

A Year In The Garden A Guided Journal

Recounts one year in the author's nine-year project to create a garden out of an overgrown, rundown patch of rural land

This journal introduces each month with a key concept to guide gardeners. His record book features the 12 Hobhouse "rules" for good gardening, the first of which is to keep personal notes of gardens visited, of plants seen and plants bought, of setbacks as well as successes. She reminds gardeners of the pleasures as well as the value of recording seasonal changes in the garden, of noting tasks accomplished and jobs to be done. Photographs show a wide range of successful gardens, from Butterstream in Ireland to West Deane Sussex and Penelope Hobhouse's own garden in Dorset. Penelope Hobhouse is the author of "Colour in Your Garden", "Garden Style", "The Country Gardener", "Flower Gardens" and "Penelope Hobhouse on Gardening".

Even in winter's coldest months you can harvest fresh, delicious produce. Drawing on insights gained from years of growing vegetables in Nova Scotia, Niki Jabbour shares her simple techniques for gardening throughout the year. Learn how to select the best varieties for each season, the art of succession planting, and how to build inexpensive structures to protect your crops from the elements. No matter where you live, you'll soon enjoy a thriving vegetable garden year-round.

How to Live Your Best Gardening Life David Culp has spent more than 30 years creating Brandywine Cottage—a sensational year-round garden that provides an abundance of joy, both indoors and out. In his new book, he urges home gardeners everywhere to do the same in their own space. Organized by the garden's six natural seasons, *A Year at Brandywine Cottage* is packed with fresh ideas and trusted advice, whether it's choosing plants for twelve months of interest, weaving edibles into the mix, or bringing the bounty indoors with simple arrangements and homegrown recipes. Packed with glorious images and practical tips, *A Year at Brandywine Cottage* will inspire you to live a life enriched by nature every day of the year.

It may be the Golden State, but your garden can be any color you want it to be. California is already famous as one of the world's leading fruit and vegetable producers—but a glance at a valley oak or California buckwheat is just a small glimpse of the native plants the state has to offer the home gardener. Written by Alameda resident and longtime gardening journalist Claire Splan, *California Month-by-Month Gardening* is the sister manual to our *California Getting Started Garden Guide*. Inside, Splan dedicates a thoroughly detailed chapter to each month of the year, telling you what species you should consider planting, precisely when you should plant them, and how to care for them for maximum health. Within each month are recommendations for annuals, bulbs, lawns (and lawn alternatives), natives, perennials, roses, shrubs, trees, vines, and groundcovers. An introductory overview of California's microclimates and soil types, along with a primer on general gardening techniques and a color-coded USDA zone map, prepares you to make your best effort as a gardener in California. Splan's instructions go much further than just the basics, as you learn how to plan, plant, care for, water, fertilize, and troubleshoot your diverse garden spaces during every single month of the year. Fully illustrated with beautiful color photography of the "how to" steps and plants, *California Month-by-Month Gardening* keeps your garden prosperous through all types of California weather and terrain. For our full introduction to gardening in California, we also recommend companion books *California Getting Started Garden Guide* and *California Fruit & Vegetable Gardening*.

A Year in the Garden is for note takers, list makers, and gardeners! Combining the popular style and structure of bullet journals with guided, creative prompts, it will help you slow down, track your time and your garden's process, and celebrate plants.

From back-of-an-envelope list to flower-filled paradise - *Brilliant and Wild: A Garden from Scratch in a Year* gives even the most inexperienced gardener the chance to create a beautiful and wildlife-friendly outdoor space - from nothing - in just twelve months. This highly practical book shows how satisfying and surprisingly simple growing a garden from scratch can be, by: Providing clear step-by-step instructions for making a low-maintenance garden that will flourish within months and be fully established within a year Focusing on perennial plants that are easy to grow, loved by wildlife and look more beautiful every year Illustrating the text with photographs showing the author making her new perennial garden in just one year

Full of seasonally relevant, practical information, this bestselling weekly gardening guide can be picked up any day of the year for timely advice on how to create a beautiful, healthy ornamental landscape and food garden. Full of helpful tips and recipes, this highly illustrated book covers everything from soil building to pruning to four-season food growing and seed saving, interspersed with recipes, poetry and humour. Organic gardening expert Carolyn Herriot digs up: - four secrets of successful soil building - methods to maintain a healthy green lawn - non-toxic solutions to common garden problems - plants for impossible places and perennials with personality - pruning, plant propagation and more!

A third-grader finds room to grow in a gentle, feel-good story about the transforming power of friendship and gardening" (Kirkus Reviews). When Anna Wang is gifted a copy of *The Secret Garden*, it inspires her to follow her dreams—maybe she can plant ivy and purple crocuses and the birds will come. It's the perfect time for growth and change, especially since Anna's family has moved out of their apartment into a house in Cincinnati, and Anna is starting at a new school. But something else that grows from her dream of a garden is even better: friendship. And friendship, like a garden, often has a mind of its own. . . In this prequel to *The Year of the Book*, join Anna in a year of discovery, new beginnings, friendships, and growth. "From a class lesson on recycling to the rescue of an orphaned rabbit, themes of renewal and 'the circle of life' are woven throughout." —School Library Journal

This is the true story of angels, demons, miracles, signs, wonders and a vision given to a man and woman called by God to build a type of last days tabernacle in the Texas Hill Country. Today, *The Coming*

King Sculpture Prayer Garden is filled with 2.25 million dollars' worth of sculptures donated by three artists. This Texas Tabernacle presents 77 Bible verses, etched in stone in a Path to Heaven. A seven-story, Corten steel landmark named The Empty Cross(TM) is recognized by many as the most symbolic cross sculpture in the world. God is manifesting His power at this free art park 365 days a year, located on IH-10, halfway between the Atlantic and Pacific Oceans, at the same latitude as Israel. Over a hundred thousand guests a year are drawn from across the world to the supernatural Garden.

"The annual gardening cycle is celebrated in a lovingly illustrated, full-color panorama of fertile scenes . . . Even city-bred readers will come away with a sense of what it's all about".--Booklist.

FULL-COLOR EDITION QUOTES FROM THOSE WHO KNOW: THE OPENING OF THE FIRST BIODOME GARDEN IN OTTAWA - AUGUST 27, 2014 "On August 17, 2014 the Brewer Park Community Garden (BPCG), situated across from Brewer Arena, celebrated the grand opening of Ottawa's first Biodome Garden project. To commemorate the day, the Park hosted a ribbon cutting ceremony along with an afternoon of events, including a barbecue and tours of the Biodome and gardens... When asked about the inspiration for the Biodome Garden, Oster credited the ever-enduring spirit of his co-project leader, Guy Souliere and the pages of Patricia Watters' book, The Biodome Garden Book..." "The completion of the Biodome Garden marks an historic moment for Ottawa. The project is the first structure of its kind in Eastern Canada, making it an exciting achievement that sets a high standard and precedence for future similar structures to be built in the Region." "It is the hope of the Brewer Park Community Garden that this innovative project will be replicated many times in several different forms across the City and Ottawa Region. Its replication could shape the beginning of a much more healthy and sustainable food culture across Ottawa." --SPACING MAGAZINE "Even before the advent of biodomes, experimentation had already begun with domed enclosures that could sustain year-round gardens. At the forefront was Patricia Watters, author of the "The Biodome Garden Book," the premier book on passive-solar biodome greenhouse gardening. (WHOLE LIFE TIMES MAGAZINE) "May as well start off with the most comprehensive food production system that I have ever come across. A wonderful lady named Patricia Watters has written a book on how to construct a system that not only produces produce, but also fish, (a great protein source) in an environment that does not require sprays or the traditional heating and electrical expenses associated with green house systems." (GEOFF LAWTON - PERMACULTURE INNOVATOR) FOR PHOTOS AND INFORMATION ABOUT THE BIODOME GARDEN PLEASE GO TO: www.biodomegarden.com

A Year in Christine's Garden is the utterly down-to-earth account of one woman's passion for plants. Recounting stories from her hectic life in horticulture, Christine Walkden's diary is a heartwarming account of octogenarian neighbours, living with a film crew and helping friends with their gardening needs. Reflecting all the charm of her BBC2 television series, Christine's narrative paints a picture of the day-to-day beauty that surrounds her. She likes being outside, she likes walking her dog Tara, she likes watching the light change and she enjoys those little moments when everything seems right in the world. With irrepressible enthusiasm, she interweaves tips and advice to prove that the best gardens are approachable and achievable. Forget fashion, forget trends - Christine's garden is about no-nonsense planting and growing what you enjoy. As the year progresses, this warm, but frank diary brings to life all the moments of pride, excitement, relaxation and laugh-out-loud fun that make Christine's garden a haven of contentment.

Whether you're planting your first flowers or perfecting your master garden, this luminous daybook takes you around the world of gardens for a daily dose of inspiration. Anyone who loves their garden knows that there's something happening in nature every day of the year. Whether it's the first crocus of spring, summer's explosion of colors, fall's abundant harvest, or the renewing dormancy of winter these outdoor sanctuaries offer daily opportunities for investigation, contemplation, and appreciation. This stunning daybook offers 365 elegant photos of some of the world's most exquisite gardens, following the yearly cycle of growth and rebirth. Each photo is accompanied by engaging texts such as planting tips, design techniques, natural history, and botanical facts that provide both ideas and helpful information. In addition, there is room on each spread for gardeners to record and preserve their own daily observations and reflections. The perfect keepsake for gardeners of all levels of expertise, this beautiful daybook deepens the rewards of gardening all year round.

Nestled in the green and rolling hills of the Southern Highlands of New South Wales is Whitley, a gardeners' paradise. Surrounded by beautifully manicured hedges, this property boasts majestic oak trees, roses and maples, pretty cottage flower beds, romantic Italian hillside plantings, Australian native bush and secret vegetable patches. In A Year in My Garden, Jenny welcomes us into her private world and shares the glory of the passing seasons at Whitley. Through peaceful times of everyday pleasures and life's little ups and downs, Jenny's garden is a constant and uplifting backdrop. Lavishly illustrated and featuring seasonal recipes, this is the perfect escape for busy lives - sit back and enjoy a quiet moment in this delightful garden.

You have found the key to the secret garden, now open the gates and marvel at the uniqueness of each plant and flower petal! Shower these flowers with colors and try to understand how individual lines and forms create unique patterns that deserve your focus and attention. So what are you waiting for? Secure a copy of this coloring book today!

"When it sings, a garden will have the power to transport and to lead you to a place that is magical. It is an oasis for creation, available to anyone with a little space and the compunction to get their hands dirty." In Natural Selection, Dan Pearson draws on ten years of his Observer columns to explore the rhythms and pleasures of a year in the garden. Travelling between his city-bound plot in Peckham and twenty acres of rolling hillside in Somerset, he celebrates the beautiful skeletons of the winter garden, the joyous passage into spring, the heady smell of summer's bud break and the flaring of colour in autumn. Pearson's irresistible enthusiasm and wealth of knowledge overflow in a book teeming with tips to inspire your own space, be it a city window box or country field. Bringing you a newfound appreciation of nature, both wild and tamed, reading Natural Selection is a deeply restorative experience.

A Year in the Big Old Garden is a collection of children's stories in the spirit of beloved classics by Thornton Burgess and Beatrix Potter. These twelve short stories are crafted to be read aloud, mixing whimsical storytelling with the love and knowledge of backyard wildlife. Turn waiting rooms, car trips, and bedtimes into moments of enjoyment as you meet animals like Sammy the squirrel, Jasper the chipmunk, and Smudge the rabbit, and follow their adventures through the seasons.

Don't Just Plant Your Garden...Plan It Fifth-generation homesteader Melissa K. Norris has found gardening to be one of the easiest and most complex things there is. It really is as simple as plopping a seed into the soil, giving it adequate light and water, and watching it grow. But if you want to get the most out of your garden and produce more food each year, you need a plan to help you stay on track. This indispensable guide includes everything you need to plan your garden, execute your plan, and record your results, saving you time and hassle—and allowing you to have fun with the process. You'll discover a series of charts and worksheets to identify which gardening zone you are in, which crops make sense for your family, and how much you'll need to plant. Then you'll refer to a set of monthly instructions based on your gardening zone and put together a customized

plan using yearly, monthly, and weekly charts to help you stay on track. The more you use this planner, the more you will get out of your garden, and the more you'll enjoy providing your family with healthy, organic fruits and vegetables all year long.

Chris Madden's collection of cartoons about gardening and gardeners will raise a smile for anyone who has even the slightest interest in the patch of land outside their home. Concentrating on the people in the garden as much as the activities that are performed there, there are cartoons here for everyone who has a garden or an interest in gardening (and whether they're interested in cultivating the garden or simply sitting in it). The characters introduced in the cartoons range from the obsessive gardener for whom a single leaf out of place is a cause for concern, through the person who'd rather dig the garden than decorate the kitchen (this is the author's position), to the person whose idea of gardening is lying on a lounge with a good book (perhaps this one).

'One of the most thrilling moments on our farm occurred ten years ago when I found a single wild flower growing on a grassy bank. It was not particularly rare - a common spotted orchid - but it was like discovering a pot of gold - or perhaps, more accurately, the promise of gold. It was a sign that recovery was possible from even the most inauspicious situation.' In his new book, Monty Don chronicles a year in his garden at Longmeadow and further afield on his farm. Hibernating hedgehogs, dogs under the table, wrens in the pantry and the occasional owl that flaps into the bedroom: all have a place alongside the yearly cycle of growth and renewal. Each season has something different to delight in - from the primroses and bluebells of spring, to butterflies that colour summer skies and the crowds of migrating swallows that herald the coming of autumn. This book is an ode to the ever-surprising and comforting presence of nature. In exquisitely written prose, reflecting the best of nature writing, this book offers an opportunity to walk alongside Monty and experience the commonplace miracles and rhythms of nature through his eyes.

'A thoroughly recommended read if you want your garden to have that designer touch - and to look good all year round' - Alan Titchmarsh 'This book is reassuringly methodical. From the initial survey to the planting palette and how to design for privacy, shelter or noise control. It's a helpful primer for any design project.' - Daily Mail 'Inventively presented with a lot of info packed in without seeming deterrently difficult.' - Evening Standard 'Great design tips, ideas and planting schemes for year-round interest.' - House Beautiful Confused by the bewildering range of plants on offer at your local garden centre? How do you choose, use and create beautiful planting schemes like the professionals? The book takes you on a structured journey through the design process, from the initial assessment of your existing space, through choosing a theme or style, to putting it all together. Learn what various plant groups can provide and how to problem-solve by selecting the right species. Understand the role that form, colour, scent and texture play in the garden, and how to use focal points and accent plants for added interest. Tiny courtyard gardeners and suburban gardeners alike will learn how to mix plants in pleasing combinations that will provide interest through the seasons and last for years. RHS How to Plant a Garden proves that a good planting scheme can transform your garden from the ordinary to the truly inspirational.

This waterproof log book is the perfect place for recording your work in the garden. Use this journal throughout the seasons, from building catalog wish lists early in the year, to noting the first signs of spring, to recording what vegetable crops you planted and their yield, to organizing yourself for bulb planting in fall, to, finally, putting the garden to bed for the winter. A five year grid at the beginning of each month offers space to note annual garden cycles over time, and journal entry pages are lined for notes or graphed for diagramming plantings. Whether you tend a window box, a cutting garden, or many raised vegetable beds, this is the perfect write-in companion to your gardening. This weatherproof five-year log book includes the following features: -Sturdy waterproof cover to protect pages from rain and muddy soil -Lined pages and gridded paper for plotting beds -Five years of 12-month bloom and harvest grids for recording what you planted and when -Authoritative appendices on composting, pruning, pest and disease control, and container gardening -Useful reminders by season on fertilizing, mulching, and transplanting -Space for listing your favorite sources and suppliers.

From the authors of *This Is Happiness* and *Her Name Is Rose*, a memoir of life in rural Ireland and a meditation on the power, beauty, and importance of the natural world. 35 years ago, when they were in their twenties, Niall Williams and Christine Breen made the impulsive decision to leave their lives in New York City and move to Christine's ancestral home in the town of Kiltumper in rural Ireland. In the decades that followed, the pair dedicated themselves to writing, gardening, and living a life that followed the rhythms of the earth. In 2019, with Christine in the final stages of recovery from cancer and the land itself threatened by the arrival of turbines just one farm over, Niall and Christine decided to document a year of living in their garden and in their small corner of a rapidly changing world. Proceeding month-by-month through the year, and with beautiful seasonal illustrations, this is the story of a garden in all its many splendors and a couple who have made their life observing its wonders.

Can you really have a productive garden without plowing, hoeing, weeding, cultivating, and all the other bothersome rituals that most gardeners suffer through every growing season? "Sure," says Ruth Stout, a prolific author and writer at 80 years young. The reason that Ruth can throw away her spade and hoe and do her gardening from a couch is a year-round mulch covering, 6 to 8 inches thick, that covers her garden like a blanket. Thousands of curious gardeners have visited her Redding, Connecticut garden, including university scientists and horticulture experts. The experts have been dazzled by the technique used by the queen of mulch! But the results of 41 years of gardening experience can't be denied. The *Ruth Stout No-Work Gardening Book* gives Ruth's unique advice on growing techniques and tells how she has escaped the bugaboos that haunt most gardeners. Her poison-free method of combating slugs and other insects, her scheme for growing tasty vegetables all year, her method of foiling both drought and frost -- these and many other growing secrets are revealed -- secrets that have brought this perky organic gardener season after season of growing pleasure. If you're tired of being a slave to your garden, yet still want to enjoy it without the bother of sprays, weeding, hoeing or other toilsome

garden chores, The Ruth Stout No-Work Garden Books has the information you need. It's completely tested gardening method, perfected during more than 40 years experience and reported in the pages of Organic Gardening magazine, eliminates gardening strain and toil, and does it organically with no dangerous chemical fertilizers or toxic sprays. Take it easy. Put nature to work in your garden.

Two leading horticulturalists furnish a practical, lavishly illustrated handbook on the techniques and tools of year-round garden maintenance, regardless of its size, offering detailed instruction in pruning, weeding, planting, propagating, and other useful techniques, as well as helpful advice on how to reduce maintenance.

This beautifully illustrated personal sketchbook, new to our Courage line of lavish gift books, will be catnip for any gardener. (Previous titles featuring Mary Woodin's vibrant watercolor images have sold more than 300,000 copies.) THE PAINTED GARDEN is a collection of intimate musings, thoughtful philosophies, and touching artwork, with space for recording planting, harvesting, and blooming notes. Readers will discover useful gardening tips, an illustrated list of herbs and their uses, and advice from such well-known British gardening experts as Mary Russell Mitford, C.W. Earle, Vita Sackville-West, and Louise Beebe Wilder.

"Reminds us that the best way to get to know a garden is through our senses. Don't expect to make it through many pages before you feel an urge to run outdoors to reintroduce yourself to your own landscape." —Michelle Slatalla, Gardenista So much of gardening is focused on seasonal to-do lists and daily upkeep. But what about taking time to just enjoy the garden? The Garden in Every Sense and Season urges you to revel in what you've created. From the heady fragrance of spring lilacs to the delicious silence of a winter snowfall, writer and lifelong gardener Tovah Martin explores the glories of her garden using the five senses. Her sage advice and gratifying reflections on the rewards of a more mindful way of gardening will inspire you to look closer, breathe deeper, listen harder, and truly savor the gifts of your garden.

A Year in the Garden A Guided Journal Timber Press (OR)

This helpful guide offers the author's vast experience as horticultural advisor to the National Trust, and also the discerning eye of a gardener who filled his own small garden with the best of everything.

For the gardener who wants to enjoy the benefits of gardening, without the frustrations. FOR THE COST OF ONE SIMPLE GARDEN TOOL, you can OWN THE MOST VALUABLE GARDEN TOOL OF ALL; one that will save you hundreds and perhaps thousands of dollars in mistakes. Even more valuable than your favorite garden trowel or spade is a written record of what works in your garden. WHILE GARDENING BOOKS AND THE INTERNET ARE FULL OF GREAT ADVICE, THEY CAN'T REPLACE PERSONAL EXPERIENCE. Your garden is in your micro-climate, with your soil. Perennials in one part of the country aren't perennials in another. There are simply too many plants and too many variables for anyone to remember from year to year what worked where and what didn't and why. You need to remember WHAT WORKS FOR YOU-IN YOUR GARDEN. Every gardener faces repeat attacks of pests or disease and needs to remember which treatment worked and which did more harm than good. Every gardener has weeded out emerging perennials, forgetting what they planted where. Every gardener needs a memory! THE GARDEN JOURNAL, PLANNER & LOG BOOK is a book of garden forms with the flexibility needed to personalize your style of record keeping. With this one book you can track your purchases from store to harvest to propagation, and never waste money and labor again. What really makes the difference between a great and a mediocre garden is how well the gardener keeps track of all the information needed to enhance success and avoid repeated failures. GARDENING IS AN ART, BUT IT'S ALSO A SCIENCE. THE GARDEN JOURNAL , PLANNER & LOG BOOK is designed to make record-keeping simple and easy. Every form is designed to include all the pertinent information needed, while minimizing the amount of time required to record that information. Just on the individual plant pages alone, there are over fifty possible check boxes for each plant. Use as many or as few as you desire, and record as much or as little as you wish in the spaces for other information. * Fill out log pages for annuals, biennials and perennials, with the location of each plant * Keep track of the lifecycle of all your flowers, herbs, vines, etc. on log pages. * Fill in the times to prune, trim and tidy which plants by season, depending on your area. * Make a plan for up to four years on the planning pages. * Draw out garden plots for twenty beds on graph paper with notes on the pages opposite. * Keep records of hardscaping, weather, formulas, pests and diseases, cultivation and propagation, bloom and harvest times, flowers, bulbs, fruit, vegetables, herbs, vines, shrubs and trees. * Keep a diary for all the things you simply must write out using sentences or drawings, because as much as gardening is a science, it is an art above all. YOUR GARDEN WILL LOOK LIKE ART; but you will know that THE GARDEN JOURNAL, PLANNER & LOG BOOK is the science behind your success. Author's note: The book binding is hinged on the 11" top edge, to open like a calendar. Due to the fact that the printing company does not have in place protocols to handle an 11" landscape spine layout, the result is an incorrectly rotated image on the sales page.

In this "passionate, reflective, inspiring, endlessly quotable" (Allen Lacy, New York Times Book Review) book, two acclaimed landscape designers offer a month-by-month chronicle of their magnificent Vermont garden. "A gold mine of practical advice".--Anne Raver, The New York Times.

Always wanted to have your own Garden full of life and energy? Whether you want to learn which plants work better with others, how to grow healthy blossoming flowers, or which techniques you need to master to help give you that fantastic looking garden? all year round this book will help!!! Here are some of the things you can expect to find inside ... How to plan and design your garden Common mistakes to avoid Which plants and vegetables beginners should start with Tools and Equipment to kickstart your success How to maintain a healthy garden all year round MUCH, MUCH, MORE! No matter what your? gardening experience and skill level is at, ? The Complete Guide to Gardening for Beginners? provides the advice and inspiration? you need to grow the garden of your dreams!

Grow a Year's Worth of Food for Your Family Do something good for your loved ones by learning how to plant a garden that will yield wholesome, organic fruits and vegetables in surprisingly less space than you would think. Melissa K. Norris, fifth-generation homesteader and host of the popular Pioneering Today podcast, walks you through each step of the process, including how to decide which food crops are best for your area and family plan your garden to maximize the space you have protect your garden from common pests and diseases naturally determine when your fruits and vegetables are ready to be harvested improve soil health with simple techniques like crop rotation and backyard composting Sharing the same practices and techniques from

her homestead, Melissa shows you how easy it can be to raise a year's worth of produce at home. Simple-to-follow charts, worksheets, and photographs are provided throughout to help you through every phase of the gardening process. You can enjoy good eating and greater well-being for you and your family.

This monthly guide has been created to make gardening as pleasurable and successful as possible. Originally designed for Baton Rouge, LA the guide has been expanded to include the entire Gulf Coast region. Gardening in the Gulf South may take extra work but the results can be spectacular.

Named one of the Best Gardening Books of 2014 by the Chicago Tribune, *Indoor Kitchen Gardening* is about creating a sense of play and nourishment. It takes just a few dollars and a few days for you to start enjoying fresh, healthy produce grown indoors in your own home. The *Indoor Kitchen Gardening Handbook* is a more compact, giftable edition of the original book and offers tons of great growing information in a smaller package. Imagine serving a home-cooked meal highlighted with beet, arugula, and broccoli microgreens grown right in your kitchen, accompanied by sautéed winecap mushrooms grown in a box of sawdust in your basement. If you have never tasted microgreens, all you really need to do is envision all the flavor of an entire vegetable plant concentrated into a single tantalizing seedling. If you respond to the notion of nourishing your family and guests with amazing, fresh, organic produce that you've grown in your own house, condo, apartment, basement, or sunny downtown office, then you'll love exploring the expansive new world of growing and eating that can be discovered with the help of the *Indoor Kitchen Gardening Handbook*. Inside, author and Bossy Acres Farm CSA co-owner Elizabeth Millard teaches you how to grow microgreens, sprouts, herbs, mushrooms, tomatoes, peppers, and more—all inside your own home, where you won't have to worry about seasonal changes or weather conditions. Filled with mouthwatering photography and more than 200 pages of do-it-yourself in-home gardening information and projects, *Indoor Kitchen Gardening Handbook* is your gateway to this exciting new growing method—not just for garnishes or relishes, but for wholesome, nutritious, organic edibles that will satisfy your appetite as much as your palate. There's a certain thrill that comes from growing your own food, and if you're wearing your pajamas while you do it, that excitement can feel doubled. Easy growing projects, with a few challenging ones tossed into the mix, make indoor gardening a fun journey, not a daunting task. It doesn't matter if you want to grow your own food indoors in an urban apartment or in a rural farmhouse, anyone can use the techniques found here to grow a garden abundance—indoors! Let the year-round food growing adventure begin.

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