

## Adopted Like Me My Book Of Adopted Heroes

"Birthdays may be difficult for me." "I want you to take the initiative in opening conversations about my birth family." "When I act out my fears in obnoxious ways, please hang in there with me." "I am afraid you will abandon me." The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew* is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child--and within the adoptive home.

*Will You Love Me?* tells the true story of Cathy's adopted daughter Lucy, who was born to a single mother who couldn't cope, and was taken into permanent foster care aged 8. By the time Lucy was fostered with Cathy she was severely distressed, withdrawn, refusing to eat and three years behind at school. But Cathy and her two children bond with Lucy quickly, and finally show her the loving home she never believed existed. Cathy has been a foster carer for over 25 years, during which time she has looked after more than 100 children, of all ages and backgrounds.

"Powerful... Tells a singular story to illuminate a universal truth."--The New York Times Book Review The shocking truth about postwar adoption in America, told through the bittersweet story of one teenager, the son she was forced to relinquish, and their search to find each other During the Baby Boom in 1960s America, women were encouraged to stay home and raise large families, but sex and childbirth were taboo subjects. Premarital sex was common, but birth control was hard to get and abortion was illegal. In 1961, sixteen-year-old Margaret Erle fell in love and became pregnant. Her enraged family sent her to a maternity home, and after she gave birth, she wasn't even allowed her to hold her own son. Social workers threatened her with jail until she signed away her parental rights. Her son vanished, his whereabouts and new identity known only to an adoption agency that would never share the slightest detail about his fate. Claiming to be acting in the best interests of all, the adoption business was founded on secrecy and lies. *American Baby* lays out how a lucrative and exploitative industry removed children from their birth mothers and placed them with hopeful families, fabricating stories about infants' origins and destinations, then closing the door firmly between the parties forever. Adoption agencies and other organizations that purported to help pregnant women struck unethical deals with doctors and researchers for pseudoscientific "assessments," and shamed millions of young women into surrendering their children. Gabrielle Glaser dramatically demonstrates the power of the expectations and institutions that Margaret faced. Margaret went on to marry and raise a large family with David's father, but she never stopped longing for and worrying about her firstborn. She didn't know he spent the first years of his life living just a few blocks away from her; as he grew, he wondered about where he came from and why he was given up. Their tale--one they share with millions of Americans--is one of loss, love, and the search for identity. Adoption's closed records are being legally challenged in states nationwide. Open adoption is the rule today, but the identities of many who were adopted or who surrendered a child in the postwar decades are locked in sealed files. *American Baby* illuminates a dark time in our history and shows a path to reunion that can help heal the wounds inflicted by years of shame and secrecy.

Helping readers to understand Chinese culture, this book is ideal for families of children being adopted from China. It also delves into the adoption process itself and is packed with photos that appeal to both adoptive parents and children.

Adopted children who have experienced loss, abuse or neglect need additional support for their emotional development, and are more likely to have special educational needs. This useful resource provides a complete plan for creating adoption-friendly environments in primary, secondary and specialist schools. The book is grounded on new research which gathered together testimonies from over 400 school staff members, adoptive parents and adoption specialists. With realistic consideration of pressures and limitations currently faced by schools, it gives advice on eight key areas for school development, including communicating with parents, training staff, using resources wisely and recognising children's individual needs. Completing the toolkit is a broad selection of photocopyable and downloadable plans for establishing adoption-friendly frameworks, and for demonstrating good practice to staff, pupils, families and school inspectors.

The challenging teen years can be even more difficult for adopted teens, many of whom have unanswered questions that may result in fear, anger, and low self-esteem. *Adopted: The Ultimate Teen Guide* enables young adults to read about the personal experiences of other adopted teens, and gain powerful insights from those who have gone through some of their same frustrations, struggles, and concerns. This revised edition features discussion questions at the end of each chapter that help teens address various concerns, such as fitting in, deciding whether or not to search for their birth parents, meeting their birth parents, and what defines a family.

One LGBTQ family's inspiring, heartfelt story of the many alternative paths that lead to a loving family, with lessons for every parent Trystan and Biff had been dating for just a year when the couple learned that Biff's niece and nephew were about to be removed from their home by Child Protective Services. Immediately, Trystan and Biff took in one-year-old Hailey and three-year-old Lucas, becoming caregivers overnight to two tiny survivors of abuse and neglect. From this unexpected start, the young couple built a loving marriage and happy home—learning to parent on the job. They adopted Hailey and Lucas, tied the knot, and soon decided to try for a baby that Trystan, who is transgender, would carry. Trystan's groundbreaking pregnancy attracted media fanfare, and the family welcomed baby Leo in 2017. In this inspiring memoir, Trystan shares his unique story alongside universal lessons that will help all parents through the trials of raising children. *How We Do Family* is a refreshing new take on family life for the LGBTQ community and beyond. Through every tough moment and touching memory, Trystan shows that more important than getting things right is doing them with love.

This concise book shows a new family-friendly way to compile a Life Story Book that promotes a sense of permanency for the child, and encourages attachments within the adoptive family. Joy Rees' improved model works chronologically backwards rather than forwards, aiming to reinforce the child's sense of security within the adoptive family.

"Stephens' darkly comic, sharply irreverent, undeniably wise 'Great Adoption Novel' is an unexpectedly timely, not-to-be-missed, epic wild ride." --Booklist, \*Starred Review\* Lisa Pearl is an American teaching English in Japan and the situation there--thanks mostly to her spontaneous, hard-partying ways--has become problematic. Now she's in Seoul, South Korea, with her childhood best-friend Mindy. The young women share a special bond: they are both Korean-born adoptees into white American families. Mindy is in Seoul to track down her birth mom, and wants Lisa to do the same. Trouble is, Lisa isn't convinced she needs to know about her past, much less meet her biological mother. She'd much rather spend time with Harrison, an almost supernaturally handsome local who works for the MotherFinder's agency. When Lisa wakes up inside a palatial mountain compound, the captive of a glamorous, surgically-enhanced blonde named Honey, she soon realizes she is going to learn about her past whether she likes it or not. What happens next only could in one place: North Korea.

This new book from life work expert Joy Rees explains the value of effective and meaningful life work with children who are fostered and adopted, and how best to carry this out. This book will help social work professionals, foster carers and adopters to understand the many aspects of life work and to consider the important contributions they can all make to this task. Life work is about helping children to know and to understand their personal stories and the life experiences that have shaped them. Enabling children to reach their potential and achieve the best possible outcome is the common goal, and this is best achieved by using the collaborative approach to life work advocated in this book

Originally published in hardcover in 2019 by Ballantine Books.

The eleventh memoir and latest title from the internationally bestselling author and foster carer Cathy Glass. This book tells the true story of Cathy's adopted daughter Lucy. Lucy was born to a single mother who had been abused and neglected for most of her own childhood. Right from the beginning Lucy's mother couldn't cope, but it wasn't until Lucy reached eight years old that she was finally taken into permanent foster care. By the time Lucy is brought to live with Cathy she is eleven years old and severely distressed after being moved from one foster home to another. Withdrawn, refusing to eat and three years behind in her schooling, it is thought that the damage Lucy has suffered is irreversible. But Cathy and her two children bond with Lucy quickly, and break through to Lucy in a way no-one else has been able to, finally showing her the loving home she never believed existed. Cathy and Lucy believe they were always destined to be mother and daughter it just took them a little while to find each other."

Encourages readers to reflect and ask questions about adoption.

When young Morgan asks, "Did my first mother love me?" her adoptive mother reads her a letter written by Morgan's birth mother. This birth mother's love, concern, and caring for her child come through loud and clear as she explains the kind of life she wants for her child. Sadly, she explains, she cannot provide that life for her child, so she has given her a different set of parents. "My dearest child, to your parents I have given the precious gift of you," she writes. A reassuring story, this book can be adapted to the reader's family situation.

A stirring and powerful memoir from black cultural critic Rebecca Carroll recounting her painful struggle to overcome a completely white childhood in order to forge her identity as a black woman in America. Rebecca Carroll grew up the only black person in her rural New Hampshire town. Adopted at birth by artistic parents who believed in peace, love, and zero population growth, her early childhood was loving and idyllic—and yet she couldn't articulate the deep sense of isolation she increasingly felt as she grew older. Everything changed when she met her birth mother, a young white woman, who consistently undermined Carroll's sense of her blackness and self-esteem. Carroll's childhood became harrowing, and her memoir explores the tension between the aching desire for her birth mother's acceptance, the loyalty she feels toward her adoptive parents, and the search for her racial identity. As an adult, Carroll forged a path from city to city, struggling along the way with difficult boyfriends, depression, eating disorders, and excessive drinking. Ultimately, through the support of her chosen black family, she was able to heal. Intimate and illuminating, *Surviving the White Gaze* is a timely examination of racism and racial identity in America today, and an extraordinarily moving portrait of resilience.

Hi - I'm Max, and I'm adopted. You may not know this but many famous and inspirational people were adopted too. *Adopted Like Me* introduces you to great musicians like Bo Diddley, politicians like Nelson Mandela, and stars like Marilyn Monroe. Meet these along with inventors, athletes, and a princess skilled in judo and fencing - all of them adopted like me. Read about these adoptees and you'll see that you can grow up to be just about anything you want to be! Fully illustrated in color, this book is for children aged 8+ who have been adopted, their parents, teachers and siblings.

Meet Chelsea - a young girl who was adopted. Chelsea invites you to learn about adoption from her perspective and introduces us to two friends of hers who were also transracially adopted. Chelsea and her friends help children understand what it means to be adopted, the experiences and challenges that follow the adoption process, and how they can help. Accessible and informative, this illustrated book is an ideal introduction to adoption for children aged 7+ and is a great tool for encouraging discussions for families, teachers and professionals working with adopted children.

As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

New York Times #1 Bestseller! *I've Loved You Since Forever* is a celebratory and poetic testament to the timeless love felt between parent and child. This beautiful picture book is inspired by Today show co-anchor Hoda Kotb's heartwarming adoption of her baby girl, Haley Joy. With Kotb's lyrical text and stunning pictures by Suzie Mason, young ones and parents will want to snuggle up and read the pages of this book together, over and over again. In the universe, there was you and there was me, waiting for the day our stars would meet. . . Makes a lovely gift for baby showers, Mother's Day, and more. Plus don't miss Hoda Kotb and Suzie Mason's beautiful follow-up picture book, *You Are My Happy*.

Tell me again about the night I was born . . . Tell me again how you would adopt me and be my parents... Tell me again about the first time you held me in your arms . . . In asking her mother and father to tell her again about the night of her birth, a young girl shows that it is a cherished tale she knows by heart. Jamie Lee Curtis and Laura Cornell come together once again to create a unique celebration of the love and joy a baby brings into the world. *Tell Me Again About the Night I Was Born* is a heartwarming story, not only of how one child is born but of how a family is born.

A NEW YORK TIMES NOTABLE BOOK OF THE YEAR A BEST BOOK OF THE YEAR: NPR, O Magazine, Vanity Fair, Los Angeles Times, Glamour, Shondaland, The New York Times Book Review, Boston Globe, Buzzfeed, Kirkus, Time, Good Housekeeping, InStyle, The Guardian, Literary Hub, Electric Literature, Self, The New York Public Library, Town & Country, Wired, Boston.com, Happy Mag, New Statesman, Vox, Shelf Awareness, Chatelaine, The Undeclared, Apartment Therapy, Brooklyn Based, The End of the World Review, Exile in Bookville, Lit Reactor, BookPage, i-D A FAVORITE BOOK OF THE YEAR: The New Yorker, Barack Obama A BEST BOOK FOR HOLIDAY GIFTS: AV Club, Chicago Tribune, New York Magazine/The Strategist, The Rumpus WINNER of the NBCC John Leonard Prize, the Kirkus Prize, the Center for Fiction First Novel Prize, and the Dylan Thomas Prize AN INSTANT NEW YORK TIMES BESTSELLER NATIONAL INDIE BESTSELLER \* LOS ANGELES TIMES BESTSELLER \* WASHINGTON POST BESTSELLER "So delicious that it feels illicit . . . Raven Leilani's first novel reads like summer: sentences like ice that crackle or melt into a languorous drip; plot suddenly, wildly flying forward like a bike down a hill." —Jazmine Hughes, The New York Times Book Review "An irreverent intergenerational tale of race and class that's blisteringly smart and fan-yourself sexy." —Michelle Hart, O: The Oprah Magazine No one wants what no one wants. And how do we

even know what we want? How do we know we're ready to take it? Edie is stumbling her way through her twenties—sharing a subpar apartment in Bushwick, clocking in and out of her admin job, making a series of inappropriate sexual choices. She is also haltingly, fitfully giving heat and air to the art that simmers inside her. And then she meets Eric, a digital archivist with a family in New Jersey, including an autopsist wife who has agreed to an open marriage—with rules. As if navigating the constantly shifting landscapes of contemporary sexual manners and racial politics weren't hard enough, Edie finds herself unemployed and invited into Eric's home—though not by Eric. She becomes a hesitant ally to his wife and a de facto role model to his adopted daughter. Edie may be the only Black woman young Akila knows. Irresistibly unruly and strikingly beautiful, razor-sharp and slyly comic, sexually charged and utterly absorbing, Raven Leilani's *Luster* is a portrait of a young woman trying to make sense of her life—her hunger, her anger—in a tumultuous era. It is also a haunting, aching description of how hard it is to believe in your own talent, and the unexpected influences that bring us into ourselves along the way.

Five years after her mother died (before finishing the book that would end up favorably reviewed by *The New Yorker* and *The New York Times*), three years after getting divorced (for the second time), a year after getting fired (for throwing a pen and crying) and seven months after her daughter left for college (as a D1 athlete), Anne finally had to do what she'd been avoiding her whole life: tell her story. She packed up all her possessions, gave up her life in California, and headed the place of her birth, New York City, to embark on *Write or Die* and find out who she really was. What happened in the end was nothing she ever could have predicted."

A NATIONAL BESTSELLER This beloved memoir "is an extraordinary, honest, nuanced and compassionate look at adoption, race in America and families in general" (Jasmine Guillory, *Code Switch*, NPR) What does it mean to lose your roots—within your culture, within your family—and what happens when you find them? Nicole Chung was born severely premature, placed for adoption by her Korean parents, and raised by a white family in a sheltered Oregon town. From childhood, she heard the story of her adoption as a comforting, prepackaged myth. She believed that her biological parents had made the ultimate sacrifice in the hope of giving her a better life, that forever feeling slightly out of place was her fate as a transracial adoptee. But as Nicole grew up—facing prejudice her adoptive family couldn't see, finding her identity as an Asian American and as a writer, becoming ever more curious about where she came from—she wondered if the story she'd been told was the whole truth. With warmth, candor, and startling insight, Nicole Chung tells of her search for the people who gave her up, which coincided with the birth of her own child. *All You Can Ever Know* is a profound, moving chronicle of surprising connections and the repercussions of unearthing painful family secrets—vital reading for anyone who has ever struggled to figure out where they belong.

A dog looking for a home sends letters to prospective owners on Butternut Street, with surprising results in this heart-tugging dog adoption story told through letters Full color.

*The White Fragility* for transracial adoption--practical tools for nurturing identity, unlearning white saviorism, and fixing the mistakes you don't even know you're making. If you're the white parent of a transracially or internationally adopted child, you may have been told that if you try your best and work your hardest, good intentions and a whole lot of love will be enough to give your child the security, attachment, and nurturing family life they need to thrive. The only problem? It's not true. *What White Parents Need to Know About Transracial Adoption* breaks down the dynamics that frequently fly under the radar of the whitewashed, happily-ever-after adoption stories we hear so often. Written by Melissa Guida-Richards--a transracial, transnational, and late-discovery adoptee--this book unpacks the mistakes you don't even know you're making and gives you the real-life tools to be the best parent you can be, to the child you love more than anything. From original research, personal stories, and interviews with parents and adoptees, you'll learn: • What parents wish they'd known before they adopted--and what kids wish their adoptive parents had done differently • What white privilege, white saviorism, and toxic positivity are...and how they show up, even when you don't mean it • How your child might feel and experience the world differently than you • All about microaggressions, labeling, and implicit bias • How to help your child connect with their cultural heritage through language, food, music, and clothing • The 5 stages of grief for adoptive parents • How to start tough conversations, work with defensiveness, and process guilt

A true story connecting birth mom and child while stressing the importance of adoptive parents.

Sam has a joyful story to tell, one completely her own, yet common to millions of families -- the story of how she was adopted. Most of all, it's a story about love. And in the end, Sam's story comes full circle, inviting young readers to share stories of how they were adopted.

A young child describes what it means to be adopted emphasizing that parents of adopted children chose them, love them, and will never leave them.

Every child is special. And every child deserves to be recognized for what makes him or her unique. Now birth order guru, Dr. Kevin Leman, and his artist son, Kevin Leman II, offer parents the perfect way to tell their adopted child just how wonderful he or she is. A read-to-me children's picture book, *My Adopted Child, There's No One Like You* conveys love, acceptance, and a sense of individuality to adopted children. The combination of Dr. Kevin Leman's trademark humor and his talented son's artwork makes this book a wonderful gift.

Discusses how young children make sense of the fact that they are adopted with 20 accounts of parents talking to their children about adoption.

Through words, pictures, photographs, certificates and other 'little treasures', a Life Story Book provides a detailed account of the child's early history and a chronology of their life. Fully updated, this clear and concise book shows a unique family-friendly way to compile a Life Story Book which promotes a sense of permanency for the child, and encourages attachments within new families. Joy Rees' influential model works chronologically backwards rather than forwards, aiming to reinforce the child's sense of belonging and security before addressing the child's past and early trauma. The book contains simple explanations of complex concepts, practical examples, helpful suggestions and includes some simple checklists. This new edition has been expanded to include fostered children and those living in kinship care or with a special guardian. Perfect for social workers, adoption agencies, adoptive parents, foster carers and kinship carers, *Life Story Books for Adopted and Fostered Children* is a refreshing, innovative and common-sense guide.

*What I Want My Adopted Child to Know: An Adoptive Parent's Perspective* is a tender, revealing look at adoption from the parent perspective. Whether you are an adoptive parent, an adoptee, someone considering adoption, or simply curious about adoption dynamics, *What I Want My Adopted Child to Know: An Adoptive Parent's Perspective* will touch your heart and increase your sensitivity to the challenges and joys that are unique to adoptive parenting. Bacchetta wrote the book in response to a need common among adoptive families. Adoptive families navigate emotional terrain that fully-biological families don't have to. This is a book adoptive parents can give to their child and say, 'I know adoption is painful, unsettling, joyous, and affirming. It's that way for me too. More than anything, adoption is the way we came together, and I'll always be grateful for that.' Bacchetta's words echo with the collective voice of over 100 adoptive parents interviewed for this book. With chapters like *I Would Do it All Again*, *You Are Not Different Because You Were Adopted*, and *I Regret What I Can't Give You*, *What I Want My Adopted Child to Know* is by turns affirming, challenging, thoughtful, wistful, and poignant.

Simple text and ample pictures describe what adoption is and how it works.

A page-turning debut of suspense about a young couple desperate to have a child of their own--and the unsettling consequences of getting what they always wanted. Christopher and Hannah are a happily married surgeon and nurse with picture-perfect lives. All that's missing is a child. When Janie, an abandoned six-year-old, turns up at their hospital, Christopher forms an instant connection with her, and he convinces Hannah they should take her home as their own. But Janie is no ordinary child, and her damaged psyche proves to be more than her new parents were expecting. Janie is fiercely devoted to Christopher, but she acts out in increasingly disturbing ways, directing all her rage at Hannah. Unable to bond with Janie, Hannah is drowning under the

pressure, and Christopher refuses to see Janie's true nature. Hannah knows that Janie is manipulating Christopher and isolating him from her, despite Hannah's attempts to bring them all together. But as Janie's behavior threatens to tear Christopher and Hannah apart, the truth behind Janie's past may be enough to push them all over the edge.

Parenting Your Internationally Adopted Child guides adoptive parents in promoting a child's emotional and social adjustment, from the family's first hours together through the teen years. It explains how to help an adopted child cope with the "Big Change," bond with new parents, become part of a family, and develop a positive self-image that incorporates both American identity and ethnicity origins. Parents waiting to meet their adoptive children will appreciate Cogen's advice about preparing for the trip and handling the first meeting. The author's main focus, though, is the child's adaptation over the next months and years. Cogen explains how to deal with the child's "mixed maturities"; how (and why) to tell the child's story from the child's point of view; how to handle sleep problems and resistance to household rules; and how to encourage eye contact and ease transitions and separations. The reassuring narrative tone and the breadth and depth of information make this the most substantive and accessible book available and an indispensable resource for parents who adopt, professionals who advise adoptive parents, and teachers of adoptive children

In the tradition of *Every Soul a Star* and *Inside Out & Back Again*, *Just Like Me* is a funny, uplifting summer camp story about unlikely friendships and finding your place in the world from the award-winning author of *This Journal Belongs to Ratchet*. Who eats Cheetos with chopsticks?! Avery and Becca, my "Chinese Sisters," that's who. We're not really sisters—we were just adopted from the same orphanage. And we're nothing alike. They like egg rolls, and I like pizza. They're wave around Chinese fans, and I pretend like I don't know them. Which is not easy since we're all going to summer camp to "bond." (Thanks, Mom.) To make everything worse, we have to journal about our time at camp so the adoption agency can do some kind of "where are they now" newsletter. I'll tell you where I am: At Camp Little Big Lake in a cabin with five other girls who aren't getting along, competing for a camp trophy and losing (badly), wondering how I got here...and where I belong. Told through a mix of traditional narrative and journal entries, don't miss this funny, surprisingly sweet summer read! "A tender and honest story about a girl trying to find her place in the world, and the thread that connects us all." -Liesl Shurtliff, Author of *Rump: The True Story of Rumpelstiltskin* "A heartwarming story about the universal struggle of yearning to be an individual while longing to fit in." -Karen Harrington, author of *Sure Kinds of Crazy*

THE BLOCKBUSTER HIT—Over two million copies sold! A New York Times, USA Today, Wall Street Journal, and Publishers Weekly Bestseller Look for Lisa Wingate's powerful new historical novel, *The Book of Lost Friends*, available now! "Poignant, engrossing."—People • "Lisa Wingate takes an almost unthinkable chapter in our nation's history and weaves a tale of enduring power."—Paula McLain Memphis, 1939. Twelve-year-old Rill Foss and her four younger siblings live a magical life aboard their family's Mississippi River shantyboat. But when their father must rush their mother to the hospital one stormy night, Rill is left in charge—until strangers arrive in force. Wrenched from all that is familiar and thrown into a Tennessee Children's Home Society orphanage, the Foss children are assured that they will soon be returned to their parents—but they quickly realize the dark truth. At the mercy of the facility's cruel director, Rill fights to keep her sisters and brother together in a world of danger and uncertainty. Aiken, South Carolina, present day. Born into wealth and privilege, Avery Stafford seems to have it all: a successful career as a federal prosecutor, a handsome fiancé, and a lavish wedding on the horizon. But when Avery returns home to help her father weather a health crisis, a chance encounter leaves her with uncomfortable questions and compels her to take a journey through her family's long-hidden history, on a path that will ultimately lead either to devastation or to redemption. Based on one of America's most notorious real-life scandals—in which Georgia Tann, director of a Memphis-based adoption organization, kidnapped and sold poor children to wealthy families all over the country—Lisa Wingate's riveting, wrenching, and ultimately uplifting tale reminds us how, even though the paths we take can lead to many places, the heart never forgets where we belong. Publishers Weekly's #3 Longest-Running Bestseller of 2017 • Winner of the Southern Book Prize • If All Arkansas Read the Same Book Selection This edition includes a new essay by the author about shantyboat life.

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