriatric syndromes, and multiple updates to guideline changes for screenings. Polypharmacy issues are incorporated throughout and the BEERS list of medications is highlighted to guide prescribers in safely tapering or adding medications to a patient's drug regimen. For quick and easy access to information, practice guidelines are organized primarily by body system, disorders are listed alphabetically within each body system, and all disorders are presented in a consistent format. With an emphasis on history taking, the physical exam, and key features of the aging population, each of the more than 240 disorder guidelines include definition, incidence, pathogenesis, predisposing factors, common complaints, other signs and symptoms, subjective data, physical exam, diagnostic tests, differential diagnoses, plan of care, health promotion, follow-up guidelines, and tips for consultation/referral. Particularly helpful features include "Practice Pointers" highlighting crucial information for a disorder and bold-faced "Alerts." Key patient teaching points are presented at the end of each guideline. Also included are 18 procedures commonly used within office or clinic settings and 140 Patient Teaching Guides that are available digitally. New to the Second Edition: 27 completely new entries New section on geriatric

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syndromes Polypharmacy alerts are incorporated throughout BEERS list of medications is highlighted for each disorder Updated guidelines for various screenings Medicare Coverage and Eligibility Screening U.S. Preventative Services Task Force recommendations on colonoscopy, screening mammogram guidelines, pap smears and pelvic examinations Deprescribing Algorithms ASCCP Algorithms Key Features: Focuses specifically on adult and older adult populations Presented in easy-to-read outline format for quick access to information Delivers consistent presentation of more than 240 disorders by body system Reviews 17 commonly used procedures step by step Provides "Practice Pointers" to indicate important care points Offers digital access to more than 140 extensive Patient Teaching Guides to customize and print Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit

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given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Written within a biopsychosocial framework, Cavanaugh and Blanchard-Fields' best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on "positive aging" and the gains and losses people experience across adulthood distinguish it from its competitors.

Look no further for the book that provides the information essential for successful practice in the rapidly growing field of gerontological occupational therapy!

Occupational Therapy with Aging Adults is a new, comprehensive text edited by OT and gerontological experts Karen Frank Barney and Margaret Perkinson that takes a unique interdisciplinary and collaborative approach in covering every major aspects of geriatric gerontological occupational therapy practice. With 30 chapters written by 70 eminent leaders in gerontology and OT, this book covers the entire continuum of care for the aging population along with special considerations for this rapidly growing demographic. This innovative text

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also covers topical issues spanning the areas of ethical approaches to treatment; nutrition and oral health concerns; pharmacological issues; low vision interventions; assistive technology supports; and more to ensure readers are well versed in every aspect of this key practice area. UNIQUE! Intraprofessional and interprofessional approach to intervention emphasizes working holistically and collaboratively in serving older adults. Case examples help you learn to apply new information to actual patient situations. Questions at the end of each chapter can be used for discussion or other learning applications. Chapter on evidence-based practice discusses how to incorporate evidence into the clinical setting. Chapter on ethics provides a deeper understanding of how to address challenging ethical dilemmas. UNIQUE! Chapter on the wide range of physiological changes among the aging patient population highlights related occupational performance issues. UNIQUE! Chapter on oral health explores the challenges faced by older adults.

Presenting current research in an innovative text-reader format, *Aging: Concepts and Controversies*, Ninth Edition encourages students to become involved and take an informed stand on the major aging issues we face as a society. Not simply a summary of research literature, Harry R. Moody and Jennifer R. Sasser's text focuses on controversies and questions, rather than on assimilating facts or arriving at a single "correct" view about aging and older people. Drawing on their extensive expertise, the authors first provide an overview of aging in three domains: aging over the life course, health care,

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and the socioeconomic aspects of aging. Each section is followed by a series of edited readings, offering different perspectives from experts and specialists on that subject. New readings focus on whether current federal spending on the elderly is sustainable and fair to other groups, how older consumers are reshaping the business landscape, and the challenges of marketing and selling to customers 60 and over. More emphasis is placed on how social class and inequality earlier in life can shape our final years and the number of older Americans living in poverty. The section on Aging and Health Care has been thoroughly updated to reflect the latest data about chronic diseases that affect the elderly, government spending on health care, and policy changes to programs like Medicaid and Medicare. The section on the Social and Economic Outlook for an Aging Society gives the most current picture of the racial and ethnic diversity of older Americans, their participation in the labor force, and their income and wealth.

This popular, topically organized, and thoroughly updated child and adolescent development text presents you with the best theories, research, and practical advice that developmentalists have to offer today. Authors David R. Shaffer and Katherine Kipp provide you with a current and comprehensive overview of child and adolescent development, written in clear, concise language that talks to you rather than at you. The authors also focus on application showing how theories and research apply to real-life settings. As a result, you will gain an understanding of developmental principles that will help you in your roles as parents, teachers,

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nurses, day-care workers, pediatricians, psychologists, or in any other capacity by which you may one day influence the lives of developing persons. Available with InfoTrac Student Collections

<http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Dr. James Fowler has asked these questions, and others like them, of nearly six hundred people. He has talked with men, women, and children of all ages, from four to eighty-eight, including Jews, Catholics, Protestants, agnostics, and atheists. In many cases, the interviews became in-depth conversations that provided rare, intimate glimpses into the various ways our lives have meaning and purpose, windows into what this book calls faith. Faith, as approached here, is not necessarily religious, nor is it to be equated with belief. Rather, faith is a person's way of leaning into and making sense of life. More verb than noun, faith is the dynamic system of images, values, and commitments that guide one's life. It is thus universal: everyone who chooses to go on living operated by some basic faith. Building on the contributions of such key thinkers as Piaget, Erikson, and Kohlberg, Fowler draws on a wide range of scholarship, literature, and firsthand research to present expertly and engagingly the six stages that emerge in working out the meaning of our lives--from the intuitive, imitative faith of childhood through conventional and then more independent faith to the universalizing, self-transcending faith of full maturity. *Stages of Faith* helps us to understand our own pilgrimage of faith, the

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passages of our own quest for meaning and value. Adult Development and Aging offers professors and students a clear, comprehensive and current account of the salient issues and concerns that dominate the field of adult development. Hoyer and Roodin employ an interdisciplinary, process oriented perspective to show students the past, present, and future of our understanding and research in adult development. In this thoroughly-revised new edition, Hoyer and Roodin continue to provide cutting edge material in an accessible manner for undergraduates. With a new theme of developmental bioculturalism running throughout, the authors also present the most balanced and comprehensive coverage of biological, health, cognitive, and social areas.

This package contains the following components:

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Topically organized, Adult Development and Aging: Growth, Longevity and Challenges provides students with a comprehensive understanding of the aging process in adulthood from multiple perspectives. Authors Julie Hicks Patrick, Bert Hayslip, Jr., and Lisa Hollis-Sawyer use principles of lifespan development to show readers the directionality of changes in early, middle, and late adulthood. Within its framework of scientific literacy, the text charts four key themes to guide learners: a focus on aging as development; a global perspective on contexts; a vibrant, integrated approach to diverse coverage; and psychological science that translates into real-life experiences. A final chapter focuses on ways to improve the experience of aging for all adults.

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ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 2nd Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a readable account of human development across the life span; conceptual foundations that enable students to become critical interpreters of developmental information; and an introduction to relevant research and its application to key issues. The text also emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related to psychology or areas such as education, health, and human sciences. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

For undergraduate courses in Adulthood and Aging, Gerontology, and Adult Development. This text provides an engaging perspective on the issues, challenges, and joys of adult development and aging. It provides a balanced and integrated treatment of young, middle, and later adulthood, concluding with a discussion of life satisfaction and quality of life issues. More than ever there is a need to inform those who will be therapists, health care professionals, social workers, and all others who plan to work with adults in some capacity of the challenges and opportunities that often come our way in adulthood. In addition, this text covers areas which are often neglected, such as self development and individual differences, life-long learning, community and political life, and values and moral development. The addition of these

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and other topics, along with a positive-growth focused perspective sets this book apart from other textbooks in this area that have grown out of gerontology backgrounds with a focus on physical decline and illness. The pedagogical features of the book direct students to key information, and the special features engage the reader in current ethical dilemmas and life-planning issues.

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. *Transforming the Workforce for Children Birth Through Age 8* explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they

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have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. *Transforming the Workforce for Children Birth Through Age 8* offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children. Dominant cultural narratives about later life dismiss the value senior citizens hold for society. In her cultural-philosophical critique, Hanne Laceulle outlines counter narratives that acknowledge both potentials and vulnerabilities of later life. She draws on the rich philosophical tradition of thought about self-realization and explores the significance of ethical concepts essential to the process of growing old such as autonomy, authenticity and virtue. These counter narratives aim to support older individuals in their search for a meaningful age identity, while they make society recognize its senior members as valued participants and moral agents of their own lives.

Available online or as a 3-volume print set, this authoritative reference work contains more than 300 entries covering all aspects of the multi-disciplinary field of adult development and aging. Brings together concise, accurate summaries of classic topics as well as the most recent thinking and research in new areas. Covers a broad range of issues, from biological and physiological changes in the body to changes in cognition, personality, and social roles to applied areas such as psychotherapy, long-term care, and end-of-life issues. Includes contributions from major researchers,

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theorists, and methodologists from the academic and clinical realms. A state-of-the-art reference work that is as essential for experts in the field as for students in the social sciences and humanities coming to the subject for the first time. This volume is an outgrowth of contemporary research on development over the adult lifespan, which by now has burgeoned and developed both nationally and internationally. However, for us, the impetus to be involved in this area was spawned and nurtured by our initial association with the Society for Research in Adult Development (SRAD) with its origins some 15 years ago by Michael Commons and his associates in Cambridge, Massachusetts. Through the good will and support of this society, we also became, and are still, heavily involved with the Journal of Adult Development and the Kluwer-Plenum Monograph Series on Adult Development and Aging, of which this volume is a companion. Many of the contributions in the volume are from SRAD members, who consistently adhere to a focus on positive adult development. Their chapters have been complemented by pieces from other researchers, who have adopted more mainstream approaches to adult development and/or aging. Regardless of the particular approach and/or focus of the chapter, all the work reported herein supports the relatively recent idea that development is not restricted to children and adolescents but continues throughout the adult lifespan in ways that we never envisioned some 20 years ago. Thus, the volume represents state-of-the-art theory, research, and practice on adult development, which has the potential to occupy us all for some time to come.

The Handbook of the Psychology of Aging, Seventh Edition, provides a basic reference source on the behavioral processes of aging for researchers, graduate students, and professionals. It also

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provides perspectives on the behavioral science of aging for researchers and professionals from other disciplines. The book is organized into four parts. Part 1 reviews key methodological and analytical issues in aging research. It examines some of the major historical influences that might provide explanatory mechanisms for a better understanding of cohort and period differences in psychological aging processes. Part 2 includes chapters that discuss the basics and nuances of executive function; the history of the morphometric research on normal brain aging; and the neural changes that occur in the brain with aging. Part 3 deals with the social and health aspects of aging. It covers the beliefs that individuals have about how much they can control various outcomes in their life; the impact of stress on health and aging; and the interrelationships between health disparities, social class, and aging. Part 4 discusses the emotional aspects of aging; family caregiving; and mental disorders and legal capacities in older adults.

Contains all the main areas of psychological gerontological research in one volume Entire section on neuroscience and aging Begins with a section on theory and methods Edited by one of the father of gerontology (Schaie) and contributors represent top scholars in gerontology

Aging well and continuing to be active are often regarded as THE goals in life, from individual, family,

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community, and population perspectives. This implies good health and physical fitness, good cognitive and positive emotional-motivational functioning, and social participation and engagement. Increasing life expectancy by means of biomedical advances is not on its own enough, however. Research shows that an individual's psychological condition contributes to their quality of life and well-being in old age – and that behavioral and psychological interventions can also prevent illness, improve cognitive and physical fitness, and increase positive emotional functioning and social participation. This book shows how psychologists and psychological science as a whole can face the challenge of promoting optimal and active aging in a society that is growing ever older.

An interdisciplinary introduction to the aging process which uses symbolic interactionism as the main theoretical perspective. Accessible, interdisciplinary coverage with chapters covering a variety of subject matter areas from biology to psychology, from economics to sociology, from political science to religion. Utilizes symbolic interaction perspective to explain behavior problems and an individual's adaptations associated with the process of aging. Handbook of the Psychology of Aging, Third Edition describes the psychology of adult development and aging. This book is organized into four parts encompassing 28 chapters that cover the basic

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behavioral changes and capacities occurring with advancing age. The first part deals with the history, concept, and models of the psychology of aging. This part also examines the distinctions between physical, biological, psychological, and social time or age. The second part explores the influences of racial, ethnic, and cultural factors on biological/health, social, and psychological aging processes. This part also surveys gender differences in aging. The third part describes numerous behavioral processes, changes, and patterns in advancing age. This part specifically considers the motivation, cognitive and motor performance, attentional processes, learning, memory, personality, and wisdom in aging. The fourth part focuses on the applications of the concepts and principles of aging to the individual and society. This book will be of great value to psychologists, researchers, and graduate students.

In its first edition, Richard Straub's text was acclaimed for its solid scientific approach, emphasis on critical thinking, real-world applications, exquisite anatomical art, and complete media/supplements package. The thoroughly updated new edition builds on those strengths to provide an even more effective introduction to the psychology behind why we get sick, how we stay well, how we react to illness, and how we relate to the health care system and health care providers.

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"The book goes well beyond the information in undergraduate texts and provides stimulating and useful coverage of key topics in biopsychosocial aging. Psychology is not prepared for the future growth of our older adult population, and I suggest Psychology of Aging: A Biopsychosocial Perspective as required reading for students" --William E. Haley, PhD; Professor; School of Aging Studies; College of Behavioral and Community Sciences, Tampa, FL

"This book distinguishes itself from previous publications on the topic with a thorough review of the history profession of geropsychology and its timely inclusion of chapters on brain imaging techniques and the aging brain, cultural differences in aging ethnic and sexual minorities, cognitive interventions, and more. This book is a must read for undergraduate and graduate students studying aging, and one I will definitely recommend to students new to the area."--Sherry A. Beaudreau, Ph.D., ABPP, VA Palo Alto Health Care System and Stanford University School of Medicine

"Brian Yochim and Erin Woodhead have created an invaluable tool for learning about and teaching geropsychology...This book will serve as a seminal text in training psychologists, social workers, and many other disciplines in the psychology of aging."

--Erin E. Emery-Tiburcio, Ph.D., ABPP, Rush University, Chicago, IL The only graduate text to encompass the full range of issues regarding the

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psychology of aging This is the first graduate-level text that offers a comprehensive, in-depth chronicle of issues surrounding the psychology of aging emphasizing psychology, with a foundation in the biology, and an expansion into the sociological aspects of aging. The text is divided into three sections: biological underpinnings of aging, psychological components of aging, and social aspects of aging. Among the multitude of topics addressed are biological theories of aging, neuroimaging methods in aging research, neuroplasticity, cognitive reserve and cognitive interventions, a detailed overview of neurocognitive disorders in aging such as Alzheimer's disease and Lewy body disease, relationships in aging, work vs. retirement, cultural issues in aging, and aging and the legal system, to name just a few critical topics. With an emphasis on promoting critical thinking, the text is enriched with discussion questions in each chapter along with suggestions for more in-depth readings. In addition it includes chapter PowerPoints and an Instructor's Manual with sample syllabi for a 10-week course and a 15-week course. Written for graduate students in multiple gerontology-related disciplines, the text is also of value to individuals studying nursing, medicine, social work, biology, and occupational, physical, and speech therapies. Key Features: Addresses the biological underpinnings of aging, psychological components, and social

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aspects Written by a variety of experts on each area
Emphasizes critical thinking throughout the text
Presents discussion questions in each chapter
Includes PowerPoints and an Instructor's Manual
with sample syllabi Tailored to graduate students
from multiple disciplines embarking on clinical or
research careers involving older adults.

The Intersection of Adult Development and Learning
is the first handbook to explore the ways in which
adult roles, functions, interests, motivations, and
contexts lead to synchronous development and
learning. The chapters in this volume, written by
leaders in their respective areas, elaborate on topics
that show the interplay between adult development
and learning. As the chapter contributors ably
demonstrate, it is now abundantly clear that adult
learning and development reinforce each other.

This comprehensive book helps readers process a clear
picture of adult development and aging with the help and
results of intensive scientific research. It challenges common
stereotypes about this subject matter, and interprets the
research data into an optimistic yet realistic appraisal of the
many problems faced by the elderly in today's society.

Chapter topics look at independence and intimacy in young
adulthood; responsibility and failure in the middle years; the
reintegration or despair of later life; research methodology;
families; careers; personality development; learning and
memory; intellectual and biological development; mental
disorders; and death and bereavement. For individuals who
want to view the potential richness of life— at all stages,
and/or understand the lives of older adults they may care for.

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The fourth edition continues to provide psychologists with a fresh and engaging approach to the field of psychology of adult development and aging. It focuses on three themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The Aging in the News feature includes a story of a remarkable achievement by a middle-aged or older adult. The Assess Yourself boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life.

As our society ages, the topic of cognitive aging is becoming increasingly important. This volume provides an accessible overview of how the cognitive system changes as a function of normal aging. Building on the successful first edition, this volume provide an even more comprehensive coverage of the major issues affecting memory, attention, language, speech and other aspects of cognitive functioning. The essential chapters from the first edition have been thoroughly revised and updated and new chapters have been introduced which draw in neuroscience studies and more applied topics. In addition, contributors were encouraged to ensure their chapters are accessible to students studying the topic for the first time. This therefore makes the volume appealing as a textbook on senior undergraduate and graduate courses. Aging well and actively is the real objective of human being. This book is an up-to-date and realistic view on physiopathological mechanisms of aging and age-related diseases. The book includes topical contributions from multiple disciplines to support the fundamental goals of extending active life and enhancing its quality. Newly updated, *Adult Development and Aging: Biopsychosocial Perspectives*, 6th Edition incorporates

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material that the authors, Susan Krauss Whitbourne and Stacey B. Whitbourne, believe is essential to students understanding this rapidly-developing and fascinating field of study. This text focuses on three key themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Much of what students will read comes directly from Susan's classroom teaching of the Psychology of Aging course; she continues to incorporate her day-to-day teaching of the course into the text, which keeps the material current, fresh, and engaging.

The success of this best-selling text lies in the author's belief that a good text talks with, rather than at, its readers. Shaffer does an extraordinary job of anticipating students' interests, questions, and concerns while treating them as active participants in the process of learning about social and personality development. The Sixth edition of SOCIAL AND PERSONALITY DEVELOPMENT features clearly written, current coverage of social and personality development that aids students in discovering the causes, processes, and complexities that underlie developmental change. Students learn why biological and environmental factors, contextual factors such as cross-cultural, familial, neighborhood, school, and peer-group influences cause change in children. Shaffer also explores the approaches that researchers use to test their theories and answer important questions about developing children and adolescents. This book's effective coverage of field research stands out from other texts not only for its accuracy and currency, but because Shaffer consistently juxtaposes classic research with the latest breakthroughs in a way that helps students appreciate how knowledge builds on earlier findings. This edition features a much stronger emphasis on cultural influences on development. Important Notice: Media content referenced within the product description or the product text may not be

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available in the ebook version.

"[This book] has been honed into an elegant compendium. This outstanding work should be widely read -- it is perhaps the best example of an integrative approach to gerontology."

Score: 94, 4 stars --Doody's This book serves as an authoritative textbook and guide to the physical changes and common pathologies associated with the aging process, with special emphasis on the psychological and social implications of these changes in the lives of older adults. This fifth edition presents the newly available research findings that differentiate "normal" aging from actual pathology. The authors provide a thoroughly updated and expanded review of important topics in aging, including death and grieving, complementary and alternative therapies, nutrition, exercise, and much more. The book also demonstrates how the elderly population can gain greater personal control over aging through lifestyle modifications and preventive health strategies. Key topics introduced and discussed:

Psychosocial theories of aging
Changes and disorders in the skeletal, nervous, cardiovascular, and respiratory systems
Dementia, delirium, and mild cognitive impairment
Aging in persons with lifelong disabilities
This volume serves as a comprehensive textbook for students studying to become health care professionals, and is also a fundamental resource for gerontologists, nurses, social workers, psychologists, rehabilitation specialists, clergy, and counselors.

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