

## 40 Days Fasting Prayer Guide Vexred

Every woman needs a little jump start in life. Donna Partow knows how to make it happen. In *Becoming the Woman God Wants Me to Be*, author Donna Partow shows women how to reenergize their lives in 90 days. She covers everything from faith and family to fitness and fashion (with lots more) in this comprehensive plan for greater vitality in life and intimacy with God. This in-depth study of Proverbs 31:10-31 will make women feel in control and on top of things as they study and even memorize that famous passage about the ideal woman of God. This positive, life-affirming book includes a leader's guide, making it perfect for small group use.

A guide to biblical fasting discusses how to choose a fast, the connection between fasting and prayer, the essential components of a successful fast, and what to expect mentally, physically, and spiritually.

Heartwarming and encouraging accounts of God's blessing through the discipline of fasting and prayer.

Get ready to experience the best 40 days of your life! *The 40 Day Soul Fast: Your Journey To Authentic Living* is an eight-week study of the life of the soul, the practice of fasting, and the process of living more authentically. It is a transformational expedition that will lead you on an inward journey to greater health, happiness, and success as you learn to live from the inside out—as we are told by Jesus in the book of Matthew: “Ignite the kingdom life within you, a fire within you . . . changing you from the inside out . . . make a clean sweep of your lives” (Matthew 3:11). When all is well with the souls of humanity, all will be well in the world. When you have peace in your soul, you will bring that peace to bear on the world around you—you will become the change you are hoping to see. Churches, organizations, small groups, and families are encouraged to travel together on this 40-day journey to greater mental, emotional, and spiritual health. If everyone who picks up this book takes it upon him or herself to encourage others to participate, we would create an unstoppable movement! You may think that one healed soul cannot heal the world, but it can. Join the Soul Fast Movement by going to [www.soulfast.com](http://www.soulfast.com). There you will find soul-empowering resources and tools to not only transform your life, but the world! The 40 Day Soul Fast promises to bring the best out of you so that you can impact your world for good. Have the courage to follow your heart! Step out and engage with your authentic self—it will be the best 40 days of your life!

This is an awesome devotional. It will guide you through the most solemn and powerful times with the Lord. *40 Days of Prayer and Fasting* gives you the tools and the help you need to unlock the Holy Spirit within you—even though you may be facing a physical, financial, or family crisis. Author Mahesh Chavda has victoriously lived through these many serious challenges in his life only to see the power of God win every battle. His lifestyle of prayer and fasting will inspire you to fight the good fight because he knows that God has already given you the

solution. You can bring His glory into your life, your church, your city, and your nation through the hidden power of prayer and fasting. Book jacket.

What would you be willing to give up to experience the presence of God in your life again? Many of us sign up for a physical detox program, thinking that if our bodies are healthier, then we're healthier. But a healthy body doesn't do us a lot of good if we are spiritually malnourished. Welcome to the 40-Day Sugar Fast, a fast that begins with us giving Jesus our sugar and ends with Jesus giving us more of himself--the only thing that can ever truly satisfy our soul's deep hunger. On this 40-day journey you'll learn how to stop fixating on food and other things you use to fill the voids in life and instead fix your eyes on Christ. Anyone who runs to sugar for comfort or a reward, who eats mindlessly or out of boredom, who feels physically and spiritually lethargic, or who struggles with self-control will discover here not only freedom from their cravings but an entirely new appetite for the good things God has for us.

Queens Help Other Queens Fix Their crowns. This is a simple Fasting & Prayer Guide That will help you win in life, develop a deeper relationship with God & experience major breakthroughs. Let me take you on a journey that changed my life over eight years ago. I had hit a rough spot in my marriage and needed a major breakthrough in my life. One day while I was praying, the Lord asked me to go on a 21 day fast. I had never fasted more than 3 days and was desperate for help so I researched to find out how to do it and it changed my life forever. By the 15th day I experienced major breakthrough and have continued doing so every year. Are you ready to Win at Love & Life? God through this spiritual transformation that will bring you life changing results.

Do you want to be extraordinarily blessed by God? Do you need a "Divine Encounter with God"? This book can release the absolute raw power of God, by the illumination of the undiluted word of God, through the power of the Holy Spirit with spiritual warfare, releasing breakthrough, divine healing, fruit of the womb, salvation for our children and loved ones, favor, power, restoration and protection through fasting and prayers. You'll see how this book can help you leave the past behind-and break through to the life you were meant to live. The author has chronicled various powerful prayers from the Holy Bible to release the raw power of the living God. Without an Encounter with the power of the Holy Spirit, you would remain trapped and live far below your potential. Discover how to live daily in the power of the Holy Spirit and explore the preparation necessary to experience the power of the living God through a 40 days soul fast and fervent prayers.

Get ready for a spiritual explosion! Experience the release of spiritual power through the age-old wonders of fasting and prayer! When it comes to Fasting and Prayer, author Steven Brooks has lived his message. In this book, he shares the ups and downs of his experiences with fasting—and the explosive power the Holy Spirit has released in his ministry as a result. Visions, healings, and miracles have been released to Steven Brooks through the simple commitment to fast and pray, and these

supernatural manifestations are for you, as well! Tremendous power is released to the believer who is hungry to go deeper with God. Even if you have not experienced success with fasting before, this book will inspire faith in your spirit to believe for God's extra measure of grace to fast. Join Steven Brooks, along with many biblical and modern-day saints, in experiencing for yourself the infusion of power that Fasting and Prayer will bring to your Christian walk! In Steven's own words: "Embrace what the Word of God teaches concerning fasting combined with fervent prayer, be a hearer and a doer of the Word of God, and the power of God will flow through you to see even the most impossible prayers answered and countless other needs and desires met!" Open this book to let the change begin!

**A Passionate, Prophetic Summons to Prayer and Fasting** We are poised at a key moment in history. Amidst pain and chaos, we can turn the tide of evil in our lands. With excitement and profound insight, seasoned prophetic leader Lou Engle shows how: through bold faith and aggressive, passionate prayer and fasting. Here he equips you with the dynamic, practical tools you need to answer the call of countercultural consecration. Using Jesus as the role model, he reveals that 40 days of prayer and fasting always precede breakthrough, revelations of God's glory, breakage of demonic hindrances, and more. As we join together in fasting and intercession, we'll see victory in the critical issues of our day--and we'll awaken the nations for Christ. Global revival and transformation is imminent. Will you answer the call?

Arthur Wallis offers this balanced study on fasting, and seeks to give to the subject the weight that Scripture gives it while also avoiding exaggeration and over-emphasis. This book includes a biblical index, and an appendix dealing with the textual problems surrounding four references to fasting in the New Testament.

Do you feel stuck? Is there one area of your life that just won't change, no matter how hard you work, believe, and cry out to the Lord? When the enemy holds ground in one part of our life, it tends to consume most of our thoughts. That one area can cost us emotional health, quality relationships, and even the ability to enjoy life. But we don't have to put up with it. It's time to fight back! Fasting is God's secret weapon against the enemy's strongholds. Jesus even said that some evil spirits cannot be cast out except by prayer and fasting. That should tell us a lot about the power of this weapon--it's basically God's nuclear option. The Jericho Fast guides readers through a 7-day fast to achieve breakthrough for the stubborn areas of their lives. Minister and author Rhoda Faye Diehl expertly imparts wisdom and biblical truth throughout the book to help you overcome lies used by the enemy to erect walls in your life. She also provides strong encouragement and exhortation to help readers complete the fast and make it through to their victory. Are you ready for breakthrough? Are you ready for the walls to come down? Let's go!

**40 Days of Fasting and Prayer Guide Book** Createspace Independent Publishing Platform

Are you addicted to your phone? Do you find yourself engaging online but unengaged at home with the people right in front of you? Do you spend hours scrolling through Facebook, Instagram, newsfeeds, and YouTube videos? Have your devices become divisive--dividing you from family and friends and, most importantly, God? What would happen if you took some time to fast from social media in order to get social with God and others once more? In the pattern of her popular 40-Day Sugar Fast, Wendy

Speake offers you The 40-Day Social Media Fast. This "screen sabbatical" is designed to help you become fully conscious of your dependence on social media so you can purposefully unplug from screens and plug into real life with the help of a very real God. Take a break from everyone and everything you follow online. Disconnect in order to reconnect with the only One who said "follow me."

Matthew 17:21 tells us that there are some spirits in a person, region, or nation that cannot be overcome without fasting. Many believers struggle with certain limitations that they cannot seem to break through. A revelation of the power of fasting will result in victories that would not be ordinarily obtained. A life of consistent fasting will cause many victories to manifest. God's will is for every believer to live a life of victory with nothing being impossible. There is freedom from the torment of the enemy! Best-selling author and trusted teacher on deliverance, John Eckhardt reveals strongholds that can be broken including poverty, sickness, witchcraft, sexual impurity, pride, fear, confusion, and marital problems. Fasting will help readers to overcome these manifestations of oppression and break free from their limitations.

Do you desire a more meaningful study and prayer life? Do you feel the need to reach out to others for Christ? If so, you've come to the right place. This book contains 40 days of devotional studies designed to strengthen your relationship with Christ and enable you to lead others to Him. God wants to do something significant in your life, too. Not only does He long to draw you into closer fellowship with Him, He also wants to minister to others through you. And as you spend 40 amazing days with God, He will prepare you for earth's final crisis and Christ's long-anticipated second coming.

The 40 Days of Fasting and Prayer Guide Book, offers guidance for individuals, congregations and ministry groups as they engage in extended seasons of consecration to God. What is fasting? Why fast? Why pray? These questions are addressed in the book. The author also includes a chapter on the benefits of fasting. This is a time when we consecrate and dedicate ourselves to the purposes of God, a transformational journey that will lead you on an inward expedition to greater health, happiness, freedom, and success, as we are told by Jesus in the book of (Matthew 3:11). The application of these spiritual disciplines shall also bring greater effectiveness in ministry (Matt. 17: 14-21). It is the will of God for every believer to live a life of victory with nothing being impossible. A life of consistent fasting will cause many victories to manifest.

This book, 40 Days to A New Beginning: A Fasting and Prayer Guide for Spiritual Transformation and Renewal, is written to help Christians, churches and anyone interested in a life-changing 40-day fast to achieve their goals. It provides day-to-day guidance for the 40 days, which includes Scripture readings, written prayers and space to write messages received from God. The book also serves as a helpful devotional reading as you spend time alone with God. Great gain awaits everyone who draws closer and nearer to God on a daily basis.

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The Forty-Day Word Fast focuses on several biblically sound mechanisms to help you change your words and your life. Not only will your vocabulary change, your heart also will be transformed in just forty days.

A Wife's 40-Day Fasting and Prayer Journal is designed to bring wives to the feet of Jesus where they may be nourished and built up in His love. Through daily devotions and spiritual disciplines such as prayer, Scripture writing, personal journaling and fasting, women are equipped to journey ever closer to the Father. "What are you giving up for Lent?" we are asked. Our minds begin to whirl: Chocolate? Designer coffee? Social media? Forty days later, some feel disappointed in their efforts (it was a limited-time blend . . . ), some feel surprised by their success (didn't even miss it . . . ), but perhaps precious few feel spiritually renewed. Can such fasts alone truly prepare us to celebrate Easter? Or any other chosen time of reflection during the year? Or could it be that before we can be duly awed by resurrection, we need to daily honor crucifixion? 40 Days of Decrease emphasizes a different type of fast. What if you or your church fasted comparison? What if your family fasted accumulation? What if your office fasted gossip? 40 Days of Decrease guides readers through a study of Jesus' uncommon and uncomfortable call to abandon the world's illusions, embrace His kingdom's reality, and journey cross-ward and beyond. Each daily, 1000-word entry will include a devotional based on Jesus' cross-ward life; a reflection question to guide journaling or group discussion; a fast to inspire a tangible response; a thought-provoking Lenten quote; a sidebar into the historical development of Lent.

There is an appetite for God. And it can be awakened. I invite you to turn from the dulling effects of food and the dangers of idolatry, and to say with some simple fast: "This much, O God, I want you." Our appetites dictate the direction of our lives - whether it be the cravings of our stomachs, the passionate desire for possessions or power, or the longings of our spirits for God. But for the Christian, the hunger for anything besides God can be an arch-enemy. While our hunger for God - and Him alone - is the only thing that will bring victory. Do you have that hunger for Him? As John Piper puts it: "If we don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because we have nibbled so long at the table of the world. Our soul is stuffed with small things, and there is no room for the great." If we are full of what the world offers, then perhaps a fast might express, or even increase, our soul's appetite for God. Between the dangers of self-denial and self-indulgence is this path of pleasant pain called fasting. It is the path John Piper invites you to travel in this book. For when God is the supreme hunger of your heart, He will be supreme in everything. And when you are most satisfied in Him, He will be most glorified in you.

Encounter God through forty days of fasting and prayer. Fasting advances our spiritual life, and Scripture encourages its practice. These times of physical denial help us grow spiritually and give us the opportunity to feel the loving embrace of Jesus. The Encounter is a practical, powerful guide to fasting and deepening your intimacy with God. As you walk through this forty-day devotional, you will experience the love of God daily, learn to tune out distractions in order to focus on his voice, encounter a profound sense of his presence, cultivate a tangible relationship with him, and receive fresh insight from heaven. Set your heart on a journey of sacred discovery as you fast and seek God.

DIV"New York Times"-bestselling author Franklin offers the necessary keys to experiencing powerful transformation in this 21-day fasting journal. Each day provides a specific focus for prayers and fasting, and includes specific reminders of what to expect both physically and spiritually during a fast./div

Our nation is in a moral free fall and the Church for the most part is spiritually impotent. What can we do to stop the tragic decline? The only answer is to "seek God's face" through fasting and prayer.

Have you ever asked yourself, "Who am I? What are my talents? What is my purpose?" Begin to discover the answers with forty days of fasting, meditation, and journaling. God has given each of us a destiny and created us to do great things. By completing this journey, He will reveal Himself to you and answer those questions as you fast, pray, listen, and journal your thoughts and feelings for forty days. It's time to make your relationship with Christ and fulfilling your purpose a priority. The number forty symbolizes a time of TESTING and HARDSHIPS followed by RESTORATION and DIRECTION. This journey of commitment and endurance will refresh your emotions and transform you! The Power of 40 will help you discover: Who you are; What are your talents and assets; How you've used those God-given talents and assets; What is your purpose; Who you stand for; What drives and motivates you; What distracts you; Who holds you accountable. Fast, pray, and journal for forty days and allow God to speak to your heart. For forty minutes each day set aside your phones and write down your thoughts, prayers, and revelations. This will prepare you for the JOURNEY. The journey that ends in rediscovering yourself, your priorities, your purpose, and your relationship with GOD. Order your copy NOW and Begin YOUR JOURNEY OF SELF-DISCOVERY.

What breakthrough are you seeking?God's people all over the world have been seeking spiritual breakthroughs through prayer and fasting since the birth of the church. What is the great matter in front of you? A loved one far from Christ? A critical decision in the life of your family? A relationship that is falling apart? What great matters are in front of your church or ministry? An evangelistic outreach? A financial crisis? A leadership transition? Missional expansion?In the 21 Days of Prayer & Fasting Guide, Gary Rohrmayer introduces you to the rich spiritual discipline of fasting through the holy scriptures and the great Christian thinkers throughout the ages.When was the last time you entered an extended time of

prayer and fasting for spiritual, relational or missional breakthrough? Throughout the history of God's people, great leaders reached out to God for a fresh encounter or divine intervention. Our prayer for you during the next 21 days is that you will experience a deeper craving for the beauty of the Lord and for the wonder of his leading in your life, and that you will know the fullness of the Holy Spirit and the favor of the God of heaven.

PURSUIT is a collection of 21 time-tested principles of prayer and fasting that will fuel your desire to seek God and ignite a new passion for prayer in your heart. Each chapter was born out of revelation and over two decades of ministry, all while building a thriving, praying church. This book is designed as a 21-day journey but can be adjusted to fit any duration of pursuit. There are daily prayer directives and scripture memorization that will give you clear direction while deepening your understanding of the power of prayer and fasting.

Witchcraft is enmity against God, godly people and against the Gospel of Christ (Galatians 5:20). Satan has used witchcraft to prevent people from finding holy spirituality in God alone. He uses witchcraft through mediums, horoscopes, and games to entice people away from God (1 Chronicles 10:13). The Holy Scriptures expressly prohibit witchcraft practices because they seek to engage the spiritual world apart from God, it pursues deceptive ways of trying to integrate the material and the spiritual realms (Leviticus 19:26; Deuteronomy 18:10–11). As a result of his studies, the writer concludes that witchcraft: 1. is the opposite of spiritual intimacy. 2. Ignores the fact that Christ exercises His authority over the spiritual world. 3. isolates and dehumanizes. As indicated in Scripture, we have God's protective power over demonic threats: for He will deliver you from the deadly pestilence; and under His wings, you will find refuge; His faithfulness is a shield and buckler (Psalm 91:3–4). Don't be a victim - be wise to their tricks. In this book, you shall discover: - Hot rugged prayers - Holiness and Faith in Christ to crush the works of witchcraft. - How to exercise your authority in Christ - Freedom and Healing from the works of witchcraft.

Join Dennis Smith on a 40-day spiritual journey that will change your life. As you commit to 40 days of personal devotional study and prayer, your prayer life will become more consistent and effective, your faith will grow as you witness answered prayers, and your connection with fellow believers will deepen.

Andrew Murray discusses how you can make your prayers more effective. This book contains prayer topics that will show you what to pray for and how to pray. As you learn about prayer, you will realize that it is the most important and rewarding thing you can do each day.

If My People guides believers on a 40-day prayer journey in the spirit of 2 Chronicles 7:14. "If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." In the days prior to the election, this prayer booklet guides believers through 40 days of prayer, plus providing seven prayers from past presidents, inspired during some

of our country's darkest days. Note: Must be ordered in multiples of 25. The Ultimate Guide to the Daniel Fast is an inspiring resource for Christians who want to pursue a more intimate relationship with God through the 21-day commitment to prayer and fasting known as the Daniel Fast. As you deny yourself certain foods—such as sugars, processed ingredients, and solid fats—you will not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides 21 thought-provoking devotionals for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time focusing on God. You will also discover that "to fast" means "to feast" on the only thing that truly nourishes?God's powerful Word. For more info, please visit [www.ultimatedanielfast.com](http://www.ultimatedanielfast.com).

This e-book includes the full text of the book plus an exclusive additional chapter from Susan Gregory that is not found in the print edition! What if you could grow closer to God and improve your health in just 21 days? Susan Gregory, "The Daniel Fast Blogger," has a plan to help you do just that. Widely recognized as the expert on this 21-day fast inspired by the book of Daniel, Susan has helped thousands of people discover a safe and healthy way to fast. The principles you learn from The Daniel Fast will change the way you view food, your body, and your relationship with the one who created you. Includes 21 days' worth of Daniel Fast recipes!

Drawn from a rich heritage, Spiritual Disciplines for the Christian Life will guide you through a carefully selected array of disciplines. By illustrating why the disciplines are important, showing how each one will help you grow in godliness, and offering practical suggestions for cultivating them, Spiritual Disciplines for the Christian Life will provide you with a refreshing opportunity to become more like Christ and grow in character and maturity. Now updated and revised to equip a new generation of readers, this anniversary edition features in-depth discussions on each of the key disciplines.

Financial Peace and Freedom in 21 Days In The 21-Day Financial Fast, award-winning writer and The Washington Post columnist Michelle Singletary proposes a field-tested financial challenge. For twenty-one days, participants will put away their credit cards and buy only the barest essentials. With Michelle's guidance during this three-week financial fast, you will discover how to: Break bad spending habits Plot a course to become debt-free with the Debt Dash Plan Avoid the temptation of overspending for college Learn how to prepare elderly relatives and yourself for future long-term care expenses Be prepared for any contingency with a Life Happens Fund Stop worrying about money and find the priceless power of financial peace As you discover practical ways to achieve financial freedom, you'll experience what it truly means to live a life of financial peace and prosperity. Thousands of individuals have participated in the fast and

as a result have gotten out of debt and become better managers of their money and finances. The 21-Day Financial Fast is great for earners at any income-level or stage of life, whether you are living paycheck-to-paycheck or just trying to make smarter financial choices.

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