

# 10 Days To Faster Reading Jiayouore

An instant New York Times bestseller and #1 Wall Street Journal bestseller. JIM KWIK, the world's #1 brain coach, has written the owner's manual for mental expansion and brain fitness. Limitless gives people the ability to accomplish more--more productivity, more transformation, more personal success and business achievement--by changing their Mindset, Motivation, and Methods. These "3 M's" live in the pages of Limitless along with practical techniques that unlock the superpowers of your brain and change your habits. For over 25 years, Jim Kwik has worked closely with successful men and women who are at the top in their fields as actors, athletes, CEOs, and business leaders from all walks of life to unlock their true potential. In this groundbreaking book, he reveals the science-based practices and field-tested tips to accelerate self learning, communication, memory, focus, recall, and speed reading, to create fast, hard results. Learn how to: **FLIP YOUR MINDSET** Your brain is like a supercomputer and your thoughts program it to run. That's why the Kwik Brain process starts with unmasking assumptions, habits, and procrastinations that stifle you, redrawing the borders and boundaries of what you think is possible. It teaches you how to identify what you want in every aspect of your life, so you can move from negative thinking to positive possibilities. **IGNITE YOUR MOTIVATION** Uncovering what motivates you is the key

that opens up limitless mental capacity. This is where Passion + Purpose + Energy meet to move you closer to your goals, while staying focused and clear. Your personal excitement will be sustainable with self-renewing inspirations. Your mind starts strong, stays strong, and drives further exponentially faster. MASTER THE METHOD We've applied the latest neuroscience for accelerated learning. Our process, programs, podcasts, and products unleash your brain's own superpowers. Finish a book 3x faster through speed reading (and remember every part of it), learn a new language in record time, and master new skills with ease. These are just a few of the life-changing self-help benefits. With Kwik Brain, you'll get brain-fit and level-up your mental performance. With the best Mindset, Motivation and Method, your powers become truly limitless.

The former National Director of Education for Evelyn Wood Reading Dynamics. presents his do-it-yourself program for increasing reading speed and boosting comprehension. This program distills fundamental principles and skills that can be learned at home with the help of the drills and exercises provided. And because it lets readers choose their own materials and set their own pace, it's the ideal method for busy people juggling a full schedule.

"Every Who down in Who-ville liked Christmas a lot . . . but the Grinch, who lived just north of Who-ville, did NOT!" Not since "'Twas the night before Christmas" has the beginning of a Christmas tale been so instantly recognizable. No holiday season is complete without the

Grinch, Max, Cindy-Lou, and all the residents of Who-ville, in this heartwarming story about the effects of the Christmas spirit on even the smallest and coldest of hearts. Like mistletoe, candy canes, and caroling, the Grinch is a mainstay of the holidays, and his story is the perfect gift for young and old. This Read & Listen edition contains audio narration.

Offers techniques and exercises designed to increase reading speed dramatically and to comprehend and retain important information more easily.

Tony's innovative approach to this subject makes speed reading easy to understand, enabling you to apply it immediately to all aspects of your life. It's fun as well! An ideal tool for students, teachers, executives - indeed, anyone eager to improve the speed, comprehension and quality of their reading. Speed Reading makes it easy to-  
Think faster and more creatively  
Make better notes  
Pass exams with relative ease  
Study more successfully  
Save days, weeks even months of your time

In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. She spent most of the next two years in the ward for teenage girls in a psychiatric hospital as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its sanctuary. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the

late sixties. Girl, Interrupted is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

### 60 SECONDS A DAY TO EFFECTIVE SPEED

#### READING Read 2-3 X Faster with Daily 1-Minute Phrase-

Block Sprints Easily practice speed reading whenever you have a spare minute. Difficult to stay focused? (Give your mind something better to focus on) Hard to

remember what you read? (Make reading more

memorable) Struggling to keep your mind from

wandering? (Make reading more interesting) Getting

bored while reading? (Offer your brain something more meaningful) Muttering the words in your head? (Use an

alternative to the sounds of words) Straining to maintain your concentration? (Give your brain what it craves)

Hard to find time to practice? (Takes less time than

brushing your teeth!) "Original theories and techniques

for reading improvement... a totally exclusive method of presenting practice exercises" -- RICHARD SUTZ Author

of Speed Reading for Dummies Do you feel stuck with

slow reading? Are you just going through the motions

with nothing to show for your efforts at the end of a

page? Do you get bored or frustrated with your reading?

In Speed Reading in 60 Seconds, best-selling author

David Butler gives you straight-forward simple exercises

that can double or triple your reading speed with daily

one-minute phrase-highlighted sprints. Here's how it

works. Speed reading is 600 wpm. Each of these 100

excerpts is 600 words long. The excerpts are phrase-

highlighted for faster reading. Read them in 60

seconds... and you're speed reading! Continue practicing to develop this into a habit. As you practice, you'll discover what speed reading feels like as your mind adapts by paying more attention to phrases and ideas than to words and sounds. "It's amazing that so much could have been written since Evelyn Wood and no one came up with the idea of 'speed comprehension.'" --Dr. James Young, Ph.D., Professor of English

**What Makes This Book Different?** Instead of a list of bad habits to just stop doing, or a series of strange eye exercises that only leave you exhausted and cross-eyed, *Speed Reading in 60 Seconds* gives you a very original form of quick and easy exercises making speeding through phrases and whole ideas almost automatic. This phrase-highlighted format lets you fly across the text, treating phrases like they were single words. Taking in whole ideas this way, speeds up your reading by speeding up your comprehension. You read faster because you understand faster. Nowhere else will you find text specially designed to assist your speed training. Just turned to one of the 100 600-word excerpts, start your timer, and fly through the text. Do this in 60 seconds and you'll know exactly what speed reading is. Practice each day and your brain will adapt its relationship to text and begin reading it as ideas instead of sounds. Read 600 words in 60 seconds = Speed Reading SIMPLE. STRAIGHT-FORWARD. EFFECTIVE. It's common sense. It's effective. It's easy. It only takes a minute. Get started today. Your future is watching. Click on "Look Inside" to Find Out More!

With half a million copies in print, *How to Read a Book* is

the best and most successful guide to reading comprehension for the general reader, completely rewritten and updated with new material. A CNN Book of the Week: “Explains not just why we should read books, but how we should read them. It's masterfully done.”

—Farheed Zakaria Originally published in 1940, this book is a rare phenomenon, a living classic that introduces and elucidates the various levels of reading and how to achieve them—from elementary reading, through systematic skimming and inspectional reading, to speed reading. Readers will learn when and how to “judge a book by its cover,” and also how to X-ray it, read critically, and extract the author’s message from the text. Also included is instruction in the different techniques that work best for reading particular genres, such as practical books, imaginative literature, plays, poetry, history, science and mathematics, philosophy and social science works. Finally, the authors offer a recommended reading list and supply reading tests you can use measure your own progress in reading skills, comprehension, and speed.

A complete program of practice exercises designed to improve reading speed and comprehension includes tips on study habits and test-taking skills.

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<https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries.

The competing pressures of our daily lives often leave us little time to read, but by applying this life

hack, you can improve your reading speed in under 10 days! Written for everyone who doesn't have the time to read as much as they'd like or for those whose to-be-read pile has taken over their apartment, 10 Days to Faster Reading outlines why our inability to read quickly isn't formed through overcommitment. Positing that bad habits and toxic mindsets prevent us reading effectively, the joint research of The Princeton Language Institute and author Abby Marks Beale offers practical solutions for tackling those setbacks and developing efficient reading habits.

With only a few hours a day for less than 2 weeks, you'll be able to decrypt the mystery of the curious Thai characters and start reading right away guaranteed. Read Thai In 10 Days is a comprehensive Thai learning course including sound files so you learn how to pronounce words correctly from the start.

Breakthrough Technique: Read Faster by Understanding Faster. Don't you hate it when reading takes so long... and yet you retain so little? Is this way of reading even worth your time? By learning to read with your whole brain -- not just the slow, step-by-step, analytical left side that handles word-recognition, but also your fast, parallel-processing, big-picture right brain -- you can reach new levels of reading and cognition. Learn to visualize whole ideas at a time, and turn reading into

a truly engaging experience instead of a chore. Discover how to encourage the involvement of your powerful, silent, imaginative right-hemisphere and begin reading ideas rather than just words. Apply the conceptual abilities of your right brain to increase concentration, comprehension, and reading speed. Only faster comprehension, can lead to faster reading!! Reading IS comprehension. There is no reading without comprehension. The only way to really read faster, is by understanding faster. These new theories and techniques will have you reading faster by thinking faster. Read whole ideas at a time. Strengthen your comprehension. Sharpen your concentration. Reduce your vocalization. Improve your retention. Increase your speed. Do you want to continue throwing your time away, achieving the same pitiful results, and remaining frustrated and bored with your reading? Tens of thousands of people have already used this method at [readspeeder.com](http://readspeeder.com) to improve their reading skills. Learn how these techniques work, and how to apply them to your own reading. Practice easily with the 20 uniquely designed exercises that will have you immediately reading whole ideas at a time. Plus, as a gift to you, there is a **FREE BONUS** of four downloadable pdf books. The full text of each of these books is prepared with the same special formatting as the exercises in this book, to give you even more opportunity to practice reading whole



ideas. Your purchase of the paperback book also entitles you to get the Kindle version for FREE. Get your copy of **READING WITH THE RIGHT BRAIN** today and start reading with all your brain. What Others Are Saying: A unique method that allows you to more effectively assimilate what you read in a shorter amount of time -- Amanda Johnson, M.A., Assistant Professor of English, Collin College, Plano, Texas Includes not only original theories and techniques for reading improvement, but also a totally exclusive method of presenting practice exercises -- Richard Sutz, CEO, The Literacy Company, [www.EfficientReading.com](http://www.EfficientReading.com), Author of "Speed Reading for Dummies" It is amazing to me that so much could have been written in so many years since Evelyn Wood about speed reading and no one came up with the idea of "speed comprehension." -- Dr. James Young, Professor of English, Weber State University, Ogden, Utah

**GAMES OVER ROMANCE** Narumi Momose has had it rough: Every boyfriend she's had dumped her once they found out she was an otaku, so she's gone to great lengths to hide it. When a chance meeting at her new job with childhood friend, fellow otaku, and now coworker Hirotaka Nifuji almost gets her secret outed at work, she comes up with a plan to make sure he never speaks up. But he comes up with a counter-proposal: Why doesn't she just date him instead? In love, there are no save points.

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This book will help you overcome poor reading habits which hold back your ability to read at high speeds with good comprehension and recall. It includes tools and techniques that come from the author's 14 years of experience teaching professionals and students of all ages. The book includes memory training and information on learning, attitude and achievement. The techniques in the book could save you up to ten hours a week and are a must for students and anyone who has to deal with the sea of emails and reports that are part of our working day. Using unique exercises, you will learn to mentally process multiple words at a glance, thus increasing reading speed, comprehension and accuracy. The results are quick, sustainable and grow over time with minimal effort.\* New York Times' bestseller with over 400,000 copies in print

Practice exercises, comprehension tests, and charts designed to improve eye-span movement are included in a simple program designed to double or triple reading speed. Reprint.

Increase Your Productivity in less than 24 Hours! Discover The Speed Reading Benefits Through Techniques and Exercises. At this very moment, on this very stage, you are reading more slowly than you should read—more slowly than you need to read for good comprehension—and, most important of all, much more slowly than you are actually capable of reading. This book contains

proven steps and strategies on how to become a rapid, efficient reader in less than 24 hours. It presents indispensable techniques that will sharpen your comprehension, build your self-assurance and skill in dominating a page of print, and permanently increase your reading efficiency and speed. This a complete handbook that will, if you work seriously, consistently, and methodically, help you go very fast towards improving your reading skills. Here Is A Preview Of What You'll Learn After Downloading This Speed Reading For Beginners book How Fast Do You Now Read? Six Rules for Faster Comprehension. How to Develop a Sense of Urgency When You Read. How to See and Interpret More Words in Less Time. How to Do Away with Inner Speech, Vocalization, and Regressions. How to Skim. Much, much more!. Take Action Right Away To Read 300% More Faster with this Speed Reading book!! Download your copy today! Today Only, Get this Speed Reading For Beginners book for just \$8.99

Develop the Skills to Learn Anything Faster, Easier, and More Effectively Written by the creators of the #1 bestselling course of the same name, this book will teach you how to "hack" your learning, reading, and memory skills, empowering you to learn everything faster and more effectively. What Would You Do If You Could Learn Anything 3 Times Faster? In our rapidly changing and information-driven society, the ability to learn quickly is

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the single most important skill. Whether you're a student, a professional, or simply embarking on a new hobby, you are forced to grapple with an every-increasing amount of information and knowledge. We've all experienced the frustration of an ever-growing reading list, struggling to learn a new language, or forgetting things you learned in even your favorite subjects. This Book Will Teach You 3 Major Skills: Speed reading with high (80%+) comprehension and understanding Memory techniques for storing and recalling vast amounts of information quickly and accurately Developing the cognitive infrastructure to support this flood of new information long-term However, the Super Learning skills you'll learn in this course are applicable to many aspects of your every day life, from remembering phone numbers to acquiring new skills or even speaking new languages. Anyone Can Develop Super-Learning Skills This course is about improving your ability to learn new skills or information quickly and effectively. We go far beyond the kinds of "speed reading" (or glorified skimming) you may have been exposed to, diving into the actual cognitive and neurological factors that make learning easier and more successful. We also give you advanced memory techniques to grapple with the huge loads of information you'll soon be able to process. "This book should be the go-to reference for anyone looking to upgrade their mind's firmware!" -Benny Lewis, Language Learning Expert Learn How to Absorb and Retain Information in a Whole New Way - A Faster, Better Way The Authors' Proprietary Method for Teaching Speed Reading & Memory Improvement

Â You may have even taken a

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normal speed reading course in the past, only to realize that you didn't retain anything you read. The sad irony is that in order to properly learn things like speed reading skills and memory techniques in the past, you had to read dozens of books and psychological journals to decode the science behind it. Or, you had to hire an expensive private tutor who specializes in SuperLearning. That's what I did. And it changed my life. Fortunately, my co-authors (experts and innovators in the fields of superlearning, memory improvement, and speed reading) agreed to help me transform their materials into the first ever digital course. Over 25,000 satisfied students later, we have transformed our course into a book you can enjoy anywhere. Our teaching methodology relies heavily on at-home exercises. The chapters themselves are only part of what you're buying. You will be practicing various exercises and assignments on a regular basis over the course a 7 week schedule. In addition to the lectures, there are hours of supplemental video and articles which are considered part of the curriculum. "This vital book contains all the tools needed to learn, memorize, and reproduce anything you want with the joy that ease brings. Don't take another class until you've read it!" -Dr. Anthony Metivier, Author & Memory Expert If you wish to improve memory and concentration, learn more effectively, read faster, and learn the techniques of memory champions - look no further! An awesome read that will push the limits of your brain. Levi does an incredible job of guiding you through, to bring your brain from average to UNSTOPPABLE!" -Nelson Dellis, 4-Time USA Memory Champion

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Follows the adventures of Paul Atreides, the son of a betrayed duke given up for dead on a treacherous desert planet and adopted by its fierce, nomadic people, who help him unravel his most unexpected destiny.

Learn how to read more quickly--and absorb more of of the information you are reading--with Remember Everything You Read. For the first time the secrets that have made the completely revised Evelyn Wood learning program so effective and popular are revealed.

Remember Everything You Read not only teaches you how to increase your reading speed--all the while improving your comprehension--it also features tips and tricks to improve your study habits, more effectively take notes, and write papers, among others. It will become an invaluable resource for students, parents, teachers, and anyone looking to read--and comprehend--in a faster, more efficient manner.

**THE BESTSELLING CLASSIC ON 'FLOW' – THE KEY TO UNLOCKING MEANING, CREATIVITY, PEAK PERFORMANCE, AND TRUE HAPPINESS** Legendary psychologist Mihaly Csikszentmihalyi's famous investigations of "optimal experience" have revealed that what makes an experience genuinely satisfying is a state of consciousness called flow. During flow, people typically experience deep enjoyment, creativity, and a total involvement with life. In this new edition of his groundbreaking classic work, Csikszentmihalyi ("the leading researcher into 'flow states'" —Newsweek) demonstrates the ways this positive state can be controlled, not just left to chance. *Flow: The Psychology of Optimal Experience* teaches how, by ordering the

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information that enters our consciousness, we can discover true happiness, unlock our potential, and greatly improve the quality of our lives. "Explores a happy state of mind called flow, the feeling of complete engagement in a creative or playful activity." —Time

In today's busy and complex world, rapid and efficient reading is not only a useful skill, it is a must for everyone who wants to succeed. The big switch in business and industry has been from brawn jobs to brain jobs -- and it is the person who knows how to read swiftly and intelligently who will reap the profit of this new era. Here are the secrets of a dynamic new reading technique that will enable you to read in half the time with better comprehension -- in only 10 days! In fact with just a few simple exercises your reading will improve 10% or more on the very first day! Spend just a few minutes a day with this book and you will not only double your reading speed but also your chances for success in any walk of life.

Explains the theory of political survival, particularly in cases of dictators and despotic governments, arguing that political leaders seek to stay in power using any means necessary, most commonly by attending to the interests of certain coalitions.

10 Days to Faster Reading Grand Central Publishing  
The Speed Reading Book will transform the way you read forever. Tony Buzan's fifty years of practice and research in speed reading will give you revolutionary reading techniques that have produced some of the fastest speed readers in the world, including the current World Speed Reading Champion. As well as dramatically

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improving your reading speed, you'll think faster, more creatively and sharpen your memory. Tony Buzan will show you - \* \*Read at speeds of over 1000 words per-minute. \*Not just simple skim-reading, but also properly and completely comprehending, understanding and retaining the information you've read. \*Find out how fast your reading speed is now and then discover how you could be reading dramatically faster in no time. This fully revised and updated edition of the powerful book from the world-renowned authority Tony Buzan, will show you exactly how you can quickly start to read at amazing speeds. The techniques in the book are ideal for teachers, students or executives - indeed, anyone who wants to improve the speed, comprehension and quality of their reading. The benefits of speed reading are numerous, no matter where or why you read. You'll be able to zip through whole novels in one sitting; you'll speed through newspapers and magazines in minutes; you'll be the envy of your colleagues as you consume and understand business reports in record time. Speed Reading will revolutionise the way you read. You'll save days, weeks even months of your precious time; you'll learn more efficiently and quickly; and you'll be left marvelling at your new-found speed-reading abilities. "Original theories and techniques for reading improvement... a totally exclusive method of presenting practice exercises" ~ Richard Sutz, Author of Speed Reading for Dummies "It's amazing that so much could have been written since Evelyn Wood and no one came up with the idea of 'speed comprehension.'" ~ Dr. James Young, Ph.D., Professor of English Get 100 ONE-MINUTE SPEED READING DRILLS, and start reading faster today. Original Phrase-Reading



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Technique: Struggling to keep your mind from wandering? Make reading more interesting. Hard to remember what you read? Make reading more memorable. Difficult to stay focused? Give your mind something better to focus on. Getting bored while reading? Offer your brain something more meaningful. Muttering the words in your head? Use an alternative to the sounds of words. Straining to maintain your concentration? Give your brain what it craves. Can't find time to practice? Takes less time than brushing your teeth! Do you feel stuck with slow reading? Are you just going through the motions with almost nothing to show for your efforts at the end of each page? Do you get bored or frustrated with your reading? In 100 One-Minute Speed Reading Drills, best-selling author David Butler gives you straight-forward simple exercises to increase your reading speed with daily one-minute phrase-highlighted reading sprints. Simple and Quick One-Minute Exercises: Speed reading is 600 wpm. Each of these 100 excerpts is 600 words long. Each excerpt is phrase-highlighted for faster reading. Read it in a minute... and you're speed reading! Practice regularly to develop this into a habit. As you practice, you'll discover what speed reading feels like, as your mind adapts by paying more attention to phrases and ideas than to words and sounds. You actually read faster because you comprehend faster. The Greatest Speed Reading Technique in the World This is not another repetition of the same old hackneyed speed reading suggestions that simply come down to forcing yourself to see words faster. This is a technique that gets to the root of the problem: comprehension speed. Instead struggling to stop stubborn habits or forcing your eyes to do strange exercises, 100 ONE-MINUTE SPEED READING DRILLS gives you quick and simple exercises, that make reading faster easy, by giving you a simple way to practice reading whole meaningful phrases at a time. This unique phrase-highlighted format lets

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you fly across the text, treating phrases like they were single words. Taking in whole ideas this way, speeds up your reading by speeding up your comprehension. You read faster because you understand faster. Ready to start reading faster? Pick any of the 100 excerpts... Look at Your Watch... And Go! Nowhere else will you find text specially designed to assist your speed training. Just turn to any one of these 600-word excerpts, start your timer, and fly through the text. Do this in 60 seconds and you'll know exactly what speed reading is. Practice each day and your brain will adapt its relationship to text and switch to reading ideas instead of sounds. 600 words in 60 seconds = Speed Reading SIMPLE. STRAIGHT-FORWARD. EFFECTIVE. It's common sense. It's effective. It's easy. It only takes a minute. Get started today. It's your future! Click on "Look Inside" to Find Out More! Ground breaking speed reading guide with scientifically proven benefits.... Are you tired of reading at a snail's pace? Are you fed up with not being able to remember the information that you read? Would you like to be able to improve your ability to concentrate? If you have answered yes to any of these questions, you have come to the right place! Count yourself lucky; you have just joined an elite club of speed reading people who hold the keys to reading the right way. I am certain that you know how to read or you wouldn't be reading this now! However, do you know that you can greatly improve your reading skills by enhancing your speed by up to four times? Shocking isn't it! Unfortunately, they don't teach us this in school - traditional reading has none of the benefits of speed reading. There are many books on the market claiming they can teach you how to speed read in one day! That is simply not true. It's going to take time, dedication and a LOT of practice if you want to learn how to read faster. Beware of anyone trying to sell you a quick fix, and listen to trained experts who have provided you with a step by step

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guide on how to: Double your reading speed Quickly learn new skills Learn scientifically proven techniques that will enhance your reading capability Learn to download information into your subconscious mind If you want to know how to learn speed reading, make the best decision you will ever make and purchase this amazing speed reading book! The #1 New York Times bestseller. Over 3 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to:

- make time for new habits (even when life gets crazy);
- overcome a lack of motivation and willpower;
- design your environment to make success easier;
- get back on track when you fall off course; ...and much more. Atomic Habits will

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reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

A father and daughter spend a day at the park where daddy becomes an array of fast moving animals on which his daughter rides, from a dog and a rabbit to a horse and a cheetah.

Dramatically improve your reading speed and comprehension! Do you hate to study? Is it slow and boring? Would you like to read faster and get more out of your study sessions? *Speed Reading: The Comprehensive Guide to Speed Reading - Increase Your Reading Speed by 300%* teaches you the basics of speed reading so you can get started increasing your learning speed - right away! This audiobook will help you assess your current reading speed and track your progress as your skills improve. You'll learn essential speed-reading techniques, exercises, and strategies to decrease your study time and gain a competitive edge on your classmates! Can you increase your reading speed without sacrificing quality? How do you maintain comprehension? With *Speed Reading: The Comprehensive Guide to Speed Reading - Increase Your Reading Speed by 300%*, you'll learn the difference between "words-per-minute" (WPM) and "effective words-per-minute" (EWPM). You'll also discover essential "skimming" techniques that allow you to absorb meaningful words and ignore the rest. This book is all about increasing your learning speed, not just your reading speed! When you read *Speed Reading: The Comprehensive Guide to Speed Reading*, you'll discover a number of amazing speed-reading exercises to increase your eye speed and peripheral vision. It's time to start enjoying your study

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time - and the massive success you can achieve. Enjoy listening to Speed Reading: The Comprehensive Guide to Speed Reading - Increase Your Reading Speed by 300%. The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more likely you'll use the right tool for the job - and get it done right. The same is true when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. The Great Mental Models: General Thinking Concepts is the first book in The Great Mental Models series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet- ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR HOME Ottawa, Ontario, Canada Devised by the man recorded in Guinness as the world's

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fastest reader--80 pages per minutes--this is the only program that combines the most up-to-date learning techniques and psychological discoveries with proven speed-reading methods and ancient tools like meditation to significantly improve both reading speed and comprehension.

Learn to: Increase your reading speed and comprehension

Use speed techniques for any type of reading material

Improve your silent reading skills Recall more of what you

read The fun and easy way® to become a more efficient,

effective reader! Want to read faster — and recall more of

what you read? This practical, hands-on guide gives you the

techniques you need to increase your reading speed and

retention, whether you're reading books, e-mails, magazines,

or even technical journals! You'll find reading aids and plenty

of exercises to help you read faster and better comprehend

the text. Yes, you can speed read — discover the skills you

need to read quickly and effectively, break your bad reading

habits, and take in more text at a glance Focus on the

fundamentals — widen your vision span and see how to

increase your comprehension, retention, and recall Advance

your speed-reading skills — read blocks of text, heighten your

concentration, and follow an author's thought patterns Zero in

on key points — skim, scan, and preread to quickly locate the

information you want Expand your vocabulary — recognize the

most common words and phrases to help you move through

the text more quickly Open the book and find: Tried-and-true

techniques from The Reader's Edge® program How to

assess your current reading level Tools and exercises to

improve your reading skills Speed-reading fundamentals you

must know Helpful lists of prefixes, suffixes, roots, and prime

words A speed-reading progress worksheet Exercises for eye

health and expanded reading vision Tips for making your

speed-reading skills permanent

Do you want to: Study better? Be able to read faster and retain more information? Make more efficient notes? Pass tests more successfully? Be more creative? Engage in business armed with great focus and full comprehension? Be able to read one book a day? Then speed reading is the answer! It improves your reading speed, focus, and comprehension! It gives you the power to develop better time management, enhances your concentration and logical thinking, and also improves your overall self-confidence. This easy-to-understand book provides guides that will help you understand: Speed Reading Techniques Reading vs Speed Reading How to Break Poor Reading Habits How to Start Speed Reading Importance of Daily Eye Exercises and more Find out what your current reading level is and learn how to incorporate the exercises and techniques found in this book into your daily routine so that speed reading becomes a habit. Soon you will find that you can read an entire book each day! The more you read, the more knowledge you will gain that you can use to achieve your goals in life. Grab this book and become a speed reader today! Jump-Start Your Reading Skills! Speed reading used to require months of training. Now you can rev up your reading in just a few minutes a day. With quizzes to determine your present reading level and exercises to introduce new skills quickly, 10 Days to Faster Reading will improve your reading

comprehension and speed as it shows you how to: \*

Break the Bad Habits That Slow You Down \*

Develop Your Powers of Concentration \* Cut Your

Reading Time in Half \* Use Proven, Specially

Designed Reading Techniques \* Boost the Power of

Your Peripheral Vision \* Learn How to Scan and

Skim a Written Report ...And All in 10 Days!

Forget the 10,000 hour rule— what if it's possible to learn the basics of any new skill in 20 hours or less?

Take a moment to consider how many things you

want to learn to do. What's on your list? What's

holding you back from getting started? Are you

worried about the time and effort it takes to acquire

new skills—time you don't have and effort you can't

spare? Research suggests it takes 10,000 hours to

develop a new skill. In this nonstop world when will

you ever find that much time and energy? To make

matters worse, the early hours of practicing

something new are always the most frustrating.

That's why it's difficult to learn how to speak a new

language, play an instrument, hit a golf ball, or shoot

great photos. It's so much easier to watch TV or surf

the web . . . In The First 20 Hours, Josh Kaufman

offers a systematic approach to rapid skill

acquisition— how to learn any new skill as quickly as

possible. His method shows you how to deconstruct

complex skills, maximize productive practice, and

remove common learning barriers. By completing

just 20 hours of focused, deliberate practice you'll



go from knowing absolutely nothing to performing noticeably well. Kaufman personally field-tested the methods in this book. You'll have a front row seat as he develops a personal yoga practice, writes his own web-based computer programs, teaches himself to touch type on a nonstandard keyboard, explores the oldest and most complex board game in history, picks up the ukulele, and learns how to windsurf. Here are a few of the simple techniques he teaches:

Define your target performance level: Figure out what your desired level of skill looks like, what you're trying to achieve, and what you'll be able to do when you're done. The more specific, the better.

Deconstruct the skill: Most of the things we think of as skills are actually bundles of smaller subskills. If you break down the subcomponents, it's easier to figure out which ones are most important and practice those first.

Eliminate barriers to practice: Removing common distractions and unnecessary effort makes it much easier to sit down and focus on deliberate practice.

Create fast feedback loops: Getting accurate, real-time information about how well you're performing during practice makes it much easier to improve. Whether you want to paint a portrait, launch a start-up, fly an airplane, or juggle flaming chainsaws, *The First 20 Hours* will help you pick up the basics of any skill in record time . . . and have more fun along the way.

Presents strategies and techniques designed to

increase reading speed, and improve comprehension and retention of a variety of reading materials.

#1 Speed Reading Book on Amazon for 2 Straight Years This book has quickly become the go to standard for rapidly improving reading speed. It offers simple tips to not only accelerate your reading, but comprehension and memory. Unlike other books that merely teach you to skim & scan, this book taps into your brain and eyes' amazing power to naturally read more words in a shorter time. Please Note There are a growing number of trolls and copycats on Amazon. They copy hard work of legitimate authors and post malicious reviews on their book to boost their own ranking. They don't take the time to understand a topic, only copy what others have written to make money. In fact, much of their content is taken directly from here as I've spent the last 15 years understanding how to optimize performance of the mind to enhance these areas & more. You will see that in the types of tips this book offers and how they are offered. In fact, it is the only speed reading book that presents practice drills at the end of every chapter, so by the time you get to the last page, you will have double or tripled your reading, learning, and memory of written information.

This study skills handbook demonstrates various speed reading techniques and uses a step-by-step approach to cover reading strategies and context

cueing when skim-reading.

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