

Addictions Counseling A Practical And Comprehensive Guide For Counseling People With Addictions

A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research on neuroscience, psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research and accessible case studies.

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What is the role of self-help groups in addiction counseling? How are other disorders and behavioral problems aggravated and influenced by addictions? How can one help another through the treatment process? The answers to these questions preclude a basic understanding of the vocabulary surrounding addictions and addiction counseling -- a vocabulary provided by this informative, introductory resource. This book is an excellent, overall summary of addictions counseling. Its primary strength is its practical, hands-on approach which allows readers to learn first-hand about how to help people with addictions. It is an invaluable resource for anyone who wants to bridge the gap between the academic side and the practical side to this type of counseling. Providing the current and pertinent information on addictions counseling, this book includes separate chapters on self-help groups, assessment instruments, brief therapy, and dual disorders. Addiction counselors, psychologists, health professionals, behavioral therapists, friends and family members of those struggling with addiction problems, and anyone else who wants to learn more about addictions counseling.

Equips the upcoming generation of addiction counselors with crucial knowledge to skillfully treat current and future addictions Grounded in leading-edge, evidence-based research, this hands-on text applies a step-by-step approach to

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addictions counseling. This book encompasses assessment, diagnosis, and treatment planning; case management; and relapse prevention, with an incisive focus on process addictions and co-occurring disorders. The text covers all essential topics as outlined in the gold standard SAMSHA Counselor Training Manual. Included are detailed guidelines on how to write succinct treatment plans and conduct effective client sessions; case studies; role-playing exercises; and clinical applications to assessment and diagnosis, treatment planning, and case management. Counselor Perspectives--interviews with experienced clinicians working with varied populations throughout the country--offer the wisdom of those who have been there. Critical topics unique to the book include the role of neuroscience in addiction treatment, relapse prevention, and advocacy. In addition, the text offers specific chapters on process addictions and co-occurring disorders as well as a separate chapter on multicultural counseling covering gender, racial, ethnic, sexual orientation, age, religion, and disability issues. It is also distinguished by an abundance of downloadable forms and documents, including screening instruments, treatment plan format templates, treatment plan examples, biopsychosocial assessment forms, informed consent forms, confidentiality forms, case management forms, and more. Pedagogical elements to help learners process and apply concepts include key terms, learning

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activities, discussion questions, recommended readings/resources and chapter summaries. Faculty aides include an instructor's manual with sample syllabi, CACREP mapping tools, test bank, and PowerPoint slides. This essential resource will be valued as a primary textbook for any course that focuses on addiction counseling and treatment. Purchase includes digital access for use on most mobile devices or computers. Key Features: Describes a variety of etiological models and how they become a means of assessing biopsychosocial risk factors Delivers step-by-step guidelines on how to write concise treatment plans and for conducting effective treatment sessions Devotes a chapter to motivational interviewing to promote willingness to change Includes cutting-edge research pertaining to neuroscience and its applications and evidence-based treatment practices Provides separate chapter on multicultural counseling and substance use disorders among people of diverse races, ethnicities, genders, class, ages, and spirituality Offers real-world insights with "Notes from the Field" feature Facilitates practical application through role play exercises, treatment technique and assessment case examples, biopsychosocial assessment guidelines, how to provide client feedback, and more Includes multiple digital downloadable tools

Addiction Counselor Exam Practice Questions are the simplest way to prepare

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for the Addiction Counselor test. Practice is an essential part of preparing for a test and improving a test taker's chance of success. The best way to practice taking a test is by going through lots of practice test questions. Our Addiction Counselor Exam Practice Questions give you the opportunity to test your knowledge on a set of questions. You can know everything that is going to be covered on the test and it will not do you any good on test day if you have not had a chance to practice. Repetition is a key to success and using practice test questions allows you to reinforce your strengths and improve your weaknesses. Detailed answer explanations are also included for each question. It may sound obvious, but you have to know which questions you missed (and more importantly why you missed them) to be able to avoid making the same mistakes again when you take the real test. That's why our Addiction Counselor Exam Practice Questions include answer keys with detailed answer explanations. These in-depth answer explanations will allow you to better understand any questions that were difficult for you or that you needed more help to understand. "Created to meet the unique needs of addiction professionals, this practical resource offers suggestions for effectively using activities in groups. It addresses common issues counselors frequently need to discuss with clients and provides an array of "tried and true" techniques and exercises designed to help clients

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develop interpersonal relationship skills and the individual awareness needed to make responsible choices. The accompanying CD-ROM contains all the exercises allowing therapists to customize them to fit their needs"--Provided by publisher.

This skill-building primer provides a framework for understanding substance abuse and teaches the basic concepts and skills necessary for effective counseling of clients with substance use disorders. In Part I, Dr. Yalisove discusses counselor roles and the fundamental principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of the tenets of these approaches in clinical situations-from beginning counseling sessions through termination-using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow. A helpful chapter on creating client treatment plans and writing clinical reports rounds out the book. Dr. Yalisove's clear and concise writing style and his practical approach to developing critical thinking and

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counseling skills makes this an ideal supplemental text for addictions courses.--Amazon.com.

The best-selling *Chemical Dependency Counseling: A Practical Guide* provides counselors and front-line mental health professionals with the information and skills they need to use evidence-based treatments, including motivational enhancement, cognitive behavioral therapy, skills training, medication, and 12-step facilitation. Guiding the counselor step by step through treatment, author Robert R. Perkinson presents state-of-the-art tools, forms, and tests necessary for client success while meeting the highest standards demanded by accrediting bodies. The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors, including full compliance with DSM-5, new coverage of steps 6 – 12 in 12-step facilitation, discussions on synthetic and designer drugs, new psychotherapeutic medications, new survey data on patterns of use and abuse, a list of online recovery support groups for clients, and a new section on Recommendations for a Successful First Year in Recovery.

The leading manual on group-based treatment of substance use disorders, this highly practical book is grounded in the transtheoretical model and emphasizes the experiential and behavioral processes of change. The program helps clients

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move through the stages of change by building skills for acknowledging a problem, deciding to act, developing and executing a plan, and accomplishing other critical tasks. The expert authors provide step-by-step guidelines for implementing the 35 structured sessions, along with strategies for enhancing motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition *Reflects significant developments in research and clinical practice. *Eight new sessions focusing on the brain and substance use, gratitude, self-control, mindfulness, acceptance, and more. *Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. *41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts.

Comprehensive and current Learning the Language of Addiction Counseling, Third Edition introduces students to the field of addiction counseling and helps them develop the knowledge, understanding, and skills needed to counsel people who are caught in the destructive cycle of addiction. Drawing from her years of experience working in the

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addiction-counseling field, Geri Miller provides a balanced overview of the major theoretical underpinnings and clinical practices in the field, covering all of the essentials—from assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional. Fully revised and expanded, the Third Edition offers a positive, practice-oriented counseling framework and features: Revised chapters reflecting important changes in the field New chapters on "Spirituality and Addiction Counseling" and "Pain and Substance Abuse" New case studies, interactive exercises, and suggested reading and resources at the end of each chapter "Personal Reflections" sections in each chapter illustrating the author's evolving views of addiction counseling New online Instructor's Manual containing PowerPoint® slides, test bank questions, and syllabi

Every day, huge numbers of people use drugs or alcohol for recreation, medication, celebration, stress management, social lubrication, or escape. The abuse of psychoactive chemicals touches individual lives in countless ways, and clients frequently hint in therapy sessions at problems related to substance misuse. But historically, substance abuse treatment has been regarded as a separate specialty, for which students and trainees often prepare along tracks different from those leading to licensing or certification as psychotherapists. Few non-specialists feel completely competent and willing to grapple closely with the issues these clients present, in spite of the fact that such problems are quite frequent among client populations. In this book,

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Cynthia Glidden-Tracey lays out an integrated, holistic, and effective approach to clients' inevitably intertwined problems, which encourages all practitioners to develop skills for detecting, assessing, and addressing substance use whenever concerns about it emerge in the course of therapy. She describes the frequent co-occurrence of substance misuse and other mental health problems, reviews therapy models and current professional questions, and empowers practitioners with the latest scientific knowledge about the causes and effective treatment of addictions. Throughout, her points are grounded in rich clinical examples.

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purchase. -- A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. The second edition of this unique text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children, adolescents, college students, and recovering addicts. The revised edition includes expanded discussions on a number of topics, new case studies, and completely updated resources and web references.

Step by step, detailed instructions how to be certified, get office space, marketing, billing, appearance, rapport, legal protection...All the details, big and small. A lucrative, fulfilling career without a degree and very little start-up money. Private counseling: It's about time.

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SUBSTANCE ABUSE COUNSELING, Fifth Edition, is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client. Updated with new references, this edition features a stronger emphasis on motivational interviewing, expanded material on ethical considerations, coverage of cultural and diversity considerations in every chapter, and digital downloads of key forms that appear throughout the text. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The best-selling Chemical Dependency Counseling: A Practical Guide provides counselors and front-line mental health professionals with the information and skills they need to use evidence-based treatments, including motivational enhancement,

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cognitive behavioral therapy, skills training, medication, and 12-step facilitation. Guiding the counselor step by step through treatment, author Robert R. Perkinson presents state-of-the-art tools, forms, and tests necessary for client success while meeting the highest standards demanded by accrediting bodies. The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors, including full compliance with DSM-5, new coverage of steps 6 – 12 in 12-step facilitation, discussions on synthetic and designer drugs, new psychotherapeutic medications, new survey data on patterns of use and abuse, a list of online recovery support groups for clients, and a new section on Recommendations for a Successful First Year in Recovery. About the Author Robert R. Perkinson is the clinical director of Keystone Treatment Center in Canton, South Dakota. He is a licensed psychologist; licensed marriage & family therapist; internationally certified alcohol and drug counselor; and a nationally certified gambling counselor and supervisor. In addition to the best-selling Chemical Dependency Counseling: A Practical Guide, Fifth Edition, Dr. Perkinson is the author of The Alcoholism and Drug Abuse Client Workbook, Third Edition and The Gambling Addiction Client Workbook, Third Edition.

"This book is a unique approach in that it follows a client through the counselling process (intake, assessment, individual, group, family counselling, and then discharge and relapse prevention planning). Along the way, readers are introduced to theories, techniques and hands-on examples of what is required in the counselling process"--

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Note: This is the bound book only and does not include access to MyCounselingLab® with Pearson eText. To order MyCounselingLab® with Pearson eText packaged with the bound book, use ISBN 0134280989. A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history . Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. Also available with MyCounselingLab® This title is also available with MyCounselingLab—an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

Giordano, an established scholar in behavioral addictions, has provided a landmark clinical reference book. This text provides the quintessential guide to understanding process addictions with detailed attention to assessment and treatment that is unparalleled in the literature. This is a must-have book for every clinician. - Craig S. Cashwell, Ph.D., LPC, NCC,

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ACS, CSAT-S, Professor, William & Mary "This groundbreaking text, A Clinical Guide to Treating Behavioral Addictions, is a must-read for counselors and educators alike. As a former addictions counselor, now counselor educator, I found the information in this text timely, relevant, and instrumental to the work of treating persons with behavioral addictions. This go-to resource will prove to be invaluable for years to come!" --Michael K. Schmit, PhD, LPC, Hazelden Betty Ford Graduate School of Addiction Studies An innovative new text addressing 11 behavioral addictions in detail with a focus on recent neuroscience. This practical, approachable guide for clinicians comprehensively covers an array of behavioral addictions ranging from internet gaming addiction and sex addiction, to social media addiction and food addiction. Each chapter answers foundational questions to inform clinical practice including: How do I conceptualize it?, How do I identify it?, How do I assess it?, How do I treat it?, and How do I learn more? &Through this innovative resource, clinicians will gain valuable knowledge regarding the conceptualization, identification, assessment, and treatment of behavioral addictions. Each chapter highlights the most current research related to specific behavioral addictions, provides a synthesis of recent neuroscience, and examines diverse treatment approaches to fit the widest range of clinical styles. In addition, this book describes the evolving definition of addiction, provides examples of how to advocate for clients with behavioral addictions, and devotes an entire chapter to understanding the neuroscience of addiction. This clinical reference book will help counselors provide compassionate, effective services to clients with a variety of behavioral addictions. Purchase includes digital access for use on most mobile devices or computers. Key Features: Offers "Voices from the Field" sections in which clinicians describe their experiences working with each behavioral addiction

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Includes a chapter completely devoted to the neuroscience of addiction in addition to a synthesis of recent neuroscience in each chapter Synthesizes current research to aid in clinical conceptualizations Describes useful assessment instruments and how to access them Presents a wide range of treatment approaches and 12-step program options Provides abundant resources for further study

It is a wise, flexible, and openminded guide that pulls together the contemporary knowledge about substance abuse into one source. --Dr. William Van Ornum

Clinical supervision (CS) is emerging as the crucible in which counselors acquire knowledge and skills for the substance abuse (SA) treatment profession, providing a bridge between the classroom and the clinic. Supervision is necessary in the SA treatment field to improve client care, develop the professionalism of clinical personnel, and maintain ethical standards.

Contents of this report: (1) CS and Prof. Develop. of the SA Counselor: Basic info. about CS in the SA treatment field; Presents the how to of CS.; (2) An Implementation Guide for Admin.; Will help admin. understand the benefits and rationale behind providing CS for their program's SA counselors. Provides tools for making the tasks assoc. with implementing a CS system easier. Illustrations.

For students taking courses in substance abuse and addictions counseling. A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-

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depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. The second edition of this unique text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children, adolescents, college students, and recovering addicts. The revised edition includes expanded discussions on a number of topics, new case studies, and completely updated resources and web references.

FULLY REVISED, COMPREHENSIVE, AND PRACTICAL Learning the Language of Addiction Counseling, Fourth Edition introduces counselors, social workers, and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction. Drawing from her years of experience working in the addiction-counseling field, Geri Miller provides an engaging, balanced overview of the major theoretical foundations and clinical best practices in the field. Fully updated, the Fourth Edition offers a positive, practice-oriented counseling framework and features: A research-based, clinical application approach to addiction counseling that practitioners can turn to for fundamental, practical, clinical guidelines Revised chapters that reflect important changes in research and practice, including new DSM-5 criteria, new assessment instruments, and new and expanded treatments Case studies, interactive exercises, end-of-chapter questions, and other resources that facilitate the integration of knowledge into practice “Personal Reflections” sections at the beginning of each chapter

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provide an invaluable, unique perspective on the author's evolving views of addiction counseling Updated and expanded online Instructor's Manual that includes brief video clips, PowerPoint® slides, test bank questions for each chapter, and sample syllabi From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional, this comprehensive book covers all of the essentials.

This book provides information regarding the enormity of substance abuse problems in the population, how to assess the problems, and how to treat individuals and families who seek assistance. It educates beginning clinicians and counselors about substance abuse by guiding them through the process of working with substance-abuse clients. Written in an understandable, and easy-to-grasp manner, it covers the basics of substance use and abuse—Terminology, physiology, psychokinetics, and psychodynamics. Case histories are used in selected chapters to help readers integrate the various approaches by offering a sample of the types of issues presented when working with this population. An emphasis on special populations includes minority populations, women, elderly, special needs groups, and children/youth. For substance abuse counselors seeking information on the stages of counseling—from assessment and diagnosis through relapse prevention.

A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in depth often ignored by other comparable books, such as multiple chapters on cross-cultural

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counseling, professional issues in addictions counseling, the assessment of client strengths, gender issues in substance use, working in rehabilitation centers, and working with clients with disabilities. Combining practice, research, and theory, the 4th Edition of this unique text offers students the tools and strategies they need for successful practice. The revised edition includes new case studies, extended discussion in the chapters dedicated to substance and process addictions (Chs. 2-3), a thoroughly updated chapter on maintenance and relapse prevention (Ch. 13), and an expanded chapter on substance use and families (Ch 14). Also available with MyLab Counseling By combining trusted author content with digital tools and a flexible platform, MyLab personalizes the learning experience and improves results for each student. MyLab Counseling organizes all assignments around essential learning outcomes and the CACREP standards - enabling easy course alignment and reporting. Note: You are purchasing a standalone product; MyLab Counseling does not come packaged with this content. Students, if interested in purchasing this title with MyLab Counseling, ask your instructor to confirm the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the physical text and MyLab Counseling, search for: 013516687X / 9780135166871 Foundations of Addictions Counseling plus MyLab Counseling with Pearson eText -- Access Card Package, 4/e Package consists of: 0135166934 / 9780135166932 Foundations of Addictions Counseling 013518455X / 9780135184554 MyLab Counseling with Pearson eText -- Access Card -- Foundations of Addictions Counseling, 4/e
Addiction Counseling Review: Preparing for Comprehensive, Certification, and

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Licensing Examinations offers a clear, readable overview of the knowledge and skills those training as alcohol or other drug counselors need to pass their final degree program, certification, and licensing examinations. It is organized into six sections: Addiction Basics, Personality Development and Drugs, Common Client Problems, Counseling Theories and Skills, Treatment Resources, and Career Issues. Each chapter includes challenging study questions that enable readers to assess their own level of understanding, including true/false, multiple choice, and provocative discussion questions. Each chapter also provides a glossary of key terms and, in addition to references, annotated suggestions for further reading and Web site exploration. This book will be a resource to which students and trainees will go on referring to long after it has helped them through their examinations. In addition, faculty and established professionals will find it a useful one-stop summary of current thinking about best practice.

The Addiction Counselor's Desk Reference is a compilation of information about the full spectrum of addictive disorders, their consequences, and treatment. This text includes definitions and illustrations of addiction-related terminology, addictive disorders and behaviors, descriptions of treatment models and techniques, as well as lists of websites, government resources, and treatment centers.

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This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Perfect as the major resource in first courses in Substance Abuse Counseling and Drugs and Behavior or for general clinicians as an on-the-job resource. This guide is designed to increase the knowledge base of the reader/student about alcohol, tobacco, and other drugs (ATOD) and to help them more clearly understand the process of working with clients who are misusing or abusing these drugs—now updated to include the changing substance abuse problems in our nation and around the world. Recognized for its clarity, accessibility, and practical approach, this widely used text thoroughly examines substance abuse in the population, addressing ways to measure the problem and ways to treat individuals and families who seek assistance. The authors educate prospective and practicing clinicians and counselors by guiding them, step-by-step, through the process of working with substance-abuse clients. While the chapters generally build on each other as they take readers through the theory and practice of substance abuse counseling, each chapter can be used as a stand-alone source of valuable information. Illustrative case studies with critical thinking questions.

Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R.

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Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

Learn the secrets to success from one of the most successful independent addiction counselors. *Addiction Private Practice* is a comprehensive business plan for addiction counselors and therapists who want to effectively and safely help clients with substance abuse problems in a private office setting. Michael O'Brien will help you to break free of the shackles of addiction treatment programs, earn the income you deserve, achieve your true potential, and help more people with substance use disorders than you ever imagined possible. Already in *Private Practice*? Michael O'Brien's informed strategies, processes, and best practices will help you take your practice to the next level or refocus

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your existing practice to serve those with substance abuse disorders. In this definitive guide, you will learn: - The fundamental components of a successful, ethical, and safe addiction practice. - Everything you need to know to get started with very minimal start-up capital. - The best practices of a successful addiction practice. - How to effectively and ethically market your services. Michael O'Brien has negotiated discounts and free access to tools and services that will save you thousands of dollars when launching your practice and allow you to get started with very little capital. Turn self-doubt into confidence and join the revolution that is occurring in the addiction treatment industry! What other counselors are saying about Addiction Private Practice: "Michael O'Brien has not only literally written the book on achieving success in addiction private practice, but he is also living proof that it is possible. His bulletproof addiction practice model is easy to understand and execute, even for those who are not technologically savvy. Any competent counselor can use this book to achieve their desired success. He is selflessly handing his proven strategies to his future competition and propelling the profession forward! This is a huge leap forward for all addiction professionals." Sherrie Rager, Ph.D., CADC II, M-RAS, CCDS "Addiction counselors have been waiting for this ground-breaking work! Clear, concise, and expert guidance in launching a private practice. Michael takes the guesswork out

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of building, marketing, and managing a successful addiction practice. There are many books on starting a private practice, but none are dedicated to the specific needs of addiction counselors. Even if you are already in private practice, this book is worth reading. The processes, marketing wisdom, and business model will boost your existing practice.” Christopher Wellington, LAADC “If you intend to start a private practice, you must read this book. You’ll discover many insights that will benefit your business and your clients. Michael’s model sets a new standard for best practices in addiction private practice. His step-by-step instructions are easy to implement and understand. Don’t start a practice without it!” Nelu Zia, LAADC, SAP “Addiction Private Practice has been monumental in helping me start my practice. This book lays out step-by-step how to get started, maintain, and continue to thrive in private practice. By following Michael’s strategies, I was able to obtain eight clients in a matter of weeks! His knowledge and strategies work. As a substance abuse counselor, without this information and guidance, I may never have gone into private practice.” Bryan Vasquez, CAT-C III

Becoming an Addictions Counselor, Fourth Edition provides evidence-based findings, cutting-edge treatment techniques, and a focus on critical thinking to show future counselors how to respond to clients' needs rather than impose

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"cookie-cutter" routines.

Written by authors with extensive experience as practitioners and educators, this text serves as a straightforward resource for undergraduate and graduate students who have a goal of becoming counselors or therapists in the field of addiction. While many books on the subject follow a similar format (i.e., introduction, classification of drugs, theories of counseling, etc.), Addictions Counseling takes one client and follows her through the entire treatment experience—from referral and assessment, all the way through relapse prevention and discharge planning. In following her through the treatment journey, readers are introduced to theories and techniques for approaching each of the topics discussed. This book is a must-read for anybody interested in pursuing a career as an addiction specialist.

Based on a decade of research and theory, Substance Use Disorders and Addictions examines co-occurring psychiatric disorders as the norm with substance use disorders and addictions. With more than 20 years of experience in the field as a clinician, a researcher, a program developer, and an instructor, Keith Morgen encourages a holistic approach to working with individuals, using a single case example throughout the text to encourage the sequential application of concepts to co-occurring disorders. With DSM-5 diagnostic criteria, the 2014

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ACA code of ethics, and 2016 CACREP standards integrated throughout, readers will benefit from this applied and cutting-edge introduction to the field. Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0133388530. Substance Abuse and Addiction Treatment shows how to help clients struggling with addiction by looking through the lens of counseling theory. After tackling basic concepts of substance abuse and dependence counseling, it looks at different counseling theories and how each supports the client with substance abuse issues. Offering more how-to's than most books, the author provides concrete descriptions of counseling theory in action, so readers know how to intervene during a real counseling session. A consistent case study is used throughout the entire book to illustrate different treatment approaches and techniques. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the Enhanced Pearson eText* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. * The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. *The Pearson eText App is available

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on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later.

Counselling for Alcohol Problems, third edition, is a practical and bestselling guide to working with people who have problems with their use of alcohol. It is the key book recommended by most alcohol counselling courses in the UK, including the Scottish national alcohol counsellors training scheme. The author provides clear guidance for counsellors and demonstrates the need to treat every client as an individual, attempting to understand and therefore enable the client to understand, what they are doing and why. This new edition includes: - New content on the current political, social and counselling context surrounding alcohol use - A wider range of case-studies - New ideas that help students and trainees develop the skills and strategies they need for working with their clients - Further guidance for generic or non-alcohol counsellors who face alcohol problems with their clients. This third edition is an invaluable resource for practitioners, both those specialising in work with alcohol misusers and those who encounter problem drinkers in the context of a more general counselling practice.

The result of the combined efforts of staff at a substance abuse treatment center, this book provides practical, hands-on guidance for working with addicted women. With staff and client training exercises at the end of each chapter, this comprehensive guide places particular emphasis on the women and their special needs and concerns. Special issues and populations addressed include: pregnancy and substance abuse; designing treatment programs; homeless women; and substance abuse in the workplace.

Becoming an Addictions Counselor, Third Edition provides evidence-based findings, cutting-edge treatment techniques, and a focus on critical thinking to show future counselors how to

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respond to clients' needs rather than impose "cookie-cutter" routines. Topics explored in depth include: • Mentally ill chemical abusers • Individual, group, and family counseling skills • Clinical treatment issues Each chapter takes an experiential learning approach to these topics and encourages readers to practice individual and group counseling skills through structured activities and exercises. With thorough discussions on ethics, treatment planning, and case management, this text prepares readers to become ethical, competent counselors.

Winner of the 2020 Canadian Counselling and Psychotherapy Association (CCPA) Counselling Book Award Enlightening and practical, Addictions Counseling Today invites students into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction. Learn why teaching addictions is changing and how to adapt your course by watching Kevin G. Alderson's Ph.D. webinar entitled The Pandemic Addiction Volcano here. Online Resources Free PowerPoint® slides with video for instructors are available with this text. Test bank questions will be available in August 2020. Contact the author to learn more. A wholly revised and updated edition of the book widely read by professional counselors as well as those who do the work of counselors, such as ministers, teachers, and nurses.

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