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Some memories are better off lost in the mist... Eight months ago, British academic Paul Ansell lost his lover-and all the memories of their time together-in an accident at Iceland's Gullfoss Falls. Returning to the misty island country to resume his study of the bloodthirsty Viking Egil Skallagrimsson is tough as he struggles to pull his life back together. First, there's his colleague, Mags, who treats him like glass, and summer student Alex, who peppers him with discomfiting questions. Then there's Icelandic jet-boat driver Viggo, a tattooed, modern-day Viking who won't say much about how they know each other. Leaving Paul to wonder if their volcanic attraction is fuelled by a desire to make a fresh start, or desperation to forget the past. As more fragments of his lost memories fall into place, Paul is unsure if he can trust himself, much less anyone around him. And he begins to suspect his accident was nothing of the kind. Warning: Contains a modern-day Viking whose boat has V8 engines for oars, and a harsh land of hot springs and hotter passions that won't forgive any false steps.

Mikhail Stanislaski finds unexpected love with classy society princess Sydney Hayward in a tale of mismatched lovers, *Luring a Lady*, while sexy detective Alex Stanislaski meets the woman of his dreams, Bess McNee, when he mistakenly arrests her for solicitation, in *Convincing Alex*, in a pair of novels featuring the tempestuous Stanislaski family. Reprint.

Offers over one hundred fun ideas for learning math, including math riddles and facts, mental math tricks, and math squares.

Through hundreds of photographs and maps, landscape architect and urban designer Julie Campoli showcases 12 vibrant North American neighborhoods where residents can live comfortably without a car. By identifying the policies and amenities that foster such streetscapes, Campoli teaches urban developers, decision makers, and students how to create similar communities and help to mitigate climate change by lowering vehicle miles traveled.

At the dawn of the twenty-first century, Americans enjoyed better overall health than at any other time in the nation's history. Rapid advancements in medical technologies, breakthroughs in understanding the genetic underpinnings of health and ill health, improvements in the effectiveness and variety of pharmaceuticals, and other developments in biomedical research have helped develop cures for many illnesses and improve the lives of those with chronic diseases. By itself, however, biomedical research cannot address the most significant challenges to improving public health. Approximately half of all causes of mortality in the United States are linked to social and behavioral factors such as smoking, diet, alcohol use, sedentary lifestyle, and accidents. Yet less than five percent of the money spent annually on U.S. health care is devoted to reducing the risks of these preventable conditions. Behavioral and social interventions offer great promise, but as yet their potential has been relatively poorly tapped.

*Promoting Health* identifies those promising areas of social science and behavioral research that may address public health needs. It includes 12 papers commissioned from some of the nation's leading experts that review these issues in detail, and serves to assess whether the knowledge base of social and behavioral interventions has been useful, or could be useful, in the development of broader public health interventions.

Callum Flint has lived a life most only dream about. Growing up in a loving family with supportive parents and countless opportunities to find his niche, Callum finds himself doing what he loves as a production manager of a large construction company based in Ireland. Now confident that he can direct his own path, Callum finds himself swept away and fumbling for the super suave nature he usually permeates as he finds himself face to face with a feisty pub waitress in the heart of Ireland. Chloe Wakefield has spent all of her adult life as a loner. With all of her family gone and having moved to a foreign country right out of high school, the hard-working Montana native is determined to make a new life for herself. After years of heartbreak from which she never intended to recover from, Chloe finds herself in the unexpected grips of an emotional roller coaster with her one true soul mate. Through life's twists and turns, Chloe's life falls back and forth from the easy predictability of being alone to the frightening vulnerability that comes with giving the heart away to another. Follow along as Chloe and Callum find through life and death, victory and tragedy, and love and loss, who they are truly meant to be and the beautiful disastrous life that they are truly meant to live.

Despite the fact that the prevalence of obesity in early childhood has been stable and is no longer increasing in many developed and industrialized countries, the incidence of both obesity and full-blown metabolic syndrome in children and adolescents is still very high. Obesity is a major disease burden in all societies and needs to be prevented early in life. New approaches are eagerly sought and absolutely necessary. This book presents a comprehensive and state-of-the-art summary of current and new knowledge in this critical field. Crucial issues such as nutrition and genetics are described in detail. In addition, new ideas such as e-health and the consequences of urban living conditions are explored. Last but not least, modern treatment concepts and prevention even at an early age are competently discussed. Offering a valuable update on new developments in obesity research and the treatment in children and adolescents, this book is essential reading for all pediatricians and health-care professionals who look after young patients on a regular basis.

One missing person case remains unsolved and now another student has disappeared from Barcelona University. His girlfriend and colleagues report matters to the police and university authorities but they refuse to become involved in the case, believing that he has left voluntarily. This soon changes, however, as the college becomes a backdrop for a suspenseful account of grisly murders.

"Bare Men" portrays the male nude as a human and a work of art, not simply a utilitarian device. It celebrates men who are comfortable in their skin, relaxed, powerful, erect, vulnerable. The images share moments of joy, the power of release, physical angst and ease of masculinity. "Bare Men" offers glimpses into their private moments. The viewer is privy to two relationships: the man and the photographer and the man and himself while in some instances is invited to join in.

When Elizabeth and Jessica lose a bet to their brother, Steven, they must do his chores for a week, and while Steven gloats, the twins plot their revenge.

Starting from a kinase of interest, AMP-activated protein kinase (AMPK) has gone far beyond an average biomolecule. Being expressed in all mammalian cell types and probably having a counterpart in every eukaryotic cell, AMPK has attracted interest in virtually all areas of biological research. Structural and biophysical insights have greatly contributed to a molecular understanding of this kinase. From good old protein biochemistry to modern approaches, such as systems biology and advanced microscopy, all disciplines have provided important information. Thus, multiple links to cellular events and subcellular localizations have been established. Moreover, the crucial involvement of AMPK in human health and disease has been evidenced. AMPK accordingly has moved from an interesting enzyme to a pharmacological target. However, despite our extensive current knowledge about AMPK, the growing community is busier than ever. This book provides a snapshot of recent and current AMPK research with an emphasis on work providing molecular insight, including but not limited to novel physiological and pathological functions, or regulatory mechanisms. Up-to-date reviews and research articles are included.

"Kidney disease is frequently described as a public health problem. This book will unpack what we mean by "public health" and by "taking a public health approach." We will consider the global burden of kidney diseases and their determinants, with a focus on chronic kidney disease"--

"Good pictures, bad pictures is a stress-free way for parents to begin an empowering conversation about the dangers of pornography and give their young kids a specific plan of action to use when they are

exposed to it."--Back cover.

What would you find at a reptile farm? Can you hold the reptiles? Would you hold a crocodile?

Obesity in childhood and adolescence has reached epidemic proportions in all industrialized countries around the world. Its impact on individual lives as well as on health economics has to be recognized by physicians and the public alike. Among the most common consequences of obesity in the adolescent are hypertension, dyslipidemia, back pain and psychosocial problems. Therapeutic strategies include psychological and family therapy, lifestyle/behavior modification and nutrition education. The role of regular exercise and exercise programs is emphasized. Surgical procedures and drugs used in adult obesity are still not generally recommended for obese adolescents. This book aims to increase physicians knowledge and understanding of obesity in childhood and adolescence as well as to further public awareness of the health burden and economic dimension of obesity at a young age. Several chapters deliver insights into the basic understanding of which factors contribute to or prevent the development of overweight and obesity in young people. Other contributions provide tools for the clinician to manage the care of the child and adolescent with overweight/obesity. In addition, knowledge from the latest scientific studies on the molecular biology of obesity is also presented.

This groundbreaking book dispels the myths perpetuated by some bestselling diet books that may help people lose weight, but will put them on the fast track to disease. Based on sound research and the success of thousands of people, The Schwarzbein Principle proves that excess weight, degenerative disease and accelerated aging can be controlled — and reversed — in a healthful way. The Schwarzbein Principle is a holistic guide to achieving lasting weight loss, normalizing metabolism and maintaining ideal body composition through lifestyle and nutrition. By bringing the internal systems into balance, the Schwarzbein program has been proven to: reverse type II diabetes; free people from food cravings for chocolate, caffeine and sugar; cure depression and mood swings; and reduce body fat while building lean tissue. The nutritional program consists of two phases —Healing and Maintenance — which are easy to adopt into any lifestyle. Instead of shunning fat, the program advocates eating all of the good fats and proteins your body needs as well as an unlimited portion of non-starchy carbohydrates. By incorporating the lifestyle components of stress management, exercise and eliminating harmful stimulants, program participants experience renewed energy and vitality. Don't forget to check out the The Porn Myth is a non-religious response to the commonly held belief that pornography is a harmless or even beneficial pastime. Author Matt Fradd draws on the experience of porn performers and users, and the expertise of neurologists, sociologists, and psychologists to demonstrate that pornography is destructive to individuals, relationships, and society. He provides insightful arguments, supported by the latest scientific research, to discredit the fanciful claims used to defend and promote pornography. This book explains the neurological reasons porn is addictive, helps individuals learn how to be free of porn, and offers real help to the parents and the spouses of porn users. Because recent research on pornography's harmful effects on the brain validates the experiences of countless porn users, there is a growing wave of passionate individuals trying to change the pro-porn cultural norm-by inspiring others to pursue real love and to avoid its hollow counterfeit. Matt Fradd and this book are part of that movement, which is aiding the many men and women who are seeking a love untainted by warped perceptions of intimacy and rejecting the influence of porn in their lives.

A lively portfolio of football photographs by outstanding Magnum photographers.

In this poetry collection, Cries from the Ocean, Ojotisa is carving a place for himself in the literary fora, reminiscent of the second generation poets in Nigeria. The collection adopts the commoners' language but retains its mark in literary depth and deft. Here, the poet-persona is pre-occupied with the multifarious colours of death and incarnations, love and its ultimate fulfilment and, the spiritual cum physical struggles of the land and its peoples. This collection, assuredly, will leave readers filled with wonder and delight.

The Bible makes many scientific statements of facts so profound that only in the last few decades could we begin to understand them. Thousands of years ago the Hebrew prophets made scientific statements about meteorology, oceanography, biology, medicine, fire science, astronomy, nuclear physics, the hydrology cycle, and the Earth's typography to name a few. Some of these are so profound that just one of them alone proves the Bible is true. These statements are so profound that you must either conclude that God told these prophets this information or that this race of shepherds had access to computers, weather satellites, cameras and advanced technology almost 4000 years ago and never used it for any other purpose. There is no other explanation.

This book discusses different aspects of trauma surgery, ranging from the various types of trauma and their management, infection, sepsis and inflammation to tissue injury and repair in trauma. It discusses cellular, molecular and genetic research findings and their role in pathogenesis in trauma and injury. In addition, it highlights the translational application of advanced theories and technologies in the management of trauma patients. This book is a valuable resource for anyone involved in the management of severe trauma damage to tissues wanting to reduce early mortality and improve patients' quality of life.

The Porn Myth Exposing the Reality Behind the Fantasy of Pornography Ignatius Press

Biographical sketch of the first surveyor general of the province under William Penn. He laid out the city of Philadelphia and superintended the surveying and settlement of S.E. Pennsylvania. Annotation c. by Book News, Inc., Portland, Or.

This guideline presents clear criteria for testing of chronic kidney disease, for suspecting progressive CKD and referring people for specialist assessment.

Abandoned by their uncle and aunt, Kevin and Sandra run away to Gumble's Yard, a deserted row of cottages on the canal bank. But the cottages are not as empty as they thought. Strange people come and go, mysterious boxes keep arriving, and the children soon find themselves caught up in a dangerous chain of events.\* This book was unique when it was first published and over the years has come to be recognized as one of the ground-breaking books of the millenium.\* John Rowe Townsend is a significant author, without whom writers such as Robert Cormier and Judy Blume might not have been recognized.\* This gripping story has stood the test of time in the way the children are left alone to become completely self-reliant.\* John Rowe Townsend lives in Cambridge.

Mesenchymal stem cell-derived exosomes are at the forefront of research in two of the most high profile and funded scientific areas – cardiovascular research and stem cells. Mesenchymal

Stem Cell Derived Exosomes provides insight into the biofunction and molecular mechanisms, practical tools for research, and a look toward the clinical applications of this exciting phenomenon which is emerging as an effective diagnostic. Primarily focused on the cardiovascular applications where there have been the greatest advancements toward the clinic, this is the first compendium for clinical and biomedical researchers who are interested in integrating MSC-derived exosomes as a diagnostic and therapeutic tool. Introduces the MSC-exosome mediated cell-cell communication Covers the major functional benefits in current MSC-derived exosome studies Discusses strategies for the use of MSC-derived exosomes in cardiovascular therapies

1940. The skies above London are filled with German planes on nightly raids, a Blitz that brings a barrage of bombs that pound the city into rubble. Each morning Londoners face the night's handiwork and though they are presented with the possibility of sudden death, they are determined to fight the evil that threatens to destroy their nation. They struggle to live normal lives amid the terror and chaos. But is it only Hitler's Luftwaffe and the Blitz that is responsible for all the death and destruction that the city is facing? Brutus, the Greek Kingman who brought the bands of power to the isle of Alba millennia ago once again walks the streets of London, this time as an American major. The men and women who are his eternal companions (and sometimes lovers and enemies) have all been reborn in this time and place. They have come together for one last battle to finally complete the magical Labyrinth buried at the heart of the city. Half completed and resonating with an evil power, the Maze calls to them to complete the Game and possibly set all the players free. As Brutus works to find a solution that will end his age-old pain he comes to realize that there is a new power that walks the land. It is strong, hungry, and it has its own agenda. And by its actions could change the world forever. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

“Cultural agency” refers to a range of creative activities that contribute to society, including pedagogy, research, activism, and the arts. Focusing on the connections between creativity and social change in the Americas, this collection encourages scholars to become cultural agents by reflecting on exemplary cases and thereby making them available as inspirations for more constructive theory and more innovative practice. Creativity supports democracy because artistic, administrative, and interpretive experiments need margins of freedom that defy monolithic or authoritarian regimes. The ingenious ways in which people pry open dead-ends of even apparently intractable structures suggest that cultural studies as we know it has too often gotten stuck in critique. Intellectual responsibility can get beyond denunciation by acknowledging and nurturing the resourcefulness of common and uncommon agents. Based in North and South America, scholars from fields including anthropology, performance studies, history, literature, and communications studies explore specific variations of cultural agency across Latin America.

Contributors reflect, for example, on the paradoxical programming and reception of a state-controlled Cuban radio station that connects listeners at home and abroad; on the intricacies of indigenous protests in Brazil; and the formulation of cultural policies in cosmopolitan Mexico City. One contributor notes that trauma theory targets individual victims when it should address collective memory as it is worked through in performance and ritual; another examines how Mapuche leaders in Argentina perceived the pitfalls of ethnic essentialism and developed new ways to intervene in local government. Whether suggesting modes of cultural agency, tracking exemplary instances of it, or cautioning against potential missteps, the essays in this book encourage attentiveness to, and the multiplication of, the many extraordinary instantiations of cultural resourcefulness and creativity throughout Latin America and beyond. Contributors. Arturo Arias, Claudia Briones, Néstor García Canclini, Denise Corte, Juan Carlos Godenzzi, Charles R. Hale, Ariana Hernández-Reguant, Claudio Lomnitz, Jesús Martín Barbero, J. Lorand Matory, Rosamel Millamán, Diane M. Nelson, Mary Louise Pratt, Alcida Rita Ramos, Doris Sommer, Diana Taylor, Santiago Villaveces

This book explores and analyzes the options for preventive medicine, considered from various viewpoints - epidemiological, sociological, political, practical, and ethical. The uniting theme is the concept of health as an issue for populations as well as for individuals. This has applications throughout medicine and these are illustrated by a wide range of examples. The book will be valuable to professionals and students in public health, epidemiology and health economics. It will also be of interest to health service managers and planners, clinicians interested in prevention, and all those concerned with health as a public issue.

In recent years, gap junction research in the cardiovascular system has considerably improved the understanding of cardiac function and the vasculature in health and disease. The present book focuses on the communication of intercellular gap junctions in

Far away, in a land long ago...there was an orphaned farm kid with daddy issues trying to rescue an orphaned princess unaware of her daddy issues! In the tradition of ROBOT CHICKEN: STAR WARS and SPACEBALLS comes a loving, affectionate parody of the greatest science fiction franchise of all time. This is a fan-pleasing romp that skewers the original trilogy of one of the greatest adventure stories ever.

Describes the time in America prior to the first World War, the vast differences between the wealthy and the poor, the changing from farming to factory work, and the inventions of conveniences such as electric lights, telephones, and bicycles.

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