

## Aa Comes Of Age

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

The personal stories of prison inmates who are recovering alcoholics.

Nearly half a century has gone by since A.A.'s historic 1955 Covention in St. Louis, when the founding members passed on to the entire Fellowship the responsibility for the three Legacies of Recovery, Unity, and Service. This book takes A.A. members and interested friends on a quick tour of the Convention, traces the history and development of the Three Legacies, and looks at A.A. through the eyes of some early nonalcoholics who influenced the Fellowship's history.

The founders of the modern recovery movement, including Bill Wilson, Bob Smith, and other early AAs, were deeply influenced by a handful of inspirational authors, from whom they received practical guidance, key insights, and concrete ideas. Their explorations of inspirational literature and useable spiritual methods gave rise to the program of spiritual self-help now practiced around the world as the twelve-step tradition. Now, some of the core books that both inspired and were produced by the early twelve-steppers and recovery pioneers – including the first edition of the 1939 landmark Alcoholic Anonymous – are collected in this powerful resource, The Recovery Bible. Here are early writings by the visionaries of recovery. Their work retains all of its impact and life-changing power – now at the ready for study, immediate guidance, and a lifetime of re-exploration in this one volume. The Recovery Bible includes: -Alcoholics Anonymous, the original 1939 landmark - The Greatest Thing in the World by Henry Drummond -In Tune with the Infinite by Ralph Waldo Trine -The Mental Equivalent by Emmet Fox - As a Man Thinketh by James Allen -The 23rd and 91st Psalms -Religion that Works by the Rev. Sam Shoemaker -The Varieties of Religious Experience by William James

Twelve Steps to recovery.

Alcoholics Anonymous Comes of AgeA brief history of a unique movementA. A. World Services, Inc.

The newly compiled 12 Step Prayer Book offers adapted and traditional prayers to complement any Twelve Step program or any mindful recovery experience. Collected and compiled from varied authors, faiths, and lifestyles, these prayers of strength and healing will give you a thought for each day. These are the faithful words of the world. From Bill P., the author of the recovery classics Easy Does It and Drop the Rock, and Lisa D., comes this cherished set of prayers, now presented for the first time as part of Hazelden's beloved series of daily readings. Bookended by morning and nightly prayers, this new edition now provides prayers and readings based on themes related to each Step. Regardless of your religious affiliation or a lack thereof, prayer houses infinite power: it is the spiritual language of the unified human experience. In a modern approach to prayer and meditation, The 12 Step Prayer Book utilizes sources from across the world to support your recovery. Treatment, counseling, and other forms of therapy are unquestionably necessary for sobriety. They are, however, finite. Once they end, what becomes our source of hope, strength, and wisdom? Twelve Step recovery demands continuous spiritual growth, and spiritual growth demands a Higher Power. Our faith needn't be perfect, but it must be present. Through prayer and daily connection with the spiritual, our hearts remain full and open to the life recovery promises.

This large print edition of Language of the Heart contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.

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This abridged edition makes the Freud/Jung correspondence accessible to a general readership at a time of renewed critical and historical reevaluation of the documentary roots of modern psychoanalysis. This edition reproduces William McGuire's definitive introduction, but does not contain the critical apparatus of the original edition.

Reveals the history of our struggle with alcoholism and the emergence of a search for sobriety that is as old as our nation. In *Drunks*, Christopher Finan introduces us to a colorful cast of characters who were integral in America's moral journey to understanding alcoholism. There's the remarkable Iroquois leader named Handsome Lake, a drunk who stopped drinking and dedicated his life to helping his people achieve sobriety. In the early nineteenth century, the idealistic and energetic "Washingtonians," a group of reformed alcoholics, led the first national movement to save men like themselves. After the Civil War, doctors began to recognize that chronic drunkenness is an illness, and Dr. Leslie Keeley invented a "gold cure" that was dispensed at more than a hundred clinics around the country. But most Americans rejected a scientific explanation of alcoholism. A century after the ignominious death of Charles Adams came Carrie Nation. The wife of a drunk, she destroyed bars with a hatchet in her fury over what alcohol had done to her family. Prohibition became the law of the land, but nothing could stop the drinking. Finan also tells the dramatic story of Bill Wilson and Dr. Bob Smith, who helped each other stay sober and then created AA, which survived its tumultuous early years and finally proved that alcoholics could stay sober for a lifetime. This is narrative history at its best: entertaining and authoritative, an important portrait of one of America's great liberation movements and essential reading for anyone involved in the addiction community.

The story of Bill Wilson and how the A.A. message reached the world/

Silkworth Hardcover

An extraordinary reproduction of the original working manuscript of the Big Book of Alcoholics Anonymous, with an introduction and notes by a panel of celebrated AA historians. The many changes that were made in black, green, and red on each page are shown. An extraordinary reproduction of the original working manuscript of Alcoholics Anonymous, with essays and notes by a panel of celebrated AA historians. *The Book That Started It All* offers fresh insights into the history and foundation of the revolutionary Alcoholics Anonymous program.

Reproduced in this elegant gift edition with essays and notes by a panel of celebrated AA historians, the original working manuscript is the missing link in our understanding of what transpired between AA founder Bill Wilson's first draft of Alcoholics Anonymous and the first published edition. In January 1939, Wilson and other AA founders distributed 400 copies of his typescript to everyone they could think of "who might be concerned with the problem of alcoholism," to test out the program. As the loan copies were returned, suggestions for revision were considered and written out in colored pencil on one master copy that was eventually submitted for publication. The many changes made in black, green, and red on page after page are shown here in their original form, revealing the opinions, debates, and discussions that went into making the Big Book.

The definitive history of writing and producing the "Big Book" of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's *Not-God*, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and

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April 1939 when *Alcoholics Anonymous* was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely circulated about early A.A. history. Fast-paced, engaging, and contrary, *Writing the Big Book* presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful.

The inspiring story of one of the founders of Alcoholics Anonymous, who helped build the organization into a worldwide movement. Reprint.

Includes *How to listen to God* / by John E. Batterson (pages 63-72) and *The seven-day mental diet* / by Emmet Fox (pages 73-91).

A biography, with recollections of early A.A. in the Midwest.

Since 1954, *Twenty-Four Hours a Day* has become a stable force in the recovery of many alcoholics throughout the world. With over six and a half million copies in print it offers daily thoughts, meditations, and prayers for living a clean and sober life. A spiritual resource with practical applications to fit our daily lives. It is a simple, yet effective way to help us relate the Twelve Steps to everyday life and helps us find the power not to take that first drink each day.

A fascinating, account of the discovery and program of Alcoholics Anonymous, *Not God* contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of AA's early figures. The most complete history of A.A. ever written. *Not God* contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of A.A.'s early figures. A fascinating, fast-moving, and authoritative account of the discovery and development of the program and fellowship that we know today as Alcoholics Anonymous.

In this thoroughly researched and groundbreaking biography of Bill Wilson, cofounder of Alcoholics Anonymous, acclaimed author Susan Cheever creates a remarkably human portrait of a man whose life and work both influenced and saved the lives of millions of people. Drawn from personal letters and diaries, records in a variety of archives, and hundreds of interviews, this definitive biography is the first fully documented account of Bill Wilson's life story.

Alcoholics Anonymous is a worldwide organization that since 1935 has helped people break free from the destructive influence of intoxicating and addictive substances. This great wave of comfort and help that has covered the world had its beginning in one man, born shortly before the start of the twentieth century.

Utilizing exhaustive research, Cheever traces Bill Wilson's life beginning with his birth in a small town in Vermont, where, following the breakup of his parents' marriage, he was raised primarily by his grandparents. Handsome and intelligent, with a wit and charm that both women and men responded to, he seemed at the outset to be capable of achieving anything he wanted. Wilson, however, also suffered from deep-seated insecurity, and once he was away from the provincial Vermont town, he found that alcohol helped relieve his self-doubts and brought out the charm and wit that had made him a favorite in school. "Help" eventually turned to dependence, and years after his first beer -- consumed at a Newport,

Rhode Island, dinner party -- Bill Wilson finally had to come to terms with the fact that, while he loved the way alcohol made him feel, his life was spiraling out of control. Through a painful process of trial and error, using a blend of experiences, ideas, and medical knowledge gained through several hospitalizations, he was able to stop drinking. A few months later, when he met Dr. Robert Smith of Akron, Ohio, and was able to help him stop drinking also, Alcoholics Anonymous was born. Each man found in the other the support he needed to overcome the hold alcohol had on them. Together they discovered the power they had to help other alcoholics. Success did not come overnight, however, and as Cheever compellingly relates, Wilson had many struggles in a life fraught with controversies, including experiments with LSD and an unconventional fifty-three-year marriage. As one of the most influential and important thinkers of the twentieth century, Bill Wilson changed the way our society deals with addiction, and his ideas in turn have benefited countless individuals and their families. His life was complex, and in Susan Cheever's fascinating biography, he emerges as a man of great passion and courage; it is a story fully told for the first time.

A handsome collection of five of AA cofounder Bill W.'s most powerful Grapevine essays sharing his thoughts on faith, fear, honesty, humility and love.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* "Ask a Manager is the ultimate playbook for

navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

The adventures of Christopher Robin and his friends, in which Pooh Bear uses a balloon to get honey, Piglet meets a Heffalump, and Eeyore has a birthday. Co-founder Bill W. was keenly aware of the importance of personal stories, writing, “The story section of the Big Book ... is our principal means of identifying with the reader outside of A.A., it is the written equivalent of hearing speakers at an A.A. meeting; it is our show window of the results.” *Experience, Strength and Hope* offers back to the A.A. Fellowship the candor, wisdom and wit of 56 members whose stories are no longer available in the fourth edition of *Alcoholics Anonymous*. With each edition, new stories were added to reflect A.A.’s changing membership, while others had to be dropped. Numerous requests from A.A. members led to the publication of this book, where now can be found such classics as “A Feminine Victory,” written by one of A.A.’s very first female members, and “The Car Smasher,” by “A.A. Number 3” — third after the co-founders themselves. A.A. membership continues to grow and change, but the voices contained here will never be outdated. From poignant accounts of sorrow and loss to more raucous tales laced with deprecating humor, this collection of stories offer today’s A.A. members the timeless gift of experience, strength and hope. *Experience, Strength and Hope* has been approved by the General Service Conference of Alcoholics Anonymous.

This collection of writings by Harry Tiebout, one of the first psychiatrists to describe alcoholism as a disease, are seminal documents in the history, treatment, and understanding of alcoholism. One of the first psychiatrists to describe alcoholism as a disease rather than a moral failing or criminal activity, Harry M. Tiebout was also one of the first to wholeheartedly endorse Alcoholics Anonymous as an effective force in the struggle against compulsive drinking. This volume brings together, for the first time, some of Tiebout's most influential writings. Many of these pieces--from explorations of the therapeutic approach to alcoholism to instructive discussions of the act of surrender so crucial to recovery--are seminal documents in the history, treatment, and understanding of alcoholism. Together, they represent the significant contribution of one man to the countless lives shaken by alcoholism and steadied with the help of Alcoholics Anonymous, psychiatric intervention, and the foresight and commitment of doctors like Harry Tiebout.

This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, *As Bill Sees It* and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but

only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

Robert Thomsen's biography describes the story of Bill W., a stirring spiritual odyssey through triumph, failure, and rebirth, with vital meaning for men and women everywhere. This is the story of a man whose discovery and vision have changed the lives of millions of people throughout the world. Robert Thomsen's biography takes readers through the events of Bill W.'s life, all the while detailing Bill's growing dependence on alcohol. Thomsen writes of the collapse that brought Bill to the verge of death and of the luminous instant of insight that saved him. This turning point led Bill to the encounter in 1935 with Dr. Bob and the start of what was to be a new beginning for countless others who despaired of finding rescue and redemption. Every night at Alcoholics Anonymous meetings around the world, a speaker says, "Our stories disclose in a general way what we used to be like, what happened, and what we are like now." This describes the story of Bill W., a stirring spiritual odyssey through triumph, failure, and rebirth, with vital meaning for men and women everywhere.

A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.'s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing chapters of Alcoholics Anonymous Comes of Age, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this ground-breaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

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