

2sides My Autobiography

THE SUNDAY TIMES TOP TEN BESTSELLER 'A lacerating account ... painful but necessary' EVENING STANDARD 'Beautiful & significant ... Tackles grief with honesty' DAWN FRENCH 'Very important and moving book' ALASTAIR CAMPBELL 'A searingly honest book. So much of Rio's emotional turmoil and deep loss resonated with me. At the same time I loved his message of hope' GLORIA HUNNIFORD 'Rio's courageous story of life, loss, grief and hope' PRIMA CHRISTMAS GIFT GUIDE, 'Best of the Celebrity Crop' 'Tender, heartbreaking ... An extraordinary and unforgettable book. *****' HEAT * * * * * 'When Rebecca died, the idea that one day I might begin to feel better would have struck me as laughable ... I know how persuasive this kind of permanence thinking can be. I know too that anyone locked in its grip will laugh if I promise them that their pain will one day ease. It will. Of course it will. But I know better than to expect anyone to believe me.' In 2015, former England football star Rio Ferdinand suddenly and tragically lost his wife and soulmate Rebecca, aged 34, to cancer. It was a profound shock and Rio found himself struggling to cope not just with the pain of his grief, but also with his new role as both mum and dad to their three young children. Rio's BBC1 documentary, Being Mum and Dad,

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touched everyone who watched it and won huge praise for the honesty and bravery he showed in talking about his emotions and experiences. His book now shares the story of meeting, marrying and losing Rebecca, his own and the family's grief - as well as the advice and support that get him through each day as they strive to piece themselves back together. Thinking Out Loud is written in the hope that he can inspire others struggling with loss and grief to find the help they need through this most difficult of times.

Mejor libro de fútbol del año 2016 en los Cross Sports Book Awards CRISTIANO RONALDO es sin duda uno de los más grandes futbolistas de todos los tiempos, sin embargo, a pesar de su éxito en el terreno de juego, ha sido y sigue siendo objeto de controversias y división de opiniones. ¿Cómo ha llegado hasta aquí? ¿Por qué hay tanta gente que le admira y otros que no le soportan? Que Ronaldo tenía un talento prodigioso fue obvio desde muy pronto y siempre tuvo muy claro su objetivo. A la edad de doce años dejó atrás sus humildes orígenes en la isla de Madeira siguiendo su sueño de convertirse en el mejor futbolista del planeta. Del avión que aterrizó en Lisboa bajó con un cartón con su nombre colgado del cuello. No pasó mucho tiempo antes de que los mejores clubes de Europa llamaran a su puerta, aunque fue el Manchester United quien ganó la carrera por su contrato. Bajo la tutela de sir Alex Ferguson, Ronaldo se convirtió

en un completo futbolista y atleta, ganando tres títulos de liga y una Copa de Europa, y cimentando, de paso, su estatus como una leyenda del United. Pero, ¿fue el United el que cambió a Ronaldo, o Ronaldo quien cambió al United? Más tarde se convirtió en el mayor de los galácticos cuando fue transferido al Real Madrid por una cifra récord. Algunos de los datos de aquel fichaje se cuentan aquí por primera vez. Durante su estancia en el Bernabéu ha mantenido delicadas y fluctuantes relaciones con entrenadores, compañeros y aficionados. Pese a sus muchos brillos, su estancia en el club blanco ha sido frecuentemente eclipsada por su feroz rivalidad con el FC Barcelona y Lionel Messi. Pero, ¿qué relación ha tenido y tiene con su némesis?

Rio Ferdinand is widely acknowledged as one of the most talented and skilful defenders in the world. His transfer from West Ham to Leeds was a British record at the time, a feat he achieved again with his subsequent move to Manchester United. Ferdinand's success on the pitch has been meteoric; including high drama in the Champions League, three World Cups and a dramatic Premiership victory. Here, for the very first time, Ferdinand reveals all about his infamous missed drugs test, the controversies surrounding both his transfers, his supposed reluctance to re-sign for United in 2005, the alleged tapping-up meeting with Chelsea's Peter Kenyon and various tabloid headlines involving partying and

women.

One of our most popular actresses, Denise Welch got her television break in the BBC's *Spender* opposite Jimmy Nail and followed it by achieving success in ITV's worldwide hit drama *Soldier Soldier*. She really became a household name when she took on the role of Rovers Return landlady Natalie Barnes in *Coronation Street*. She tarred in the award-winning drama *Waterloo Road* and is a regular on the hugely popular *Loose Women*, where her warmth and honesty have won the nation's hearts. But even as her career was taking off, Denise was hiding a secret – that she was suffering from a crippling post natal depression so severe that she was at times suicidal. As she concealed her heartbreak on the set of *Coronation Street*, she turned to alcohol and drugs to cope. She even had an affair that threatened her marriage. Now she reveals for the first time the full details of her battle with depression and alcoholism, how she fought back and, helped by the love of her husband Tim Healy, turned her life around. Powerful and moving, *Pulling Myself Together* is ultimately an uplifting book that will appeal to her many fans old and new.

In *The Winning Mindset*, Professor Damian Hughes, the acclaimed author of *Liquid Thinking* and *How to Think Like Sir Alex Ferguson*, draws on both his lifetime experience and academic background within sport, organization and

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change psychology to reveal the best ways to create a winning mindset in both personal and professional life. Having worked with some of the top teams in the UK, and watched some of the best coaches in the country at work, Hughes distils the five key principles that separate the best coaches and teams from the rest: Simplicity; Tripwires; Emotions; Practical; Stories: STEPS. The role of a sports-team leader is fascinating, complex and tough. Fantasy football leagues may convince us that success is all about buying players and selecting a team. In reality, it is about creating winning environments –recruiting, developing and nurturing talent, effectively communicating a shared vision with a diverse collection of individuals, delivering on enormous expectations from a range of stakeholders, overcoming significant challenges, handling pressure and staying focused throughout: a set of challenges familiar to leaders in all sectors.

Paul Scholes is one of the most revered footballers of the modern era, both at home and internationally. A one-club player, he has served Manchester United for more than sixteen years, making over 600 appearances in that time -- the fourth highest number of appearances by any player for the club. He also represented the England national team for seven years, winning 66 caps including two World Cup and two European Cup campaigns. Throughout this time, Scholes has always played a decisive role in his teams' fortunes. As well as

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the technical brilliance that makes Paul Scholes such a breathtaking player to watch it is the determination and integrity which he demonstrates both on and off the pitch that means he is a fascination to fans of the sport. In an age of overpaid, workaday players, Scholes has become an icon of professionalism and club loyalty, admired by fans everywhere. Now in this book for the first time Paul Scholes shares his story: from his beginnings at United under the tutelage of Sir Alex Ferguson as part of the 'golden' youth team, to the treble-winning season and twice capturing European Cup glory, the importance of family and friends in keeping his feet on the ground, as well as his many triumphs and tribulations with England. This is without question the sports book of 2011, from a player as popular and as revered as any in the game today.

Break-ups, marriage and moving on. The last two and a half years of Katie Price's life have been anything but quiet. And yet through it all, while her private life continues to be played out on the front pages of the tabloids, Katie has always stuck to what she does best - combining a successful career with the two biggest loves of her life: her three beautiful children and her horses. In this, the latest dazzling instalment of her autobiography, Katie reveals the many highs and lows of the past few years, the challenges she has overcome, and the exhilaration of trying new things.

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THE INSTANT #1 NEW YORK TIMES BESTSELLER “Sparkling with mystery, humor and the uncanny, this is a fun read. But beneath its effervescent tone, more complex themes are at play.” —San Francisco Chronicle In his wildly entertaining debut novel, Hank Green—cocreator of Crash Course, Vlogbrothers, and SciShow—spins a sweeping, cinematic tale about a young woman who becomes an overnight celebrity before realizing she's part of something bigger, and stranger, than anyone could have possibly imagined. The Carls just appeared. Roaming through New York City at three a.m., twenty-three-year-old April May stumbles across a giant sculpture. Delighted by its appearance and craftsmanship—like a ten-foot-tall Transformer wearing a suit of samurai armor—April and her best friend, Andy, make a video with it, which Andy uploads to YouTube. The next day, April wakes up to a viral video and a new life. News quickly spreads that there are Carls in dozens of cities around the world—from Beijing to Buenos Aires—and April, as their first documentarian, finds herself at the center of an intense international media spotlight. Seizing the opportunity to make her mark on the world, April now has to deal with the consequences her new particular brand of fame has on her relationships, her safety, and her own identity. And all eyes are on April to figure out not just what the Carls are, but what they want from us. Compulsively entertaining and powerfully relevant, An

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Absolutely Remarkable Thing grapples with big themes, including how the social internet is changing fame, rhetoric, and radicalization; how our culture deals with fear and uncertainty; and how vilification and adoration spring for the same dehumanization that follows a life in the public eye. The beginning of an exciting fiction career, *An Absolutely Remarkable Thing* is a bold and insightful novel of now.

From the winningest soccer coach ever, best known for 27 triumphant years with Manchester United, comes the book that decodes the key tools he used to deliver sustained success on and off the field. After an astonishing career-first in Scotland, and then over 27 years with Manchester United Football Club, Sir Alex Ferguson analyzes the pivotal leadership decisions of his 38 years as a manager and, with his friend and collaborator Sir Michael Moritz, draws out lessons that anyone can use in business and life to generate long-term transformational success. From hiring practices to firing decisions, from dealing with transition to teamwork, from mastering the boardroom to responding to failure and adversity, *Leading* is as inspiring as it is practical, and a go-to reference for any leader in business, sports, and life.

"Set against the backdrop of [the 2014] World Cup in Brazil where Rio will be presenting and commentating. With over 400 first team appearances and countless trophies to his name, the Manchester United defender has witnessed first-hand many changes in the football industry. As well as his personal story, this book will offer an insight to the modern day player and the training and discipline needed.

From Maria Sharapova, one of our fiercest female athletes, the captivating—and candid—story of

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her rise from nowhere to tennis stardom, and the unending fight to stay on top. In 2004, in a stunning upset against the two-time defending champion Serena Williams, seventeen-year-old Maria Sharapova won Wimbledon, becoming an overnight sensation. Out of virtual anonymity, she launched herself onto the international stage. “Maria Mania” was born. Sharapova became a name and face recognizable worldwide. Her success would last: she went on to hold the number-one WTA ranking multiple times, to win four more Grand Slam tournaments, and to become one of the highest-grossing female athletes in the world. And then—at perhaps the peak of her career—Sharapova came up against the toughest challenge yet: during the 2016 Australian Open, she was charged by the ITF with taking the banned substance meldonium, only recently added to the ITF’s list. The resulting suspension would keep her off the professional courts for fifteen months—a frighteningly long time for any athlete. The media suggested it might be fateful. But Sharapova’s career has always been driven by her determination and by her dedication to hard work. Her story doesn’t begin with the 2004 Wimbledon championship, but years before, in a small Russian town, where as a five-year-old she played on drab neighborhood courts with precocious concentration. It begins when her father, convinced his daughter could be a star, risked everything to get them to Florida, that sacred land of tennis academies. It begins when the two arrived with only seven hundred dollars and knowing only a few words of English. From that, Sharapova scraped together one of the most influential sports careers in history. Here, for the first time, is the whole story, and in her own words. Sharapova’s is an unforgettable saga of dedication and fortune. She brings us inside her pivotal matches and illuminates the relationships that have shaped her—with coaches, best friends, boyfriends, and Yuri, her coach, manager, father, and most dedicated

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fan, describing with honesty and affection their oft-scrutinized relationship. She writes frankly about the suspension. As Sharapova returns to the professional circuit, one thing is clear: the ambition to win that drove her from the public courts of Russia to the manicured lawns of Wimbledon has not diminished. Sharapova's *Unstoppable* is a powerful memoir, resonant in its depiction of the will to win—whatever the odds.

This charming book, told from two perspectives, reveals what happens when an unexpected guest visits a classroom. Children will delight in experiencing the action from different points of view. Lisa Martin Suber has been a teacher for almost 20 years and a bug lover all her life.

The Man Who Made A Football Club Sir Matt Busby, who took Manchester United to unprecedented glory before seeing the club through profound tragedy, created the global entity that spreads from Old Trafford today. A player with Manchester City and Liverpool before the Second World War, Busby remained at the forefront of football through four decades and made an extraordinary contribution to the game in terms of both style and substance. In this definitive biography, Patrick Barclay looks back at Busby's phenomenal life and career, including the rise of the Busby Babes in the 1950s, the Munich disaster that claimed 23 lives and the Wembley victory ten years on that made United the first English team to win the European Cup. Denis Law, Pat Crerand and such other members of that great side as Alex Stepney, David Sadler and John Aston are among the host of voices testifying to the qualities that set Sir Matt apart. This is the story of one of the greatest figures in football history, and of the making of a legacy that will last for ever.

Rio Ferdinand is one of the finest footballers of his generation - a born winner and one of the game's greatest stoppers. Full of outstanding stories and forthright opinions, #2Sides sees Rio

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reflect on his unique rise to the top of the game: - Cutting his teeth in the West Ham youth teams and becoming captain of Leeds United at the age of 22 - His record-breaking transfer to Manchester United that made him one of the most revered centre-backs in world football - On life under Sir Alex Ferguson and how winning became a habit - Why David Moyes failed as Manchester United manager - On Cristiano Ronaldo, Lionel Messi and why Paul Scholes is the greatest player ever to grace the Premier League With a Foreword by Harry Redknapp, #2Sides is a superb retrospective from one of the most outspoken voices of England's golden generation.

Katie Price returns with this incredible new instalment of her life in the public eye. But only now is she ready to tell her story. After finding love with Kieran, Katie thought she had found the man of her dreams and that happy-ever-after was possible after all. But she soon finds that being in the perfect relationship isn't easy. From her turbulent marriage, her difficult pregnancy and birth to her beautiful baby Bunny, to her time in the Big Brother House, and the continued challenges of looking after her disabled son, Katie finally lifts the lid on the trials and tribulations of the past few years. Written with the fierce honesty and humour we've come to love, she tells us how she's carried on despite the heartbreak in her life, coming out the other side reborn and ready for whatever life throws at her while remaining positive, strong, and throughout it all, true to herself and her family.

Sir Alex Ferguson's compelling story is always honest and revealing he reflects on his managerial career that embraced unprecedented European success for Aberdeen and 26 triumphant seasons with Manchester United. Sir Alex Ferguson's best-selling autobiography has now been updated to offer reflections on events at Manchester United since his retirement

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as well as his teachings at the Harvard Business School, a night at the Oscars and a boat tour round the Hebrides, where he passed unrecognised. The extra material adds fresh insights and detail on his final years as United's manager. Both the psychology of management and the detail of football strategy at the top level can be complex matters but no-one has explained them in a more interesting and accessible way for the general reader than Sir Alex does here. MY AUTOBIOGRAPHY is revealing, endlessly entertaining and above all inspirational. THE MOST COMPREHENSIVE BIOGRAPHY OF ARSENE WENGER EVER PUBLISHED, NOW FULLY REVISED AND UPDATED TO THE END OF HIS ARSENAL CAREER. When Arsene Wenger arrived at Arsenal in 1996, he was little known to fans at the club and many doubted he could bring back the glory days of George Graham. But soon he was transforming the way the team played, melding the famous English defensive spine of Tony Adams, Martin Keown, Lee Dixon, Nigel Winterburn and David Seaman with a hugely creative foreign attacking spirit, epitomised by Dennis Bergkamp, Thierry Henry and Robert Pires, that could both outplay and outmuscle their rivals. At the same time, he introduced new ideas on diet, exercise, training and tactics, which many players believe extended their careers. Having won numerous trophies, and led the Invincibles to an unprecedented unbeaten league season in 2003-04, Wenger then had to help the Gunners through the next stage of their development when

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they moved from Highbury to the Emirates Stadium, a move that was followed by a nine-year trophy drought. Despite the financial constraints he faced, he still managed to keep the club playing in the Champions League year after year while remaining true to his philosophy of how the game should be played. Some began to question whether he had been left behind, despite picking up back-to-back FA Cups in 2014 and 2015, and in the end in April 2018 he decided the time was right to step away. Now, in this updated edition of John Cross's acclaimed biography, the author provides a compelling account of the man and his methods across 22 years in charge. He assesses the scale of Wenger's achievements and whether the criticism he faced towards the end was justified. Arsene Wenger builds into the most complete portrait of the Frenchman yet written.

Royal insider Lady Colin Campbell was the first to predict the Waleses' separation and divorce, in her international bestseller, *Diana in Private*. People magazine said of it: 'Some Palace watchers note that she has an impressive roster of well-placed contacts and credit her with writing the most believable Diana biography'; while Lynn Barber, in the *Daily Telegraph*, called it 'Jaw-droppingly sensational'. *The Real Diana* contains startling new revelations about Diana which Lady Colin Campbell has unearthed since Diana's tragic death, including new theories on her death itself. *The Real Diana* is based on 35

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interviews with Princess Diana conducted by Lady Colin Campbell – and for the first time Lady Colin Campbell names her Royal sources. Newly updated in 2013 with an Afterword that reveals Lady Colin's insights into the inquest into Diana's death, the years that have followed, and the birth of Prince George.

In #2Sides Rio Ferdinand talks candidly about David Moyes' first season with Manchester United and the comparisons in management style with long-standing boss Sir Alex Ferguson. He talks about the highs and lows at the Premier League club, his opinion on the John Terry racism row, thoughts on players through the years including Cristiano Ronaldo and Roy Keane, retiring from international soccer, plus plenty of celebrity stories and insight into the friends, family, players and managers that have influenced him most. Rio also discusses the training and discipline needed as well as advice for keeping a level head in a world where fame, money and celebrity are thrust upon you.

No player has been more synonymous with the glory years of Manchester United Football Club over the past two decades than right-back Gary Neville. An Old Trafford regular since he attended his first match at the age of six, captain of the brilliant 1992 FA Youth Cup-winning team that became known as 'Fergie's Fledglings', outspoken representative of MUFC, Neville is the ultimate one-club man. He has been at the heart of it all and, at the end of an amazing career, is

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now ready to tell it all. Authoritative, insightful, fearless and never less than 100% honest, no-one has better credentials for documenting the story of United under Sir Alex Ferguson. Neville reveals the behind-the-scenes secrets of his early days with the likes of Giggs, Scholes and his best mate David Beckham; what it was like to play with Cantona, Keane and Ronaldo; the Treble in 1999; and of course an entire career of playing for the greatest manager in the game. Then there are all his experiences with England, from being the youngest starter at Euro 96 when football came home, to the ups and downs of five major championships and seven managers - Venables, Hoddle, Wilkinson, Keegan, Eriksson, McClaren and Capello. There are opinions and analysis on Gazza, Rooney, WAGs and the true story of the FA and Rio Ferdinand. For twenty glorious years, Gary Neville has worn his heart on his sleeve. This is his story.

Rio Ferdinand #2sides

This wonderfully charming memoir, written when the author was 93, vibrantly brings to life an all-but-forgotten time and place. It is a moving tale of working-class life, and of the boundaries that can be overcome by love. "There are places that I have never forgotten. A little cobbled street in a smoky mill town in the North of England has haunted me for the greater part of my life. It was inevitable that I should write about it and the people who lived on both sides of its 'Invisible

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Wall.’ ” The narrow street where Harry Bernstein grew up, in a small English mill town, was seemingly unremarkable. It was identical to countless other streets in countless other working-class neighborhoods of the early 1900s, except for the “invisible wall” that ran down its center, dividing Jewish families on one side from Christian families on the other. Only a few feet of cobblestones separated Jews from Gentiles, but socially, it they were miles apart. On the eve of World War I, Harry’s family struggles to make ends meet. His father earns little money at the Jewish tailoring shop and brings home even less, preferring to spend his wages drinking and gambling. Harry’s mother, devoted to her children and fiercely resilient, survives on her dreams: new shoes that might secure Harry’s admission to a fancy school; that her daughter might marry the local rabbi; that the entire family might one day be whisked off to the paradise of America. Then Harry’s older sister, Lily, does the unthinkable: She falls in love with Arthur, a Christian boy from across the street. When Harry unwittingly discovers their secret affair, he must choose between the morals he’s been taught all his life, his loyalty to his selfless mother, and what he knows to be true in his own heart. Michael S. Gazzaniga, one of the most important neuroscientists of the twentieth century, gives us an exciting behind-the-scenes look at his seminal work on that unlikely couple, the right and left brain. Foreword by Steven Pinker. In the mid-

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twentieth century, Michael S. Gazzaniga, “the father of cognitive neuroscience,” was part of a team of pioneering neuroscientists who developed the now foundational split-brain theory: the notion that the right and left hemispheres of the brain can act independently from one another and have different strengths. In *Tales from Both Sides of the Brain*, Gazzaniga tells the impassioned story of his life in science and his decades-long journey to understand how the separate spheres of our brains communicate and miscommunicate with their separate agendas. By turns humorous and moving, *Tales from Both Sides of the Brain* interweaves Gazzaniga’s scientific achievements with his reflections on the challenges and thrills of working as a scientist. In his engaging and accessible style, he paints a vivid portrait not only of his discovery of split-brain theory, but also of his comrades in arms—the many patients, friends, and family who have accompanied him on this wild ride of intellectual discovery.

A new page-turning mystery about science, faith, love and belonging, set in a friendly desert community where ghosts, angels, aliens, and government conspiracies are commonplace parts of everyday life. Welcome to Night Vale... “Brilliant, hilarious, and wondrously strange. I’m packing up and moving to Night Vale! –Ransom Riggs, #1 New York Times Bestselling Author of *Miss Peregrine’s Home for Peculiar Children*. From the authors of the New York

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Times bestselling novel *Welcome to Night Vale* and the creators of the #1 international podcast of the same name, comes a mystery exploring the intersections of faith and science, the growing relationship between two young people who want desperately to trust each other, and the terrifying, toothy power of the Smiling God. Nilanjana Sikdar is an outsider to the town of Night Vale. Working for Carlos, the town's top scientist, she relies on fact and logic as her guiding principles. But all of that is put into question when Carlos gives her a special assignment investigating a mysterious rumbling in the desert wasteland outside of town. This investigation leads her to the Joyous Congregation of the Smiling God, and to Darryl, one of its most committed members. Caught between her beliefs in the ultimate power of science and her growing attraction to Darryl, she begins to suspect the Congregation is planning a ritual that could threaten the lives of everyone in town. Nilanjana and Darryl must search for common ground between their very different world views as they are faced with the Congregation's darkest and most terrible secret.

'2sides' is set against the backdrop of this year's World Cup in Brazil where Rio will be presenting and commentating. With over 400 first team appearances and countless trophies to his name, the Manchester United defender has witnessed first-hand many changes in the football industry. As well as his personal story, this book will offer an

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insight to the modern day player and the training and discipline needed.

In December of 1938, a chemist in a German laboratory made a shocking discovery: When placed next to radioactive material, a Uranium atom split in two. That simple discovery launched a scientific race that spanned 3 continents. In Great Britain and the United States, Soviet spies worked their way into the scientific community; in Norway, a commando force slipped behind enemy lines to attack German heavy-water manufacturing; and deep in the desert, one brilliant group of scientists was hidden away at a remote site at Los Alamos. This is the story of the plotting, the risk-taking, the deceit, and genius that created the world's most formidable weapon. This is the story of the atomic bomb. Bomb is a 2012 National Book Awards finalist for Young People's Literature. Bomb is a 2012 Washington Post Best Kids Books of the Year title. Bomb is a 2013 Newbery Honor book.

Second Yellow: More Adventures of our Footballing Heroes brings you more funny, fascinating and downright baffling tales gleaned by authors John Smith and Dan Trelfer from their unflinching research of over 240 footballer autobiographies. Together, they have pored through the works of genuine legends, cult heroes and players they can only dimly recall from their 1983 Panini sticker albums to find stories and facts that will delight, shock and confuse - sometimes all at once. There's the chairman who owned a ventriloquist's dummy called Algernon. There's the Liverpool legend who set a teammate's wife's hair on fire. There's the Arsenal star who confronted some innocent fans

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with a samurai sword. And there's the Ipswich hero who took on Sylvester Stallone in an arm-wrestling contest - possibly inspiring Stallone's half-forgotten epic *Over The Top*. This book covers all the bases of the typical footballer's life: love, violence, gambling, horrific injury, banter (it's mostly banter) and, apparently, pigeons.

I denne prisbelønnede biografi går den kendte journalist og forfatter Guillem Balague helt tæt på den portugisiske superstjerne og fortæller den fantastiske, men også brogede historie om, hvordan han blev til den, han er. Du kender billedet af den perfekte Ronaldo, og du tror, du kender hans historie. Men det gør du ikke, før du har læst denne bog.

Charlie struggles to cope with complex world of high school as he deals with the confusions of sex and love, the temptations of drugs, and the pain of losing a close friend and a favorite aunt.

Both Sides Now is a vivid and compelling account of how one man's search for wholeness led him through multiple, complex, and life-threatening surgeries that transformed him not only physically, but emotionally and spiritually as well. Born with the body of a female, Dhillon Khosla knew very early on that his true identity was male, yet he spent nearly two decades repressing that knowledge and trying to embrace his female form. Shortly after turning twenty-eight, he came across an article about men born with female bodies who had undergone surgeries to reclaim their male identity. When he read their stories, Khosla felt flashes of recognition stirring within and—for the

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first time—hope. In this riveting memoir, Khosla discusses openly and honestly what it was like to live as a woman, and how that life shaped the man he is today. Through anecdotes, he shares unique and profound insights into the sexes. Ultimately, however, *Both Sides Now* is a story about what it means to truly love oneself, and the willingness to turn away from the dissenting voices that tell us who we ought to be...and toward that one, lone voice that has known all along.

Meet a genuine American folk hero cut from the homespun cloth of America's heartland: Sam Walton, who parlayed a single dime store in a hardscrabble cotton town into Wal-Mart, the largest retailer in the world. The undisputed merchant king of the late twentieth century, Sam never lost the common touch. Here, finally, inimitable words. Genuinely modest, but always sure of his ambitions and achievements. Sam shares his thinking in a candid, straight-from-the-shoulder style. In a story rich with anecdotes and the "rules of the road" of both Main Street and Wall Street, Sam Walton chronicles the inspiration, heart, and optimism that propelled him to lasso the American Dream. The autobiography of Manchester United captain and legend, Michael Carrick. 'The whistle blows and I set off for the one kick I know will stay with me for the rest of my life, maybe even define my life...' Michael Carrick was the heartbeat of Manchester United. For more than a decade he was the player that made them tick. Loved by his managers, lauded by his fellow professionals, worshipped by the Old Trafford faithful, yet regularly misunderstood by the wider public, Carrick was a player like no other.

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Intelligent, calm, thoughtful - in many ways the opposite of the archetypal English midfielder - Carrick has always been his own man and is typically forthright. In his book he reveals what it's really like to win relentlessly under legendary manager Sir Alex Ferguson, shows us the hidden secrets of the famous Carrington training ground, invites us to experience the camaraderie and clashes inside the United dressing room, and lets us feel what it's like to walk out on the Old Trafford pitch alongside some of the biggest names in the game - from Ronaldo to Scholes to Giggs, Rooney and the rest. A deeply personal book, *Between the Lines* reveals for the first time Michael's battles with mental health, his struggles with the national side, as well as the redemption he has found with his family and his team. From growing up in the north-east to winning the Champions League and five Premier League titles with Manchester United, via West Ham and Tottenham, Carrick's story reveals him to be his own man: fearless, thoughtful, intelligent and honest.

Growing up on either side of the Iron Curtain, David Scott and Alexei Leonov experienced very different childhoods but shared the same dream to fly. Excelling in every area of mental and physical agility, Scott and Leonov became elite fighter pilots and were chosen by their countries' burgeoning space programs to take part in the greatest technological race ever-to land a man on the moon. In this unique dual autobiography, astronaut Scott and cosmonaut Leonov recount their exceptional lives and careers spent on the cutting edge of science and space exploration. With each

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mission fraught with perilous risks, and each space program touched by tragedy, these parallel tales of adventure and heroism read like a modern-day thriller. Cutting fast between their differing recollections, this book reveals, in a very personal way, the drama of one of the most ambitious contests ever embarked on by man, set against the conflict that once held the world in suspense: the clash between Russian communism and Western democracy. Before training to be the USSR's first man on the moon, Leonov became the first man to walk in space. It was a feat that won him a place in history but almost cost him his life. A year later, in 1966, Gemini 8, with David Scott and Neil Armstrong aboard, tumbled out of control across space. Surviving against dramatic odds—a split-second decision by pilot Armstrong saved their lives—they both went on to fly their own lunar missions: Armstrong to command Apollo 11 and become the first man to walk on the moon, and Scott to perform an EVA during the Apollo 9 mission and command the most complex expedition in the history of exploration, Apollo 15. Spending three days on the moon, Scott became the seventh man to walk on its breathtaking surface. Marking a new age of USA/USSR cooperation, the Apollo-Soyuz Test Project brought Scott and Leonov together, finally ending the Cold War silence and building a friendship that would last for decades. Their courage, passion for exploration, and determination to push themselves to the limit emerge in these memoirs not only through their triumphs but also through their perseverance in times of extraordinary difficulty and danger.

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In a dark future, when North America has split into two warring nations, 15-year-olds Day, a famous criminal, and June, the brilliant soldier hired to capture him, discover that they have a common enemy. P. Putnam's Sons.

'My Decade in the Premier League' is Wayne's first hand account of his 10 years playing at the highest level in English football – and for the biggest club in the world. This is his inside story of life on the pitch for Manchester Utd; the League titles, FA Cups, League Cups and Champions League adventures. A must for any Utd fan.

"I wrote this book not to dismiss a rumor but to share something much more important: my journey to forgiveness." Chiquis Rivera is a singer and the daughter of the late music superstar Jenni Rivera. In *Forgiveness*, her memoir, Chiquis bravely reveals the abuse she suffered at the hands of her father during her childhood and the difficulties she's faced in her personal life as a result. Despite growing up marked by the wounds of abuse, she eventually conquered her fear of love and intimacy. The story within these pages also recounts what caused the distance between her and her mother toward the end of Jenni's life. In *Forgiveness*, Chiquis brings to light truths that she wishes she had been able to reveal to Jenni. Two years after her mother's death, Chiquis answers the most difficult questions: Was she able to make peace with Jenni? And in this story of triumph and tragedy, who is most in need of forgiveness?

No. 1 bestselling memoir of Roy Keane, former captain of Manchester United and Ireland - co-written with Man Booker Prize-winner Roddy Doyle. Now updated with a

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new chapter, including Roy leaving Aston Villa and the Republic of Ireland's qualification for Euro 2016. In a stunning collaboration with Booker Prize-winning author Roddy Doyle, Roy Keane gives a brutally honest account of his last days as a player, the highs and lows of his managerial career, and his life as an outspoken ITV pundit. 'Roy Keane's book is a masterpiece . . . It may well be the finest, most incisive deconstruction of football management that the game has ever produced' Mail on Sunday 'A genuine pleasure . . . His thoughts on his players are humane, interesting, candid and never less than believable' The Times 'The best things are the small things: regretting joining Ipswich when he discovered the training kit was blue; refusing to sign Robbie Savage because his answerphone message was rubbish; being appalled that his side had listened to an Abba song before playing football' Evening Standard 'The book is brilliantly constructed, rattling along at breakneck speed . . . full of self-deprecation . . . a ruthless self-examination' Daily Telegraph

Fowler: My Autobiography is a personal and honest account of a phenomenal life in football by goal-poacher Robbie Fowler. Pronounced as the greatest goal scoring talent since Jimmy Greaves, seventeen-year old Robbie Fowler was immediately catapulted to fame and fortune. The thin, baby-faced Toxteth lad, who had trampled the same streets as the rioters, was now a millionaire, an idol and inspiration to every kid who kicked a football. Yet his incredible potential was never quite realized. Injuries and persistent rumours of drug abuse and depression meant that though Fowler remains

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one of the most celebrated of Premiership stars, he never became the world-beater so many predicted. This is a fascinating and unbelievably frank insight into the beautiful game, taking us behind the closed doors of professional football to expose what really happens at both club and international level. This is a truthful and candid account of an incredible career, examining not just the records and the glory, but the low points and the miseries of a footballing life that many people now believe somewhere, somehow went wrong. Brilliance and controversy have stalked Robbie Fowler from his five goal performance in only his second full game for Liverpool, to his snorting of the touchline in the Merseyside derby. In this utterly compelling autobiography, Robbie Fowler looks back on what was, what wasn't and what might have been. This is the story of one of the game's true icons, and the story of the modern game itself.

Two Sides of Glory is an in-depth, first-person account of intriguing players that made up this once-in-a-generation Boston team. It's also a look at how the extremes of tantalizing victory and heart-wrenching failure influenced their lives--both on the field and off.

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