

Achieving Cultural Competency A Case Based Approach To Training Health Professionals

With a focus on a broad spectrum of topics--race, ethnicity, gender, disability, and sexual orientation at the federal, tribal, state, and local levels--this book equips readers to better understand the complex, real-world challenges public administrators confront in serving an increasingly diverse society. The book's main themes include: What is cultural competency and why is it important? Building culturally competent public agencies; Culturally competent public policy; Building culturally competent public servants; How do agencies assess their cultural competency and what is enough? PA scholars will appreciate the attention given to the role of cultural competency in program accreditation, and to educational approaches to deliver essential instruction on this important topic. Practitioners will value the array of examples that reflect many of the common trade offs public administrators face when trying to deliver comprehensive programs and services within a context of fiscal realities.

The Complete Guide to Nutrition in Primary Care Edited by Darwin Deen, MD, MS Lisa Hark, PhD, RD Clinicians and patients agree that primary care office visits should include routine nutrition assessment and counseling. But how do you fit it into an already crowded consultation? And what is the most up-to-date advice? With The Complete Guide to Nutrition in Primary Care, Drs. Deen and Hark provide the necessary tools. This comprehensive overview of nutrition answers your questions on: • Nutrition as Preventive Medicine • Nutrition through the Lifecycle • Improving Health by Changing Diet and Lifestyle Behaviors • Vitamins, Minerals, Dietary Supplements, and the Alternative • Successful Changes to the Environment This timely paperback contains everything the primary care clinician needs to counsel patients on diet and lifestyle issues. Keep it close at hand for the frequent consultation it is sure to receive. Dr. Darwin Deen is one of the nation's foremost authorities on nutrition. Currently Professor of Clinical, Family and Social Medicine and Director of Medical Student Education at the Albert Einstein College of Medicine in New York, he has trained a generation of physicians on the connection between nutrition and health. He has played a leading role in revising medical school curricula to incorporate nutrition training. An award-winning teacher and noted author, he serves as Chair of the Task Force on Medical Nutrition Education of the American College of Nutrition and co-chairs the Group on Nutrition of the Society of Teachers of Family Medicine. His years of experience as a family physician make him perfectly suited to advise clinicians on counseling their patients on diet and lifestyle. Dr. Lisa Hark is a renowned family nutrition expert, with more than 20 years of experience in nutrition counseling and promoting the benefits of healthy eating in children and adults. As Director of the Nutrition Education Program at the University of Pennsylvania School of Medicine in Philadelphia, she developed a model medical school curriculum and textbook, Medical Nutrition and Disease, which has become one of the most widely used texts in nutrition education. She was given the Excellence in Medical/Dental Nutrition Education award from the American Society for Nutrition. Dr. Hark was also the host of the TV show, "Honey, We're Killing the Kids," which airs on TLC, and is a widely sought after speaker who communicates nutrition concepts effectively to health professionals, patients, and the media. www.blackwellmedicine.com

Cultural Competency for Health Administration and Public Health is a clear and concise introduction to the topics and tools necessary for the application of cultural competency processes in various healthcare settings. The chapters offer an overview of demographic changes in the United States, as well as accreditation requirements and cultural competency, cultural nuances of specific groups, and a comprehensive review of the Culturally and Linguistically Appropriate Services (CLAS) Standards and beyond. Attention is also given to the associated costs, time, and skill sets associated with the p

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What happens when a Cherokee patient summons a medicine man to the hospital, or when an Anglo nurse refuses to take orders from a Japanese doctor? Why do Asian patients rarely ask for pain medication, while Mediterranean patients seem to seek relief for even the slightest discomfort? If the goal of the American medical system is to provide optimal care for all patients, healthcare providers must understand cultural differences that create conflicts and misunderstandings and can result in inferior medical care. Geri-Ann Galanti's updated classic, *Caring for Patients from Different Cultures*, is even more comprehensive than the first three editions, containing new appendices for quick reference, an expanded and updated bibliography with Internet resources, and a detailed index. *Caring for Patients from Different Cultures* contains more than 200 case studies illustrating crosscultural misunderstanding and culturally competent health care. The chapters cover a wide range of topics, including birth, end of life, traditional medicine, mental health, pain, religion, and multicultural staff issues. The case studies illustrate important concepts from the fields of cultural diversity and medical anthropology. This volume is an important resource for nurses and physicians in achieving cultural competency.

By compiling the history and theory behind cultural competency in nursing and health care, this text offers key information regarding health beliefs and the impact of culture on health and illness. This new edition contains an overview of the predominant cultural competency nursing theories, impact of diversity on health disparities, information on the health beliefs of several minority groups, and case studies to enhance student learning. This text is an excellent resource for courses that emphasize health promotion and disease prevention.

Featuring all original chapters, this book presents a balanced, comprehensive overview of the policies and practices for achieving racial and ethnic diversity in public organizations, with a strong orientation toward improving diversity management in the public sector. The book can be used both as a main text and a supplementary text in classes that focus on diversity, diversity management, public administration and multiculturalism, diversity and public productivity, public service delivery and diverse populations, and public policy and changing demographics. This completely revised and updated edition includes six brand new chapters, expanding the book's coverage to include: Diversity Ideology in the United States; Managing Diversity in Communities, Workplaces, and Society; Managing Diversity: Moving Beyond Organizational Conflict; Institutional Racism, Diversity and Public Administration; Cultural Competency, Public Administration, and Public Service Delivery; Diversity Management and Cultural Competencies.

Cultural Competency for the Health Professional reviews the importance of the implementation of cultural competency by allied health professionals, and the process of assessment, training and evaluation. This comprehensive text includes a clear and concise overview of the necessary tools to apply cultural competency processes as well as systematic and disciplined approaches to the process of achieving it. Attention is also given to some of the reservations that may exist in various health professions with interests in moving in the direction of cultural competency such as associated costs, limited time, and beyond. *Cultural Competency for the Health Professional* provides health professions students with key cultural competency information and practical insight into how to apply this knowledge in their day-to-day work environments as they deal with patients on a clinical basis. Interview With Dr. Shalala Chapter 10 includes an interview with Dr. Shalala conducted by the author of this text. Dr. Donna Shalala is currently the President of the University of Miami, in Florida. She has been in this position since 2001. Prior to her current role, she was appointed by President Clinton to serve as U.S. Secretary of Health and Human Services (HHS) and held this position for 8 years which amounted to the longest serving HHS Secretary in U.S. history to date. She was responsible for a budget of almost \$600 billion, overseeing a number of programs such as Social Security, Medicare, Medicaid, Child Care and Head Start, Welfare, the Public Health

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Service, the National Institute of Health (NIH), The Center for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA) (Shalala,2011). FEATURES Overview of the demographic changes in the United States Accreditation requirements (programmatic, specialized and institutional) Cultural nuances of specific groups Comprehensive view of the Culturally and Linguistically Appropriate Services (CLAS) standards with an emphasis on the clinical aspect of various allied health professions Attitudinal survey with established reliability and validity INSTRUCTOR RESOURCES • PowerPoint Slides • Over 150 Test Questions • Case Studies STUDENT RESOURCES Companion Site including: o Additional Case Studies o Crossword Puzzles o Interactive Glossary o Flashcards o Matching Exercises o Web Links o Acronyms Glossary o Acronyms Flashcards

A new and updated version of this best-selling resource! Jones and Bartlett Publisher's 2011 Nurse's Drug Handbook is the most up-to-date, practical, and easy-to-use nursing drug reference! It provides: Accurate, timely facts on hundreds of drugs from abacavir sulfate to Zyvox; Concise, consistently formatted drug entries organized alphabetically; No-nonsense writing style that speaks your language in terms you use everyday; Index of all generic, trade, and alternate drug names for quick reference. It has all the vital information you need at your fingertips: Chemical and therapeutic classes, FDA pregnancy risk category and controlled substance schedule; Indications and dosages, as well as route, onset, peak, and duration information; Incompatibilities, contraindications; interactions with drugs, food, and activities, and adverse reactions; Nursing considerations, including key patient-teaching points; Vital features include mechanism-of-action illustrations showing how drugs at the cellular, tissue, or organ levels and dosage adjustments help individualize care for elderly patients, patients with renal impairment, and others with special needs; Warnings and precautions that keep you informed and alert.

Cultivate self-awareness, empathy, and clinical competence in the mental health professionals you supervise Providing tested guidance for clinical supervisors of mental health professionals, editors Roy A. Bean, Sean D. Davis, and Maureen P. Davey draw from their own backgrounds in training, private practice, and academe, as well as from an international panel of experts representing various mental health fields to provide activities and best practices that allow therapists to better serve an increasingly diverse set of clients and issues. While clinical skills are easily observed, the more subtle areas of self-awareness, or exploring unexamined judgments are more difficult to spot and to provide supervision and guidance for. The numerous experiential activities included will help supervisors and the mental health professional they supervise develop their skills and techniques around: Intuition Empathy Self-awareness Mindfulness Multicultural awareness Perspective taking The book covers both clinical as well as diversity-focused competence and awareness, and suggests various forms of activities, including research exercises, reflection, journaling, and more. Each activity includes measurement metrics as well as additional resources that help clinicians identify the best activity for a given situation. Appropriate for clinicians at every level and from a multitude of backgrounds, these tried and tested best practices can be used in clinical supervision, as a class assignment, or to facilitate professional growth.

CULTURALLY COMPETENT PRACTICE: A FRAMEWORK FOR UNDERSTANDING DIVERSE GROUPS & JUSTICE ISSUES continues its

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strong tradition of presenting a model for understanding, measuring, and evaluating cultural competence. Author Doman Lum explains how clients and workers can become culturally competent and proficient by working through culturally based problems together. This innovative text emphasizes cultural competence as a dialogical process. It challenges students and professors to continue the conversation to achieve greater mutual understanding and social justice. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

CULTURAL COMPETENCE: A PRIMER FOR EDUCATORS, 2nd Edition, covers the basics of multicultural education, making it easy for instructors to assign as a main text or use in conjunction with other books. The author gives special attention to the psycho-social dimensions of teaching culturally diverse populations. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The increasing ethnic diversity in Vancouver's aging population brings challenges to the long-term care (LTC) system to create and deliver culturally appropriate quality services to ethnic minority elders. Several American jurisdictions have introduced a cultural competence framework that assists health care organizations to improve health outcomes and eliminate racial and ethnic health disparities. The study has two components: a standard questionnaire to interview 40 Chinese- Canadian elders and identify their particular needs; and a survey, adapted from a cultural competence check-list, mailed to 35 care facility administrators in Vancouver. The study demonstrates that Vancouver facilities meet 4 of the 17 cultural competence standards. Specific shortcomings of current policy and practice were described in the elders' interviews. This study analyzes three policy alternatives using four feasibility tests. The recommended strategies propose that Vancouver Coastal Health LTC system implement specified culturally competent health services to reduce administrative and linguistic barriers to patient care.

Medical Nutrition and Disease: A Case-Based Approach is an ideal way for medical students, physician assistant students, dietetic students, dietetic interns, and medical residents to advance their nutrition knowledge and skills. Dietitians in clinical practice and dietetic educators will also benefit from the updated nutrition concepts and case-based approach. The 5th edition of this best-selling text has been fully updated and includes 13 chapters and 29 cases, with 6 brand new cases. The text is a practical guide to the role that nutrition plays in disease prevention, treatment, and management and also provides 48 self-study continuing education credits (C.E.) for dietitians. **Medical Nutrition and Disease:**

- Features learning objectives and current references in every chapter and case
- Teaches you how to diagnose and manage nutritional problems, integrate nutrition into clinical practice, and answer your patients' most common questions
- Includes nutritional advice for children, teenagers, pregnant women, and older adults
- Includes contributions from nationally recognized nutritionists and

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physicians who teach nutrition in medical schools, and undergraduate and dietetic programs Registered dietitians can earn 48 C.E. credits from the Academy of Nutrition and Dietetics by successfully completing the updated multiple-choice questions included in the book. Everything has been pre-approved by the Commission on Dietetic Registration and there are no additional fees.

This resource supports evidence-informed approaches to improving the cultural competence of health service delivery. By reviewing the evidence from Australia, Canada, New Zealand and the US, it provides readers with a clear and systematic overview of the interventions and indicators applied to enable health system agencies and professionals to work effectively in various cross-cultural health care situations. The book highlights the importance of cultural competence and describes the current situation in the studied countries; identifies effective approaches and strategies for improving the situation; reviews the indicators for measuring progress; assesses the health outcomes associated with cultural competence; summarizes the quality of the evidence; and presents an evidence-informed conceptual framework for cultural competence in health. Cultural competence is critical to reducing health disparities and has become a popular concept in these countries for improving access to high-quality, respectful and responsive health care. This book provides policy makers, health practitioners, researchers and students with a much needed summary of what works to improve health systems, services and practice.

When a parent or parental figure is diagnosed with an illness, the family unit changes and clinical providers should consider using a family-centered approach to care, and not just focus on the patient coping with the illness. *Helping Children and Families Cope with Parental Illness* describes theoretical frameworks, common parental illnesses and their course, family assessment tools, and evidence-supported family intervention programs that have the potential to significantly reduce negative psychosocial outcomes for families and promote resilience. Most interventions described are culturally sensitive, for use with diverse populations in diverse practice settings, and were developed for two-parent, single-parent, and blended families.

"This book will help educators understand the multidimensional process of cultural competence, and the vignettes it provides will be useful to anyone who teaches cultural competence."--Nursing Education Perspectives In our multicultural society, nurses and health care providers, educators and administrators, professional association leaders, and researchers must work toward achieving cultural competency. This new edition, along with the digital Cultural Competence Education Resource Toolkit, offers a unique and effective guide to do just that. Newly updated and revised, this book presents ready-to-use materials for planning, implementing, and evaluating cultural competence strategies and programs. Users will learn to identify the needs of diverse constituents, evaluate outcomes, prevent multicultural-related workplace conflict,

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and much more. Complete with vignettes, case exemplars, illustrations, and assessment tools, this book is required reading for those working in academic settings, health care institutions, employee education, and nursing and health care organizations and associations. Key Features: Offers a wide selection of educational activities and techniques for diverse learners Presents guidelines for helping educators, students, and professionals to maximize strengths, minimize weaknesses, and facilitate success Describes toolkit questionnaires for measuring and evaluating cultural learning and performance Provides guidelines for employee orientation programs to achieve cultural competence in the workplace The Digital Cultural Competence Education Resource Toolkit: The Toolkit consists of three sets of tools and a total of 21 distinct tools. The three sets of tools are: Resources for Academic Settings; Resources for Health Care Institutions; and Resources for Professional Associations. Taken together, the tools provide a comprehensive set of materials for planning, implementing, and evaluating cultural competence education strategies and programs. These tools may be used alone or in conjunction with other tools and will be of use to a broad range of readers at all levels: nurses, educators, administrators, association leaders, managers, researchers, students, and other health care providers. The tools and this book will enable you to achieve optimal cultural competence.

This book provides a comprehensive study of the science behind improving team performance in the delivery of clinical care.

Primary Care physicians often run into unexpected cultural obstacles when dealing with patients of different ethnicities. This book includes information essential to physicians' understanding in the treatment of African Americans, Latinos, Asian Americans, Native Americans and Arab and Muslim Americans. Other chapters address issues of spirituality and religion in medicine and caring for immigrant populations.

In an increasingly diverse society, psychotherapists must be able to work effectively with a wide variety of clients, each of whom has been shaped by a different mix of cultural and social influences. Pamela Hays' popular bestseller invites readers to move beyond a one-dimensional view of identity to a nuanced understanding of the factors that enable therapist and client to interact productively. Her ""ADDRESSING"" framework encompasses Age and generational influences Developmental or other Disability Religion and spirituality Ethnic and racial identity Socioeconomic status Sexual orientation Indigenous heritage National origin Gender The book discusses cultural considerations as therapists typically encounter them, that is, during the chronological flow of clinical work. The author's integrated approach, grounded in the research literature, considers the complexities of real-life clinical practice. In this new edition, readers will find up-to-date information on the DSM-5, ICD-10, and upcoming ICD-11, as well as new sections on working with people in poverty, children, and transgender people; trauma-informed care; and the applications of mindfulness. The practical suggestions and tools in this book apply to assessment, testing, diagnosis, and psychotherapy and are illustrated with a rich variety of case examples. Each chapter ends with a Key Ideas summary and a Practice Exercise that can be used in education and supervision.

For physical therapy students and practitioners. Cultural competence is essential for quality healthcare encounters, and all physical therapist/client encounters possess some degree of cultural components. Recognizing those components and adapting care to meet the cultural considerations is a necessary skill.

Disasters are complex and dynamic events that test emergency and crisis professionals and

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leaders – even the most ethical ones. Within all phases of emergency management, disasters highlight social vulnerabilities that require culturally competent practices. The lack of culturally respectable responses to diverse populations underscores the critical need for cultural competency education and training in higher education and practice. Using a case study approach that is both adaptable and practical, this textbook is an accessible and essential guide on what makes teaching effective in emergency and crisis management. Key Features An in-depth understanding of cultural competence makes it well suited for teaching effectively in emergency preparedness Expert guidance from leading authorities ensures a fresh perspective in various aspects of emergency and crisis management National and international emergency and crisis management case studies containing ground rules, a scenario, roles/actors, guiding questions, facilitator questions, and resources Pedagogy and andragogy theories that drive design and implementation Pre- and post-tests for each case study allow faculty and trainers to empirically measure the participants' learning outcomes Short case study structure can be easily implemented in a course as a group discussion, group assignment, or individual assignment With unparalleled resources to reach every participant and facilitator, Cultural Competency for Emergency and Crisis Management offers educators a roadmap for successfully engaging participants in various aspects of cultural competency knowledge, skills, and abilities.

In this companion to his best-selling book, Singleton presents first-person vignettes and a detailed case study showing educators how to usher in courageous conversations to ignite systemic transformation.

Handbook of Home Health Care Administration, Sixth Edition is a comprehensive text that reflects the current state of home health care administration. With contributions from leading experts in the field, it addresses key aspects of home health care, including finance, human resource development, legal and ethical issues, management information systems, marketing, quality management, research, and current technology for patient care.

Written by renowned author Catherine Mullahy, The Case Manager's Handbook, Fifth Edition is the ultimate how-to guide for case managers. This practical resource helps case managers build fundamentals, study for the Certified Case Manager (CCM) exam, and most importantly, advance their careers after the exam. Written for all professionals in all practice settings in case management, it uses real-life examples and an easy-to-read, conversational style to examine the case management process while presenting practical procedural information. An excellent daily reference and training guide for new case managers and seasoned professionals in various setting, The Case Manager's Handbook, Fifth Edition is the "go-to" resource for facing the day-to-day challenges of case management, especially as the nation navigates through the many changes introduced by the landmark Patient Protection and Affordable Care Act. Significantly updated and revised, it contains eight new chapters: * Hospital Case Management: Changing Roles and Transitions of Care * Patient Centered Medical Home, ACOs, Health Exchanges * Evidence-Based Practice * Public Sector Reimbursement * Predictive Modeling * Pain Management * Health Technology, Trends, and Implications for Case Managers * The Affordable Care Act of 2010: Implications for Case Managers Included with each new print book is an Access Code for a Navigate Companion Website for students with objectives, multiple choice questions, and bonus appendices.

It is essential for counselors and counseling professionals to understand the impact of their personal biases and how these biases can impact the counseling process, in addition to respecting and honoring the beliefs of their clients. Communication and the sharing of experiences between counsellors is an effective strategy for perfecting methods to identify and address these biases. Cases on Cross-Cultural Counseling Strategies is a comprehensive research book that explores creative healing approaches used by counselors working with diverse clients in a variety of geographical locations, developmental levels, and complex and

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varied identities. Each case study applies the Multicultural and Social Justice Counseling Competencies (MSJCCs) to the counseling relationship and looks at unique aspects of the client's identity, specific approaches taken by the counselor, and the outcomes of the counseling relationship. Featuring a broad range of topics such as higher education, international counseling, and gender bias in counseling, this book is ideal for counselors, therapists, psychologists, counselor educators, graduate students, practitioners, academicians, and researchers.

The Nurse Practitioner's Guide to Nutrition is a comprehensive clinical resource for nurse practitioners working in a variety of clinical care settings. Emphasizing practical nutrition information, this accessible guide provides guidance on incorporating nutrition history questions and counselling techniques into routine care across all clinical settings. The book begins by discussing fundamental concepts in nutrition assessment, giving readers a solid framework from which to approach subsequent chapters. Section Two focuses on nutrition from a lifespan perspective, organizing information by the issues most pertinent to patients at different stages of life. Section Three presents nutrition counselling across clinical care settings ranging from cardiology, endocrinology, oncology, and gastroenterology to caring for the obese patient. Each chapter includes essential information distilled in quick-access tabular format and clinical scenarios that apply key concepts discussed to real-world examples. Ideal for both in-training and qualified advanced practice nurses, The Nurse Practitioner's Guide to Nutrition is an essential tool for assessing, managing, and treating nutrition-related conditions, as well as promoting nutritional health for all patients. This activity has been approved for 35 nursing continuing education contact hours through the Temple University College of Health Professions and Social Work Department of Nursing Provider Unit, an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, itself an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. For e-book users: CNE materials are available for download after purchase. This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from Google Play or the MedHand Store.

"Caring for Patients from Different Cultures contains over 200 case studies illustrating cross-cultural misunderstanding and culturally competent health care. The chapters cover a diverse range of topics, including birth, end of life, traditional medicine, mental health, pain, religion, and multicultural staff issues. The case studies illustrate important concepts from the fields of cultural diversity and medical anthropology. This volume is an important resource for nurses and physicians in achieving cultural competency."--BOOK JACKET.

Achieving Cultural Competency: A Case-Based Approach to Training Health Professionals provides the necessary tools to meet the ever-growing need for culturally competent practitioners and trainees. Twenty-five self-study cases cover a variety of medical topics, including cardiovascular, pulmonary, neurology, oncology, hematology, immunology, and pediatric disorders. Actual scenarios that occurred in clinical settings help the user gain direct insight into the realities of practice today. Cultural factors covered within the cases include cultural diversity plus gender, language, folk beliefs, socioeconomic status, religion, and sexual orientation. This book is an approved CME-certifying activity to meet physicians' cultural competency state requirements. Get 25 pre-approved self-study American Dietetic Association credits at no additional charge when you purchase the book. Email hark@lisahark.com for further instructions.

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This powerful third edition offers fresh approaches that enable school leaders to engage in effective interactions with students, educators, and the communities they serve.

"The field of global health is expanding rapidly. An increasing number of trainees are studying

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and working with marginalized populations, often within low and middle-income countries. Such endeavours are beset by ethical dilemmas: mitigating power differentials, addressing cultural differences in how health and illness are viewed, and obtaining individual and community consent in research. This introductory textbook supports students to understand and work through key areas of concern, assisting them in moving towards a more critical view of global health practise. Divided into two sections covering the theory and practice of global health ethics, the text begins by looking at definitions of global health and the field's historical context. It draws on anti-colonial and anti-racist perspectives and concepts, developing social justice and solidarity as key principles to guide students. The second part focuses on ethical challenges students may face in clinical experiences or research. Topics such as working with indigenous communities, the politics of global health governance, and the ethical challenges of advocacy are explored using a case study approach. An Introduction to Global Health Ethics includes recommended resources and further readings, and is ideal for students from a range of disciplines including public health, medicine, nursing, law and development studies who are undertaking undergraduate and graduate courses in ethics or placements overseas"--Provided by publisher.

Environmental professionals can no longer simply publish research in technical journals. Informing the public is now a critical part of the job. Environmental Communication demonstrates, step by step, how it's done, and is an essential guide for communicating complex information to groups not familiar with scientific material. It addresses the entire communications process, from message planning, audience analysis and media relations to public speaking - skills a good communicator must master for effective public dialogue. Environmental Communication provides all the knowledge and tools you need to reach your target audience in a persuasive and highly professional manner. "This book will certainly help produce the skills for environmental communications sorely needed for industry, government and non-profit groups as well as an informed public". Sol P. Baltimore, Director, Environmental Communications and Adjunct faculty, Hazardous Waste management program, Department of Chemical Engineering, College of Engineering, Wayne State University, Detroit, Michigan. "All environmental education professionals agree that the practice of good communications is essential for the success of any program. This book provides practical skills for this concern". Ju Chou, Associate Professor, Graduate Institute of Environmental Education National Taiwan Normal University Taipei, Taiwan

Praise for the Second Edition: "This book will help educators understand the multidimensional process of cultural competence, and the vignettes it provides will be useful to anyone who teaches cultural competence." -- Nursing Education Perspectives Based on proven research, this textbook is a unique "how-to" for nursing faculty called upon to educate students, nurses, and other health care providers on how to provide optimal care for culturally diverse populations. It offers a systematic approach featuring ready-to-use materials for planning, implementing, and evaluating cultural competence education strategies and programs. A wealth of practical information on all aspects of culturally competent communication and treatment—in both classroom and workplace settings--is supplemented with an assessment and evaluation toolkit that can be adapted for all educational levels. The third edition is reorganized to facilitate the incorporation of cultural competence into a greater variety of environments, and provides additional examples and case studies to better illustrate content. Updated and revised information, research findings, and expanded ready-to-apply strategies and exemplars are woven throughout all chapters. New and expanded chapters address curriculum; traditional classrooms, hybrid, and online courses; and clinical settings, immersion experiences, service learning, simulation, and nursing skills lab. Included are

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educational activities for academic, clinical, and professional association settings. Integrated reflection boxes, easy-to-apply action steps, toolkit resource boxes, references, and discussion questions help students to fully integrate the book's content. The text fulfills Cultural Competence accreditation requirements for undergraduate nursing programs and for institutions trying to obtain Magnet Status. New to the Third Edition: Reorganized to address cultural competence in a variety of environments Expanded ready-to-apply strategies and exemplars A wealth of updated and revised information and research New and expanded chapters on curriculum and varied learning modalities New information on clinical settings, immersion experiences, service learning, simulation, and nursing skills lab Reflection boxes, easy-to-apply action steps, toolkit resource boxes, and discussion questions Also available: For PhD students, instructors, institutions, and others who want to take it a step further, can purchase The Cultural Competence Education Resource Toolkit. This product contains questionnaires and evaluation methods for a variety of environments, and will enable the use to assess cultural competence in a group of individuals, and a means to achieve optimal cultural competence. For more information, go to www.springerpub.com/cctoolkit .

The fourth edition of *The Behavioral Sciences and Health Care* provides trainees in every area of health care with foundational concepts of behavioral science as applied to individual and population health and disease. The text breathes new life into the biopsychosocial model by highlighting the integrated sciences model, which focuses on interdependence of the contributions made by all of the sciences basic to medicine. This integration is exemplified by the unifying conceptual framework of evolutionary science, in which increasingly complex gene–individual–environmental interactions explain behavior at the individual and social level. Concise, updated chapters cover foundational elements of neuroscience, stress biology, normal psychology, and social factors in health care, addressing both traditional areas of behavioral science and topical concerns such as pain, palliative care, addictions, health care disparities, and violence. Uniquely among books of this kind, the text includes a thorough discussion of psychiatric disorders and therapies, aligned with current nosology (DSM-5). All chapters contain clinical pearls or vignettes, highlighted to emphasize applications in health care settings, as well as review questions and suggestions for further reading. A practice exam with extensive discussion of answers deepens students' understanding of core topics while preparing them for certifying and licensing exams. This text is particularly suited for use in systems-based and case-based curricula. Individual chapters can be used creatively in flipped classrooms and other active learning environments. Accessible and clear, without oversimplification, the book facilitates interdisciplinary education, providing a common core of knowledge for students in medicine, nursing, psychology, social work, and other health care professions.

This book is distinguished by the anthropological or ethnographic approach to cross-cultural or multicultural social work practice. James Green is an anthropologist who brings a unique perspective to social work practice, moving well beyond cultural "sensitivity" to issues of professional practice. The book is based on an established model, that of "help-seeking behavior," that is also widely used in cross-cultural psychiatric and medical work. New topics addressed in this edition include the recent DSM-IV (with its first-time inclusion of a section on "cultural formations"); post-

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modernism in the social services, with its emphasis on narratives as a means of understanding cases; cultural competence and qualitative evaluation in agencies; new material on work with translators; and the emergence of biracial and bicultural consciousness in American popular culture. The chapters on major ethnic groups in America have been updated with current material from the social services literature. Anthropologists, social workers, therapists, and psychologists.

"Cultural Competence: A Lifelong Journey to Cultural Proficiency provides a comprehensive, theoretical and practical approach to increasing knowledge and awareness, improving attitudes, and providing the necessary skills for practicing cultural competence each day." "Dr. Ronnie Leavitt, along with a group of contributors with a range of backgrounds, both in physical therapy and the social sciences, provides an evidence-based text looking to explore practical applications in a wide array of settings. Cultural Competence addresses cultural competence by discussing the special considerations one needs to learn about rather than specific population groups. Also discussed is how different theorists describe cultural competence, as well as methods of measuring cultural competence and government policies regarding cultural competence."--BOOK JACKET.

Newly revised and updated, *Delivering Culturally Competent Nursing Care, Second Edition*, explores the cross-cultural interactions and conflicts between nurses and the diverse array of patients they may see. Culturally competent nurses can cut through preconceptions, reduce health disparities, and deliver high-quality care as they encounter patients from a range of backgrounds and beliefs. As frontline providers for diverse populations, nurses are expected to treat each patient with empathy and respect. This text addresses what it really means to be culturally competent in nursing practice. As representatives of specific cultural, racial, ethnic, and sociopolitical groups, nurses bring their own values, beliefs, and attitudes to all interactions with patients and with one another. Whether or not nurses choose to make their attitudes explicit, these attitudes ultimately influence the quality of care they provide to patients. The content of this book is grounded in the Staircase Model, which builds upon the nurse's own self-assessment to identify personal limitations, find strategies to improve cultural competence, and progress to the next level. This text features case scenarios that apply the process of cultural competence to different healthcare situations. What's New Three New Chapters Chapter 12: Caring for Patients Who Are Morbidly Obese Chapter 13: Caring for Veterans Chapter 14: Caring for Children Expanded content on caring for LGBTQIA community PowerPoint slides provided for instructors Key Features Addresses AACN competencies Provides easy-to-follow self-assessment using the Staircase Model Learning Objectives and Key Terms are identified in each chapter Overview of each chapter provides current information about trends in the United States on the topic under discussion Provides an excellent cultural competency preparation for student nurses in clinical situations as well as for practicing nurses at all levels and areas of nursing Presents content on immigration and transgender individuals

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